

Chan, Celia Hoi Yan 陳凱欣

B.Soc.Sc. (CUHK) (1999), M.S.W. (Distinction) (HKU) (2001), Ph.D. (HKU) (2010)

E-mail : chancelia@hku.hk

Curriculum Vitae

Areas of Interest

- Counseling and psychology on reproductive health (e.g. infertility and assisted reproduction technology, reproductive loss, antenatal and postnatal mood disorders)
- Couple counseling and family mediation
- Integrated Body-mind-spirit Model
- Life and death education
- Working with adolescence: Ethical leadership and professional endeavor through service learning

Current Academic and Professional Affiliation

- Assistant Professor, Department of Social Work and Social Administration, HKU
- Honorary Clinical Associate, Centre on Behavioral Health, HKU
- Honorary Research Fellow, Family Institute, HKU
- Consultant Medical Social Worker, Centre of Assisted Reproduction and Embryology, The University of Hong Kong - Queen Mary Hospital

History of Appointments

09/2011 – Now	Assistant Professor (Tenure-track) Department of Social Work and Social Administration, HKU
10/2006 – 08/2011	Teaching Consultant Centre on Behavioral Health, The University of Hong Kong
2002 – 2006	Medical Social Worker Centre on Behavioral Health, The University of Hong Kong
2001 – 2002	Medical Social Worker Department of Social Work and Social Administration & Centre of Assisted Reproduction and Embryology, The University of Hong Kong - Queen Mary Hospital

Professional Membership

2001 – Now	Registered Social Worker Hong Kong Social Workers Registration Board
2010 – Now	Accredited Family Mediator Hong Kong International Arbitration Centre
2010 – Now	Certified Thanatologist Association for Death Education and Counseling

Education Background

2005-2010	Doctor of Philosophy Department of Social Work and Social Administration, HKU Thesis: Efficacy of psychosocial group intervention for Chinese women undergoing in-vitro fertilization: A prospective randomized controlled study (Supervisor: Prof. Cecilia L.W. Chan)
1999-2001	Master of Social Work (Distinction) Department of Social Work and Social Administration, HKU Dissertation: Relationship between physical and psychosocial well being and marital satisfaction among married women in Hong Kong (Supervisor: Dr. Yu Chan)
1995-1998	Bachelor of Social Sciences, Chinese University of Hong Kong (2nd Lower) Major: Psychology Minor: Translation Thesis: Perceptions of sex-role stereotypes, self-concept, and nursing role ideal in Chinese nursing students (Supervisor: Prof. Michael H. Bond)

Scholarships

2000 – 2001	Scholarship of Hong Kong Bank for Social Work Foundation (During MSW study)
2000 – 2001	Jean Robertson Memorial Book Prize (During MSW study)

Other Qualifications

2006	Certificate in Expressive Art Facilitation HKU SPACE
------	---------------------------------------------------------

Publications

1. **Chan, C. H. Y.**, Chan, C. L. W., Ng, E. H. Y., Ho, P. C., Lee, G. L., & Hui Choi, W. H. (2012). Incorporating spirituality in psychosocial group intervention for women undergoing in vitro fertilization: A prospective randomized controlled study. *Psychology and Psychotherapy*, *85*(4), 356-373. doi: 10.1111/j.2044-8341.2011.02040.x.
2. Chan, W. C. H., Tin, A. F., **Chan, C. H. Y.**, Chan, C. L. W., Tang, A. C. W. (2010). Introducing the 8A model in death education training: Promoting planning for end-of-life care for Hong Kong Chinese. *Illness, Crisis and Loss*, *18*(1), 49-62.
3. Lee, G. L., Hui Choi, W. H., **Chan, C. H. Y.**, Chan, C. L. W., & Ng, E. H. Y. (2009). Life after unsuccessful IVF treatment in an assisted reproduction unit: A qualitative analysis of gains through loss among Chinese persons in Hong Kong, *Human Reproduction*, *24*(8), 1920-1929.
4. Ng, S. M., Chan, C. L. W., Leung, P. P. Y., **Chan, C. H. Y.**, & Yau, J. K. Y. (2008). Beyond survivorship: Achieving a harmonious dynamic equilibrium using a Chinese medicine framework in health and mental health, *Social Work in Mental Health*, *7*(1-3), 1-20.
5. **Chan, C. H. Y.**, Ng, E. H. Y., Chan, C. L. W. Chan, Ho, P. C., Chan, T. H. Y. (2006). Effectiveness of psychosocial group intervention for reducing anxiety in women undergoing in vitro fertilization: a randomized controlled study. *Fertility and Sterility*, *85*(2), 339-346. [Impact factor: 4.167]
6. Chan, C. L. W., Blyth, E., & **Chan, C. H. Y.** (2006). Attitudes to and practices regarding sex selection in China. *Prenatal Diagnosis*, *26*(7), 610-613.
7. Chan, C. L. W., Tso, I. F., Ho, R. T. H., Ng, S. M., **Chan, C. H. Y.**, Chan, J. C. N., Lai, J. C. L., & Evans, P. D. (2006). The effect of a one-hour eastern stress management session on salivary cortisol. *Stress and Health*, *22*, 45-49.
8. Ng, S. M., Chan, T. H. Y., Chan, C. L. W., Lee, A. M., Yau, J. K. Y., **Chan, C. H. Y.**, & Lau, J. (2006). Group debriefing for people with chronic diseases during the SARS pandemic: strength-focused and meaning-oriented approach for resilience and transformation (SMART). *Community Mental Health*, *42*(1), 53-63.
9. **Chan, C. H. Y.**, Chan, C. L. W., Ng, S. M., Ng, E. H. Y., & Ho, P. C. (2005). Body–mind–spirit intervention for IVF women. *Journal of Assisted Reproduction and Genetics*, *22*(11/12), 419-427.
10. Ng, S. M., Yau, J. K. Y., Chan, C. L. W., **Chan, C. H. Y.**, & Ho, D. Y. F. (2005). The measurement of Body-Mind-Spirit well-being: Toward multidimensionality and transcultural applicability. *Social Work in Health Care*, *41*(1), 33-52.
11. Li, A. M., **Chan, C. H. Y.**, Chan, D. F. Y. (2004). Long-term sequelae of SARS in children. *Pediatric Respiratory Reviews*, *5*, 296-299.
12. **Chan, C. H. Y.**, & Chan, C. L. W. (2003). Affirming flames: Stress management for nurses under SARS outbreak. *The Hong Kong Nursing Journal*, *39*(1), 21-23.

13. Ng, E. H. Y., Liu, A., **Chan, C. H. Y.**, Chan, C. L. W., Yeung, W. S. B., & Ho, P. C. (2003). Regulating Reproductive Technology in Hong Kong. *Journal of Assisted Reproduction and Genetics*, 20(7), 281-286.
14. Chan, C. L. W., Yip, P. S. F., Ng, E. H. Y., Ho, P. C., **Chan, C. H. Y.**, & Au, J. S. K. (2002). Gender selection in China: Its meanings and implications. *Journal of Assisted Reproduction and Genetics*, 19(9), 426-430.
15. Holroyd, E. A., Bond, M. H., & **Chan, C. H. Y.** (2001). Perceptions of sex-role stereotypes, self-concept, and nursing role ideal in Chinese nursing students. *Journal of advanced Nursing*, 37(3), 294-303.

Books / Book Chapters

1. **Chan, C. H. Y.**, Chan, C. L. W., Tsui, Y. L. E. (In press). An Integrative Body-Mind-Spirit approach for women experiencing infertility. In David Mostofsky (Ed.) Handbook of Behavioral Medicine. Wiley-Blackwell. (Peer-reviewed)
2. **Chan, C. H. Y.**, Chan, T. H. Y., & Chan C. L. W. (2011). Chinese rituals. In Alex Michalos (Ed.) *Encyclopedia of Quality of Life Research*. Springer. (Peer-reviewed)
3. **Chan, C. H. Y.** (2010). 能者善生. In Chan, C. L. W., Chan, C. H. Y., Tin, A. F., & Chan W. C. H. 為生命喝采：善終、善別及善生的自助旅程 (p.25-103). Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (In Chinese)
4. Chan, C. L. W., **Chan, C. H. Y.**, Tin, A. F., & Chan W. C. H. (2010). 為生命喝采：善終、善別及善生的自助旅程. Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (In Chinese)
5. **Chan, C. H. Y.** (2009). Dignified death: Preparing for death. In Chan, C. L. W., Chan, C. H. Y., Tin, A. F., Chan W. C. H., & Ng, O. K. P. *In celebration of life: A self-help journey of preparing for death and living with loss and bereavement* (p.25-103). Hong Kong: Centre on Behavioral Health, The University of Hong Kong.
6. Chan, C. L. W., **Chan, C. H. Y.**, Tin, A. F., Chan W. C. H., & Ng, O. K. P. (2009). *In celebration of life: A self-help journey of preparing for death and living with loss and bereavement*. Hong Kong: Centre on Behavioral Health, The University of Hong Kong.
7. Lee, G. L., **Chan, C. H. Y.**, Hui Choi, E. W. H., & Chan, C. L. W. (2009). Chinese traditional belief systems, livelihood and fertility. In Eric Blyth & Ruth Landau (eds.) *Faith and Fertility: Attitudes toward reproductive practices in different religions from ancient to modern times* (pp.137-157). London: Jessica Kingsley Publishers.

8. Tin, A. F., **Chan, C. H. Y.**, Chan, W. C. H., Chan, T. Y. F. & Leung, K. T. (2009). 懷念您：思親紀念冊. Hong Kong: Centre on Behavioral Health, Project ENABLE, The University of Hong Kong. (In Chinese)
9. **Chan, C. H. Y.**, & Tin, A. F. (2008). 從容自在談生死. Hong Kong: Centre on Behavioral Health, Project ENABLE, The University of Hong Kong. (In Chinese)
10. **Chan, C. H. Y.**, & Tin, A. F. (2008). 生命屬我. Hong Kong: Centre on Behavioral Health, Project ENABLE, The University of Hong Kong. (In Chinese)
11. Tin, A. F., **Chan, C. H. Y.**, & Tang, A. C. W. (2008). 善生嚮導訓練手冊及教材套. Hong Kong: Centre on Behavioral Health, Project ENABLE, The University of Hong Kong. (In Chinese)
12. Tin, A. F., & **Chan, C. H. Y.** (2008). 與家人談生說死. Hong Kong: Centre on Behavioral Health, Project ENABLE, The University of Hong Kong. (In Chinese)
13. **Chan, C. H. Y.**, Tang, A. C. W., & Tin, A. F. (2007). 囑福生命手冊. Hong Kong: Centre on Behavioral Health, Project ENABLE, The University of Hong Kong. (In Chinese)
14. Ng, S. M., Chan, C. L. W., & **Chan, C. H. Y.** (2006). Challenges in operationalizing spirituality for evidence-based psychosocial intervention. In S. S. M. (Ed). *Spirituality, religion & holistic health: the boundary situation and its transcendence* (p.162-169). Hong Kong: Commercial Press.
15. Tsang, S. K. M., Chan, C. L. W., **Chan, C. H. Y.**, Ng, S. M., FU, W., Yung, W. M., & Poon, Y. C. (2005). From stormy to smooth sail: Resilience of adult children of parents with gambling problems. *Advances in Gambling Theories, Service and Research in the Asia-Pacific Region*. Hong Kong: The Chinese University of Hong Kong and the Tung Wah Group of Hospitals.
16. **Chan, C. H. Y.**, & Chan, C. L. W. (2004). Stronger the wind, harder the wood. In Yun Hang Cheung *Transition: A Story of Reborn after the Pat Sin Leng Hill Fire* (2nd edition). Hong Kong: Fellowship of Evangelical Studies. (In Chinese)
17. Ng, E. H. Y., Liu, A., Chan, C. L. W. & **Chan, C. H. Y.** (2004). Hong Kong: A social, legal and clinical overview. In Eric Blyth and Ruth Landau (Eds.) *Third party assisted conception across cultures: Social, legal and ethical perspectives*. London: Jessica Kingley Publishers.

Conference / Symposium / Invited Presentations

1. **Chan, C. H. Y.** (2013). Counseling on subfertility and assisted reproductive technology. Invited professional training at the Family Planning Association, March 4, 2013, Hong Kong.

2. **Chan, C. H. Y.** (2013). My 'Problem' or 'Our' Problem? Understanding the Infertility Diagnoses and Pre-Treatment Distress Among Chinese Women Undergoing in Vitro Fertilization. Abstract presented at the the 17th Annual Conference of the Society for Social Work and Research, January 16-20, 2013, San Diego, CA.
3. **Chan, C. H. Y.** (2012). Transforming ambiguous loss: Development of spirituality-oriented Intervention for women experiencing infertility. Invited paper presentation at the BIT's 1st International Congress of Gynaecology and Obstetrics (ICGO-2012), December 2-4, 2012, Guangzhou, China.
4. **Chan, C. H. Y.** (2011). Perinatal bereavement: Grieving pregnancy loss in miscarriage and stillbirth. Invited presentation at the 8th Hong Kong Palliative Care Symposium. August 20, 2011, Hong Kong.
5. **Chan, C. H. Y.** (2011). Adoption after infertility. Invited training at Mother's Choice. April 30, 2011, Hong Kong.
6. **Chan, C. H. Y.** (2011). Broaden and Build: Increasing youth resilience through the lens of positive psychology. Invited training by Education Bureau. February 18, 2011, Hong Kong.
7. **Chan, C. H. Y.** (2011). Bereavement counseling on reproductive loss. Invited training at the Post-registration Certificate Course in Women's Health and Advanced Gynecological Nursing. January 8, 2011, Hong Kong.
8. **Chan, C. H. Y., & Chan, C. L. W.** (2010). Heart health beyond medication. Abstract presented at the 3rd Asian Preventive Cardiology & Cardiac Rehabilitation Conference 2010, December 12, 2010, Hong Kong.
9. **Chan, C. H. Y.** (2010). When life and death cross-over: Counseling on reproductive loss. Invited presentation at the training series of Hong Kong Social Workers Association. Hong Kong Social Workers Association. August 5, 2010, Hong Kong.
10. **Chan, C. H. Y.** (2010). Efficacy of spirituality-oriented group intervention for Chinese women undergoing in vitro fertilization: A prospective randomized controlled trial. Abstract presented at the 2010 Joint World Conference on Social Work and Social Development: The Agenda, June 10-14. 2010, Hong Kong.
11. **Chan, C. H. Y.** (2010). When life and death cross-over: Counseling on reproductive loss. Invited presentation at the training series of Hong Kong Social Workers Association. Hong Kong Social Workers Association. February 2, 2010, Hong Kong.
12. Chan, C. L. W., & **Chan, C. H. Y.,** (2010). Stress management beyond medication. Abstract presented at Hong Kong Diabetes and Cardiovascular Risk Factors – East Meets West: Meet the Experts Symposium, March 20, 2010, Hong Kong.
13. **Chan, C. H. Y.** (2009). Dealing with clients with reproductive loss. Invited presentation at the Symposium on Supporting Bereaved Parents and Families with Perinatal Loss, Hospital Authority, October 15, 2009, Hong Kong.

14. Chan, C. L. W., & **Chan, C. H. Y.**, (2009). East meets west in clinical practice: The foundations of Integrative Body-Mind-Spirit Therapy, Keynote Address at the Symposium and Workshop on Integrative Body-Mind-Spirit Therapy, July 10, 2009, Hong Kong.
15. Chan, C. L. W., Chan, W. C. H., Tin, A. F., **Chan, C. H. Y.** (2009). Developing a model of Life Intelligence: A paradigm shift in enhancing the resilience of families as affected by the financial crisis. Abstract presented at the 60th Anniversary of Social Work Education in HKU Symposium Series: The Impact of the Global Economic Crisis on Social Development: Social Policy Responses in Greater China, November 12-13, 2009, Hong Kong.
16. **Chan, C. H. Y.** (2007). Body-mind-spirit intervention model for people facing infertility. Invited presentation at the Symposium on Social Work in Health Care, Zhongshan University, April 13, 2007, Guangzhou.
17. Tin, A. F., **Chan, C. H. Y.**, Tang, A. C. W., Ng, S. M., Chan, C. L. W., Ho, A. H. Y. (2007). Promoting positive coping of death: A review of life and death education in Hong Kong and the role of university. Abstract presented at the 1st Asia-Pacific Conference on Healthy Universities, March 8-10, 2007, Hong Kong.
18. **Chan, C. H. Y.**, & Chan, C. L. W. (2006). Spirituality of care giving. Abstract presented at the Hospital Authority Convention 2006, May 9, 2006, Hong Kong.
19. **Chan, C. H. Y.**, & Chan, T. H. Y. (2006). The effects of fertility adjustment on the spousal dyadic and psychosocial well-being of couples with infertility. Paper presented at the 5th International Conference on Social Work in Health and Mental Health, December 10-14, 2006, Hong Kong.
20. **Chan, C. H. Y.**, Chan, T. H. Y., Lo, P. H. Y., Tsui, E. Y. L., & Chan, C. L. W. (2006). Developing a program on leadership and professional endeavor for pre-university students under the early admission scheme. Paper presented at the Conference on Student Development of University Students. University of Hong Kong. November 28, 2006, Hong Kong.
21. Chan, C. L. W., **Chan, C. H. Y.**, Ho, P. S. Y., & Chan, Y. (2006). Psychosexual Issues in Women. Invited presentation at the Compulsory Lectures for Community Gynaecology, Hong Kong College of Obstetricians and Gynaecologists, August 12, 2006.
22. Chan, C. L. W., **Chan, C. H. Y.**, Pan, J. Y., & Ng, S. M. (2006). Resilience and Growth: Chinese Medicine Perspective on Health and Mental Health. Keynote Address at the Conference on Student Development of University Students. University of Hong Kong. November 28, 2006, Hong Kong
23. Chan, C. L. W., **Chan, C. H. Y.** (2006). Nourishing Your Heart: Say goodbye to Stress. Workshop presentation in the 1st Asian Preventive Cardiology and Cardiac Rehabilitation Conference cum 6th Certificate Course in Cardiac Rehabilitation, December 2-5, 2006.
24. Lee, G. L., **Chan, C. H. Y.**, & Chan, C. L. W. (2006). The impact of intrapersonal and interpersonal factors on appraisal of and coping with infertility. Paper presented at the 5th International Conference on Social Work in Health and Mental Health, December 10-14, 2006, Hong Kong.

25. **Chan, C. H. Y.** (2005). 兒童之家兒童抗逆力研究. 香港聖公會聖基道兒童院七十週年研討會, October 14, 2005, Hong Kong. spacing
26. **Chan, C. H. Y.** (2005). Letting go or holding on: Meaning-oriented transformation of infertile women. Conference paper presented at the Asia-Pacific Conference of Social Work, September 21-24, 2005, Seoul, Korea.
27. **Chan, C. H. Y., & Chan, C. L. W.** (2004). An Eastern Body-Mind-Spirit Group Intervention Approach to Infertile Women Undergoing IVF. Conference paper presented at the Fourth International Conference on Social Work in Health and Mental Health, May 23-27, 2004, Quebec, Canada.

Academic Teaching and Professional Development

Academic teaching at HKU

2005 – Now	Lecturer GEA01A Ethical Leadership and Professional Endeavor (Credit-bearing: 6) (Summer course for bachelor students of Early Admission Scheme, commissioned by General Education Unit, HKU)
2009 – Now	Co-lectuer SOWK0006 Knowing the Unknown: An Introduction to Death, Dying and Bereavement (Broadening course)
2009 – Now	Co-lectuer MSBH6101 Counseling and Psychotherapy I (Elective Course in Master of Social Sciences in Behavioral Health)
2009 – Now	Co-lecturer Ethics in Counseling and Psychotherapy (Psychotherapy and Counseling in Action: Live Case Demonstration in the M.Soc.Sc. (Behavioral Health) Programme)
First semester, 2010/2011	Co-lecturer SOWK0103 Counseling in Different Settings (Core Course in Bachelor of Social Sciences)
Second semester, 2010/2011	Co-lecturer SOWK0116 A Self-Reflective Journey (Core Course in Bachelor of Social Sciences)

Student supervision

2004 – 2009	Supervisor of social work placement students Department of Social Work and Social Administration, HKU
2004 – 2008	Supervisor of students from Social Exposure Program (SEP) General Education Unit, HKU
2004 – 2005	Supervisor of social work practicum students Department of Social Work and Social Administration, HKU

Academic management

2011	Assistant Program Director Practicum Coordinator M.Soc.Sc. (Behavioral Health) program at HKU
2005 – 2010	Practicum Coordinator Member of the program team M.Soc.Sc. (Behavioral Health) program at HKU

Other professional trainings

2011	Program Coordinator and Lecturer Certificate Course in Holistic Health Practice Commissioned training by Division of Chinese Medicine, Hospital Authority
2010	Program Coordinator and Lecturer Certificate Course in Infertility Counseling Co-organized by Centre on Behavioral Health, HKU and Hong Kong Society for Reproductive Medicine
2006 – Now	Trainer Series of ENABLER Train-the-trainer Workshops Project ENABLE, Centre on Behavioral Health, HKU

Social Work and Counseling Experience

Psychosocial assessment (2001 – Now)	Offering psychosocial assessment to subfertile couples who are seeking different types of assisted reproduction technologies such as oocyte donors, couples who require donated gametes for treatment, couples who receive donated embryos, couples who needs surrogacy treatment, surrogate mothers, and couples who are under great stress before, during and after reproductive technologies and related treatment
Individual or couple counseling (2001 – Now)	Providing psychotherapy to individuals/families presenting with health and/or mental health problems. Providing family mediation to couples who are about to separate or divorce
Group therapy (2001 – 2006)	Conducting group psychotherapy and body-mind-spirit multimodal intervention groups for people suffering from different kinds of health and/or mental health problems Track record: Group psychotherapy (Co-led with Prof. David Ho) (2003-2004), Infertile individuals or couples (Assisted Reproduction Unit, Queen Mary Hospital) (2001-2006), SARS patients (HA) (2003), breast cancer patients (Patient Resource Centres at different HA clusters) (2003-2004), colon cancer patients (Patient Resource Centres at different HA clusters) (2004-2006), patients with depression or anxiety disorder (Feb, 2011-Now) (Commissioned by HA)

Workshops /
Professional Trainings
(2001 – Now)

Providing workshops and seminars to healthcare and helping professionals of different social service agencies and corporations, and to teaching staff and students of different schools and institutions on various related topics such as body-mind-spirit wellness, stress management, personal growth, and life and death education.

Track record:

Education Bureau, Judiciary, Hospital Authority, Queen Mary Hospital, Kwai Chung Hospital, Queen Margaret Hospital, Housing Authority, Social Welfare Department, City University of Hong Kong, The Hong Kong Jockey Club, Urban Renewal Authority, SKH Tuen Mun Rehabilitation Complex, Tung Wah Group of Hospitals Social Services, Stewards Company Limited, Hong Kong Jockey Club Rehabilitation Complex, Hong Chi Association, Ebenzer School, Red Cross, and different secondary schools

Community education
(2001 – Now)

Conducting community education programmes such as community talks and seminars on stress management, life and death education and reproductive health issues, SARS, Disaster management

Track record:

Better Health Better Hong Kong Programme (Commissioned by Hospital Authority (2002), We are with you (During the SARS Period) (HKU) (2003), Empowerment Network for Adjustment to Bereavement and Loss in End-of-life (ENABLE), funded by the Hong Kong Jockey Club Charities Trust and implemented by the Centre on Behavioral Health, HKU (2006-2010)

Project Management (Selected)

2006 – 2010

Teaching Consultant (From November 2006 to April 2010)

Project Coordinator (From August 2009 to April 2010)

Project: Empowerment Network for Adjustment to Bereavement and Loss in End-of-life (ENABLE), funded by the Hong Kong Jockey Club Charities Trust

Responsibilities:

- Project management (From August 2009 to April 2010)
 - Supervising the program team and monitoring the progress of project implementation
 - Managing budget and resources to bring about the completion of the project
 - Liaising with the Trust, NGOs and other related organizations (setting up the ENABLE Alliance with over 40 NGOs)
- Professional training
 - Developing training protocol and conducting over 30 training courses and workshops on life and death education for healthcare professionals such as social workers, nurses, counselors and other helping professionals
 - Organizing summit, symposiums and conferences
- Community education
 - Delivering over 30 community talks or seminars on life and death education
 - Organizing a number of press conferences
 - Responding to media interviews
- Materials production
 - Producing a number of training manuals, educational booklets and DVDs (Refer to the list of publications)
- Web production
 - Developing and managing the ENABLE website (<http://www.enable.hk>)
- Program evaluation
 - Establishing research and evaluation protocol

2006 – Now

Consultant Medical Social Worker

Centre of Assisted Reproduction and Embryology, The University of Hong Kong - Queen Mary Hospital

Responsibilities:

- Offering psychological assessment to people who are undergoing third party assisted conception
- Offering counseling to individuals and couples facing various types of reproductive loss
- Conducting psychoeducation groups to women undergoing in vitro fertilization

2001 – 2006

Medical Social Worker / Project Manager

Centre of Assisted Reproduction and Embryology, The University of Hong Kong - Queen Mary Hospital

Project: Efficacy of Psychosocial Group Intervention for Chinese Women Undergoing in-vitro Fertilization: A Prospective Randomized Controlled Study

Responsibilities:

- Running over 20 therapeutic groups to women undergoing IVF
- Offering professional training to nursing specialists and other healthcare professionals
- Liaising with HA, private clinics and other related organizations
- Establishing randomized-controlled trial protocol and managing dataset
- Delivering psychoeducational talks on infertility and assisted reproduction technologies
- Offering counseling to infertile individuals and couples
- Writing manuscripts
- Launching press conferences

Research Project

- 2011 – Now **Principal investigator**
Efficacy of psychosocial group intervention for postnatal depression: A randomized-controlled study
Collaborated with United Christian Hospital
Proposal submitted to apply funding from HHSRF
- 2011 – Now **Principal investigator**
Efficacy of Integrative Body-mind-spirit group intervention for patients with depressive and anxiety disorders
Commissioned by the Department of Chinese Medicine, Hospital Authority
- 2010 – Now **Co-investigator**
A prospective study of the prevalence, course and risk factors for antenatal and postpartum depression and anxiety in Hong Kong
Collaborated with United Christian Hospital
- 2008 – 2010 **Co-investigator**
Depression and anxiety among women who miscarry after in vitro fertilization
Collaborated with Department of Obstetrics and Gynecology, Queen Mary Hospital
- 2003 – 2004 **Co-investigator**
Prospective randomized control trial on effectiveness of the Eastern holistic intervention group for infertile couples undergoing in vitro fertilization on psychosocial wellbeing and treatment outcomes
Seeding Fund for Multi-disciplinary Development, the Faculty of Social Sciences

Column Writings / Articles

Column writing, *Mingpao Weekly* (Feb to May, 2010)

1. **Chan, C. H. Y.** (2010). 不孕是... *明報周刊*, 2166, 79.
2. **Chan, C. H. Y.** (2010). 生育自由行. *明報周刊*, 2165, 97.
3. **Chan, C. H. Y.** (2010). 無形的失落. *明報周刊*, 2164, 119.
4. **Chan, C. H. Y.** (2010). 孩子福祉. *明報周刊*, 2163, 79.
5. **Chan, C. H. Y.** (2010). 不孕輔導. *明報周刊*, 2162, 87.
6. **Chan, C. H. Y.** (2010). 啞忍之苦. *明報周刊*, 2161, 87.
7. **Chan, C. H. Y.** (2010). 優生男女? *明報周刊*, 2160, 79.
8. **Chan, C. H. Y.** (2010). 代孕媽媽. *明報周刊*, 2159, 87.
9. **Chan, C. H. Y.** (2010). 多胞胎爭議. *明報周刊*, 2158, 87.
10. **Chan, C. H. Y.** (2010). 試管嬰兒. *明報周刊*, 2157, 95.
11. **Chan, C. H. Y.** (2010). 例行性事. *明報周刊*, 2156, 95.
12. **Chan, C. H. Y.** (2010). 三個媽兩個爸. *明報周刊*, 2155, 103.
13. **Chan, C. H. Y.** (2010). 屢敗屢戰. *明報周刊*, 2154, 79.
14. **Chan, C. H. Y.** (2010). 他和她的難題. *明報周刊*, 2153, 79.
15. **Chan, C. H. Y.** (2005). 不育夫婦. *橋* (香港公教婚姻輔導會季刊), 92.
16. **Chan, C. H. Y.**, & Tin, A. F. (2008). 四川大地震–社區生死教育資料(一) : 十項要做及不要做的事情. China Earthquake: HKU Action. Published on <http://www.hku.hk/chinaearthquake/information.html>
17. **Chan, C. H. Y.**, & Tin, A. F. (2008). 四川大地震–社區生死教育資料(三) : 走過哀傷. China Earthquake: HKU Action. Published on <http://www.hku.hk/chinaearthquake/information.html>

18. **Chan, C. H. Y.**, & Tin, A. F. (2008). 四川大地震–社區生死教育資料(四)：也關心家中的孩子. China Earthquake: HKU Action. Published on <http://www.hku.hk/chinaearthquake/information.html>
19. Tin A.F., & **Chan, C. H. Y.** (2008). 四川大地震–社區生死教育資料(二)：讓孩子走出哀傷. China Earthquake: HKU Action. Published on <http://www.hku.hk/chinaearthquake/information.html>
20. Chan, C. L. W., & **Chan, C. H. Y.** (March 3, 2006). 癌症大悟·重塑生活藝術. *東方日報*. *Oriental Daily News*, A13.
21. Chan, C. L. W., & **Chan, C. H. Y.** (May 12, 2006). 定期檢查情緒療不育創傷. *東方日報*. *Oriental Daily News*, A13.

Research Reports

1. 香港基督教女青年會 (2005). 青年就業計劃工作及研究彙編. 香港：香港基督教女青年會. spacing
2. **Chan, C. H. Y.**, Chan Y. (2001). Research report on the relationship between physical and psychosocial welling and marital satisfaction among married women in Hong Kong. Hong Kong: Hong Kong Federation of Women's Centre.

Volunteer Work

Now	Consultant, 持續教育部, YWCA
2009 – Now	Consultant, Pastoral Care Team, Wing Kwong Pentecostal Holiness Church
2009 – 2010	Manager, Hong Kong YWCA Career Development and Training Centre
2009 – 2010	Manager, Hong Kong YWCA Yau Yat Chuen Continuing Education Centre
2009 – 2010	Manager, Hong Kong YWCA Continuing Education Centre
2006 – 2010	Committee member / Vice-President, 持續教育部, YWCA
2006 – 2008	Committee member, 基督教事工部, YWCA
2003 – 2008	Committee member / Vice-President, 青年及社區發展部, YWCA
2006 – 2008	Board Member, YWCA
2004	Executive committee member, Youth Ministry, Wing Kwong Pentecostal Holiness Church

Press Conferences

- January 14, 2010 Launching the Certificate Course on Infertility Counseling
Centre on Behavioral Health, HKU & Hong Kong Society for
Reproductive Medicine
- September 25, 2009 Website ENABLE – Hong Kong First Ever On-Line Platform on Life
Planning & Bereavement Support
Project ENABLE, Centre on Behavioral Health, HKU
- March 31, 2009 From “Good Separation” to “Good Life”: A Memorial Booklet to Help
Bereaved
Project ENABLE, Centre on Behavioral Health, HKU
- April 7, 2006 First Psychosocial Intervention Programme on Infertility in Hong Kong:
Body-mind-spirit Intervention Reduces Infertility Anxiety
Faculty of Social Science, University of Hong Kong
- October 20, 2001 Unique Psychosocial Counseling Service for Infertility
Faculty of Social Science, University of Hong Kong