

**CHEUNG, Yee Tak Derek, PhD, MPhil, BSocSc**

Research Assistant Professor, School of Nursing, The University of Hong Kong,  
Hong Kong SAR

Tel: +852 3917 6652 or +852 6032 9165

Email Address: derekcheung@hku.hk

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**Research profile**

- Research area: Tobacco control, gerontology
- Publications appeared in international peer-reviewed journals: **40** (published/in press/accepted), **3** (in progress or under review)
  - Journals: Journal of Pediatrics, Nicotine and Tobacco Research, Journal of Medical Internet Research, Social Science and Medicine
- Research grant: **24 awards**
  - Health Medical Research Fund: **1 award as PI**; 3 awards as Co-I
  - Health Care Promotion Fund/Scheme: **2 awards as PI**
  - Internal grants and contract research: **6 awards as PI**; 12 awards as Co-I
- Research techniques: Randomized trial design, survey methodology, process evaluation, quasi-experiment, spatial analysis, and biostatistics
- Advanced statistical skills: Double triangular test for early trial futility, multiple imputation using MCMC, Poisson modeling (e.g. Zero-inflated negative binomial model), generalized estimating equations model, Kulldorff's scan statistics, non-parametric tests, survival analysis, qualitative analysis using Nvivo

**Recent work in Gerontology**

- Evaluation of the "Dying in Nursing Home" programme in the Haven of Hope Nursing Home (Press conference to be held in September 2018, paper to be completed by December 2018)
- Collaboration with HOHCS Woo Ping Care & Attention Home in the funding proposal "Pioneering a testing ground for gerontechnology in a local elderly residential home" (around HK\$80 million) for Hong Kong Jockey Club Charities Trust (To be submitted by Dec 2018)
- Providing research and statistical consultation to the service units under Haven of Hope Christian Service
- Providing research consultation to the funding proposal "Make My Plan: Video aids using virtual reality and YouTube 360-degree panoramic videos in promoting advance care planning and palliative home care for older adults" (PI: Prof CC Lin) for Health Care Promotion Scheme

**Award**

2015 Best poster award in The 6<sup>th</sup> Hong Kong International Nursing Forum, School of Nursing, HKU

**Publications in peer-reviewed journals (2017 Impact factors in the subject category)****2018**

1. Cheung Y.T.D., Ho S.Y., Wang M.P., Kwong A., Lai V. & Lam T.H. Pro-smoking responses and attitudes due to point-of-sale tobacco displays in never smokers: A cross-sectional study in Hong Kong. *Tobacco Induced Diseases (IF=1.539)*. 2018, 16:32
2. Chan S.S.C., Cheung Y.T.D. (corresponding), Wong B.Y.M., Kwong A., Lai V., Lam T.H. A brief smoking cessation advice by youth counselors for the smokers in the Hong Kong Quit to Win Contest 2010: A cluster randomized controlled trial. *Prevention Science (IF=2.594)*. 2018, 19(2): 209-219.
3. Chan S.S.C., Cheung Y.T.D. (corresponding), Wan Z., Wang M.P., Lam T.H. Proactive and brief smoking cessation intervention for smokers at outdoor smoking “hotspots” in Hong Kong. *Journal of Cancer Education (IF=1.547)*. 2018, 33: 365-370.
4. Li W.H.C., Wang M.P., Ho K.Y., Lam K.K.W., Cheung Y.T.D., Cheung Y.T.Y., Lam T.H. & Chan S.S.C. Helping cancer patients quit smoking using brief advice based on risk communication: A randomized controlled trial. *Scientific Reports (IF=4.122)*. 2018, 8, No. 2712
5. Weng X., Wang M.P., Suen Y.N., Li W.H.C., Wu Y., Cheung Y.T.D., Kwong A.C.S., Lai V.W.Y., Chan S.S.C. & Lam T.H. Comparing different intensities of active referral to smoking cessation services in promoting smoking cessation among community smokers: a study protocol of a cluster randomized controlled trial. *BMC Public Health (IF=2.420)*. 2018, 18(1): 830.

**2017**

1. Cheung Y.T.D., Lam T.H., Li W.H.C., Wang M.P., Chan S.S.C. Feasibility, Efficacy and Cost Analysis of Promoting Smoking Cessation at Outdoor Smoking “hotspots”: a pre-post Study. *Nicotine and Tobacco Research (IF=4.291)*. 2017 (In press).
2. Chan S.S.C., Cheung Y.T.D. (corresponding), Fong D.Y.T., Emmons K., Leung A.Y.M., Leung D.Y.P., Lam T.H. Family-based smoking cessation intervention for smoking fathers and non-smoking mothers with a child: A randomized controlled trial. *The Journal of Pediatrics (IF=4.122)*. 2017, 182:260-266.e4.
3. Cheung Y.T.D., Wang M.P., Li H.C.W., Kwong A., Lai V., Chan S.S.C., Lam T.H. Effectiveness of a small cash incentive on abstinence and use of cessation aids for adult smokers: A randomized controlled trial. *Addictive Behaviors (IF=2.686)*. 2017, 66:17-25.
4. Cheung Y.T.D., Chan C.H.H., Wang M.P., Li H.C.W., Lam T.H. Online social support

- for the prevention of smoking relapse: A content analysis of the WhatsApp and Facebook social groups. *Telemedicine and e-health (IF=2.165)*. 2017, 23:507-516.
5. Cheung Y.T.D., Wang M.P., Jiang N., Ho S.Y., Kwong A., Lai V., Lam T.H. Public support for e-cigarette regulation in Hong Kong: A population-based cross-sectional study. *International Journal of Environmental Research and Public Health (IF=2.145)*. 2017, 14(7), 709.
  6. Chan S.S.C., Cheung Y.T.D., Wong D.C.N., Jiang C.Q., He Y., Yang L., Jiang B., Wu L., Shou Y.T., Cheng K.K. & Lam T.H. Promoting Smoking Cessation in China: Foot-in-the-door Approach to Tobacco Control Advocacy. *Global Health Promotion (IF=1.179)*. 2017 (In press)
  7. Li W.H.C., Wang M.P., Lam T.H., Cheung Y.T.Y., Cheung D.Y.T., Suen Y.N., Ho K.Y., Tan K.C.B., Chan S.S.C. Brief intervention to promote smoking cessation and improve glycemic control in smokers with type 2 diabetes: a randomized controlled trial. *Scientific Reports (IF=4.122)*. 2017, 7:45902.
  8. Wang M.P., Li W.H., Cheung Y.T., Lam O.B., Wu Y., Kwong A.C., Lai V., Chan S.S.C., Lam T.H. Brief Advice on Smoking Reduction Versus Abrupt Quitting for Smoking Cessation in Chinese Smokers: A Cluster Randomized Controlled Trial. *Nicotine and Tobacco Research (IF=4.291)*. 2017, 20 (1): 67-72.

## **2016**

1. Cheung Y.T.D., Leung K.J.P., Cheung C.K.C., Li W.H.C., Wang M.P., Lam T.H. Motivating smokers at outdoor public smoking hotspots to have a quit attempt with a nicotine replacement therapy sample: study protocol for a randomized controlled trial. *Trials (IF=2.067)*. 2016, 17(1):1-8.
2. Pirkis J., Kryszynska K., Cheung Y.T.D., Lay S.T., Spittal M.J., Robinson J. “Hotspots” and “copycats”: a plea for more thoughtful language about suicide – Authors' reply, *Lancet Psychiatry (IF=15.233)*. 2016, 3(1):20.
3. Zhang H., Wong W.C.W., Ip P., Lai G.W.F., Lam T.H., Lam K.F., Fan S., Lee A., Cheung Y.T.D., Zhang Y., Yip, P.S.F. A study of violence among Hong Kong young adults and associated substance use, risky sexual behaviors, and pregnancy. *Violence and Victims (IF=0.833)*. 2016, 31:985-996.

## **2015**

1. Cheung Y.T.D., Chan C.H.H., Lai C.K.J., Chan W.F.V., Wang M.P., Li H.C.W., Lam T.H. Using WhatsApp and Facebook online social groups for smoking relapse prevention for recent quitters: A pilot pragmatic cluster randomized controlled trial. *Journal of Medical Internet Research (IF=4.671)*. 2015, 17(10):e238.
2. Chan S.S.C., Wong D.C.N., Cheung Y.T.D. (corresponding), Leung D.Y.P., Lau. L., Lai

- V., Lam T.H. A block randomized controlled trial of a brief smoking cessation counseling and advice through short message service on participants who joined the Quit to Win Contest in Hong Kong, *Health Education Research (IF=1.479)*. 2015, 30(4): 609-621.
3. Lam T.H., Cheung Y.T.D. (corresponding), Leung D.Y.P., Abdullah A.S.H., Chan S.S.C. Effectiveness of smoking reduction intervention for hardcore smokers, *Tobacco Induced Diseases (IF=1.539)*. 2015, 13(1): 9.
  4. Cheung Y.T.D., Lam T.H., Leung D.Y.P., Abdullah A.S.H., Chan S.S.C. Nicotine replacement therapy to aid gradual cessation in smokers with no intention to quit: Association between reduction quantity and later abstinence, *Preventive Medicine Reports (IF-)*. 2015, 2: 196-201.
  5. Pirkis J., Too L.S., Spittal M.J., Krysinaka K., Robinson J., Cheung Y.T.D. Interventions to reduce suicides at suicide hotspots: A meta-analysis, *Lancet Psychiatry (IF=15.233)*. 2015, 2(11): 994-1001.
  6. Wu L., He Y., Jiang B., Zhang D., Tian H., Zuo F., Lam T.H., Cheung Y.T.D. The effect of a very brief smoking-reduction intervention in smokers who have no intention to quit: Study protocol for a randomized controlled trial, *BMC Public Health (IF=2.420)*. 2015, 15:418.

## **2014**

1. Chan S.S.C., Cheung Y.T.D. (corresponding), Leung D.Y.P., Mak Y.M., Leung G.M., Lam T.H. Secondhand smoke exposure and smoking hygiene at home: pre- and post-smokefree legislation in Hong Kong, *PLOS ONE (IF=2.766)*. 2014, 9: e105781.
2. Cheung Y.T.D., Spittal M., Williamson M., Tung S.J., Pirkis J. Predictors of suicide occurring within suicide clusters in Australia, *Social Science & Medicine (IF=3.007)*. 2014, 118: 135-142.
3. Lockley A., Cheung Y.T.D., Cox G., Robinson J., Williamson M., Harris M., Machlin A., Moffat C., Pirkis J. Preventing suicide at suicide hotspots: A case study from Australia, *Suicide and Life-Threatening Behavior (IF=2.984)*. 2014, 44(4): 392-407.

## **2013**

1. Cheung Y.T.D., Wong P.W.C., Lee A.M., Lam T.H., Fan Y.S.S., Yip P.S.F. Non-suicidal self-injury and suicidal behavior: prevalence, co-occurrence, and correlates of suicide among adolescents in Hong Kong, *Social Psychiatry and Psychiatric Epidemiology (IF=2.918)*. 2013, 48(7): 1133-1144.
2. Cheung Y.T.D., Spittal M.J., Williamson M.K., Tung S.J., Pirkis J. Application of scan statistics to detect suicide clusters in Australia, *PLOS ONE (IF=2.766)*, 2013, 8: e54168.
3. Pirkis J., Spittal M. J., Cox G., Robinson J., Cheung Y. T. D., Studdert D. The effectiveness of structural interventions at suicide hotspots: a meta-analysis,

*International Journal of Epidemiology* (IF=8.360). 2013; 42: 541-548.

4. Cox G., Owens C., Robinson J., Nicholas A., Lockley A., Williamson M., Cheung Y.T.D., Pirkis J. (2013), Interventions to reduce suicides at suicide hotspots: a systematic review. *BMC Public Health* (IF=2.420). 2013, 13:214.

## 2012

1. Cheung, Y.T.D., Spittal, M. J., Pirkis, J., Yip P.S.F. Spatial analysis of suicide mortality in Australia: Investigation of metropolitan-rural-remote differentials of suicide risk across states/territories. *Social Science & Medicine* (IF=3.007). 2012, 75(8), 1460-1468.
2. Cheung, Y. T. D. eHealth Record Sharing: enhancing participation for public health surveillance. *Hong Kong Medical Journal* (IF=1.226). 2012, 18(3), 260-261.
3. Zhang H.P., Yip P.S.F., Chi P., Chan K., Cheung Y.T.D., Zhang X. Factor structure and psychometric properties of the work-family balance scale in an urban Chinese sample. *Social Indicators Research* (IF=1.648). 2012, 105(3):409-418.
4. Cox G.R., Robinson J., Williamson M., Lockley A., Cheung Y.T.D., Pirkis J. Suicide clusters in young people: Evidence for the effectiveness of postvention strategies. *Crisis: The Journal of Crisis Intervention and Suicide Prevention* (IF=1.583). 2012, 33(4):208-214.

## 2011 or before

1. Cheung Y.T.D., Lee A.M., Ho S.Y., Li E.T.S., Lam T.H., Fan S.Y.S., Yip P.S.F. Who wants a slimmer body? The relationship between body weight status, education level and body shape dissatisfaction among young adults in Hong Kong. *BMC Public Health* (IF=2.420). 2011, 11(1): 835.
2. Chi P., Tsang S. K.M., Chan K.S., Xiang X., Yip P.S.F., Cheung Y.T.D., Zhang, X. Marital satisfaction of Chinese under stress: Moderating effects of personal control and social support. *Asian Journal of Social Psychology* (IF=0.740). 2011, 14:15-25.
3. Wong P.W.C., Cheung Y.T.D., Conner K.R., Conwell Y., Yip P.S.F. Gambling and completed suicide in Hong Kong: A review of coroner court files. *Primary Care Companion Journal of Clinical Psychiatry* (IF-). 2010, 12(6):e1-e7.
4. Yip P.S.F., Cheung Y.T.D., Chau P.H., Law Y.W. The impact of epidemic outbreak: The case of severe Acute Respiratory Syndrome (SARS) and suicide among older adults in Hong Kong. *Crisis: The Journal of Crisis Intervention and Suicide Prevention* (IF=1.583). 2010, 31(2), 86-92.
5. Yip P.S.F., Watson R., Chan K.S., Lau E.H.Y., Chen F., Xu Y., Xi L., Cheung Y.T.D., Ip B.Y.T., Liu D. Estimation of the number of people in a demonstration. *Australia and New Zealand Journal of Statistics* (IF=0.431). 2010, 52(1):17-26.

6. Yip P.S.F., Wong P.W.C., Cheung Y.T.D., Chan, K.S., Beh, S.L. An empirical study of characteristics and types of homicide–suicides in Hong Kong, 1989–2005. *Journal of Affective Disorders (IF=3.786)*. 2009, 112(1–3):184-192.
7. Cheung Y.T.D., Chau P.H., Yip S.F.P. A revisit on older adults suicides and Severe Acute Respiratory Syndrome (SARS) epidemic in Hong Kong. *International Journal of Geriatric Psychiatry (IF=2.940)*. 2008, 23(12), 1231-1238.

#### **Publications under review or preparation**

1. Cheung Y.T.D., Wang M.P., Ho S.Y., Kwong A., Lai V., Lam T.H. Responses to graphic health warnings and support for cigarette plain packaging: a population-based cross-sectional survey in Hong Kong. *Under review in the Journal of Cancer Education*.
2. Cheung Y.T.D., Li W.H.C., Wang M.P., Lam T.H. Delivering free nicotine replacement therapy sample at outdoor smoking hotspots for smoking cessation promotion: a pilot randomized controlled trial. *Under review in the Journal of Public Health*.
3. Cheung Y.T.D., Chan H., Fok P., Lam T.H. Handgrip and isometric exercise intervention for smoking cessation: A feasibility and pilot randomized trial. *Under review in the Nicotine and Tobacco Research*.
4. Lam T.H., Cheung Y.T.D., Chen J., Kwong A., Lai V. Increase in tobacco tax does not lead to increase in illicit cigarette consumption in Hong Kong: findings from a top-down approach against tobacco industry-funded results. *Under preparation*.
5. Lam T.H., Cheung Y.T.D., Jiang N., Jiang C.Q., He Y. A brief physician-delivered smoking cessation advice for smoking cessation in Mainland China: A randomized controlled trial. *Under preparation*.
6. Cheung Y.T.D. Comparison of length of staying in hospitals in residents who died in nursing home and in public hospitals. *Under preparation*.
7. Cheung Y.T.D. WhatsApp group discussion for smoking relapse prevention: a study protocol of a pragmatic randomized controlled trial. *Under preparation*.
8. Cheung Y.T.D. Delivery of nicotine replacement therapy sample to the smokers at smoking hotspots: a study protocol of a clustered randomized controlled trial. *Under preparation*.
9. Cheung Y.T.D., Wang M.P., Ho S.Y., Lam T.H. Effectiveness of different incentive schemes on the smokers' response to a follow-up survey: a RCT nested within a cohort. *Under preparation*.

#### **Other publications**

1. Cheung Y.T.D., Wu Y., Wang M.P., Ho S.Y., Kwong A.C.S., Lai V.W.Y., Lam T.H. Extension of smoking ban in public outdoor areas – Tobacco control policy-related survey 2017. Hong Kong Council on Smoking and Health. COSH Report No. 22 (June 2017)

2. Wang M.P., Lam C.O.B., Li W.H.C., Cheung Y.T.D., Kwong A.C.S., Lai V.W.Y., Lam T.H. The 5<sup>th</sup> Quit to Win Contest: A prospective study and a randomized controlled trial. Hong Kong Council on Smoking and Health. COSH Report No. 21 (March 2017)
3. Cheung Y.T.D., Wang M.P., Ho S.Y., Lam T.H. Tobacco Control Policy-related Survey 2015 report. Hong Kong Council on Smoking and Health (April 2016)
4. Cheung Y.T.D., Wang M.P., Ho S.Y., Kwong A.C.S., Lai V.W.Y., Lam T.H. Public support for strengthening the health warnings on cigarette packaging – Tobacco control policy-related survey 2015. Hong Kong Council on Smoking and Health. COSH Report No. 19 (June 2016)
5. Li W.H.C., Cheung Y.T.D., Lam C.O.B., Kwong A.C.S., Lai V., Lam T.H. The 4<sup>th</sup> “Quit to Win” Contest – Effectiveness of small cash incentive on smoking cessation. Hong Kong Council on Smoking and Health. COSH Report No. 18 (December 2015)
6. 何世賢, 張懿德, 支持全面禁止電子煙意見書, 立法會衛生事務委員會特別會議, 2015年7月6日
7. Chan S.S.C. Wong D.C.N., Cheung Y.T.D., Lam C.O.B., Lau L., Lai V., Lam T.H. “Quit to Win 2012” and smoking cessation. Hong Kong Council on Smoking and Health. COSH Report No. 16 (June 2014)
8. Chan S.S.C., Leung D.Y.P., Wong D.C.N., Lau L., Lai V., Cheung Y.T.D., Lam T.H. “Quit to Win 2009” and smoking cessation. Hong Kong Council on Smoking and Health. COSH Report No. 12 (May 2013)
9. Lockley A., Williamson M., Robinson J., Cox G., Cheung Y.T.D., Grant L., Pirkis J. Preventing Suicide at suicide hotspots. Department of Health and Ageing, Australian Government (2011)
10. Lockley A., Williamson M., Robinson J., Cox G., Cheung Y.T.D., Grant L., Pirkis J. Community plan for the prevention and containment of suicide clusters. Department of Health and Ageing, Australian Government (2011)
11. 張懿德, 傅景華, 葉兆輝 (2009). 大學研究 追求普世應用, 明報 A30 論壇, 4月29日
12. The research subcommittee of the Family Planning, Yip P.S.F., Cheung Y.T.D. Association of Hong Kong. Report for Knowledge, Attitude & Practice (KAP) Survey 2007. The Family Planning Association of Hong Kong (2007)
13. The research subcommittee of the Family Planning, Yip P.S.F., Cheung Y.T.D. Youth Sexuality Study (Out-of-school survey) 2006. The Family Planning Association of Hong Kong (2006)
14. The research subcommittee of the Family Planning, Yip P.S.F., Cheung Y.T.D. The Task Force on the Youth Sexuality Study. Youth Sexuality Study 2006. The Family Planning Association of Hong Kong (2006)

### **Research Funding**

#### **Submitted applications**

- **Co-I**, Commissioned study on evaluating the impact of tobacco control policies in Hong Kong: A study for informing and evaluating tobacco control policies in Hong Kong, **Health and Medical Research Fund (2018)**, HK\$9,000,000

#### **Peer-reviewed external competitive grants: 6**

1. **PI**, Effectiveness of WhatsApp online group discussion for smoking relapse prevention: a pragmatic randomized controlled trial, **Health Medical Research Fund (2017)**, HK\$962,727
2. **PI**, Use of nicotine replacement therapy (NRT) sample and brief smoking cessation advice for recruiting smokers to smoking cessation services and motivating quit attempts **HMRP-Health Care and Promotion Scheme (2017)**, HK\$1,200,000
3. **Co-I**, Using WhatsApp reminders to improve childhood seasonal influenza vaccination: a randomized control trial to compare the effectiveness of individual-based and social networking-based interventions, **Health Medical Research Fund (2016)**, HK\$618,104
4. **Co-I**, Effectiveness of a smartphone app in promoting zero time exercise and fitness in patients with coronary heart disease: a pilot randomized controlled trial, **Health Medical Research Fund (2016)**, HK\$100,000
5. **Co-I**, The effectiveness of a brief smoking cessation intervention to help hospitalized patients quit (HP-QUIT) smoking in Hong Kong: A randomized controlled trial, **Health Medical Research Fund (2016)**, HK\$1,061,364
6. **PI**, Promotion and brief intervention of smoking cessation at the smoking hotspots. **Health Care and Promotion Fund (2014)**. HKD\$492,000. **Final report rating: Excellent**

#### **Internal grants funded by HKU: 4**

7. **PI**, Ecological momentary assessments for the evaluation of tobacco health warnings, point-of-sale tobacco displays and smoking hotspots: a pilot study. **Supplementary funding for RAE 2020 preparation (2018)**, The University of Hong Kong, HK\$110,000
8. **PI**, Ecological momentary assessments for the exposure to alcohol advertisements in university students, **Seed Fund for Basic Research (2018)**, HK\$115,000
9. **PI**, Ecological momentary assessments for the evaluation of tobacco health warnings, point-of-sale tobacco displays and smoking hotspots: a pilot study. **Seed Fund for Basic Research for New Staff (2017)**, The University of Hong Kong, HK\$150,000
10. **PI**, Motivating smokers in smoking hotspots to have quit attempt through nicotine replacement therapy sampling: A randomized controlled trial. **Small Project Fund (2015)**, The University of Hong Kong. HK\$24,019

#### **Contract research: 14**

11. **Co-I**, Effect of different financial incentive schemes on the smokers' response of a follow-up survey. Hong Kong Council on Smoking and Health (2017-19). HKD\$80,000



12. Co-I, Tobacco Control Policy-Related Survey. Hong Kong Council on Smoking and Health (2017-19). HKD\$988,800
- 13. Co-PI, Efficacy of a short-bout handgrip exercise intervention for smoking cessation: a pilot randomized controlled trial. Tung Wah Group of Hospitals (2016). HKD\$500,000**
14. Co-I, Provision of Service of a Youth Quitline Programme for Youth Smokers under the Department of Health (2013-2015) and (2015-2016). HKD2,860,000
15. Co-I, A single-blind cluster randomized controlled trial on high intensity active referral and simple text messaging to achieve abstinence- "Quit to Win" contest 2016. Hong Kong Council on Smoking and Health (2016). HKD\$950,000
16. Co-I, Building capacity and promoting smoking cessation in the community via "Quit to Win" Contest 2015: a randomized controlled trial on brief intervention (AWARD model) and active referral to smoking cessation services. Hong Kong Council on Smoking and Health (2015). HKD\$950,000
- 17. PI, An Evaluation on Smoke-free Youth Ambassador Leadership Training Programme. Hong Kong Council on Smoking and Health (2014).**
18. Co-I, Building capacity and promoting smoking cessation in the community via Quit to Win Contest 2014: a randomized controlled trial. Hong Kong Council on Smoking and Health (2014). HKD\$950,000
19. Co-I, Brief tobacco cessation intervention: a randomized controlled trial in China. Tobacco Control Office (2014). HKD\$5,650,701
20. Co-I, Effectiveness of using social networking service to prevent smoking relapse among self-reported quitters (Pre-pilot study). Tung Wah Group of Hospital (TWGH) (2013). HKD\$500,000
21. Co-I, A long-term follow up for participants in Quit-to-Win Contest 2009 and 2010. Hong Kong Council on Smoking and Health (2013). HKD\$197,465
22. Co-I, Promoting smoking cessation in the community via Quit to Win Contest 2013: A randomized controlled trial. Hong Kong Council on Smoking and Health (2013). HKD\$878,671
23. Co-I, Promoting smoking cessation in the community via Quit to Win Contest 2012: A randomized controlled trial. Hong Kong Council on Smoking and Health (2012). HKD\$700,000
24. Co-I, Development of Guidelines on Managing and Preventing Suicides at Suicide Hotspots (2011) & Development of a Community Plan for the Prevention and Containment of Suicide Clusters (2011). Australian Government: Department of Health and Ageing. AUD\$277,396

### **Conference Presentations**

1. Cheung, Y.T.D., Wang M.P., Ho, D.S.Y., Kwong A., Lai V., Lam T.H. Exposures and responses to point-of-sale tobacco displays and support for banning displays in Hong

- Kong: a population-based cross-sectional survey, oral presented in the 17<sup>th</sup> World Conference on Tobacco or Health (2018), 7-9 March 2018, Cape Town
2. Lam T.H., Cheung Y.T.D., Chen J., Kwong A., Lai V. Increase in tobacco tax does not lead to increase in illicit cigarette consumption in Hong Kong: findings from a top-down approach against tobacco industry-funded results, poster presented in the 17<sup>th</sup> World Conference on Tobacco or Health (2018), 7-9 March 2018, Cape Town
  3. Lam T.H., He Y., Jiang C.Q., Cheung Y.T.D., Ho, D.S.Y., Li, W.H.C., Cheng K.K., Jiang N., Su S., Tang Y., Yang Y., Jiang Y., Zhu W.L. & Lin P. Development of an evaluation tool for smoking cessation clinics and services, poster presented in the 17<sup>th</sup> World Conference on Tobacco or Health (2018), 7-9 March 2018, Cape Town
  4. Cheung Y.T.D., Li W.H.C., Wang M.P., & Lam T.H. Effectiveness of delivering free nicotine replacement therapy sample at outdoor smoking hotspots on quit attempts: a pilot randomized controlled trial, oral presented in the 7<sup>th</sup> Hong Kong International Nursing Forum (2017), 17 December 2017, Hong Kong
  5. Lam T.H., Li W.H.C., Wang M.P. & Cheung Y.T.D. Promotion and brief intervention of smoking cessation at smoking hotspots, poster presenter in the 第九屆兩岸四地菸害防制交流研討會 (2017), 3-5 September, Taipei
  6. Lam T.H., Li W.H.C., Wang M.P. & Cheung Y.T.D. Promotion and brief intervention of smoking cessation at smoking hotspots, Food and Health Bureau. Oral presented in Health Research Symposium 2017, Food and Health Bureau, 16 June, Hong Kong
  7. Cheung Y.T.D., Lam T.H., Li W.H.C., Wang M.P., Chan S.S.C. Promoting smoking cessation and delivering brief intervention at the smoking hotspots: a feasibility study. Poster presented in the 2017 Society for Research on Nicotine and Tobacco Annual Meeting (2017), 8-11 March, Florence
  8. Cheung Y.T.D., Wang M.P., Ho S.Y., Kwong A., Lai V., Lam T.H. Anti-smoking responses towards graphic health warning was associated with greater support for plain packaging: a population-based cross-sectional study. Poster presented in the 2017 Society for Research on Nicotine and Tobacco Annual Meeting (2017), 8-11 March, Florence
  9. Cheung Y.T.D., Wang M.P., Jiang N., Ho S.Y., Kwong A., Lai V., Lam T.H. Public support for E-cig regulation and its correlates in Hong Kong: A population-based cross-sectional study. Poster presented in the 2017 Society for Research on Nicotine and Tobacco Annual Meeting (2017), 8-11 March, Florence
  10. Cheung Y.T.D., Chan C.H.H., Lai C.K.J., Chan W.F.V., Wang M.P., Li W.H.C., Chan S.S.C., Lam T.H. (2016) Using WhatsApp and Facebook social groups for smoking relapse prevention: A pilot pragmatic randomized controlled trial. Oral presented in the 17<sup>th</sup> World Conference on Tobacco or Health. The Society for Research on Nicotine and Tobacco, 2 – 6 March, Chicago, The US

11. Cheung Y.T.D., Wang M.P., Chan S.S.C., Lam T.H. (2016) Helping smoking fathers with an infant to quit: The family-based intervention impact on marital satisfaction and partner support to quit. Poster presented in the 17<sup>th</sup> World Conference on Tobacco or Health. The Society for Research on Nicotine and Tobacco, 2 – 6 March, Chicago, The US
12. Cheung Y.T.D., Li W.H.C., Wang M.P., Lam C.O.B., Kwong A., Lai V., Chan S.S.C., Lam T.H. (2015) Incentive-based smoking cessation via Quit to Win Contest (2009 – 2014) in Hong Kong, poster presented in the Nursing Forum of the School of Nursing HKU, 10 – 11 Dec, Hong Kong (Best poster award)
13. Cheung K.C.C., Cheung Y.T.D., Wang M.P., Li H.C.W., Lam T.H. (2015) Promotion and brief intervention of smoking cessation at the smoking hotspots, poster presented in the Nursing Forum of the School of Nursing HKU, 10 – 11 Dec, Hong Kong
14. Cheung Y.T.D., Chan S.S.C., Wong C.N.D. et al. (2015) Predictors of intention to quit at participation and 6-month abstinence in the participants of Hong Kong Quit-to-Win Contest. Poster presented in the 16<sup>th</sup> World Conference on Tobacco or Health. The Society for Research on Nicotine and Tobacco, 17 – 21 March, Abu Dhabi
15. Lam T.H., Cheung Y.T.D., Chan S.S.C. (2014) A proactive family smoking cessation intervention for parents of children 0 – 18 months: A randomized controlled trial, Food and Health Bureau. Oral presented in Health Research Symposium 2014, Food and Health Bureau, 15 November, Hong Kong
16. Cheung Y.T.D., Chan W.F.V., Chan C.H.H., Lam T.H. (2014) Understanding smoking urge, lapse and relapse in ex-smokers: a retrospective analysis of ex-smokers. Poster presented in The 7<sup>th</sup> Cross-strait Conference on Tobacco Control. Hong Kong Council on Smoking and Health, 2 – 3 September, Hong Kong.
17. Chan S.C.C., Cheung Y.T.D., Wan Z., Lam T.H. (2014) Feasibility and effectiveness of a pilot outreach smoking cessation programme at smoking hotspots in Hong Kong. Oral presented in The 6<sup>th</sup> Global Conference of the Alliance for Healthy Cities. Alliance for Healthy Cities, 29 October – 1 November, Hong Kong
18. Cheung Y.T.D., Lam T.H., Leung D.Y.P. (2014) Does quantity of smoking reduction predict later abstinence? A posteriori evidence from a randomized controlled trial. Oral presented in The 15<sup>th</sup> World Conference on Tobacco or Health. Society for Research on Nicotine and Tobacco, 5 – 8 February, Seattle, United States
19. Chan S.C.C., Cheung Y.T.D., Wong D., Lam T.H. (2014) “Quit-to-Win” Contest 2012 to promote smoking cessation: A randomized controlled trial on the effectiveness of brief counselling and short messaging service. Society for Research on Nicotine and Tobacco, The 15<sup>th</sup> World Conference on Tobacco or Health, 5 – 8 February, Seattle, United States
20. Cheung Y.T.D., Chan S.S.C., Leung D.Y.P., Leung G., Lam T.H. (2013) Can smoke-free legislation be an opportunity to reduce second-hand smoke exposure and increase practice of smoking hygiene at home? The case in Hong Kong. Society for Research on Nicotine and Tobacco, The 14<sup>th</sup> World Conference on Tobacco or Health, 13 – 16 March, Boston, United States

21. Cheung Y.T.D., Pirkis, J. (2010) Suicide Clustering – Application of spatial statistics and exploration of mechanism. Oral presented in The 4<sup>th</sup> Asia Regional Conference of International Association for Suicide Prevention. International Association for Suicide Prevention, 18 November, 2010, Brisbane, Australia
22. Cheung Y. T.D. (2008) Classification of adolescents with self-mutilation and suicide ideations: the case of Hong Kong. Oral presented in The 3<sup>rd</sup> Asia Regional Conference of International Association for Suicide Prevention. 31 October, Hong Kong, China

### **Teaching profile**

- HKU School of Nursing academic year 2017-18
  - Tutor for BNurs (FT):  
NURS5303 “*Evidence Based Practice*” with 31 students
  - Lecturer for MNurs (FT):  
NURS7106 “*Epidemiology and Critical Appraisal*” with 48 students  
NURS8205 “*Tobacco Dependency Nursing Intervention and Management*” with 37 students
  - Lecturer for BNur (PT) Registered/Enrolled Nurse:  
NURS1516 “*Introduction to Statistics*” with 126 students
  - Facilitator for MPhil/PhD:  
GRSC6031/MMPH7101 *Research Ethics for Graduate Students* (the 6th Case-based Workshop on Research Integrity)
- Staff development for HKU School of Nursing
  - 8 July 2016, instructor for the research workshop of the smoking cessation research team, topic: introduction to data management and survey studies
  - 23 May 2016, guest speaker for the SDS (Research) Seminar, topic: promotion and brief intervention of smoking cessation at smoking hotspots
- Staff development for Tung Wah Group of Hospitals
  - 14 October 2016, guest speaker for the training workshop of smoking cessation counselors, topic: Implementation Science: Rationale of randomized trial procedures, e-health intervention and assessment
- HKU Department of Social Work and Social Administration academic year 2007-09
  - Tutor for SOWK 6003 *Social Work Research* of Master of Social Work
  - Guest lecturer for SOWK 6003 *Social Work Research* of Master of Social Work, topic: Use of psychometric scales and related research methods

### **Duties for the HKU School of Nursing**

- Deputy lead of the SDS (Research) series: Organized research seminars for local and overseas speakers
- Provided statistical and research consultancy for other professoriate staff
- Abstract reviewer, oral session chairperson and poster session coordinator in the 7<sup>th</sup> and

8<sup>th</sup> Hong Kong International Nursing Forum

- Interviewer in the Mini Multiple interviews (MMI) for the JUPAS and non-JUPAS candidates

### **Contribution to professional and community services**

- Written submission for deputation for the renewal of tobacco health warnings in the Legislative Council Subcommittee on smoking (Public Health)(17 Jan 2017 and 17 May 2017)
- Member, Research Subcommittee on Youth Sexuality Study 2011 & 2016, The Family and Planning Association of Hong Kong (Role: Consultation for study and questionnaire design)
- Member, Independent data monitoring committee for “Smoking cessation evaluation and training project – A randomized controlled trial of a brief smoking cessation advice delivered by physicians in China” (2016) (Role: Interim data analysis and report preparation)
- Member, Independent data monitoring committee for “A randomized controlled trial of a tailored intervention compared to usual care on smoking type 2 diabetic patients to promote smoking cessation and improve glycaemic control” (2014) (Role: Interim data analysis and report preparation)

### **Academic Qualification**

- 2009 - 2012    **Doctor of Philosophy**, The University of Melbourne.  
Centre for Health Policy, Programs and Economics, Melbourne School of Population Health and Global Health  
Thesis: The application of geo-statistical techniques to explore spatial and temporal patterns of suicide  
Courses attended: Linear & logistic regression, Survival analysis & regression for rates, Introduction to meta-analysis in Stata, and Australian health system
- 2005 - 2007    **Master of Philosophy**, The University of Hong Kong.  
Department of Sociology and Hong Kong Jockey Club Centre for Suicide Research and Prevention  
Thesis: Suicidal behaviors among illicit drug users
- 2002 - 2005    **Bachelor of Social Sciences (Statistics), Second Class Honours (Division One)**, The University of Hong Kong. Faculty of Social Sciences

### **Employment**

- March 2017 - Now    **Research Assistant Professor, School of Nursing, The University of Hong Kong**
- Jun 2012 – March 2017    **Research Assistant I (Jun – Oct 2012) & Post-doctoral Fellow (Nov 2012 – March 2017), School of Public Health**

- & School of Nursing, The University of Hong Kong**
- Wrote funding proposals, publications and other research outputs
  - Project management
  - Supervised research staff
  - Provided statistical consultancy to colleagues
- Jul 09 – Aug 09 & Sep 10      **Research Assistant Grade 1(Part time), Melbourne Law School, The University of Melbourne**
- Managed 3-wave database for the “Post separation parenting and financial settlements” study
  - Conducted data analysis for the final report
- Aug 09 – Jan 10      **Research Assistant Grade 1(Part time), School of Nursing & Social Work, The University of Melbourne**
- Conducted literature review for migrants and marriage satisfaction study
  - Prepared and reviewed psychometric items for questionnaire design of survey
- Sep 07 – Apr 09      **Research Assistant I & Tutor, Department of Social Work and Social Administration and Hong Kong Jockey Club Centre for Suicide Research and Prevention, The University of Hong Kong**
- Wrote funding proposals, publications and other research outputs
  - Tutor for research courses of Bachelor of Social Work and Master of Social Work
  - Assisted the annual surveillance and monitoring on completed suicide death from 2004-2007
- Sep 08 – Nov 08      **Research Assistant I (Part time), Department of Sociology & Centre of Buddhist Studies, The University of Hong Kong**
- Prepared and reviewed questionnaire for survey study
  - Provided statistical consultancy to colleagues
- July 04 – Sep 04      **Summer Intern, Census and Statistics Department, Hong Kong SAR Government**
- Compiled statistical program syntax (SAS) for data analysis
  - Provided clerical assistance