

## *CURRICULUM VITAE (CV)*

**Paul, Wai-Ching WONG**, *D.Psyc.(Clinical), M.Psyc.(Clinical),  
B.Soc.Sci.(Psyc.)(Hons)., B.Soc.Sci.(Psyc.)*

August 2013

---

### **Current position**

Assistant Professor, The Department of Social Work and Social Administration, The University of Hong Kong

### **Contacts**

Telephone: (852) 3917-5029

Address: Room 511, 5<sup>th</sup> Floor, The Jockey Club Tower, The Centennial Campus, HKU, Pokfulam Road, Hong Kong

Tel: 3917 5029

Fax: 2858 7604

E-mail: [paulw@hku.hk](mailto:paulw@hku.hk)

---

### **EDUCATION**

- |             |   |
|-------------|---|
| 2003 - 2006 | <b>Doctor of Psychology (Clinical)</b><br>Bond University, Gold Coast, Australia.<br><b>Dissertation Title:</b> Risk factors for suicide in adults 30-49: a case-control psychological autopsy study in Hong Kong   |
| 2000 - 2002 | <b>Master of Psychology (Clinical)</b><br>Bond University, Gold Coast, Australia.<br><b>Thesis Title:</b> The relationships of attachment, caregiving, and sexuality in adult romantic relationships  |
| 1997 - 1998 | <b>Bachelor of Social Sciences in Psychology (Hons.)</b><br>Bond University, Gold Coast, Australia.<br>Scholarship awarded.<br><b>Thesis Title:</b> An investigation of the relationship between coping strategies, hopelessness, loneliness and suicidal ideation.<br>Scholarship awarded. |
| 1995 - 1996 | <b>Bachelor of Social Sciences in Psychology</b><br>Bond University, Gold Coast, Australia.<br>Scholarship awarded.<br>Awarded for Dean's List three times and Vice-Chancellor's List three times for academic excellence.  |

---

### **EMPLOYMENT**

Sep 2010 to Present	<b>Assistant Professor (Tenure-tracked Full-time)</b> Department of Social Work and Social Administration, The University of Hong Kong, Hong Kong S.A.R.
Mar 2003 to August 2010	<b>Clinical Psychologist and Training Consultant (Full-time)</b> The HKJC Centre for Suicide Research and Prevention, The University of Hong Kong, Hong Kong S.A.R.
Jan 2002 to Dec 2002	<b>Clinical Psychologist (Full-time Internship)</b> Acute Psychoses Young Adult Ward Gold Coast Hospital - Robina Campus, Gold Coast, Australia.
Aug 2001 to Nov 2001	<b>School Psychologist (Part-time Internship)</b> Education Department Queensland Government, Queensland, Australia.
Jan 2001 to Dec 2001	<b>Clinical Psychologist (Part-time Internship)</b> Palm Beach Currumbin Private Hospital, Queensland, Australia.
May 2000 to May 2001	<b>Clinical Psychologist (Part-time Internship)</b> Bond University Psychology Clinic, Bond University, Queensland, Australia.

## RESEARCH

### PUBLICATIONS

#### **Peer-reviewed Journal Articles**

1. **Wong, P.W.C.**, et al. Suicide by jumping from different sites in Hong Kong from 2002-2009. (In press). Social psychiatry and social epidemiology (ISI Impact factor 2012 = 2.86)
2. Fu, K.W., Cheng, Q., **Wong, P.W.C.**, and Yip, P.S.F. (2013). Responses to a self-presented suicide attempt in social media. Crisis. (ISI Impact Factor 2012 = 1.57)
3. Yousuf, S. and **Wong, P.W.C.** (In press). Attitudes towards suicide following an undergraduate suicide prevention module – Experience of medical students in Hong Kong. Hong Kong Medical Journal. (Impact Factor 2013 = 0.28)
4. Pompili, M., Innamorati, M., Di Vittorio, C., **Wong, P.W.C.**, Lester, D., Yip, P., Girardi, P. and Amore, M. (in press). Unemployment as a risk factor for completed suicide: a psychological autopsy study. Archives of Suicide Research (ISI Impact Factor 2012 = 2.22)
5. Chau, M., Li, T., Lai, Eliza, **Wong, P.W.C.**, and Yip, P. (2013). Evaluation of the efficacy of a web-based social network electronic game in enhancing mental health literacy for young people. Journal of Medical Internet Research (ISI Impact factor 2011 = 4.7)
6. Cheung, Y.T.D. **Wong, P.W.C.**, Lee, A., Lam, T.H., Fan, Y.S.S., and Yip, P. S. F., (2013). Non-suicidal self-injury and suicidal behavior: prevalence, co-occurrence, and correlates of suicide among adolescents in Hong Kong. Social Psychiatry and Psychiatric Epidemiology (ISI Impact factor 2012 = 2.86)
7. **Wong, P.W.C.** et al. (2013). Accessing suicide-related information on the Internet: a retrospective observational study. Journal of Medical Internet Research (ISI Impact factor 2011 = 4.7)

8. **Wong, P.W.C.** et al. (2012). Effectiveness of a universal school-based programme for preventing depression in Chinese adolescents: A quasi-experimental pilot study. *Journal of Affective Disorders*, 142, 106-114. (ISI Impact factor 2011 = 4.008)
9. Li, T. M. H., Chau, M., **Wong, P. W. C.**, and Yip, P. S. F., (2012). "A Hybrid System for Online Detection of Emotional Distress. Pacific Asia Workshop on Intelligence and Security Informatics, Lecture Notes in Computer Science, Vol. 7299.
10. Law, Y.W., **Wong, P. W.C.**, and Yip, P.S.F. (2010). Suicide with psychiatric diagnosis and without utilizing psychiatric services. *BMC Public Health*, 10:431. (ISI Impact factor 2010 = 2.22)
11. **Wong, P. W.C.**, Cheng, D.Y., Conwell, Y., Conner, K. R., & Yip, P. S (2010). Gambling and completed suicide (2010). Primary Care Companion of the Journal of Clinical Psychiatry, 12: e1-e7. (ISI Impact factor 2008 = 5.06)
12. **Wong, P.W.C.**, Chan, W.S.C., Beh, P.S.L., Yau, F.W.C., Yip, P.S.F., and Hawton, K (2010). Suicide and control informants' reactions to the psychological autopsy study. *Crisis*, 31, 238-246. (ISI Impact factor 2008 = 1.13)
13. Fu, K. W., **Wong, P.W.C.**, and Yip, P. S. (2010). What Do Internet Users Seek to Know about Depression from web searches? A descriptive study of 21 million web queries (2010). *Journal of Clinical Psychiatry*, 71 (9), 1246-1247. (ISI Impact factor 2008 = 5.06)
14. Fu, K. W., Chan, W. S., and **Wong, P.W.C.** (2010). Internet addiction: prevalence, discriminant validity and correlates among adolescents in Hong Kong. *British Journal of Psychiatry*, 196, 486-492. (ISI Impact factor 2008 = 5.08)
15. Yip, P. S., Law, C. K., Fu, K. W., Law, Y. W., **Wong, P. W.**, & Xu, Y. (2010). Restricting the means of suicide by charcoal burning. *British Journal of Psychiatry*, 196: 241-242. (ISI Impact factor 2008 = 5.08)
16. **Wong, P. W.**, Chan, W. S., Conwell, Y., Conner, K. R., & Yip, P. S. (2010). A psychological autopsy study of pathological gamblers who died by suicide. (2010). *Journal of Affective Disorders*, 120(1-3): 213-216. (ISI Impact factor 2008 = 3.27)
17. **Wong, P.W.C.**, Chan, W.S.C., Lau, G.T.K., and Yip, P.S.F. (2009). Suicide by jumping from bridges in Hong Kong. *Crisis*, 30, 79-84. (ISI Impact factor 2008 = 1.17)
18. **Wong, P.W.C.**, Liu, P.M.Y., Chan, W.S.C., Law, F.Y.W, Li, H.S.H., Tso, M.K. Yip, P.S.F., & Beautrais, A.L. (2009) An integrative community-based prevention programme for charcoal burning suicide and suicide pact. *Suicide and Life-Threatening Behaviour*, 39, 82-90. (ISI Impact factor 2008 = 1.32)
19. **Wong, P.W.C.**, Yeung, A., Chan, W.S.C., Yip, P.S.F., & Tang, A.K.H. (2009). The characteristics of suicide note-leavers and non-note leavers. *Death Studies*, 33, 372-381. (ISI Impact factor 2008 = 1.04)
20. Chan, S. S., Chiu, H. F., Chen, E. Y., Chan, W. S., **Wong, P. W.**, Chan, C. L., et al. (2009). Population-attributable risk of suicide conferred by axis I psychiatric diagnoses in a Hong Kong Chinese population. *Psychiatric Services*, 60, 1135-1138. (ISI Impact factor 2008 = 2.67)
21. Chan, W.S.C., Law, C.K., Liu, K.Y., **Wong, P.W.C.**, Law, Y.W., Yip, P.S.F. (2009). Suicidality in Chinese adolescents in Hong Kong: The role of family and cultural influences. *Social Psychiatry and Social Epidemiology*, 44, 278-284. (ISI Impact factor 2008 = 1.96)
22. Law, C. K., Yip, P. S. F., Chan, W. S. C., Fu, K.-W., **Wong, P. W. C.**, & Law, Y. W. (2009). Evaluating the effectiveness of barrier installation for preventing railway suicides in Hong Kong. *Journal of Affective Disorders*, 114, 254-262. (ISI Impact factor 2007 = 3.14)
23. Chan, S. S., Chiu, H. F., Chen, E. Y., Chan, W. S., **Wong, P. W.**, Chan, C. L., Law, Y. W., & Yip, P. S. F. (2009). What does psychological autopsy study tell us about charcoal

burning suicide-a new and contagious method in Asia? Suicide and Life Threatening Behavior, 39(6), 633-638. (ISI Impact factor 2007 = 1.32)

24. Yip, P.S.F., **Wong, P.W.C.**, Cheung, D., Chan, K.S., and Beh, P.S.L. (2009). An empirical study of Homicide-Suicide in Hong Kong 1980-2005. Journal of Affective Disorders, 112, 184-192. (ISI Impact factor 2008 = 3.27)
25. Cheung, M.W.L., **Wong, P.W.C.**, Liu, K.Y., Yip, P.S.F., Fan, S.Y.S., & Lam, T.H. (2008). A study of sexual satisfaction and frequency of sex among Hong Kong Chinese couples. Journal of Sex Research, 45, 129-139. (ISI Impact factor 2008 = 3.27)
26. **Wong, P.W.C.**, Chan, W.S.C., Chen, E.Y.H., Chan, S.S.M., Law, Y.W., and Yip, P.S.F. (2008). Psychological Autopsy Study of Suicide – 30-49-years-old in Hong Kong. BMC Public Health, 8, 147. (ISI Impact factor 2010 = 2.10)
27. **Wong, P.W.C.**, Chan, W.S.C., & Beh, P.S.L. (2007). What can we do to help and understand survivors of suicide in Hong Kong? Crisis, 28, 241-256. (ISI Impact factor 2008 = 1.13)
28. Chan, W.S.C., Yip, P.S.F., **Wong, P.W.C.**, and Chen, E.Y.H. (2007). Suicide and unemployment: What are the missing links? Archives of Suicide Research, 11, 327-335.
29. Chen, E.Y.H., Chan, W.S.C., Chan, S.S.M., Liu, K.Y., Chan, C.L.W., **Wong, P.W.C.**, Law, Y.W., Yip, P.S.F. (2007). A Cluster Analysis of the Circumstances of Death in Suicides in Hong Kong. Suicide and Life Threatening Behaviour, 37, 576-584. (ISI Impact factor 2008 = 1.32)
30. Chen, Eric Y. H., Chan, Wincy S.C., **Wong, P.W.C.**, Chan, Sandra S. M., Chan, Cecilia L. W., Law, Y. W., Beh, Philip S. L., Chan, K. K., Cheng, Joanne W. Y., Liu, Ka Y., Yip, P.S.F. (2006). Suicide in Hong Kong: a case-control psychological autopsy study. Psychological Medicine, 36, 815-825. (ISI Impact factor 2008 = 4.72)

### **Publications in Progress or Submitted**

1. **Wong P.W.C.** & Yousuf, S. (under review). Prevalence and correlates of non-suicidal self- Injury behaviour in Asia: Systematic review. Clinical Psychology Review (ISI Impact factor 7.07)
2. **Wong, P.W.C.** et al. Gambling and suicidal ideation and familicidal-suicidal ideation (under review). Crisis. (ISI Impact factor 1.59)
3. Law, Y.W., **Wong, P.W.C.**, et al. Suicide with no Axis I disorders.
4. **Wong, P.W.C.**, et al. Suicide notes in Hong Kong – a content analysis.
5. **Wong, PW.C.**, et al. Suicide by hanging from 2002-2009.
6. **Wong, PW.C.**, & Chan, C. Suicide by youths in Hong Kong: A psychological autopsy study.
7. **Wong, PW.C.**, & Lee, C.H. Suicide by people with gender identify disorders in Hong Kong.

### **Peer-reviewed Book Chapters**

1. **Wong, P.W.C.**, Fu K.W., Yip, S.F. Yip. "A potential source of data in understanding youth suicide – Instant messages". In Sher, L. & Vilens, A. (Eds.), Internet and Suicide. Columbia University Press, USA.
2. Fu K.W., **Wong, P.W.C.**, Yip, S.F. Yip. "Internet and emerging suicide method: A case study of contagion of charcoal burning suicides via the Internet". In Sher, L. & Vilens, A. (Eds.), Internet and Suicide. Columbia University Press, USA.

### **Peer-reviewed Conference Publications**

1. Yip, P.S.F., **Wong, P.W.C.**, Cheung, D., Chan, K.S., and Beh, P.S.L. (2009). An empirical study of Homicide-Suicide in Hong Kong 1980-2005. 2010 International Conference on Family-at-Risk at National Taiwan University.
2. Yip, P.S.F., **Wong, P.W.C.**, Kam, C.P.M. (2006). Pathological gambling and suicide – Evidence from epidemiological data, prevalence study, and psychological autopsy study. APPGC Inaugural Asian Pacific Problem Gambling Conference 2005.

### **Peer-reviewed Papers Presented at Conferences (selected)**

1. **Wong, P.W.C.**, et al. (July 2012). Universal programmes for youth mental health promotion. Paper presented at the 1<sup>st</sup> International Conference on School Guidance in the Chinese. Hong Kong SAR, P.R. China.
2. **Wong, P.W.C.**, et al. (Sep 2011). Suicide by jumping from different sites in Hong Kong from 2002-2009. Paper presented at the World Congress of Suicide Prevention, Beijing, P.R. China.
3. **Wong, P.W.C.**, Fu K.W., Yip, S.F. Yip. (Sep 2011). A potential source of data in understanding youth suicide – Instant messages. Paper presented at the World Congress of Suicide Prevention, Beijing, P.R. China.
4. Yip, P.S.F., **Wong, P.W.C.**, Cheung, D., Chan, K.S., and Beh, P.S.L. (September, 2010). An empirical study of Homicide-Suicide in Hong Kong 1980-2005. Paper presented at the 2010 International Conference on Family-at-Risk, Taiwan.
5. Law, C.K., Yip, P.S.F., Chan, W.S.C., Fu, K.W., **Wong, P.W.C.** (October, 2008). Evaluating the effectiveness of barrier installation for preventing railway suicides in Hong Kong. Paper presented at the 3rd Asia Pacific Regional Conference of International Association for Suicide Prevention, Hong Kong, SAR, P.R. China.
6. **Wong, P.W.C.**, Chan, W.S.C., Lau, G.T.K., Yip, P.S.F. (October, 2008). Suicides by jumping from iconic bridges for suicide in Hong Kong. Paper presented at the 3rd Asia Pacific Regional Conference of International Association for Suicide Prevention, Hong Kong, SAR, P.R. China.
7. Fu, K.W., **Wong, P.W.C.**, Chan, K., Yip, P.S.F. (October, 2008). Efficacy of a school-based psycho-educational programme using cognitive-behavioural approach: A pilot case-control study in secondary schools. Paper presented at the 3rd Asia Pacific Regional Conference of International Association for Suicide Prevention, Hong Kong, SAR, P.R. China.
8. Chan, Y.K., **Wong, P.W.C.** (October, 2008). Impacts of a pilot psycho-educational group based on cognitive-behavioural therapeutic approach for people bereaved by suicide in Hong Kong. Paper presented at the 3rd Asia Pacific Regional Conference of International Association for Suicide Prevention, Hong Kong, SAR, P.R. China.
9. **Wong, P.W.C.**, Chan, K.Y.Y., Yau, F.W.S., Law, F.Y.W., Yip, P.S.F. (October, 2008). A research-intervention project for people bereaved by suicide in Hong Kong. Paper presented at the 3rd Asia Pacific Regional Conference of International Association for Suicide Prevention, Hong Kong, SAR, P.R. China.
10. **Wong, P.W.C.**, Chan, W.S.C., & Beh, P.S.L. (September 2008). The post experience of the psychological autopsy study of suicide in Hong Kong. Invited Presentation at the 12th European Symposium on Suicide and Suicidal Behaviour, Glasgow, Scotland.

11. **Wong, P.W.C.**, Kam, C.P.M., Chan, W.S.C., Chan, Yip, P.S.F. (August 2008). Pathological gambling and completed suicide. Paper presented at the 12th European Symposium on Suicide and Suicidal Behaviour, Glasgow, Scotland.
12. **Wong, P.W.C.**, Chan, W.S.C., & Beh, P.S.L. (August 2008). What can we do to help and understand survivors of suicide in Hong Kong? Invited Presentation at the 12th European Symposium on Suicide and Suicidal Behaviour, Glasgow, Scotland.
13. **Wong, P.W.C.**, Fu King Wa, Yip, P.S.F. (July 2008). A potential source of data in understanding youth suicide – Instant messages. Paper presented at the XXIX International Congress of Psychology, Berlin, Germany.
14. Chen, E.Y.H., Chan, W.S.C., **Wong, P.W.C.**, Chan, S.S.M., Chan, C.L.W., Law, Y.W., Beh, P.S.L., Chan, K.K., Cheng, J.W.Y., Liu, K.Y., & Yip, P.S.F. (2006, March). Suicide in Hong Kong: A case-control psychological autopsy study. Paper presented at the meeting of the Asian-Pacific International Association of Suicide Prevention, Singapore.
15. Chan, W.S.C., Law, C.K., Liu, K.Y., **Wong, P.W.C.**, & Yip, P.S.F. (2005, September). Personal and situational correlates of adolescent suicidal ideation in Hong Kong. In C.L.W. Chan (Chair), Implications of the findings into suicide and its prevention. Symposium conducted at the meeting of the World Suicide Prevention Day, Hong Kong.
16. **Wong, P.W.C.**, Liu, P.M.Y., Chan, W.S.C., Law, F.Y.W, Li, H.S.H., Tso, M.K. Yip, P.S.F., & Beautrais, A.L. (2005, September). An integrative community-based prevention programme for charcoal burning suicide and suicide pact. Paper presented at the meeting of the International Association of Suicide Prevention, Durban, South Africa.
17. Chen, E.Y.H., Chan, W.S.C., **Wong, P.W.C.**, Chan, S.S.M., Chan, C.L.W., Law, Y.W., Beh, P.S.L., Chan, K.K., Cheng, J.W.Y., Liu, K.Y., & Yip, P.S.F. (2005, August). Suicide in Hong Kong: A case-control psychological autopsy study. Paper presented at the meeting of the International Association of Forensic Sciences, Hong Kong.

### **Book Publication**

Ng, L.G.C., **Wong, P.W.C.**, & Fu, K.W. (2007). The Belated Dialogues between the Suicides and their Families. (in Chinese) 留給最愛的說話. Hong Kong: Breakthrough.

### **Other Selected Publications**

1. **Wong, P.W.C.** et al. Viewing the body may not necessarily bring harm to the families of the deceased: an exploratory analysis, British Medical Journal, Rapid Response, accessed at <http://www.bmj.com/content/340/bmj.c2032?tab=responses>
2. **Wong, P.W.C.** One of the many people bereaved by suicide in Hong Kong. IASP Postvention Taskforce Newsletter, 2(5), 2008.
3. **Wong, P.W.C.** Suicide survivorship in Hong Kong 101. American Association of Suicidology Newsletter, 20(4), 2008.

## GRANTS

2013 to 2015	<p><b>Project Title: The effect of a father inclusive psychoeducation program on postnatal depression: a randomized controlled trial</b></p> <hr/> <p>Co-Investigator Funded by the General Research Fund: HK\$700,000</p>
2013 to 2014	<p><b>Project Title: Pet bereavement in Hong Kong - an exploratory qualitative study using semi-structured interviews</b></p> <hr/> <p>Principal Investigator Funded by the Small Project Funding: HK\$80,000</p>
2013 to 2014	<p><b>Project Title: Prevalence and correlates of problematic online gaming and online social networking addiction and their linkage to sleep disturbance and mental health problems among Hong Kong adolescents</b></p> <hr/> <p>Co-Investigator Funded by the Small Project Funding: HK\$51,007</p>
2013 to 2014	<p><b>Project Title: Applying Blog Mining Techniques in Suicide Research and Prevention</b></p> <hr/> <p>Co-Investigator Funded by the Research Grants Council: HK\$360,815</p>
2012 to 2014	<p><b>Project Title: Understanding Aborted Suicide Attempts: A Mixed-Methods Approach</b></p> <hr/> <p>Principal Investigator Funded by the Research Grants Council: HK\$618,311</p>
2012 to 2014	<p><b>Project Title: Dementia Caregivers Evaluation Study - REACH</b></p> <hr/> <p>Co-Investigator Funded by the Kao Foundation : HK\$1,200,000</p>
2012 to 2013	<p><b>Project Title: The Study on Health Status and Health Care Needs of Oldest-Old and Centenarians in Hong Kong</b></p> <hr/> <p>Co-Investigator Funded by the Seed Funding programme for Basic Research: HK\$120,000</p>
2012 to 2014	<p><b>Project Title: The effect of a telephone-based cognitive-behavioral intervention on postnatal depression: a randomized controlled trial</b></p> <hr/> <p>Co- Investigator Funded by the Health Care Research Fund: HK\$756,676</p>
2011 to 2013	<p><b>Project Title: Community-based suicide prevention program at the Northern District</b></p> <hr/> <p>Co-Investigator Funded by the Lottery Fund: HK\$5,000,000.</p>
2011 to 2013	<p><b>Project Title: Helping young people using Web 2.0</b></p> <hr/> <p>Co-Investigator Funded by Azalea Fund: HK\$3,000,000.</p>

2011 to 2013	<b>Project Title: Mental health enhancement programme using Web 2.0 in Hong Kong</b>
	Co-Investigator Funded by Quality Education Fund, Education Bureau, Hong Kong S.A.R. Government: HK\$3,000,000.
2011 to 2012	<b>Project Title: Unravelling the mysteries of suicide - A study of the last words of suicides in Hong Kong</b>
	Principal Investigator Funded by Seed Funding Programme for Basic Research, The University of Hong Kong: HK\$119,960.
Sum mer 2010	<b>Project Title: Understanding of youth in Hong Kong</b>
	Co-Investigator Funded by Central Policy Unit, Hong Kong S.A.R. Government: HK\$500,000.
Sum mer 2010	<b>Project Title: The role of family in youth drug use behaviours</b>
	Co-Investigator Funded by Central Policy Unit, Hong Kong S.A.R. Government: HK\$500,000.
2010 To	<b>Project Title: Promoting mental well-being in youths through an interactive online game on a social networking website</b>
	Co-Investigator Funded by Health Care Promotion Fund, Food and Health Bureau, Hong Kong S.A.R. Government: HK\$300,000.
2010 To 2011	<b>Project Title: Development and evaluation of a theory-guided mental health promotion program for enhancement of help-seeking behavior and attitude in Hong Kong</b>
	Co-Investigator Funded by General Research Fund HK\$413,187.
2010 to 2011	<b>Project Title: Community-based suicide prevention programme at the Eastern District</b>
	Principle Investigator Funded by Health Care Promotion Fund, Food and Health Bureau, Hong Kong S.A.R. Government: HK\$303,000.
2009 to 2012	<b>Project Title: A randomized-controlled trail – using volunteers in preventing deliberate self-harm behaviors</b>
	Co-Investigator Funded by Private Donation (Mr. K. K. Lee, Henderson Land Group): HK\$1,500,000.
2009 to 2011	<b>Project Title: School-based mental health enhancement programme in Hong Kong</b>
	Co-Investigator Funded by Quality Education Fund, Education Bureau, Hong Kong S.A.R. Government: HK\$2,000,000.
2008 To	<b>Project Title: A randomized-controlled trail – using volunteers in preventing elderly suicidal behaviors</b>



2009	Co-Investigator Funded by Suicide Prevention Services, Hong Kong: HK\$300,000.
2007 to 2009	<b>Project Title: Efficacy study on helping survivors of suicide in Hong Kong</b> Co-Investigator Funded by Private Donation (Mr. K. K. Lee, Henderson Land Group): HK\$3,500,000.
2006 to 2008	<b>Project Title: School-based mental health enhancement programme based on a cognitive-behavioral approach: featuring the comic character of "Little Prince is Depressed"</b> Co-Investigator Funded by Quality Education Fund, Education Bureau, Hong Kong S.A.R. Government: HK\$929,500.
2003 To 2006	<b>Project Title: Psychological autopsy study of people died by suicide aged 15-59 in Hong Kong</b> Co-Investigator Funded by the Hong Kong Jockey Club and Chief Executive Fund: HK\$5,000,000.

### **Non-Funded Projects**

2008 to 2009	<b>Project Title: Efficacy of the Satir Transformation Model in helping depressed individuals</b> Principle Investigator
--------------------	---

### **Thesis/Dissertations Supervision**

2011	<b>Project Title: Psychological autopsy study of young people died by suicide aged 15-24 in Hong Kong</b> Carine Chan, Master of Social Work, The University of Hong Kong
2011	<b>Project Title: Transgender Suicides in Hong Kong</b> Clifford Chan, Master of Social Work, The University of Hong Kong
2011 To pres ent	<b>Project Title: Suicide attempts in Hong Kong</b> Dr. Saman Yousuf, Doctor of Philosophy, The University of Hong Kong
2013 To pres ent	<b>Project Title: Youth outreaching on the Internet</b> Mr. Tim Li, Doctor of Philosophy, The University of Hong Kong

### **Teaching**

## Postgraduate Level Courses

Autumn  
2011 -  
Present

Assistant Professor,  
Department of Social Work and Social Administration, The University of Hong  
Kong

---

**SOWK 6159: Abnormal Psychology (A compulsory course for part-time students of the Master of Social Sciences (Counselling))**

SOWK 6040 is a compulsory course designed to teach counseling students basic and most updated knowledge in the field of abnormal psychology. Students learn the definitions, diagnostic systems, and conceptual models for the onset and maintenance etiology of psychological disorders; acquire the knowledge and the skills of identifying and differentiating the most common Axis I and Axis II disorders that counselors may encounter with in Hong Kong; and learn general treatment principles and their evidences for the most common mental disorders.

Autumn  
2011 -  
Present

Assistant Professor,  
Department of Social Work and Social Administration, The University of Hong  
Kong

---

**SOWK 6040: Practice research in human practice (A compulsory course for part-time students of the Master of Social Sciences (Counselling))**

SOWK 6040 is a research methods course designed to teach counseling students basic research methods fundamental to the development and use of knowledge relevant to counseling practice. This course is designed to enable students to prepare for three roles: 1) *critical consumers* of research; 2) *competent evaluators* of their own practice; and 3) *active participants* in social science research. The major aims of the course are to enable students to develop a scientific perspective, to acquire an understanding of different research methodologies that can be used to - evaluate practice, to incorporate that perspective and understanding into a broader conceptual base for counseling practice, and to equip them in applying the gained knowledge to everyday practice. The sequence of this course is organized in a way to mimic the sequence of the basic research process.

Summer  
2011 -  
Present

Assistant Professor,  
Department of Social Work and Social Administration, The University of Hong  
Kong

---

**SOWK 0116 & SOWK 6225: A self-refectory journey (A compulsory course for full-time undergraduate counseling students of the Bachelor of Social Sciences (Counselling) and an elective course for postgraduate students of the Master of Social Work)**

In the helping process, the helper is one of the most important tools that facilitate changes in the one who sought for help. The helper's values, upbringings, needs, personality trait, and culture will greatly influence the helping process. Before starting the helping journey, the students need to start this journey within them. This course aims to provide an opportunity for students to reflect themselves in a supported environment. Through discussions and intensive reflective writing exercises, and assigned readings, the students will journey through topics such as attitudes and values, intrapersonal and interpersonal issues, and developmental needs that impacts on the practice of counseling. The central goal of this course is to enhance the students' understanding of themselves and empower them with reflective skills to become an effective helper. This course will emphasis on the influence of Chinese culture on our "Chinese Psychology". It will cover the major areas of psychology from the Chinese perspective such as social, personality, cognitive, and abnormal psychology. In covering these areas, research on indigenous concepts such as filial piety, face, ren qing, quanxi, and traditionality will be emphasized.

Autumn  
2010 -  
Present

Assistant Professor,  
Department of Social Work and Social Administration, The University of Hong  
Kong

**SOWK 6190/6127: Cognitive Behavioural Therapy/Cognitive Behavioural Intervention (A selective course for part-time students of the Master of Social Work degree, Master of Social Sciences (Counselling), and Master of Social Sciences (Mental Health))**

Cognitive behavioural therapy (CBT) appeared in the scientific literature in the mid1970s and the first controlled trial of the treatment was published towards the end of that decade. In the relatively short period of time since then, CBT has become a leading psychotherapy in most Western countries and some Eastern countries. There is no single answer to explain why this is happening. However, it is suspected that the close link between science and practice, the high effectiveness in treating a wide spectrum of psychological disorders and life problems. This course will provide an overview of the scientific evidence and micro-skills of understanding and practicing of CBT with a wide range of psychological disorders and life problems.

Spring  
2010 –  
Present

Assistant Professor,  
Department of Social Work and Social Administration, The University of Hong  
Kong

**SOWK 6003: Social Work Research (A compulsory one-year course for part-time students of the Master of Social Work degree)**

Social work practitioners need research skills in order to be accountable, and to evaluate their own practices. Moreover, as service roles and tasks expand and as accountability demands progressively increase, the need of the social work profession for systematic development of evidence-based knowledge becomes more acute. To address these needs this course is designed to enable students to prepare for three roles: 1) *critical consumers* of research in the social and behavioral sciences; 2) *competent evaluators* of their own practice whether clinical or organizational; and 3) *active participants* in knowledge generating inquiries that include designing and implementing research for the development of service and the clarification of clinical issues in social work practice. The major aims of the course are to enable students to develop a scientific perspective, to acquire an understanding of different research methodologies and data analyses that can be used to evaluate practice, to incorporate that perspective and understanding into a broader conceptual base for social work practice, and to equip them in applying the gained knowledge to everyday practice, especially in preparing for writing research and funding proposals with basic statistical analyses.

**Undergraduate Level Courses**

Spring 2005 – Summer 2010	Course Coordinator and Assistant Professor, Centre for Suicide Research and Prevention, and Department of Social Work and Social Administration, The University of Hong Kong
------------------------------------	--

**YSRP0001 : Stress, Depression, and Suicide (A 3 Credits Broadening course for 250 undergraduate students)**

In order to allow students to be able to achieve critical self-reflection and greater understanding of selves and others, tackling novel situations and ill-defined mental health problems, to promote effective interpersonal communication, and advocacy for the improvement of the human condition, this broadening course taught students the essential knowledge on stress, depression, and suicide, as well as enhancing students' life skills to manage their stress, depression, and suicidal tendencies.

Spring 2012 – Present	Co-teacher and Assistant Professor, Department of Social Work and Social Administration, The University of Hong Kong
-----------------------------	--

**CCHU9022 : Journey into Madness (A 6-credit common core course for undergraduate students across faculties)**

Portrayed by mass media, there is an exaggerated link between mental illness and violence. Mental illness is often considered as an adversary that should be dealt with by medical professionals. Challenging this monopolized medical discourse on mental illness, this course aims to expand the students' view to appreciate how mental illness has been psychologically influenced, socially constructed and policed, as well as culturally shaped.

**Course Presentations (Selected)**

2005 to Now	Invited Guest Lecturer The University of Hong Kong
----------------	---

**YSWK0006: Knowing the Unknown:**

**An Introduction to Death, Dying and Bereavement (3 Credits Broadening course for 250 undergraduate students)**

This course provides students an opportunity to reflect on death, a topic seldom discussed in everyday life. Each week a guest lecturer presents death in various perspectives, including physiology (how forensic medicine sheds light on the dying process), psychology (how people cope with their loss of loved ones), and sociology (how different cultures and religions understand death).

2009

Honorary Lecturer,  
Hong Kong Management Association

**Suicide Prevention for Disciplinary forces in Hong Kong**

This course aims to provide evidence-based practices and crisis intervention skills for people who work in the disciplinary forces in handling suicidal cases in their everyday work.

2009 to  
Now

Honorary Lecturer,  
College of Humanities and Law, HKU Space

**SE26-112-00(92) Psychology Workshops of the Advanced Diploma in Applied Social Sciences (Psychology)**

This course aims to introduce students with the work of practicing psychologists in Hong Kong.

2006

Lecturer and Course Coordinator  
Li Ka Shing Faculty of Medicine, The University of Hong Kong

**Suicide and its Prevention for Medical Practitioners (Special Study Module of the Bachelor of Medicine and Bachelor of Surgery (MBBS))**

This course aims to introduce medical students with the work of suicide prevention from public health and medical perspectives.

**Teaching Development**

1. Completed the two-stages "Teaching in Higher Education" certificate course, Centre of the Advance University Teaching, The University of Hong Kong.
2. Course Co-ordinator of a broadening course (2005-2010) "Stress, depression, and suicide".
3. Co course co-ordinator of a common core course (2011-present) "Journey into Madness".

---

**KNOWLEDGE EXCHANGE**

**Keynote addresses, Plenary speeches, Workshops, Trainings, and Seminars (Selected)**

June  
2005

Six trainings for Tuen Mun District, Hong Kong Police  
**Community-based suicide prevention**

July 2005

Training for the Carelink Cadre of the Hong Kong Police  
**Crisis intervention for acute suicidal cases**

July 2005

Training for volunteers of the Suicide Prevention Service

---

**Assessment and intervention for suicidal individuals**

December 2005	Training for Cheung Chau Island citizens	<b>Community effort in spotting depressed and suicidal individuals</b>
March 2006	Training for volunteers at Po Tin, Tuen Mun	<b>Reaching out to mentally disturbed neighbours</b>
June 2006	Training for CSSA Social Workers	<b>Handling emotional outburst of your clients</b>
June 2006	Invited Guest Lecturer City University	<b>Psychosis and suicide</b>
June 2006	Keynote speaker Carelink Cadre, Hong Kong Police	<b>Tired cops – helping your co-workers</b>
June 2006	Invited Speaker Department of Psychology, The University of Hong Kong	<b>Suicide assessment and intervention – things you need to know as a clinical psychologist</b>
July 2006	Invited Speaker Pathology Service Unit, Department of Health	<b>Risk and protective factors for suicide in Hong Kong</b>
September 2006	Invited Speaker King's College PTA and students	<b>Mental health and mental ill-health of secondary students</b>
2006 to 2007	Invited Guest Lecturer Community Psychiatric Nurse Unit, Castle Peak Hospital	<b>Suicide assessment and intervention for community care patients</b>
January 2007	Training for SKH IFSC	<b>Elderly depression and suicide</b>
April 2007	Training for KCRC staff	<b>Work-life balance</b>
July 2007	Invited Guest Lecturer Family Welfare Association	<b>Elderly depression and suicide</b>
September 2007	Invited Speaker for the World Suicide Prevention Day HKJC Centre for Suicide Research and Prevention, The University of Hong Kong	<b>Suicide postvention</b>
September 2007	Keynote Speaker Psychological Service, The Hong Kong Police Force	<b>Suicide prevention and postvention</b>

January 2008	Invited Guest Lecturer Department of Sociology, The Baptist University	<b>Suicide prevention in Hong Kong</b>
April 2008	Invited Guest Speaker Education Department, The HK SAR government	<b>Enhancing the mental health of secondary school students in Hong Kong</b>
June 2008	Two-day workshop for the Macao SAR Government	<b>Suicide prevention in Hong Kong</b>
September 2008	Invited Guest Speaker The Hong Kong Police	<b>Suicide prevention in the police force</b>
June 2009	Invited Guest Speaker Police Negotiation Cadre, The Hong Kong Police	<b>Suicide died by jumping in Hong Kong</b>
June 2009	Keynote Speaker for its Anniversary Seminar Hong Kong Association of Child and Adolescent Psychiatry and Psychology	<b>Youth suicide and its postvention</b>
November 2009	Invited Guest Speaker for its Anniversary Seminar Suicide Prevention Service,	<b>Suicide in Hong Kong</b>
January 2010	Invited Guest Speaker United Hospital	<b>Enhancing the mental health of staff at the hospital</b>
January 2010	Keynote Speaker Family Medicine, Department of Health	<b>From research to practice – suicide prevention in Hong Kong</b>
February 2010	Invited Guest Speaker Education Department, The HK SAR government	<b>Enhancing the mental health of secondary school students in Hong Kong</b>
June 2010	Invited Guest Speaker Life and Death Education Association	<b>Suicide in Hong Kong</b>
September - December 2010	Trainings for Hospital Authority, Hong Kong Staff (n=1200)	<b>Mental health at work</b>
September 2010	Keynote Speech Anyang Youth Suicide Prevention Centre, Anyang, Korea	<b>Youth suicide and its prevention in Hong Kong</b>

October 2010	Invited Guest Speaker Education Department, HKU SAR Government	<b>Student suicide prevention</b>
November 8 2010	Plenary Speech 2010 International Conference on Family-at-Risk Social Policy Research Centre, National Taiwan University	<b>Homicide and suicide - The most tragic outcomes by family-at-risk</b>
December 2010	Invited Guest Speaker The Chinese University of Hong Kong	<b>Taking your own life</b>
December 2010	Plenary Speech The University of Hong Kong – Counseling Symposium 2010	<b>Evidences for helping suicide attempts</b>
October 2011	Invited Guest Speaker Education Department, HKU SAR Government	<b>Youth mental health promotion in Hong Kong</b>
July 2012	Keynote address Thailand Government	<b>Suicide prevention – A public Health Approach</b>
July 2012	Invited Guest Speaker Social Sciences Summer Programme 2012 – Youth, Citizenship and Cyberspace, Faculty of Social Sciences, The University of Hong Kong	<b>Internet addiction: Does it really exist?</b>
October 31 2012	Plenary Speech The Hong Kong Council of Social Service , Hong Kong	<b>Suicide and the Internet</b>
November 19 2012	Keynote address Samaritans Multilingual, Hong Kong	<b>Suicide Survivorship – A public Health Approach</b>
November 19 2012	Speaker Youth Counselling Conference 2012, The University of Hong Kong, Hong Kong	<b>Suicide and its management</b>
April 27 2013	Speaker Diocesan Boys' School, Hong Kong	<b>Academic achievement and Mental Health: Is there a link?</b>
May 29 2013	Panel Speaker KELLY Support Group, Hong Kong	<b>Non-Chinese adolescent and their suicide and mental health</b>

### **Public Relation and Media Appearances (Selected)**



1. TV News commentary on Hong Kong Cable TV News (3rd January 2010):  
Regarding Cyber-bullying and cyber-culture in Hong Kong.
  2. Invited Columnist on Mingpao Weekly Magazine (August to December 2009):  
Regarding Mental and Suicide during the Economic Tsunami
  3. TV News commentary on Australian Broadcasting Company (22<sup>nd</sup> May 2009):  
Regarding Suicide and Mental Health of Mainland Chinese Students in China.
  4. TV News commentary on 3TV, Russia (20<sup>th</sup> September 2007): Regarding Mental  
Health and Suicide in a Concrete Jungle – Hong Kong.
  5. TV News commentary on Pearl, Hong Kong (August 2007): Regarding Mental  
Health at Work.
  6. TV News commentary on Al Jazeera English TV (June 2007): Regarding Suicide  
Prevention in Asia.
  7. Personal Feature on South China Morning Post (October 2006): Title “Breaking  
Down the Wall – HKU Clinical Psychologist and Researcher in Suicide Prevention.”
  8. TV News commentary on Radio and Television Hong Kong (9<sup>th</sup> June 2005):  
Regarding Mental Health in Hong Kong.
- 

## **GOVERNANCE AND OTHER SERVICES**

### ***University and Faculty Service***

1. Committee member of the Faculty of Social Sciences, The University of Hong  
Kong
2. Academic advisor of the FOSS Social Innovation Internship (2011-2012)
3. Board of Examiners (BoE), Faculty of Social Science, The University of Hong Kong

### ***Department Services***

1. Deputy Director of the Master of Social Sciences (Counselling) programme, The  
University of Hong Kong (Jan 2011 to present)
  2. Committee member of the Departmental Research Postgraduate Committee  
(Sep 2010 – present)
  3. Reviewer of ethics approvals for all taught postgraduate students' dissertation  
proposals (June 2011- present)
  4. Research Seminars Series Co-ordinator (2012-2013)
- 

## **PROFESSIONAL ACTIVITIES AND SERVICES**

### ***Peer Reviewing Activities***

1. Manuscripts Reviewer for British Journal of Psychiatry.
  2. Manuscripts Reviewer for British Journal of Sociology.
  3. Manuscripts Reviewer for Social Science and Medicine.
  4. Manuscripts Reviewer for BMC Public Health.
  5. Manuscripts Reviewer for Suicide and Life Threatening Behaviour.
  6. Manuscripts Reviewer for Crisis.
  7. Manuscripts Reviewer for Social Work and Mental Health.
  8. Manuscripts Reviewer for Research on Ageing.
-

9. Member of the editorial board of the Journal of International Social Issues

### **Professional Qualifications and Memberships**

1. Queensland Board of Psychologist - Registered Psychologist (2000 - Now)
2. Australian Psychological Society (APS) - Member of the APS (2002 - Now)
3. The Hong Kong Psychological Society (HKPS) - Associate Fellow (2003 - Now)
4. The Hong Kong Psychological Society (HKPS) - Registered Psychologist (2005 - Now)
5. The APS College of Clinical Psychologists - Member (2006 - Now)
6. The Hong Kong Professional Counselling Association – Associate Fellow (2012 – Now)

### **Community and Professional Services**

1. Scientific Coordinator of the 2013 Hong Kong Psychological Society Annual Conference (2013)
2. Assessment Panelist of the Chief Executive's Award for Teaching Excellence (2012/2013) on the Guidance and Discipline, The Education Bureau
3. National Representative of the International Association for Suicide Prevention (2011-2015)
4. Committee Member of the 2012 Hong Kong Psychological Society Annual Conference (2012)
5. Committee Member of the 2012 2<sup>nd</sup> Counselling Conference of the HKU Master of Social Science (Counselling) Programme
6. Judge, Clinical Case Competition Presentation, The Hong Kong College of Family Physicians Hong Kong Primary Care Conference (12 June 2012)
7. Advisory member of Emotion Support Service Sub-committee of Suicide Prevention Services (since 2012)
8. Conference Chair of the 2011 Hong Kong Psychological Society Annual Conference (2011)
9. Scientific secretary and Council Member of the Hong Kong Psychological Society (since 2010)
10. Honorary Research Fellow of the HKJC Centre for Suicide Research and Prevention, the University of Hong Kong (since 2010)
11. Co-opt member of Suicide Prevention Service, Hong Kong (since 2006)
12. Expert witness for Hong Kong Police, Coroner's Court, and Department of Justice on suicide and attempted suicide cases (since 2005)
13. Member of the Multidisciplinary Community-based suicide and deliberate self-harm prevention of the eastern district of Hong Kong (since 2009)
14. Honorary consultant of Chinese elderly suicide prevention at Long Island, New York, the United States. A programme developed under the NYS Office of Mental Health Grant (since 2008)
15. Member of the Postvention Taskforce, The International Association for Suicide Prevention (since 2006)
16. Content developer of an awards-winning mental health promotion website "[Little Prince is depressed](#)" (2004 "Ten Healthy Websites" and "Most Creative Website

Award", 2005 The Silver winner of the Asian Innovation Award, 2006, 2007, 2008 and 2009 Meritorious Websites Award)

---

## **REFERENCES**

Prof. Paul S.F. Yip

Director, The HKJC Centre for Suicide Research and Prevention, The University of Hong Kong

Professor, Department of Social Work and Social Administrations  
The University of Hong Kong

Address: 3B, No.2, University Drive, The University of Hong Kong

Phone: 2859-1989

E-mail: sfpyip@hku.hk

Dr. Philip Beh

Associate Professor, Li Ka Shing Faculty of Medicine, The University of Hong Kong

Address: Room 315, University Pathology Building  
Queen Mary Hospital,  
Pokfulam Road,  
Hong Kong

Phone: 2855-4863

Fax: 2872-5197

Email: philipbeh@pathology.hku.hk