



ELSEVIER

Available online at www.sciencedirect.com

nanomedicine

Nanomedicine: Nanotechnology, Biology, and Medicine xx (2006) xxx–xxx

www.nanomedjournal.com

Nano hemostat solution: immediate hemostasis at the nanoscale

Rutledge G. Ellis-Behnke, PhD,^{a,b,c,*} Yu-Xiang Liang, PhD,^{b,c} David K.C. Tay, PhD,^{b,c}
 Phillis W.F. Kau, BSc,^b Gerald E. Schneider, PhD,^a Shuguang Zhang, PhD,^d Kwok-Fai So, PhD^{b,c,e*}

^aDepartment of Brain and Cognitive Sciences, Massachusetts Institute of Technology, Cambridge, Massachusetts, USA^bDepartment of Anatomy, Li Ka Shing Faculty of Medicine, The University of Hong Kong, Hong Kong SAR, China^cState Key Laboratory for Brain and Cognitive Science, Li Ka Shing Faculty of Medicine, The University of Hong Kong, Hong Kong SAR, China^dCenter for Biomedical Engineering, Massachusetts Institute of Technology, Cambridge, Massachusetts, USA^eResearch Centre of Heart, Brain, Hormone and Healthy Aging, Li Ka Shing Faculty of Medicine, The University of Hong Kong, Hong Kong SAR, China

Received 22 August 2006; accepted 22 August 2006

Wutian Wu, PhD^{b,c}

Abstract

Hemostasis is a major problem in surgical procedures and after major trauma. There are few effective methods to stop bleeding without causing secondary damage. We used a self-assembling peptide that establishes a nanofiber barrier to achieve complete hemostasis in less than 15 seconds when applied directly to a wound in the brain, spinal cord, femoral artery, liver, or skin of mammals. This novel therapy stops bleeding without the use of pressure, cauterization, vasoconstriction, coagulation, or cross-linked adhesives. The self-assembling solution is nontoxic and nonimmunogenic, and the breakdown products are amino acids, which are tissue building blocks that can be used to repair the site of injury. Here we report the first use of nanotechnology to achieve complete hemostasis in less than 15 seconds, which could fundamentally change how much blood is needed during surgery of the future.

© 2006 Published by Elsevier Inc.

Key words: Hemostasis; Surgery; Trauma; Nanotechnology; Self-assembling peptide

Through the ages doctors have found ways to achieve hemostasis, beginning with the simple act of applying pressure, then cauterization, ligation, and clinically induced vasoconstriction [1–10], but nanotechnology brings new possibilities for changes in medical technology. Here we present a novel method to stop bleeding using materials that self-assemble at the nanoscale when applied to a wound. This

method results in the formation of a nanofiber barrier that stops bleeding in any wet ionic environment in the body; furthermore, the material is broken down into natural l-amino acids that can be used by the surrounding tissue for repair.

Currently there are three basic categories of hemostatic agents or procedures: chemical, thermal, and mechanical [1,3,6,8,10–15]. Chemical agents are those that change the clotting activity of the blood or act as vasoconstrictors, such as thromboxane A2 [16], which causes vessels to contract thus reducing blood flow and promoting clotting [7,16,17]. Thermal devices commonly involve cauterization using electrodes, lasers [8,14], or heat. There are also agents that react exothermically upon application that may create an effect similar to a standard two probe cautery device [1,14]. Mechanical methods use pressure or ligature to slow the blood flow [3]. A combination therapy might use both chemical and mechanical means to produce a hemostat that adsorbs fluid and swells [18], producing pressure to slow the blood flow and allow clotting, or it may involve the introduction of fibrinogen, thrombin, and

The authors declare a competing financial interest: S.Z. is a co-founder and board member of 3D Matrix, the licenser of one of the materials used.

This work was supported by grants from the Deshpande Center for Technological Innovation at the Massachusetts Institute of Technology and the Research Grant Council (RGC) of Hong Kong and the NSF

[R.G.E.-B., D.K.C.T., G.E.S., and K-F.S. wrote and edited the paper; K-F.S. and D.K.C.T. provided financial support; R.G.E.-B., Y-X.L., P.W.F.K., and W.W. performed surgery; R.G.E.-B., K-F.S., D.K.C.T., Y-X.L., P.W.F.K., and G.E.S. analyzed data; S.Z. provided material].

* Corresponding author. Department of Brain and Cognitive Sciences, 46-6007, Massachusetts Institute of Technology, Cambridge, MA 02139, USA.

E-mail address: rutledg@mit.edu (R.G. Ellis-Behnke).

1549-9634/\$ – see front matter © 2006 Published by Elsevier Inc.
 doi:10.1016/j.nano.2006.08.001

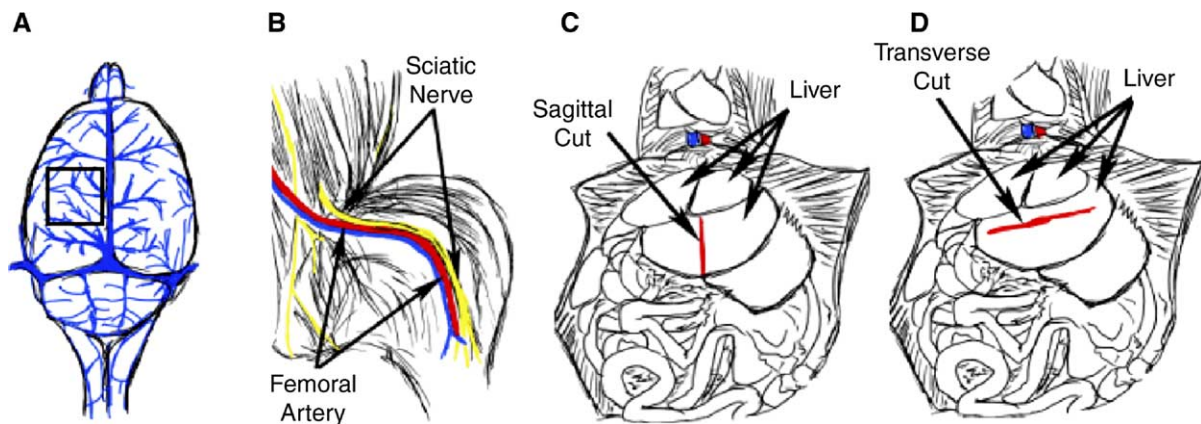


Fig 1. Schematics of surgical procedures. Rostral is up and caudal is down in all figures. **A**, Dorsal view of the rat brain. The blue lines depict the blood vessels superficial to the cortex. The boxed area corresponds to location of the lesion and treatment. **B**, Drawing of ventral view of the lower limb of a rat with the femoral artery in red and sciatic nerve in yellow. **C** and **D**, Drawings of a ventral view of rat with abdomen open. Overlying structures have been removed exposing the liver. The lobe was transected with a cut (depicted in red) in both sagittal (**C**) and transverse (**D**) directions.

54 calcium to produce fibrin glue, which acts as an artificial
55 clot [1,2,5,6,8,10,14,19].

56 There are five major issues related to the limitations and
57 applicability of many of these hemostatic agents. First, some
58 of the materials are solid, such as powder formulations, and
59 are not able to flow into the area of injury to bring about their
60 hemostatic effects [1,10,14]; second, some liquid agents,
61 such as cyanoacrylates, require a dry environment to be
62 effective [8]; third, some materials can create an immune
63 response resulting in the death of adjacent cells, placing addi-
64 tional stress on the body that can prolong or prevent healing
65 [8,10,14,15,20]; fourth, some agents have a short shelf-life
66 and very specific handling requirements [6,10,14,16,17]; and
67 finally, many currently used hemostats are difficult to use in
68 uncontrolled environments [1,7,8,10,14]. Moreover, if a
69 therapy uses swelling as part of its hemostatic action, then
70 extra care must be taken to ensure that the local blood supply
71 is not reduced or stopped, which could cause additional tissue
72 damage or even death. This is particularly crucial when using
73 expanding foams [19]. Many hemostatic agents must be
74 prepared just before use because of their short shelf-life.
75 Surgical instruments, such as cauterization devices, clamps
76 and clips, must be used by a skilled individual in a controlled
77 environment [2,5,8-10,16,20].

78 Our discovery, observed during a neurosurgical proce-
79 dure, introduces a new way to stop bleeding using a self-
80 assembling peptide that establishes a nanofiber barrier and
81 incorporates it into the surrounding tissue to form an
82 extracellular matrix (ECM). Surmising that nanotechnology
83 might be useful in our central nervous system regeneration
84 studies, we injected the material into wound sites in the brain
85 of hamsters to determine whether it would facilitate neuronal
86 regeneration [21]. To our surprise, it also stopped bleeding.

87 We then wanted to know if the rapid hemostasis that we
88 had observed in our nerve regeneration experiments was
89 tissue specific or would also work in other tissues. The seven

90 experiments we designed and performed demonstrate that in
91 less than 15 seconds complete hemostasis can be achieved
92 after (1) a transection of a blood vessel leading to the superior
93 sagittal sinus in both hamsters and rats, (2) a spinal cord cut,
94 (3) a femoral artery cut, (4) a sagittal transection of the left
95 lateral liver lobe, (5) a transverse transection of the left lateral
96 liver lobe including a cut in a primary branch of the portal
97 vein, (6) a 4-mm liver punch biopsy, and (7) multiple 4-mm
98 skin punch biopsies on nude mice.

Materials and methods

99

Adult Syrian hamsters were anesthetized with an intra- 100
peritoneal injection of sodium pentobarbital (50 mg/kg), and 101
adult rats were anesthetized with an intraperitoneal injection 102
of ketamine (50 mg/kg). The experimental procedures 103
adhered strictly to the protocol approved by the Department 104
of Health and endorsed by the Committee on the Use of 105
Laboratory Animals for Teaching and Research of the 106
University of Hong Kong and the Massachusetts Institute 107
of Technology Committee on Animal Care. 108

Cortical vessel cut experiment

109

The animals were fitted in a head holder. The left lateral 110
part of the cortex was exposed, and each animal received a 111
transection of a blood vessel leading to the superior sagittal 112
sinus (Figure 1, A). With the aid of a sterile glass micro- 113
pipette, 20 μ L of 1% NHS-1 solution (see below under 114
“Preparation of the self-assembling solutions”) was applied to 115
the site of injury or iced saline in the control cases. The 116
animals were allowed to survive for as long as 6 months. 117

Spinal cord injury experiment

118

Under an operating microscope, the second thoracic 119
spinal cord segment (T2) was identified before performing a 120

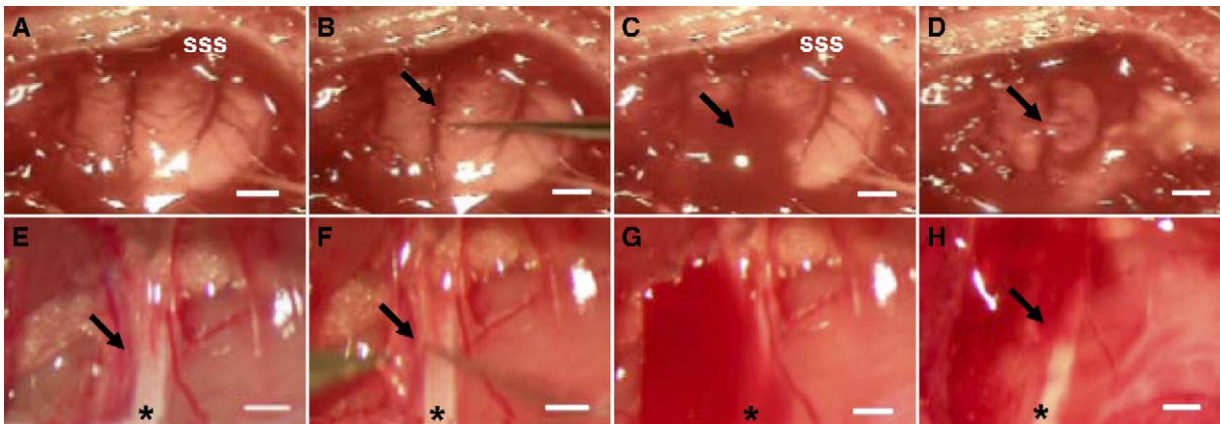


Fig 2. Complete hemostasis in brain and femoral artery. The pictures are time-lapse images at each stage of the experiment for brain (A–D) and femoral artery (E–H). **A–D**, Adult rat cortex hemostasis. Part of the overlying skull has been removed in an adult rat, and one of the veins of the superior sagittal sinus is transected and treated with 1% self-assembling NHS-1. **A**, The brain and veins of the superior sagittal sinus (SSS) are exposed. **B**, Cutting of the vein (arrow). **C**, Bleeding of the ruptured vein (arrow). **D**, The same area 5 seconds after application of the self-assembling NHS-1 to the location of the cut (arrow) as seen under the clear NHS-1. **E–H**, Rat femoral artery hemostasis. Exposure of the neurovascular bundle in the thigh showing the sciatic nerve (*) in each panel. **E**, Femoral artery and vein exposed. **F**, Cutting of the artery (arrow). **G**, Bleeding, masking the artery completely and sciatic nerve partially. **H**, The same area 5 seconds after application of the self-assembling peptide to the cut (arrow). Note that there is complete hemostasis in the area formed by NHS-1 (covering the entire picture) as it self-assembles in the presence of blood and plasma, revealing the underlying structures. Complete hemostasis was achieved in 10.6 ± 4.1 seconds, significantly different from 367.5 ± 37.7 seconds in controls irrigated with saline ($P > .0001$). Scale bars represent 1 mm.

121 dorsal laminectomy in anesthetized adult rats [22,23]. After
 122 opening the dura mater, we performed a right hemisection
 123 using a ceramic knife. Immediately after the cord hemi-
 Q3 124 section 20 μ L of a 1% solution of NHS-1 was applied to the
 125 area of the cut for bleeding control. The controls received a
 126 saline treatment. The animals were allowed to survive for as
 127 long as 8 weeks as part of another experiment.

128 Femoral artery cut experiment

129 Rats were placed on their backs, and the hind limb was
 130 extended to expose the medial aspect of the thigh (Figure 1,
 131 B). The skin was removed, and the overlying muscles were
 132 cut to expose the femoral artery and sciatic nerve. The
 133 femoral artery was cut to produce a high-pressure bleeder
 Q3 134 (Figure 2, F). With a 27-gauge needle, 200 μ L of 1% NHS-
 135 1 solution was applied over the site of injury. In two cases
 Q4 136 we applied the dry powder of NHS-1 to the injury site,
 137 which also was effective. (Data are not shown and were not
 138 included in the analysis.) Controls were treated with a
 139 combination of saline and pressure with a gauge. All
 140 animals were killed 4 hours after the experiment.

141 Liver wound experiments

142 Rats were anesthetized and placed on their back, and
 143 the abdomen was opened exposing the liver (Figure 1, C).
 144 The left lobe of the liver was cut using a scalpel in the
 145 rostral-to-caudal direction, separating the two halves of the
 146 lobe (Figure 3, B) in the sagittal cut. With a 27-gauge
 Q5 147 needle, 100 μ L of 1% or 2% NHS-1, NHS-2, or TM-3
 148 solution was applied to the site of injury (Figure 3, B).
 149 Livers of the controls were treated with saline or
 150 cauterized. Cauterization was performed using a thermal

cautery device and was applied to the entire surface of the 151
 injury. In another group of 28 adult rats the same 152
 procedure was followed for the liver, which was cut 153
 transversely (Figure 3, D). With a 27-gauge needle, 400 μ L 154
 of 1%, 2%, 3%, or 4% NHS-1 or TM-3 solution was applied 155
 to the site of injury (Figure 3, H). 156 Q7

In another group of anesthetized adult rats the liver was 157
 exposed, and a 4-mm punch biopsy done from the ventral 158
 aspect through the liver to the dorsal surface of the left liver 159
 lobe. The resulting core was removed from the liver, after 160
 which one of three treatments was applied. For the treatment 161
 group 200 μ L of 3% NHS-1 solution was applied to the site 162
 of injury, whereas in the controls either saline was applied or 163
 cauterization of the exposed liver surface was carried out. 164
 The superficial material was then wiped clear of the injury 165
 site. The abdominal incision was closed, and the animals 166
 were allowed to survive for as long as 8 weeks. 167

168 Skin punch experiment 169

In anesthetized adult nude mice using aseptic precautions, 169
 a 4-mm punch was used to create three wounds on each side 170
 of the back of the animal. On one side of the animal the 171
 wounds created were treated with 1% NHS-1 solution, and 172 Q7
 the wounds on the opposite side were left untreated to provide 173
 a control. The punch biopsies were made through the full 174
 thickness of the skin. If the wound did not bleed for 175
 10 seconds the punch would be excluded from the data 176
 analyzed. All procedures were videotaped, and the analysis 177
 consisted of reviewing the tapes. The animals were allowed to 178
 survive for as long as 2 months. If animals involved in any of 179
 the above experiments appeared to experience any discomfort 180
 they were euthanized. 181

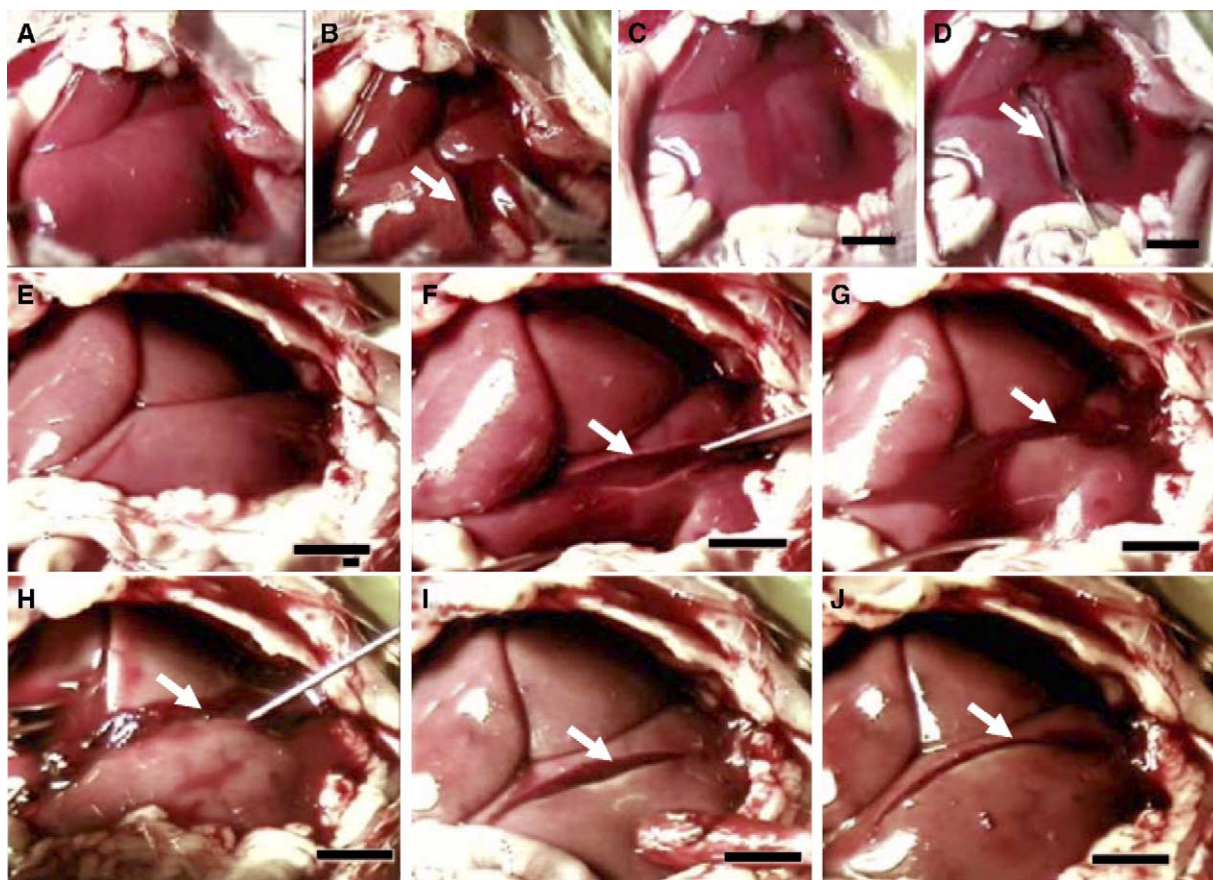


Fig 3. Rat liver hemostasis. This series of pictures is of an adult rat wherein the skin covering the intraperitoneal cavity was excised, exposing the liver. **A -D**, Sagittal cut. **A**, The left lateral lobe received a sagittal cut completely transecting a portion of the liver lobe. **B**, The liver is separated (arrow). Note the profuse bleeding. **C**, The two halves are allowed to come back together, and the bleeding continues (arrow). **D**, The 1% NHS-1 solution was applied, and the extent of the incision was visible under the transparent assembled NHS-1 (arrow). Complete hemostasis was achieved in 8.6 ± 1.7 seconds, statistically significant when compared to 90.0 ± 5.0 seconds when cauterization was applied, or 301.6 ± 33.2 seconds if irrigated with saline. **E -J**, Transverse cut. This series of pictures is of a transverse cut to the left lateral lobe in an adult rat. **E**, The exposed intact liver. **F**, Applying a transverse cut in the lobe (arrow). **G**, Profuse bleeding produced when a major branch of the portal vein is cut (arrows). **H**, Treatment with self-assembling NHS-1. Note the complete cessation of bleeding (in 10.3 ± 0.5 seconds using 2% concentration; 10.0 ± 1.0 seconds and 11.0 ± 1.0 using 3% and 4%, respectively) seen under the clear assembled NHS-1 (arrow). **I**, 2 minutes after treatment and after the superficial self-assembling NHS-1 has been removed (arrows) to show the extent of cut. **J**, Bleeding had ceased 15 minutes after NHS-1 treatment. Scale bars represent 1 mm.

Q8182 Transmission electron microscopy sample preparation

183 In the brain and liver of anesthetized adult rats a 1% or
 184 2% NHS-1 solution was injected immediately after making
 185a cut, and the treatment site was sampled. Samples were
 Q9 186fixed in a mixture of 2% paraformaldehyde and 2.5%
 Q10 187glutaraldehyde in 0.1 M phosphate buffer (PB) for 4 hours.
 188The samples were washed in 0.1 M PB three times for
 18910 minutes each at 4°C and embedded in 2% agar; blocks
 Q11 190were postfixed in 4°C 1% osmium tetroxide for 2 hours and
 191then washed in buffer three times for 10 minutes each at
 1924°C. The sample blocks were dehydrated in ethanol,
 193infiltrated, and embedded in pure epon with Lynx EM
 194tissue processor. Ultrathin 70-nm sections were cut (Reich-
 195ert-Jung ultra cut) and collected on no. 200 mesh grids.
 196Sections and grids were stained with uranyl acetate and lead
 197citrate and examined under a Philip EM208S transmission
 198electron microscope.

Preparation of the self-assembling solutions

199

The NHS-1 solution was prepared using RADA16-I 200
 synthetic dry powder (obtained from the Massachusetts 201
 Institute of Technology Center for Cancer Research 202
 Biopolymers Laboratory, Cambridge, MA; the Zhang 203
 laboratory, and 3-DMatrix, Cambridge, MA) dissolved in 204
 an Eppendorf tube. The 1% NHS-1 solution was prepared 205Q12
 by dissolving 10 mg of RADA16-I powder in 1 mL of 206
 autoclaved Milli-Q water (Millipore Corp., Billerica, MA), 207
 sonicated for as long as 5 minutes, and filtered. This was 208
 repeated with 20 mg/mL, 30 mg/mL, and 40 mg/mL to 209
 produce 2%, 3%, and 4% concentrations. NHS-2 and TM-3 210Q12
 dry powders (made by the Massachusetts Institute of 211
 Technology Center for Cancer Research Biopolymers 212
 Laboratory, Cambridge, MA) were prepared using the same 213
 method. The time of preparation did not affect the action of 214
 the solution. We also tested some material that was prepared 215

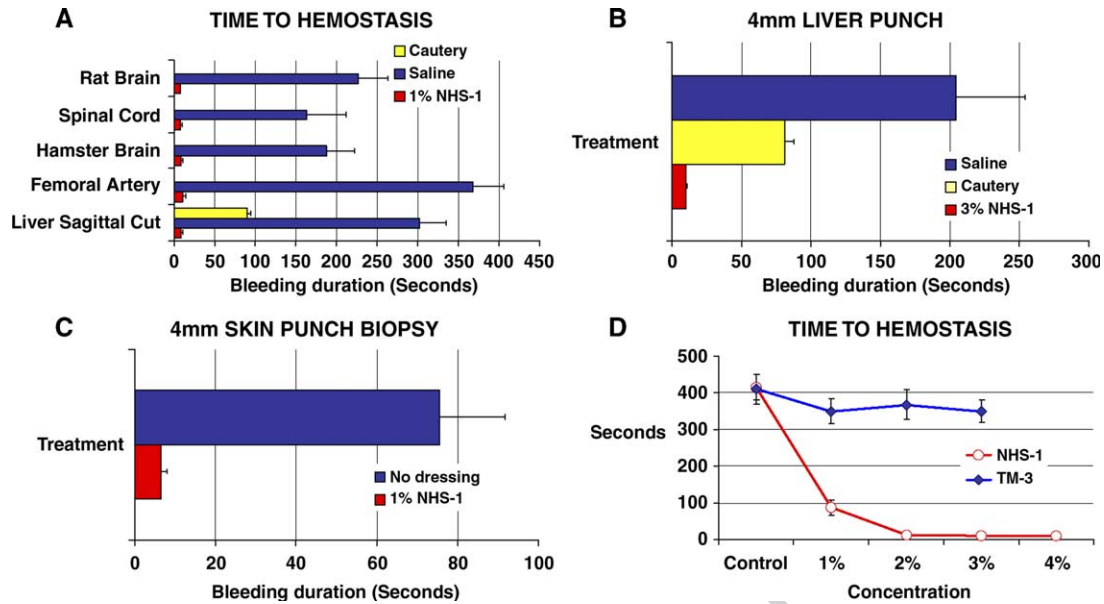


Fig 4. Time required to achieve hemostasis. Graphs illustrate bleeding durations in cases treated with 1% NHS-1 self-assembling solution compared with those cauterized- and saline-treated controls for brain, femoral artery, and liver cuts (A), liver punches (B), and skin punches (C). Each bar shows the mean time in seconds for NHS-1-treated cases (in red), saline controls (in blue), and cautery controls (in yellow). A, In the rat brain cut, durations were measured from the start of application of self-assembling NHS-1 to the completion of hemostasis after transection of the veins leading to the superior sagittal sinus in the brain of adult rats. Complete hemostasis was achieved in 8.4 ± 2.1 seconds. In the saline controls bleeding continued until 227.0 ± 36.6 seconds. In the hamster brain cut, complete hemostasis was achieved in 9.0 ± 1.8 seconds. In the saline controls bleeding continued until 187.6 ± 34.7 seconds. In the femoral artery cut, complete hemostasis was achieved in 10.5 ± 4.1 seconds. In the saline controls bleeding continued until 367.5 ± 37.7 seconds. In the liver sagittal cut, complete hemostasis was achieved in 8.6 ± 1.7 seconds. In the cautery control (yellow), bleeding continued until 90.0 ± 5.0 seconds, and the saline controls bled for 301.6 ± 33.2 seconds. B, Liver 4-mm punch biopsy. A 4-mm core was removed from the left liver lobe, and the hole was treated with NHS-1, heat cautery, or saline. Treatment with 3% NHS-1 brought about complete hemostasis in 9.7 ± 1.2 seconds. In the cautery controls (yellow) bleeding continued for 81.2 ± 6.7 seconds, and the saline controls bled for 204.3 ± 49.6 seconds. C, Skin 4-mm punch biopsy. A 4-mm punch biopsy was made on the backs of nude mice. The biopsy extended through the dermis, and the core was removed. Care was taken not to disrupt the underlying muscle. The three wounds on one side were treated with 1% NHS-1, and complete hemostasis was achieved in 6.4 ± 1.5 seconds. On the opposite side of the animal the wounds were not treated. Bleeding continued until normal clotting occurred at 75.5 ± 16.3 seconds. D, Concentration response curves of NHS-1 and TM-3. The left lateral liver lobe received a transverse cut severing a portion of the liver lobe and branch of the portal vein. A higher concentration of NHS-1 (open circles) is more effective in higher pressure and volume hemorrhages. NHS-1 at concentrations of 4%, 3%, and 2% were effective in achieving hemostasis in 11.0 ± 1.0 seconds, 10.0 ± 1.0 seconds, and 10.3 ± 0.5 seconds, respectively. The 1% NHS-1 solution required 86.6 ± 20.8 seconds at the area of the most severe bleeding. TM-3 (diamonds) was not effective at any concentration; in the saline controls bleeding continued until 377.5 ± 85.0 seconds, and one animal died. Time (seconds) is shown on the x-axis, concentration on the y-axis.

Q15

216(obtained from the Zhang laboratory) and stored in solution
217at room temperature, for 3 years before use, and it
218performed as well as the newly mixed material.

219Results

220Hemostasis in a brain injury

221 We began our experiments in the brain, removing the
222overlying skull and performing a complete transection of a
223branch of the superior sagittal sinus in the brain of rats ($n =$
22415) and hamsters ($n = 15$) (Figure 1, A). The areas were
225treated with $20 \mu\text{L}$ of a 1% solution of RADA16-I (NHS-1)
226self-assembling solution or with iced saline. In the groups
Q13 227treated with NHS-1 hemostasis was achieved in less than 10
228seconds in both hamsters and rats (Figure 2, A-D and
Q14 229Supplemental Video 1, "Hemostasis in rat cortex with self-
230assembling peptide treatment"). Control group hamsters
231($n = 5$) and rats ($n = 5$) irrigated with saline bled for more
232than 3 minutes (Figure 4, A). A truncated iced-saline control

and subsequent treatment with NHS-1 is shown in 233
Supplemental Video 2 ("Saline control and treatment with 234Q16
self-assembling peptide in rat cortex.") Student's t -test for 235
two independent samples in both hamsters and rats showed 236
highly significant differences ($P < .0001$). 237

Hemostasis in a spinal cord injury 238

Because blood has been shown to be toxic in neural tissue 239
[24] we wanted to know if the spinal environment was 240
different from the brain. By quickly bringing bleeding under 241
control secondary damage caused by surgery can be reduced. 242
After laminectomy and removal of the dura, the spinal cord 243
was hemisected at T2, from the dorsal to ventral aspect, 244
and treated ($n = 5$) with $20 \mu\text{l}$ of 1% NHS-1. Hemostasis 245Q17
was achieved in just over 10 seconds. In the saline controls 246
($n = 5$) bleeding continued for as long as 5 minutes. 247
Comparison of the treated group and the saline controls 248
shows a significant difference using the Tukey test with a 249
99% confidence interval. 250

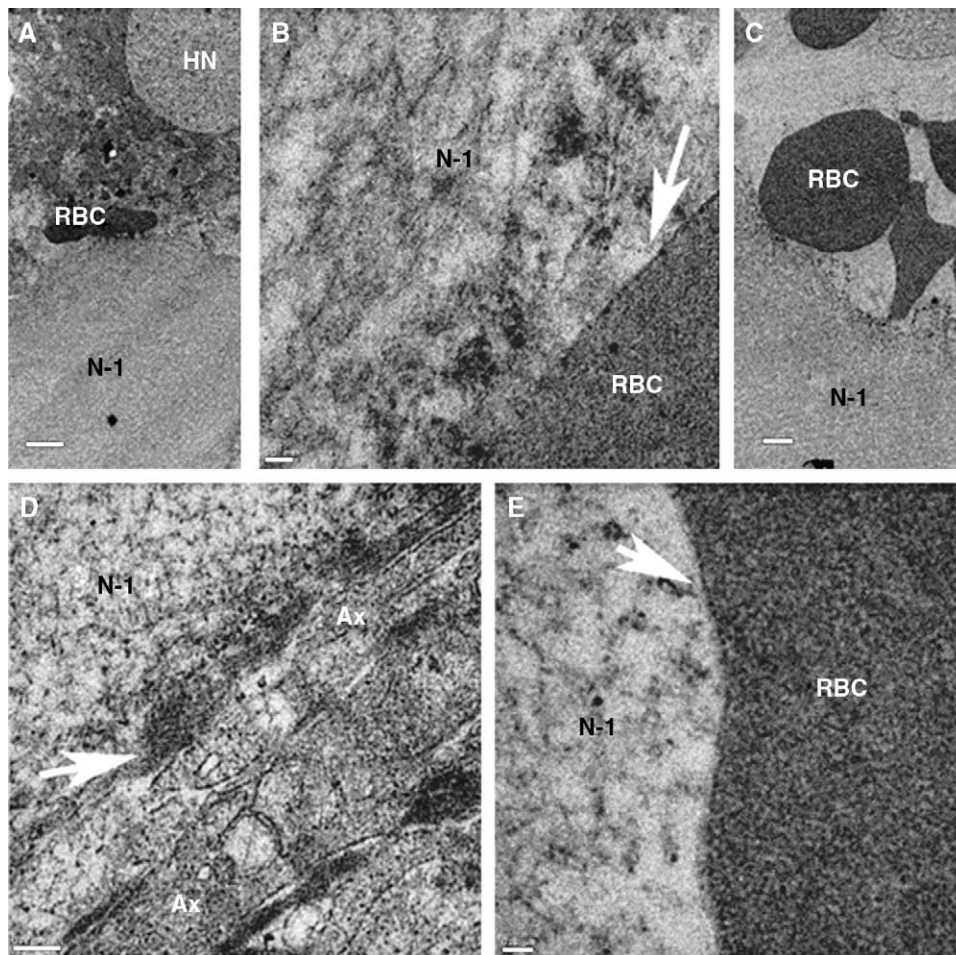


Fig 5. Electron micrographs. This series of TEM images shows the interactions of NHS-1 with liver, cortex, and red blood cells. **A**, The left lateral lobe was treated with NHS-1, and the tissue was taken shortly after treatment. Note the hepatocyte and its nucleus (HN). There is a red blood cell (RBC) between the assembled NHS-1 (N-1) fields. Scale bar represents 2 μm . **B**, A closer look at the interface of the RBC and the material. Scale bar represents 50 nm. **C**, In the liver the RBC do not appear to mix with the NHS-1. Scale bar represents 1 μm . **D**, Application of 1% NHS-1 solution to a cut in the cortex. Note the close interface with the axons (Ax). Scale bar represents 0.2 μm . **E**, In another part of the brain the interface between the RBC and the NHS-1 appears to be similar to that in the liver. Scale bar represents 0.1 μm .

251 Hemostasis in a high-pressure femoral artery wound

252 The femoral artery of 14 adult rats was surgically exposed,
 253 transacted, and then treated with 200 μL of a 1% solution of
 254 NHS-1 or iced saline and packing (Figure 2, E-H). In the
 255 treated rats ($n = 10$) about 10 seconds elapsed before
 256 hemostasis occurred (Figure 4, A). The controls ($n = 4$)
 257 continued to bleed for more than 6 minutes. The difference in
 258 times to achieve complete hemostasis was highly significant
 259 (Student's t -test $P < .0001$).

260 Hemostasis in highly vascularized liver wounds

261 Using a group of 76 rats, we performed three different
 262 liver cuts: (1) a sagittal (rostrocaudal) cut (Figure 3, A and
 263 B) to test NHS-1 in an irregular-shaped laceration wound,
 264 (2) a transverse (lateral-medial) cut involving the transection
 265 of a major branch of the hepatic portal vein to intensify
 266 bleeding (Figure 3, E-J), and (3) 4-mm punches through the
 267 liver lobe to observe the material in uniform wounds.

In the first liver experiment we made a sagittal cut in the 268
 left lobe ($n = 8$); upon treatment with 100 μL of 1% NHS-1 269
 solution bleeding ceased in less than 10 seconds (Figure 3, 270
 A-D and Supplemental Video 3, “Sagittal cut of left liver 271
 lobe using 1% self-assembling peptide treatment”). In one 272
 set of controls ($n = 3$) bleeding stopped 90 seconds 273
 (Figure 4, A) after cauterization of the wound; in the 274
 saline-treated control animals ($n = 3$) bleeding continued 275
 for more than 5 minutes. Comparison of the cauterized and 276
 the saline-treated controls shows a significant difference 277
 using the Tukey test with a 99% confidence interval. 278

In the second experiment we severed a major branch of the 279
 portal vein while making a transverse cut in the left lobe to 280
 test NHS-1 in an environment with a high flow rate. Four 281
 concentrations of NHS-1 were tested ($n = 12$) along with 282
 ($n = 4$) control animals. We applied 400 μL of 4% 283
 concentration NHS-1, and bleeding stopped in 11 seconds 284
 (Figure 3, E-J and Supplemental Video 4, “Transverse cut of 285
 left liver lobe using 4% self-assembling peptide treatment”). 286

Q21287 We duplicated the test successfully with 400 μL of both 3%
 288 and 2% NHS-1 solution; bleeding ceased in 10 and
 289 10.3 seconds, respectively (Figure 4, D). When 400 μL of
 Q21290 1% NHS-1 was applied, bleeding continued for more than
 291 60 seconds (Figure 4, D). The controls, however, bled for
 292 more than 6 minutes. The dose response shows that treatment
 293 results using 3% and 4% NHS-1 are nearly the same as with
 294 the 2% concentration. Furthermore, in the 2%, 3%, and 4%
 295 concentration treatment cases complete hemostasis was
 296 maintained after removing the excess assembled NHS-1
 297 material (Figure 3, I and J). We found that the higher blood
 298 pressure/flow rate transverse liver cut required a concentra-
 299 tion of 2% NHS-1 or higher to bring about complete
 300 hemostasis in less than 15 seconds. A significant difference
 Q21301 was found between the NHS-1–treated and control groups
 302 using analysis of variance (ANOVA). When each treatment
 303 group was compared to the control group those differences
 304 were also significant; a Tukey test showed a 99% confidence
 305 interval. There was no significant difference when the
 306 various NHS-1 concentrations were compared, except for
 307 the 1% NHS-1 solution treatment group.

308 In the third experiment using adult rats ($n = 45$) we
 309 punched 4-mm holes through the left lateral lobe and then
 Q21310 treated the area with 3% NHS-1, saline, or heat cautery to
 311 bring about hemostasis (Figure 4, B). In the experimental
 312 group ($n = 15$) we applied a solution of 3% NHS-1 after
 313 injury and hemostasis was achieved in about 10 seconds,
 314 whereas the saline controls ($n = 15$) required 3.5 minutes to
 315 stop bleeding. In the heat cautery control group ($n = 15$)
 316 cessation of bleeding took more than 60 seconds, inclusive of
 317 applying heat to cauterize the inside surface of the punch. We
 318 allowed the NHS-1–treated animals to survive for as long as 6
 319 months with no detrimental effect on the tissues. Using
 320 ANOVA there was a significant difference between the 3%
 321 NHS-1 treatment and the controls ($P < .0001$). In addition,
 322 the Tukey test showed that each group was significantly
 323 different from the other with a 99% confidence interval.

324 Hemostasis in skin punch biopsies

325 Six 4-mm punch biopsies were made on the backs of each
 326 of 23 anesthetized adult nude mice for a total of 138 punches.
 327 Three punches were treated with 1% NHS-1 solution and the
 328 other three were left untreated, except for dabbing with cotton
 329 every 15 seconds until bleeding stopped. Punched wounds
 330 that bled for less than 10 seconds were excluded from the
 Q21331 experiment. We applied a solution of 1% NHS-1 10 seconds
 332 after injury ($n = 23$), and hemostasis took less than
 333 10 seconds; the controls ($n = 23$) continued to bleed for
 334 more than 60 seconds (Figure 4, C). The bleeding times were
 335 averaged for each side of the animal, and the Student's t -test
 336 for paired samples showed a significant difference between
 337 the treatment and control side of the animal ($P < .0001$).

338 Comparison of three different materials

339 To learn more about the hemostatic properties and
 340 mechanism of action of NHS-1 (RADA-16), we repeated

both the sagittal and transverse liver experiments, comparing 341
 them with two additional materials that are known to self- 342
 assemble and spontaneously form nanofibers: (1) RADA-12 343
 (NHS-2), a sequence variation of NHS-1, and (2) EAK-16 344
 (TM-3), a different sequence in the same family of self- 345
 assembling peptides used to determine if the material's 346
 length and stiffness altered its hemostatic effectiveness in 347
 bleeding models [25–31]. 348

Making a sagittal liver cut in adult rats ($n = 9$) we 349
 applied 100 μL of 2% NHS-2 solution to the wound, and 350
 bleeding stopped in less than 10 seconds. In the cautery 351
 controls ($n = 3$) bleeding continued for more than 352
 90 seconds ($P < .0001$). Upon repetition of the experiment 353
 in adult rats ($n = 8$) using 100 μL of 2% TM-3, the material 354 Q21
 assembled but did not achieve hemostasis; the animals 355
 continued to bleed until the experiment was terminated after 356
 more than 3 minutes. 357

The increased blood flow from the portal vein after 358
 making a transverse liver cut allowed us to perform another 359
 dose response experiment in which we compared various 360
 concentrations of NHS-1 (1% to 4%) and TM-3 (1% to 3%) 361
 with controls (Figure 4, D). All concentrations of NHS-1 362 Q21
 were effective; however, the higher blood pressure and flow 363
 rate after the transverse liver cut required a concentration of 364
 2% or higher of NHS-1 to stop bleeding in less than 365
 15 seconds. 366

TM-3 is a stiffer gel; 1% TM-3 is similar in stiffness to 367
 3% NHS-1. We tried three different concentration levels 368
 (1%, 2%, and 3%) and found that TM-3 was not effective at 369 Q21
 any concentration; the assembled material fractured and the 370
 TM-3–treated animals continued to bleed regardless of the 371
 concentration used. There was actually no significant 372
 difference between TM-3 and the controls (Figure 4, D) in 373
 achieving hemostasis. 374

Interface of NHS-1 and tissues 375

Still looking for mechanism clues as well as further 376
 understanding of the relationship of the NHS-1 blood/tissue 377
 interface in both the brain and liver, we also examined the 378
 treated tissues using transmission electron microscopy 379
 (TEM), interested in learning how the red blood cells (RBCs), 380
 platelets, tissue, and the ECM interact with the material. 381

We applied 1% NHS-1 to a liver wound and immediately 382
 harvested the tissue. In the electron micrograph the hepato- 383
 cyte and RBC looks to be intact with the assembled NHS-1 at 384
 the interface (Figure 5, A). When applied shortly after injury, 385
 the material appeared to stop the movement of blood from the 386
 vessels without detrimental effects to the liver's RBCs; there 387
 was also no evidence of lysing (Figure 5, B). Furthermore, 388
 there was no evidence of platelet aggregation [32] at the 389
 blood/NHS-1 interface (Figure 5, C) when samples were 390
 taken at various time points after treatment. 391

In the brain we found a very tight interaction between 392
 NHS-1 and the neural tissue (Figure 5, D). We observed no 393
 RBCs and no evidence of platelet aggregation in the 394
 assembled NHS-1. The RBCs that were present appeared 395

396 intact at the edges of the assembled NHS-1 with no evidence
397 of lysing (Figure 5, E). Furthermore, no evidence of thrombi
398 was observed in the brain, lung, or liver of the animals
399 treated with NHS-1 and NHS-2.

400 Discussion

401 Our study demonstrates that hemostasis can be achieved in
402 less than 15 seconds in multiple tissues as well as a variety of
403 different wounds. This is the first time that nanotechnology
404 has been used to stop bleeding in a surgical setting for animal
405 models and seems to demonstrate a new class of hemostatic
406 agent that does not rely on heat, pressure, platelet activation,
407 adhesion, or desiccation to stop bleeding. NHS-1 and NHS-2
408 are synthetic, biodegradable [10,19] and do not contain any
409 blood products, collagens, or biological contaminants that
410 may be present in human- or animal-derived hemostatic
411 agents such as fibrin glue [1,8,10,14,20]. They can be applied
412 directly onto, or into, a wound without the concern that the
413 material may expand, thus reducing the risk of secondary
414 tissue damage as well as the problems caused by constricted
415 blood flow. In our previous brain studies [21] we looked for
416 evidence of the production of prion-like substances or fibril
417 tangles in animals that had the material implanted in their
418 brain for as long as 6 months but found none. Furthermore,
419 the breakdown products of NHS-1 are amino acids, which
420 can be used by the body as tissue building blocks for the
421 repair of the injury [21]. Independent third-party testing of the
422 material found no pyrogenicity, which has been found with
423 some other hemostatic agents, and no systemic coagulation or
424 other safety issues in animals [33].

425 The exact mechanism for the hemostasis reported here
426 is not fully understood, but we have uncovered several
427 clues. First, we know that the hemostasis is not explainable
428 by clotting. Blood clots are produced after injury, but do
429 not begin to form until 1 to 2 minutes have elapsed, de-
430 pending upon the status and coagulation history of the
431 patient [6,12,34].

432 Second, the electron micrographs show no evidence of
433 platelet aggregation at the interface of the material and wound
434 site. That arginine inhibits platelet aggregation suggests that
435 the arginine in NHS-1 plays a role in this effect [4,35–37];
436 this seems to be consistent with our data. The NHS-1 and
437 NHS-2 solutions appear to self-assemble into a barrier,
438 stemming the flow of blood and facilitating the movement of
439 adjacent cells to repair the injured site [21].

440 Third, in our experiments the NHS-1 and NHS-2 solutions
441 easily filled in and conformed to the irregular shapes of the
442 wounds before assembling, as shown in the electron micro-
443 graphs. We believe this tight contact is crucial to the
444 hemostatic action because of the size of the self-assembling
445 peptide units. The micrographs also showed that the material
446 does not cause the RBCs to lyse, apparently protecting them
447 from normal degradation when exposed to the air.

448 Fourth, we do not believe that the hemostasis can be
449 explained by gelation kinetics. One would think that a stiffer

gel would be more effective for higher pressure bleeders; 450
however, we found the opposite to be true. TM-3, which is 451
from the same family of peptides as NHS-1 and NHS-2, and 452
is the stiffest of the three self-assembling peptides tested, did 453
not arrest bleeding; it fractured at the tissue interface and 454
within the resultant gel. We surmise that TM-3 may have 455
fractured because of (1) the pulsations of the liver and (2) 456
the inability of the material to flex with the tissue as blood 457
pumped through the organ. This is similar to the fracturing 458
of an artery when grown in a laminar flow environment and 459
then transplanted to a pulsed environment. The cells line up 460
along the direction of flow, unlike the natural helical coil 461
[38–41] seen in a pulsed environment, which allows for 462
expansion and contraction, without splitting, as blood 463
moves through the artery. Conversely, NHS-1 and NHS-2 464
were able to flex with the tissue. 465

Finally, NHS-2, the most pliable of the three materials, 466 Q22
seemed to perform identically to NHS-1, probably as a 467
result of their similar structure and modulus. 468

With this discovery the ability to speedily achieve 469
hemostasis will reduce radically the quantity of blood needed 470
during surgery of the future. As much as 50% of surgical time 471 Q23
can be spent packing wounds to reduce or control bleeding. 472
The NHS solutions may represent a step change in 473
technology and could revolutionize bleeding control during 474
surgery and trauma; however, they still require clinical testing 475
before they can be used in humans. 476

Acknowledgments 477

The authors wish especially to thank both Dr. Ed 478
Tehovnik (Brain and Cognitive Sciences Department, 479
Massachusetts Institute of Technology, Cambridge) and 480
Dr. Chi-Sang Poon (Health Sciences and Technology 481
Department, Massachusetts Institute of Technology, Cam- 482
bridge) for their valuable editing assistance. ~~Thanks also to 483 Q24
W.W. for assistance in performing the surgery.~~ 484

References 485

- [1] Alam HB, Burris D, DaCorta JA, Rhee P. Hemorrhage control in the 489
battlefield: role of new hemostatic agents. *Mil Med* 2005;170:63–9. 490
- [2] Bergel G. Über Wirkungen des Fibrins. *Dtsch Med Wochenschr* 491 Q25
1909;35. 492
- [3] Blocksom JM, Sugawa C, Tokioka S, Williams M. The Hemoclip: a 493
novel approach to endoscopic therapy for esophageal perforation. *Dig* 494
Dis Sci 2004;49:1136–8. 495
- [4] Dunser MW, et al. Does arginine vasopressin influence the coagula- 496
tion system in advanced vasodilatory shock with severe multiorgan 497
dysfunction syndrome? *Anesth Analg* 2004;99:201–6. 498
- [5] Grey E. Fibrin as a hemostatic in cerebral surgery. *Surg Gynecol* 499
Obstet 1915;21:452. 500
- [6] Hambleton J, Leung LL, Levi M. Coagulation: consultative hemo- 501 Q26
stasis. *American Society for Hematology Educational Program*. 2002. 502
p. 335–52. 503
- [7] Pallapies D. Vasoactive drugs with an effect on the prostaglandin 504
system. *Germ. Wien Klin Wochenschr* 1992;104:521–5. 505

- 506 [8] Petersen B, et al. Tissue adhesives and fibrin glues. *Gastrointest*
507 *Endosc* 2004;60:327-33.
- 508 [9] Quick AJ. Hemostasis in surgical procedures. *Surg Gynecol Obstet*
509 1969;128:523-32.
- 510 [10] Schonauer C, Tessitore E, Barbagallo G, Albanese V, Moraci A. The
511 use of local agents: bone wax, gelatin, collagen, oxidized cellulose.
512 *Eur J Spine* 2004;13(Suppl 1):S89-S96.
- 513 [11] Kaplan M, Bozkurt S, Kut MS, Kullu S, Demirtas MM. Histopath-
514 ological effects of ethyl 2-cyanoacrylate tissue adhesive following
515 surgical application: an experimental study. *Eur J Cardiothorac Surg*
516 2004;25:167-72.
- 517 [12] De Caterina R, et al. Bleeding time and bleeding: an analysis of the
518 relationship of the bleeding time test with parameters of surgical
519 bleeding. *Blood* 1994;84:3363-70.
- Q27 520 [13] Carr Jr ME. Monitoring of hemostasis in combat trauma patients. *Mil*
521 *Med* 2004;169:11-5,4.
- 522 [14] Hoffman M. The cellular basis of traumatic bleeding. *Mil Med.* 2004;
523 169: 5-7, 4.
- Q28 524 [15] Alam HB, Koustova E, Rhee P. Combat casualty care research: from
525 bench to the battlefield. *World J Surg* 2005.
- 526 [16] Konturek SJ, Pawlik W. Physiology and pharmacology of prosta-
527 glandins. *Dig Dis Sci* 1986;31:6S-19S.
- 528 [17] Greer IA. Therapeutic progress—review XXVIII. Platelet function and
529 calcium channel blocking agents. *J Clin Pharm Ther* 1987;12:213-22.
- 530 [18] Kunstlinger F, Brunelle F, Chaumont P, Doyon D. Vascular occlusive
531 agents. *AJR Am J Roentgenol* 1981;136:151-6.
- 532 [19] Sabel M, Stummer W. The use of local agents: Surgicel and
533 Surgifoam. *Eur J Spine* 2004;13(Suppl 1):S97-S101.
- 534 [20] Bhanot S, Alex J. C. Current applications of platelet gels in facial
535 plastic surgery. *Facial Plast Surg* 2002;18:27-33.
- 536 [21] Ellis-Behnke RG, et al. Nano neuro knitting: peptide nanofiber
537 scaffold for brain repair and axon regeneration with functional return
538 of vision. *Proc Natl Acad Sci U S A* 2006;103:5054-9.
- 539 [22] Wu W. Expression of nitric-oxide synthase (NOS) in injured CNS
540 neurons as shown by NADPH diaphorase histochemistry. *Exp Neurol*
541 1993;120:153-9.
- 542 [23] Yick LW, So KF, Cheung PT, Wu WT. Lithium chloride reinforces the
543 regeneration-promoting effect of chondroitinase ABC on rubrospinal
544 neurons after spinal cord injury. *J Neurotrauma* 2004;21:932-43.
- 545 [24] Komecki E, Lenox RH, Hardwick DH, Bergdahl JA, Ehrlich YH.
546 Interactions of the alkyl-ether-phospholipid, platelet activating factor
547 (PAF) with platelets, neural cells, and the psychotropic drugs
548 triazolobenzodiazepines. *Adv Exp Med Biol* 1987;221:477-88.
- 549 [25] Zhang S, Holmes T, Lockshin C, Rich A. Spontaneous assembly of a
550 self-complementary oligopeptide to form a stable macroscopic
551 membrane. *Proc Natl Acad Sci U S A* 1993;90:3334-8.
- [26] Zhang S, et al. Self-complementary oligopeptide matrices support
552 mammalian cell attachment. *Biomaterials* 1995;16:1385-93. 553
- [27] Holmes TC, et al. Extensive neurite outgrowth and active synapse
554 formation on self-assembling peptide scaffolds. *Proc Natl Acad Sci*
555 *U S A* 2000;97:6728-33. 556
- [28] Zhang S, Marini DM, Hwang W, Santos S. Design of nanostructured
557 biological materials through self-assembly of peptides and proteins.
558 *Curr Opin Chem Biol* 2002;6:865-71. 559
- [29] Zhang S. Fabrication of novel biomaterials through molecular self-
560 assembly. *Nat Biotechnol* 2003;21:1171-8. 561
- [30] Caplan MR, Schwartzfarb EM, Zhang S, Kamm RD, Lauffenburger
562 DA. Control of self-assembling oligopeptide matrix formation through
563 systematic variation of amino acid sequence. *Biomaterials* 564
2002;23:219-27. 565
- [31] Caplan MR, Moore PN, Zhang S, Kamm RD, Lauffenburger DA. Self-
566 assembly of a β -sheet protein governed by relief of electrostatic
567 repulsion relative to van der Waals attraction. *Biomacromolecules* 568
2000;1:627-31. 569
- [32] Stassen JM, Arnout J, Deckmyn H. The hemostatic system. *Curr Med* 570
Chem 2004;11:2245-60. 571
- [33] Zhang S, Zhao X, Spirio L. In: Elisseff PXMaJ, editor. *Scaffolding* 572 Q29
in tissue engineering. Boca, Raton, FL: Taylor & Francis/CRC Press;
2005. p. 217-38. 574
- [34] Lind SE. The bleeding time does not predict surgical bleeding. *Blood* 575
1991;77:2547-52. 576
- [35] Cylwik D, Mogielnicki A, Kramkowski K, Stokowski J, Buczek W.
577 Anti-thrombotic effect of l-arginine in hypertensive rats. *J Physiol* 578
Pharmacol 2004;55:563-74. 579
- [36] Wang WT, Lin LN, Pan XR, Xu ZJ. Effects of l-arginine on the function
580 of platelet aggregation during hepatic ischemia/reperfusion in- Q30
jury. *Chin. Zhongguo Wei Zhong Bing Ji Jiu Yi Xue* 2004;16:49-51. 582
- [37] Wang YY, Tang ZY, Dong M, Liu XY, Peng SQ. Inhibition of platelet
583 aggregation by polyaspartoyl l-arginine and its mechanism. *Acta* 584
Pharmacol Sin 2004;25:469-73. 585
- [38] Finlay HM, McCullough L, Canham PB. Three-dimensional collagen
586 organization of human brain arteries at different transmural pressures.
587 *J Vasc Res* 1995;32:301-12. 588
- [39] Sipkema P, van der Linden PJ, Westerhof N, Yin FC. Effect of cyclic
589 axial stretch of rat arteries on endothelial cytoskeletal morphology and
590 vascular reactivity. *J Biomech* 2003;36:653-9. 591
- [40] Moore Jr JE, et al. A device for subjecting vascular endothelial cells to
592 both fluid shear stress and circumferential cyclic stretch. *Ann Biomed* 593
Eng 1994;22:416-22. 594
- [41] Ives CL, Eskin SG, McIntire LV. Mechanical effects on endothelial
595 cell morphology: in vitro assessment. *In Vitro Cell Dev Biol* 1986; 596
22:500-7. 597