

REVIEW

REVISED Hepatocellular carcinoma: Advances in systemic

therapies [version 2; peer review: 3 approved]

Trevor Kwan-Hung Wu¹, Rex Wan-Hin Hui¹, Lung-Yi Mak^{1,2}, James Fung^{1,2}, Wai-Kay Seto¹⁻³, Man-Fung Yuen^{1,2}

¹Department of Medicine, School of Clinical Medicine, The University of Hong Kong, Hong Kong, Hong Kong ²State Key Laboratory of Liver Research, The University of Hong Kong, Hong Kong, Hong Kong ³Department of Medicine, The University of Hong Kong-Shenzhen Hospital, Shenzhen, China

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Abstract

Advanced hepatocellular carcinoma (HCC) is traditionally associated with limited treatment options and a poor prognosis. Sorafenib, a multiple tyrosine kinase inhibitor, was introduced in 2007 as a first-inclass systemic agent for advanced HCC. After sorafenib, a range of targeted therapies and immunotherapies have demonstrated survival benefits in the past 5 years, revolutionizing the treatment landscape of advanced HCC. More recently, evidence of novel combinations of systemic agents with distinct mechanisms has emerged. In particular, combination trials on atezolizumab plus bevacizumab and durvalumab plus tremelimumab have shown encouraging efficacy. Hence, international societies have revamped their guidelines to incorporate new recommendations for these novel systemic agents. Aside from treatment in advanced HCC, the indications for systemic therapy are expanding. For example, the combination of systemic therapeutics with locoregional therapy (trans-arterial chemoembolization or stereotactic body radiation therapy) has demonstrated promising early results in downstaging HCC. Recent trials have also explored the role of systemic therapy as neoadjuvant treatment for borderline-resectable HCC or as adjuvant treatment to reduce recurrence risk after curative resection. Despite encouraging results from clinical trials, the real-world efficacy of systemic agents in specific patient subgroups (such as patients with advanced cirrhosis, high bleeding risk, renal impairment, or cardiometabolic diseases) remains uncertain. The effect of liver disease etiology on systemic treatment efficacy warrants further research. With an increased understanding of the pathophysiological pathways and accumulation of clinical data, personalized treatment decisions will be possible, and

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1. Won-Mook Choi D, University of Ulsan College of Medicine, Seoul, South Korea

2. **Shang-Chin Huang** (D), National Taiwan University Hospital Beihu Branch, Taipei City, Taiwan

National Taiwan University Hospital Healthcare System (Ringgold ID: 607326), Taipei City, Taiwan National Taiwan University (Ringgold ID: 33561), Taipei City, Taiwan

3. Leonardo Stella D, Fondazione Policlinico Universitario Gemelli IRCCS, Rome, Italy

Any reports and responses or comments on the article can be found at the end of the article.

the field of systemic treatment for HCC will continue to evolve.

Keywords

HCC, Systemic therapy, TKI, ICI, Liver, Neoadjuvant, Adjuvant



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Corresponding author: Man-Fung Yuen (mfyuen@hku.hk)

Author roles: Wu TKH: Conceptualization, Data Curation, Writing – Original Draft Preparation; Hui RWH: Data Curation, Writing – Review & Editing; Mak LY: Data Curation, Writing – Review & Editing; Fung J: Data Curation, Writing – Review & Editing; Seto WK: Data Curation, Writing – Review & Editing; Yuen MF: Conceptualization, Project Administration, Supervision, Writing – Review & Editing

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REVISED Amendments from Version 1

The article has been revised based on reviewer comments. The section on combination therapies with loco-regional therapy + systemic therapy has been updated. A new table describing key trials for neoadjuvant trials, adjuvant trials and combination regimens has been added. We have also updated the Discussion section with additional points on the impact of disease etiology on HCC outcomes, and on the importance of further real-world data in specific patient groups.

Any further responses from the reviewers can be found at the end of the article

Introduction

Primary liver cancer ranks as the seventh most common cancer and the third most common cause of cancer-related mortality globally.¹ Hepatocellular carcinoma (HCC) is the most common type of primary liver cancer, frequently occurring as a complication of chronic liver diseases, in particular, for those with established cirrhosis. Common risk factors for HCC include chronic infection by hepatitis B (HBV) or hepatitis C (HCV), alcohol-related liver disease, and steatotic liver disease.² HCC screening and surveillance, usually via ultrasound in combination with alpha-fetoprotein (AFP), aims to detect HCC at an early stage, and is associated with a higher probability of curative therapy and improved outcomes.³ Resection, ablation and liver transplant remain as the curative treatment options and are associated with the best outcomes in HCC.⁴ On the other hand, the experience in loco-regional therapies (trans-arterial chemoembolization [TACE] and stereotactic body radiation therapy [SBRT]) are continuously accumulating and treatment indications are expanding.⁵

Despite screening efforts, many cases of HCC are still diagnosed at an advanced stage. Concomitant cirrhosis and field cancerization may preclude these patients from receiving curative or loco-regional therapies, and systemic therapy may be the only remaining treatment option.⁶ Traditionally, pharmacological treatment for advanced HCC has been unsuccessful, primarily driven by the intrinsic resistance of HCC to conventional chemotherapy.⁷ Nonetheless, the introduction of sorafenib in 2007 has completely revolutionized systemic therapy for advanced HCC, ⁸ and multiple clinical trials on new-generation targeted therapy and immunotherapy have been conducted (Table 1). In response to these advancements, professional societies have revamped their guidelines on the treatment of advanced HCC (Table 2).^{4,9,10} This review discusses the advancements in systemic therapies for HCC, with a particular focus on targeted therapy and immunotherapy. A literature search was performed on Pubmed with the keywords "hepatocellular carcinoma," "systemic therapy," "immunotherapy," "neoadjuvant" and "adjuvant." Papers up to November 1, 2023, were screened and included if relevant.

Trial name	Years	Study drug	Control	No. of patients	Median OS in intervention group vs control (months)
Targeted therapies					
SHARP ⁸	2008	Sorafenib	Placebo	602	10.7 vs 7.9 HR 0.69, 95% CI 0.55-0.87, p<0.001
Asia-Pacific ¹⁸	2009	Sorafenib	Placebo	271	6.5 vs 4.2 HR 0.68, 95% CI 0.50-0.93, p=0.014
RESOURCE ³⁰	2017	Regorafenib	Placebo	573	10.6 vs 7.8 HR 0.63, 95% CI 0.50-0.79, p<0.001
REFLECT ²⁸	2018	Lenvatinib	Sorafenib	954	13.6 vs 12.3 HR 0.92, 95% CI 0.79-1.06, non-inferiority demonstrated
CELESTIAL ³²	2018	Cabozantinib	Placebo	707	10.2 vs 8.0 HR 0.76, 95% CI 0.63-0.92, p=0.005
REACH-2 ³⁷	2019	Ramucirumab	Placebo	292	8.5 vs 7.3 HR 0.71, 95% CI 0.53-0.95, p=0.020
Immunotherapies					
KEYNOTE-240 ⁵⁵	2020	Pembrolizumab	Placebo	413	13.9 vs 10.6 HR 0.78, 95% CI 0.61-1.00, p=0.024
CheckMate-459 ⁵⁴	2022	Nivolumab	Sorafenib	743	15.2 vs 13.4 HR 0.85, 95% CI 0.72-1.02, p=0.075
KEYNOTE-394 ⁵⁶	2022	Pembrolizumab	Placebo	453	14.6 vs 13.0 HR 0.79, 95% CI 0.63-0.99, p=0.018

Table 1. Major trials on systemic therapy for advanced hepatocellular carcinoma.

Trial name	Years	Study drug	Control	No. of patients	Median OS in intervention group vs control (months)
Combination therapies					
IMbrave150 ⁶⁴	2020	Atezolizumab + bevacizumab	Sorafenib	501	19.2 vs 13.2 HR 0.58, 95% CI 0.42-0.79, p<0.001
ORIENT-32 ⁶⁸	2021	Sintilimab + bevacizumab	Sorafenib	595	Median not reached at analysis vs 10.4 HR 0.57 95% CI 0.43-0.75, p<0.001
HIMALAYA ⁵⁹	2022	Durvalumab + tremelimumab	Sorafenib	1171	16.43 vs 13.77 HR 0.78, 95% CI 0.65-0.93, p=0.004
LEAP-002 ⁶⁷	2022	Lenvatinib + pembrolizumab	Lenvatinib + placebo	794	21.2 vs 19.0 HR 0.84, 95% CI 0.71-1.00, p=0.023
COSMIC-312 ⁷⁰	2022	Cabozantinib + atezolizumab	Sorafenib	837	15.4 vs 15.5 HR 0.90, 95% CI 0.69-1.18, p=0.440
CARES-310 ⁶⁹	2023	Camrelizumab + rivoceranib	Sorafenib	543	22.1 vs 15.2 HR 0.62, 95% CI 0.49-0.80, p<0.001

Table 1. Continued

 Table 2. Treatment recommendations in major guidelines.

Guideline	Key recommendations on systemic treatment			
	First line treatment	Second line treatment		
EASL ¹⁰	 Atezolizumab + bevacizumab Contraindicated to atezolizumab + bevacizumab 	- Failed atezolizumab + bevacizumab		
(2021)		 Multi-TKI and VEGFR2 inhibitor as per off-label availability 		
	SorafenibLenvatinib	- Failed sorafenib or lenvatinib treatment		
		 Cabozantinib Regorafenib Ramucirumab (In patients with AFP ≥400 ng/mL) 		
BCLC ⁴	- Atezolizumab + bevacizumab	- Failed sorafenib treatment		
(2022)	 Tremelimumab + durvalumab Contraindicated to above two options Sorafenib Lenvatinib 	 Cabozantinib Regorafenib Ramucirumab (In patients with AFP ≥400 ng/mL) 		
	Durvalumab	- Failed other first-line treatment		
		Clinical trials		
AASLD ⁹	- Atezolizumab + bevacizumab	- Failed atezolizumab + bevacizumab		
(2023)	 Tremelimumab + durvalumab Contraindicated to above two options Sorafenib Lenvatinib 	 Clinical trials Sorafenib Lenvatinib Cabozantinib Regorafenib Nivolumab + ipilimumab 		
		- Failed tremelimumab + durvalumab		
		Clinical trialsSorafenibLenvatinib		
		- Failed sorafenib or lenvatinib treatment		
		 Cabozantinib Regorafenib Ramucirumab (In patients with AFP ≥400 ng/mL) Pembrolizumab Nivolumab + ipilimumab 		

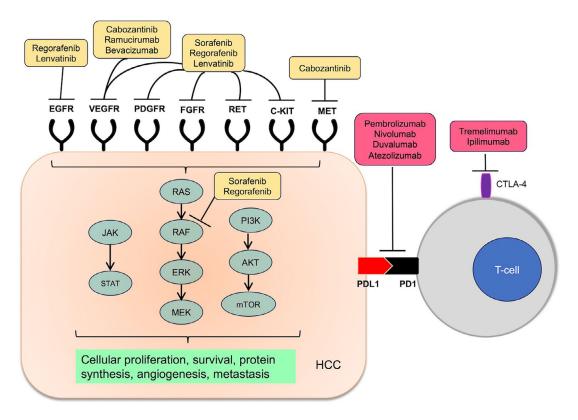


Figure 1. Molecular targets of systemic therapy in hepatocellular carcinoma.

Targeted therapies

Therapeutic targets

Hepatocarcinogenesis is a complex multistep process involving interactions between intrinsic genetic mutations and extrinsic influence of carcinogens, which in turn drive cell cycle dysregulation, uncontrolled cellular proliferation, neovascularization, and tissue invasion.¹¹ Key pathophysiological pathways such as vascular endothelial growth factor receptor (VEGFR) signaling, RAS/RAF/MAPK pathways and TERT promoter have been identified.^{12–15} Among the studied pathways, protein kinases serve as important molecular mediators for oncogenes, and protein kinase inhibitors have in turn become attractive therapeutic targets for HCC (Figure 1).¹⁶

Sorafenib

Sorafenib is a tyrosine kinase inhibitor (TKI) targeting the RAS/RAF, VEGFR, and platelet-derived growth factor receptor (PDGFR) signaling pathways, thereby suppressing tumor proliferation and angiogenesis.¹⁷ It was approved by the Food and Drug Administration (FDA) of the United States in 2007. Two landmark trials have validated the efficacy of sorafenib in advanced HCC. The SHARP trial is a phase III, double-blinded, placebo-controlled trial involving 602 treatment-naïve advanced HCC patients.⁸ The median overall survival (OS) was significantly prolonged by 2.8 months (10.7 vs. 7.9 months, p<0.001) with sorafenib use, representing a 31% mortality risk reduction. The Asian-Pacific multicenter randomized controlled trial on sorafenib yielded similar results, yielding a median survival benefit of 2.3 months (6.5 vs 4.2 months, p=0.014).¹⁸ The safety of sorafenib was further demonstrated in a multicenter prospective study (GIDEON study), supporting its use as a first-line therapy in advanced HCC.¹⁹ As the first-in-class agent, sorafenib has initially been considered the gold standard for HCC systemic therapy. However, its exact mechanism of action remains poorly understood, and disease control rates of sorafenib in advanced HCC patients is below 50%.⁸ Resistance to sorafenib can also develop through various mechanisms including epigenetic alterations, upregulation of drug efflux transporters and tumor microenvironment adaptation.²⁰ Common adverse reactions to sorafenib include hand-foot skin reaction, diarrhea, fatigue, and anorexia.

The encouraging results of sorafenib sparked hope in the search for additional systemic therapies for advanced HCC; however, in the decade following the publication of the SHARP trial, targeted therapy agents including sunitinib, brivanib, linifanib, and erlotinib all failed to meet the primary survival endpoints and were not superior to sorafenib.^{21–24}

Studies on second-line agents after failing sorafenib, such as tivantinib, have also remained fruitless.²⁵ This ultimately changed in 2018 when data on lenvatinib were published.

Lenvatinib

Lenvatinib is another multiple TKI targeting epidermal growth factor receptor (EGFR), fibroblast growth factor receptor (FGFR), VEGFR, and PDGFR.²⁶ Its role in advanced HCC was first reported in a phase II trial in Japan and Korea, showing partial radiological response in 37% of patients and stable disease in 41% of patients after follow-up for over 2 years.²⁷ The landmark REFLECT trial involving head-to-head comparison between lenvatinib and sorafenib was published in 2018. Lenvatinib, when compared with sorafenib, demonstrated non-inferior median OS (13.6 vs 12.3 months) with significantly improved progression-free survival (PFS), median-time to progression, and objective response rate (ORR).²⁸ A recent meta-analysis reported that lenvatinib outperforms sorafenib in terms of OS, PFS, ORR and disease control, particularly in HBV-related HCC.²⁹ With support of the above data, lenvatinib monotherapy was first approved by the FDA in 2018, and has remained as a first-line systemic therapy option in HCC.

Other targeted therapies

A range of other targeted therapies, particularly second-line therapy, have emerged after lenvatinib treatment. Regorafenib, a derivative of sorafenib with higher potency against VEGFR, was designed with higher anti-angiogenic activity and approved by the FDA in 2017. The RESOURCE trial compared regorafenib with placebo in patients who had failed sorafenib treatment, showing a significantly prolonged median OS by 2.8 months (10.6 vs 7.8 months, hazard ratio [HR] 0.63, p<0.001).³⁰ The survival benefit of regorafenib over placebo was further demonstrated in an extended analysis of the RESOURCE trial, supporting it as second-line therapy for patients who have failed sorafenib.³¹

Cabozantinib is another multiple TKI with activity against VEGF, MET and AXL. In the CELESTIAL trial on patients who failed sorafenib, cabozantinib was shown to prolong median OS by 2.2 months (10.2 vs 8.0 months, p=0.005) and PFS by 3.3 months (HR for disease progression/death 0.44, p<0.001).³² It has been postulated that the effect of cabozantinib is due to its additional activity against MET, the driver gene in sorafenib resistance. Due to the lack of data comparing regorafenib and cabozantinib against first-line TKIs, their role as first-line systemic therapies for HCC remains unanswered.

Donafenib, another sorafenib derivative with reduced hepatic metabolism, was tested against sorafenib in China, showing superior median OS (12.1 vs 10.3 months, p=0.0245) and higher 18-month survival (35.4% vs 28.1%, p=0.0460).³³ Apatinib, an oral VEGFR-2 inhibitor, has also been studied in a phase III trial in China and led to significant improvement in OS (8.7 vs 6.8 months, p=0.048).³⁴ Nonetheless, donafenib and apatinib are only available in China and have not been studied in non-Chinese populations.

Unlike the aforementioned small-molecule TKIs, ramucirumab is a recombinant immunoglobulin that inhibits angiogenesis via VEGFR-2 suppression. A phase II study evaluated ramucirumab monotherapy in treatment-naïve advanced HCC, with a median OS of 12 months, PFS of 4 months, and ORR of 9.5%.³⁵ The promising early results led to a phase III trial of ramucirumab in patients who failed sorafenib therapy (REACH trial). In the REACH trial, ramucirumab showed improvement in survival, albeit not reaching statistical significance.³⁶ The REACH-2 trial provided subgroup analysis, demonstrating that ramucirumab had higher efficacy in patients with alpha fetoprotein (AFP) level \geq 400 ng/mL, and this group of patients had prolonged median OS by 1.2 months (8.5 vs 7.3 months, p=0.0199) and improvement in PFS (2.8 vs 1.6 months, p<0.0001).³⁷ Analysis on the expanded cohort for REACH-2 showed comparable results when the prerequisite of AFP \geq 400 ng/mL was added to patient recruitment.³⁸ These results highlight the heterogenous clinical characteristics of HCC, which can heavily influence the prognosis and choice of treatment.³⁹ Clear characterization of the etiology and biochemical profiles of HCC may be beneficial in optimizing treatment plans in advanced HCC.

As most trials have compared targeted therapy with placebo or sorafenib, there is no clear conclusion on the optimal second-line treatment. A systematic review suggested that regorafenib outperformed both cabozantinib and ramucirumab in patients with AFP <400 ng/mL, while survival outcomes were similar for all three agents in patients with AFP \geq 400 ng/mL.⁴⁰ More recent studies have pooled data from published trials to compare regorafenib and cabozantinib as salvage therapy after sorafenib failure. Kelley et al.⁴¹ pooled data from the CELESTIAL and RESOURCE trials and showed that cabozantinib had comparable OS and PFS to regorafenib. In contrast, Merle et al.⁴² suggested that regorafenib may trend towards better OS and have a more favorable side-effect profile when compared with cabozantinib. Head-to-head trials are necessary to determine optimal second-line targeted therapies for advanced HCC.

Immunotherapy

Therapeutic targets

Immune system evasion is a key pathophysiological feature of various cancers. The reversal of immune evasion has emerged as a key therapeutic target in oncology.⁴³ Immune checkpoints are cell surface receptors that suppress T-cell function, leading to immunotolerance. While immune checkpoints play critical roles in preventing autoimmunity, tumor cells exploit this mechanism to achieve immune evasion and avoid T-cell mediated tumor cytotoxicity.⁴⁴ HCC frequently occurs in chronically inflamed cirrhotic livers, which enrich intra-tumoral cancer-associated fibroblasts and tumor-associated macrophages.⁴⁵ These cells express high levels of immune checkpoints, deactivate tumor-specific CD8+ cytotoxic T cells, and promote immunosuppressive regulatory T-cell differentiation.⁴⁶ Based on these mechanisms, immune checkpoint inhibition has been hypothesized to be efficacious in HCC (Figure 1).

Cytotoxic T-lymphocyte-associated antigen 4 (CTLA4), programmed cell death protein 1, and its ligand (PD1 and PDL1) are well-characterized actionable immune checkpoints.^{47,48} In particular, the combination of PD1 and CTLA4 inhibition may have synergistic effects, as CTLA4 acts upstream of PD1 in the priming stage and has additional effects on regulatory T cells.⁴⁹ Hence, immune checkpoint inhibitors (ICIs) have been developed for the blockade of these checkpoints, and have demonstrated success in melanoma, lung cancer, and renal cell carcinoma.^{50–52} Its use has expanded to HCC, with multiple agents demonstrating positive results in clinical trials.

Anti-PD1 monotherapy

Nivolumab is a human IgG4 monoclonal antibody targeting PD1. The CheckMate-040 phase II dose escalation/ expansion trial showed an objective response to nivolumab monotherapy in 20% of HCC patients, with a median duration of response of 9.9 months.⁵³ In the phase III CheckMate-459 trial, which compared nivolumab against sorafenib in Child-Pugh A patients with advanced HCC, the nivolumab arm trended towards better OS; however, this difference did not reach statistical significance (16.4 vs 14.7 months, p=0.075).⁵⁴ Nonetheless, the safety profile of nivolumab was more favorable than sorafenib, with >50% reduction in grade-3 or -4 treatment-emergent adverse events, making nivolumab monotherapy a potential therapeutic option when TKIs are contraindicated. However, accelerated approval for nivolumab monotherapy was withdrawn by the US FDA Oncologic Drug Advisory Committee in 2021, based on the statistically non-significant survival benefit of nivolumab over sorafenib in the CheckMate-459 trial.

Pembrolizumab, another humanized anti-PD1 antibody, was tested against placebo as a second-line treatment in patients with HCC who failed sorafenib treatment (KEYNOTE-240 trial). Pembrolizumab led to median OS of 13.9 months, which was numerically higher than the 10.6 months in placebo, although this did not reach statistical significance.⁵⁵ A similarly designed trial in Asia (KEYNOTE-394 trial comparing pembrolizumab vs placebo in sorafenib-failed patients) showed significantly improved median OS (14.6 vs 13.0 months, p=0.018) and PFS (HR=0.47, p=0.0032) with pembrolizumab.⁵⁶

Combination regimens involving immunotherapy

A combination of anti-PD1 (durvalumab) and anti-CTLA4 (tremelimumab) was developed based on its potential synergistic effects. In the STRIDE trial (single-dose tremelimumab + regular interval durvalumab), combination therapy led to superior survival benefits compared with durvalumab monotherapy (median OS 18.7 months in combination therapy vs 13.6 months in durvalumab monotherapy).⁵⁷ The combination of durvalumab + tremelimumab was further studied in the landmark HIMALAYA phase III trial and was granted formal FDA approval in October 2022.⁵⁸ The median OS in durvalumab + tremelimumab sequential therapy was superior to sorafenib (16.56 vs 13.77 months), with a reduced mortality risk of 0.78 (p=0.0035).⁵⁹ In the same trial, durvalumab monotherapy was also shown to be non-inferior to sorafenib. Comparison between durvalumab + tremelimumab and durvalumab monotherapy arms confirmed the survival benefits of CTLA4 blockade in addition to anti-PD1 (3-year survival 30.7% in combination therapy vs. 24.7% in durvalumab monotherapy).

Another combination of anti-PD1 + anti-CTLA4 is the combination of nivolumab and ipilimumab. The CheckMate-040 trial studied nivolumab + ipilimumab in patients who progressed on sorafenib treatment.⁶⁰ Combination treatment with nivolumab and ipilimumab led to an ORR of 32%, with a complete response in 5% of patients. The ORR was at least four-fold higher for nivolumab + ipilimumab than for other existing therapies (ORR of approximately 4-7%). Hence, the combination of nivolumab and ipilimumab has been granted accelerated approval for HCC patients with prior sorafenib treatment.⁶¹

Although dual immunotherapy has shown synergistic effects, it may also lead to additive immune-related adverse events.⁶² These include skin rash, diarrhea, colitis, pneumonitis, hepatitis, and hyper/hypothyroidism.

Another approach to immunotherapy is to combine ICIs with targeted therapy, with the prime example being the combination of atezolizumab (anti-PDL1) + bevacizumab (anti-VEGFR monoclonal antibody). It has been hypothesized that VEGF potentiates PDL1 effects,⁶³ and simultaneously blocking both receptors may lead to synergistic effects. The IMbrave150 phase III trial examined the efficacy of atezolizumab + bevacizumab against sorafenib monotherapy.⁶⁴ In the primary analysis, OS at 12 months was significantly prolonged in the atezolizumab + bevacizumab group (HR for mortality 0.58, p<0.001), and a similar pattern was seen for PFS (6.8 months in combination arm vs 4.3 months in sorafenib arm, HR for disease progression or death 0.59, p<0.001). Extended follow-up for 1-year after the primary endpoint demonstrated that the atezolizumab + bevacizumab combination had a sustained antitumor effect with a stable safety profile.⁶⁵ Bleeding complications in bevacizumab are well-documented; hence, patients recruited to the IMbrave150 trial were screened and treated for esophageal varices prior to the start of systemic therapy. The addition of atezolizumab did not increase the risk of gastrointestinal bleeding compared to bevacizumab monotherapy. Based on the IMbrave 150 trial results, the FDA approved the combined use of atezolizumab + bevacizumab in 2020 given its improved OS and PFS compared to sorafenib.⁶⁶ It is noteworthy that the IMbrave150 trial recruited patients with highrisk features (e.g., macrovascular invasion of major portal veins, >50% liver involvement, or biliary tract invasion), which are usually excluded in other major trials. Nonetheless, the patient population in IMbrave150 still had a relatively preserved liver reserve (Child-Pugh class A), and the use of atezolizumab + bevacizumab in patients with severely impaired liver function remains unanswered.

Other ICIs + targeted therapies regimens have also been studied (Table 1). The regimens of atezolizumab + cabozantinib, pembrolizumab + lenvatinib, sintilimab (anti-PD1) + bevacizumab, and camrelizumab (anti-PD1) + rivoceranib (TKI) have all shown significant improvements in PFS over TKIs, although their effects on OS have been inconsistent.^{67–70}

With encouraging results from atezolizumab + bevacizumab, recent early phase trials have studied the use of double ICIs + bevacizumab. The use of tiragolumab + atezolizumab + bevacizumab have led to longer PFS than atezolizumab + bevacizumab in a phase I/II trial.⁷¹ Whereas the use of relatlimab + nivolumab + bevacizumab has also entered phase I/II trials.⁷²

A recent network meta-analysis has assessed the comparative efficacy of systemic therapy regimes in both first-line and second-line settings.⁷³ In the first-line setting, anti-PD1 + bevacizumab and anti-PD1 + TKI stood out as the most effective regimens to improve clinical outcomes. Whereas in the second-line setting, regorafenib and cabozantinib remained as the most effective options, instead of combination therapies.⁷³ It should also be noted that current second-line studies included heterogenous patient groups who received various first-line therapies, hence the optimal second-line options remain uncertain.

Expanding indications of systemic therapies

The role of systemic therapies are gradually expanding to neoadjuvant and adjuvant treatment. Novel combinations involving both systemic therapies and loco-regional therapies are also being developed. This section will discuss these expanding indications of systemic therapies in HCC (Table 3).

Table 3. Major published studies on neoadiuvant treatment, adjuvant treatment, and combination of

Trial	Year	Regimen studied		
Neoadjuvant therapy				
NCT03916627 ⁷⁴	2022	Cemiplimab prior to resection in patients with resectable HCC		
NCT0322276 ⁷⁵	2022	Nivolumab +/- ipilimumab prior to resection in patients with resectable HCC		
Zhu et al. ⁷⁷	2021	Anti-PD1 + TKI for downstaging in unresectable HCC, aiming for subsequent curative resection		
NCT03299946 ⁷⁸	2021	Cabozantinib + nivolumab for downstaging in unresectable HCC, aiming for subsequent curative resection		
Adjuvant therapy				
STORM trial ⁷⁹	2015	Sorafenib after curative resection or ablation of HCC		
IMBrave050 ⁸¹	2023	Atezolizumab + bevacizumab in patients who underwent curative resection or ablation but with high-risk of recurrence		

Table 3. Major published studies on neoadjuvant treatment, adjuvant treatment, and combination of systemic therapies with loco-regional therapy.

Trial	Year	Regimen studied	
Combination of systemic therapies with loco-regional therapy			
START-FIT trial ⁸⁹	2023	TACE + SBRT + avelumab in patients with locally-advanced HCC	
LAUNCH trial ⁹¹	2023	TACE + lenvatinib in advanced unresectable HCC	
STAH trial ⁹³	2019	TACE + sorafenib in advanced unresectable HCC	
TACTICS trial ⁹²	2020	TACE + sorafenib in advanced unresectable HCC	
TRIPLET trial ⁹⁵	2023	Hepatic artery infusion chemotherapy + camrelizumab + apatinib in advanced unresectable HCC	

Table 3. Continued

Neoadjuvant treatment

Although systemic therapies have classically been used for unresectable advanced HCC, their potential role in neoadjuvant treatment has also been explored. Neoadjuvant cemiplimab (anti-PD1) prior to hepatectomy has been studied in a phase II trial on 21 patients with resectable HCC, and 20% of patients had significant tumor necrosis in the resected tumor sample.⁷⁴ A similar trial on 30 patients with resectable HCC reported that neoadjuvant use of nivolumab or nivolumab + ipilimumab prior to surgical resection led to significant tumor necrosis in approximately 30% of patients.⁷⁵ While these two studies highlighted the potential anti-tumor effect of systemic therapy prior to surgery, their impact on recurrence risk and survival remains uncertain.

In addition to patients with resectable HCC, systemic therapy has been studied for downstaging patients with unresectable disease. In a pilot study of 10 patients with major vessel invasion, neoadjuvant therapy with anti-PD1 + TKI led to successful downstaging in 100% of patients, with 80% of patients eventually undergoing hepatectomy. Among patients who underwent surgery, the 1-year recurrence-free survival rate was 75%.⁷⁶ A similar observational study assessed the neoadjuvant use of anti-PD1 + TKI in 63 patients with unresectable HCC, where 15.9% of patients had successful downstaging and received curative resection at a median of 3.2 months after initiation of systemic therapy. In the patients who received surgery, 60% had complete pathological response on the resected tumor, and 80% remained disease free after 11.2 months of follow-up.⁷⁷ In a phase Ib trial, neoadjuvant cabozantinib + nivolumab was studied in 15 patients with unresectable disease, with 12 patients achieving successful curative resection and 5 patients achieving major pathologic response.⁷⁸ These studies highlight the enormous potential of neoadjuvant systemic therapy in downstaging HCC to expand the curative treatment window. Further large-scale trials on neoadjuvant strategies are warranted.

Adjuvant treatment

Adjuvant systemic therapy after curative HCC treatment has been studied as a strategy for reducing recurrence. The phase III STORM trial on adjuvant sorafenib after resection/ablation showed negative results,⁷⁹ and subsequent studies on adjuvant sorafenib have shown mixed results.⁸⁰ Despite the disappointment with adjuvant sorafenib, newer systemic agents may have better efficacy. The IMBrave050 trial recruited 668 patients who underwent resection/ablation with a high risk of recurrence, aiming to compare outcomes between adjuvant atezolizumab + bevacizumab and active surveillance. After 12 months of treatment, adjuvant atezolizumab + bevacizumab led to significantly improved recurrence-free survival compared to active surveillance (HR 0.72, p=0.012), representing the first trial to report the benefits of adjuvant immunotherapy in HCC.⁸¹ Multiple adjuvant trials including CA209-9DX (nivolumab monotherapy),⁸² EMERALD-2 (durvalumab +/- bevacizumab)⁸³ and KEYNOTE-937 (pembrolizumab)⁸⁴ are ongoing, and the results have important implications for the adjuvant use of systemic therapies.

Combination of systemic therapies with loco-regional therapy

The combination of systemic and loco-regional therapies has generated interest in the use of immunotherapy, as loco-regional therapies may prime intratumoral immune activity and enhance the effects of systemic agents.⁸⁵

The combination of anti-PD1 + SBRT is one of the best-studied strategies involving both systemic and locoregional therapies. A case series in 2019 reported 5 BCLC stage C HCC patients who received anti-PD1 + SBRT, demonstrating a 100% response rate with no disease progression after a median follow-up of 14.9 months.⁸⁶ In a subsequent cohort study by the same group, ICIs + SBRT was superior to TACE in terms of PFS (93.3% vs. 16.7%, p<0.001) and OS (93.8% vs. 31.3%, p<0.001) after 1 year in 16 patients with BCLC-C HCC.⁸⁷ The use of ICIs + SBRT has further progressed to a phase I trial in 2023, demonstrating that nivolumab + ipilimumab + SBRT was superior to nivolumab + SBRT in terms of PFS (11.6 vs 2.7 months, p<0.05) and OS (41.6 vs 4.7 months, p<0.05).⁸⁸ The START-FIT phase II trial modified the combination regimen to TACE + SBRT + avelumab (anti-PDL1). Among 33 patients with locally advanced HCC who

received this combination regimen, an impressive 55% of subjects were successfully downstaged and became amenable to curative therapy, with 42% having a complete radiological response.⁸⁹

The combination of systemic therapy with TACE has also been explored. A retrospective study of camrelizumab + TACE showed an ORR of 35.3% and OS of 13.3 months,⁹⁰ although this strategy has not been studied in clinical trials. The combination of sorafenib + TACE and lenvatinib + TACE has been studied in phase III trials, and both combinations led to a significant improvement in PFS when compared with TKI monotherapy.^{91,92} Of note, the STAH trial, which evaluated sorafenib + TACE vs sorafenib monotherapy did not show an improvement in overall survival. Conversely, the LAUNCH trial which evaluated lenvatinib + TACE vs lenvatinib monotherapy confirmed an extension in overall survival, suggesting that individual TKI types may impact clinical outcomes in combination therapy.^{91,93} In 2022, interim trial results on the combination of lenvatinib + camrelizumab/sintilimab + TACE were reported. Notably, this triple combination led to successful downstaging and hepatectomy in 50% of patients, with patients achieving a 48-week OS of 96.4%.

The combination of TACE with ICI is another important treatment regime that has entered clinical trials. The EMERALD-1 trial is a phase III trial studying durvalumab + bevacizumab + TACE, and this combination led to statistically-significant and clinically-meaningful improvement in PFS when compared with TACE (PFS 15.0 months in combination group vs 8.2 months in TACE group).⁹⁴ A number of other trials including EMERALD-3 (tremelimumab + durvalumab + TACE), LEAP-012 (pembrolizumab + lenvatinib + TACE), and CheckMate 74W (nivolumab + ipilimumab + TACE) are also ongoing, and the results are keenly anticipated.

Finally, the combination of systemic therapy with hepatic artery infusion of chemotherapy (HAIC) have also received interests, and a number of studies from China have assessed the combination of HAIC with ICI or TKI.⁹⁵ Overall, early trials on the HAIC-based combination regimes led to PFS of over 9 months, with improved PFS over systemic therapy without HAIC.⁹⁶ The HAIC-combinations are being further studied in phase III trials now.

Discussion

Systemic HCC treatment has evolved rapidly. Numerous trials have established the efficacy and safety of targeted therapies and immunotherapies, dramatically expanding the treatment armamentarium for patients with advanced HCC. Despite promising results from clinical trials, real-world data, particularly for newer agents, are limited. Patients in clinical trials are generally highly selected, with good premorbid and limited comorbidities. In contrast, HCC patient subgroups such as patients with advanced cirrhosis, high bleeding risk, renal impairment or cardiometabolic diseases are limited.⁹⁷ Among the under-studied patient groups, patients with advanced cirrhosis or decompensated disease may be particularly problematic, as these patients form a substantial proportion of HCC patients commonly encountered in clinical practice. Encouragingly, data on systemic therapy in Child-Pugh B HCC patients are accumulating and have demonstrated the potential impact of cirrhosis severity on disease outcomes.^{98–100} The accumulation of real-world data would be paramount, and extensive efforts will be required to establish the efficacy and safety of systemic therapy in these important patient groups.

HCC is a heterogeneous disease with substantial differences in etiology and tumor biology,¹⁰¹ which may in turn affect treatment response and prognosis. For example, in the landmark SHARP trial on sorafenib, the median OS was highest in HCV patients (6.6 months), followed by HBV patients (3.6 months) and patients with alcohol-related liver disease (2.3 months).¹⁰² Lenvatinib also appeared more effective than sorafenib in HBV-related HCC.²⁸ Differential treatment outcomes have also been reported for immunotherapy, in which patients with non-viral HCC were less responsive to anti-PD1, and non-alcoholic steatohepatitis HCC was associated with significantly poorer survival.¹⁰³ In patients receiving atezolizumab + bevacizumab, steatotic liver disease and more severe liver cirrhosis were also associated with poorer treatment response and no significant outcome improvement respectively.⁶⁴ Further mechanistic studies and real-world data are required to elucidate the interaction between background liver disease and systemic therapy efficacy.

In addition to subtyping HCC according to disease etiology, molecular subtyping may also have a growing role in clinical management. Current international guidelines generally recommend image-based diagnosis of HCC in high-risk patients, and histological proof may not be necessary.^{9,104} However, some clinicians have proposed the benefits of tissue diagnosis, primarily for molecular phenotyping and to identify druggable targets.¹⁰⁵ As the therapeutic options for advanced HCC grow, the one-size-fits-all approach will no longer be appropriate, and personalized treatment decisions based on clinical and molecular parameters will be necessary.

Traditionally, advanced HCC has restricted treatment options and is invariably associated with poor prognosis. With better characterization of oncogenic signaling pathways and tumor immunological regulation, the landscape of systemic

therapy for HCC has dramatically shifted in the past decade. In addition to improving the prognosis of patients with advanced HCC, systemic therapies may also be expanded to neoadjuvant/adjuvant treatment. We particularly anticipate the growth of neoadjuvant/ adjuvant therapies, which would expand the role of curative therapies and drastically improve patient outcomes. The personalization of HCC systemic therapies would also be an important development to look out for. Numerous large trials are currently ongoing, and we keenly anticipate the emerging evidence in the field of HCC systemic therapy.

Author contributions

TKHW was involved in literature review, data interpretation, and drafting of the manuscript. RWHH, LYM, JF, and WKS were involved in the data interpretation and critical revision of the manuscript. MFY was involved in study conception, critical revision of the manuscript, and overall study supervision. All authors have read and approved the final version of the manuscript.

Data and software availability

No data was associated with this article.

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Version 2

Reviewer Report 17 May 2024

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Leonardo Stella 匝

Fondazione Policlinico Universitario Gemelli IRCCS, Rome, Rome, Italy

I'd like to thank the authors for improving their review, as demanded.

I have no further comments on this article, the authors answered all my questions.

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: HCC, cirrhosis, liver fibrosis,

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Reviewer Report 16 May 2024

https://doi.org/10.5256/f1000research.165333.r274813

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Won-Mook Choi 匝

Department of Gastroenterology, Liver Center, Asan Medical Center, University of Ulsan College of Medicine, Seoul, South Korea

The authors addressed all my comments properly, and I have no further comments.

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Hepatocellular carcinoma; Chronic hepatitis B; Liver fibrogenesis

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Reviewer Report 16 May 2024

https://doi.org/10.5256/f1000research.165333.r274812

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Shang-Chin Huang 问

¹ National Taiwan University Hospital Beihu Branch, Taipei City, Taipei City, Taiwan

² National Taiwan University Hospital Healthcare System (Ringgold ID: 607326), Taipei City, Taipei City, Taiwan

³ College of Medicine, National Taiwan University (Ringgold ID: 33561), Taipei City, Taipei City, Taiwan

Thanks for your responsive revision. I have no further comments to make.

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Hepatology

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Version 1

Reviewer Report 17 April 2024

https://doi.org/10.5256/f1000research.159449.r254024

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? 🛛 Leonardo Stella 🗓

Fondazione Policlinico Universitario Gemelli IRCCS, Rome, Rome, Italy

I really appreciate the work Trevor Kwan-Hung Wu et al. made with this review, that summarize last evidence about systemic treatment in hepatocellular carcinoma (HCC) landscape.

Particularly, the review provides a comprehensive overview of systemic treatments for advanced HCC, spanning from sorafenib's introduction to recent combination therapies like atezolizumab plus bevacizumab or durvalumab plus tremelimumab. It explores expanded indications beyond advanced stages, including combination with locoregional therapies and potential neoadjuvant/adjuvant use. Acknowledging the importance of real-world efficacy, it highlights the need for further research in specific patient subgroups. Lastly, the study recognizes the evolving nature of HCC treatment, emphasizing personalized approaches based on advancing understanding and accumulating data. On the other side, the review lacks of specific real-world data on systemic treatment in diverse patient subgroups, and authors should underline how comparative analysis of efficacy and safety among different therapies is also insufficient, limiting insights for treatment selection. Additionally, there's a call for deeper exploration of liver disease etiology's influence on treatment outcomes and the necessity for further research to elucidate optimal therapy utilization and long-term effects.

There aren't major concerns. Some minor points are:

- Authors should add last evidence on phase I/II studies who are leading to upcoming phase III trial on double ICI + bevacizumab are lacking, so I suggest including recent studies about double ICI + anti-VEGF:

*Tiragolumab + Atezolizumab/Bevacizumab (Finn R, et. al., 2023 [Ref1])

*Relatlimab + Nivolumab/Bevacizumab (Sangro B, et. al., 2023 [Ref 2])

- Authors should expand the paragraph about triple combination (locoregional + TKI + ICI), and to write down latest news about Chinese studies about HAIC + TKI + ICI.

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Is the topic of the review discussed comprehensively in the context of the current literature?

Partly

Are all factual statements correct and adequately supported by citations?

Yes

Is the review written in accessible language?

Yes

Are the conclusions drawn appropriate in the context of the current research literature? $\ensuremath{\mathsf{Yes}}$

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: HCC, cirrhosis, liver fibrosis,

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response () 19 Apr 2024 Man-Fung Yuen

On the other side, the review lacks of specific real-world data on systemic treatment in diverse patient subgroups, and authors should underline how comparative analysis of efficacy and safety among different therapies is also insufficient, limiting insights for treatment selection.

Response: Thank you for your comments. We agree that there is a lack of real-world data in specific patient subgroups, and there is a lack of head-to-head studies between systemic therapy options. We have added additional discussion points in our article, highlighting the importance of further real-world data in guiding our treatment decisions. (Discussion section: Paragraph 1)

Additionally, there's a call for deeper exploration of liver disease etiology's influence on treatment outcomes and the necessity for further research to elucidate optimal therapy utilization and long-term effects.

Response: Thank you very much for your insightful comments. We agree that the role of liver disease etiology on treatment outcomes is a critical area of research. We have expanded our Discussion section to further discuss the role of disease etiology on HCC treatment outcomes, highlighting the need for mechanistic studies and real-life data in this area. (Discussion section: 2nd paragraph)

There aren't major concerns. Some minor points are:

- Authors should add last evidence on phase I/II studies who are leading to upcoming phase III trial on double ICI + bevacizumab are lacking, so I suggest including recent studies about double ICI + anti-VEGF:

*Tiragolumab + Atezolizumab/Bevacizumab (Finn R, et. al., 2023 [Ref1]) *Relatlimab + Nivolumab/Bevacizumab (Sangro B, et. al., 2023 [Ref 2])

Response: Thank you for your comments. We have now added additional description about these 2 trials. (Combination regimens involving immunotherapy: 6th paragraph)

- Authors should expand the paragraph about triple combination (locoregional + TKI + ICI), and to write down latest news about Chinese studies about HAIC + TKI + ICI.

Response: Thank you for your comments, we have now expanded the paragraph on locoregional therapy + systemic therapy, and also included description on the Chinese studies on HAIC. (Combination of systemic therapies with loco-regional therapy section: 6th paragraph)

Competing Interests: N/A

Reviewer Report 23 March 2024

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Shang-Chin Huang 匝

¹ National Taiwan University Hospital Beihu Branch, Taipei City, Taipei City, Taiwan
 ² National Taiwan University Hospital Healthcare System (Ringgold ID: 607326), Taipei City, Taipei City, Taiwan

³ College of Medicine, National Taiwan University (Ringgold ID: 33561), Taipei City, Taipei City, Taiwan

In this review article, Wu et al. thoroughly summarized the current therapeutic regimens and recent advancements in systemic therapies against HCC. The content is well-organized and comprehensive. The tables and figure are adequate and informative. Since the manuscript is of significant scientific merit, I have only a few suggestions for your reference.

- 1. Since this is a review article, readers may expect some expert opinions from the authors, in addition to the current summary of published studies and discussion. A paragraph or several key points of experts' opinions on clinical perspective and future investigation direction may help at the end of the article.
- 2. HCC is a heterogeneous cancer arising from different background environments and etiology, as mentioned by the authors. A table or figure summarizing the distinctions of each therapy (ex., anti-PD1 was less effective against NASH-HCC than other etiology, Lenvatinib seemed more effective than sorafenib among HBV-HCC, ...) may help guide future investigations and clinical relevance.

Is the topic of the review discussed comprehensively in the context of the current literature?

Yes

Are all factual statements correct and adequately supported by citations?

Yes

Is the review written in accessible language?

Yes

Are the conclusions drawn appropriate in the context of the current research literature?

Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Hepatology

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response () 19 Apr 2024 Man-Fung Yuen

Comment #1 Since this is a review article, readers may expect some expert opinions from the authors, in addition to the current summary of published studies and discussion. A paragraph or several key points of experts' opinions on clinical perspective and future investigation direction may help at the end of the article.

Response: Thank you for your comments. We have added an additional paragraph at the end to discuss our opinions and future perspectives. (Discussion section: Last paragraph)

Comment #2 HCC is a heterogeneous cancer arising from different background environments and etiology, as mentioned by the authors. A table or figure summarising the distinctions of each therapy (ex., anti-PD1 was less effective against NASH-HCC than other etiology, Lenvatinib seemed more effective than sorafenib among HBV-HCC, ...) may help guide future investigations and clinical relevance.

Response: Thank you for your insightful comments. We have expanded our Discussion section to further discuss the role of disease etiology on HCC treatment outcomes, highlighting the critical need for mechanistic studies and real-life data in this area. (Discussion section: 2nd paragraph)

Competing Interests: N/A

Reviewer Report 21 March 2024

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? 🛛 Won-Mook Choi 匝

Department of Gastroenterology, Liver Center, Asan Medical Center, University of Ulsan College of Medicine, Seoul, South Korea

This review article well summarizes recent advancements in systemic therapy, including real-world

studies as well as pivotal trials, and the expansion of therapeutic indications such as combination therapy with locoregional therapy. It provides a comprehensive overview of recent developments in the field. I hope the authors may find some of my suggestions useful for improving the manuscript.

Comment#1: Please provide the table summarizing major trials on neoadjuvant, adjuvant, and combination regimens involving systemic therapies. It will provide a clear overview of the current status of expanding indications of systemic therapies.

Comment #2: There are real-world studies and meta-analyses comparing immunotherapy-based treatment with TKIs in both 1st line and 2nd line or beyond settings. Summarizing these studies would enhance the manuscript.

Comment #3: Please distinguish between the STAH trial, which evaluated the efficacy of TACE plus sorafenib and did not show an extension in OS, and the LAUNCH trial, which evaluated the efficacy of TACE plus lenvatinib and confirmed an extension in OS, compared with each TKI monotherapy.

Comment #4: Sorafenib, regorafenib, and lenvatinib also exhibit VEGF inhibition effects. Please modify the Figure 1 accordingly.

Is the topic of the review discussed comprehensively in the context of the current literature?

Yes

Are all factual statements correct and adequately supported by citations? Yes

Is the review written in accessible language?

Yes

Are the conclusions drawn appropriate in the context of the current research literature? $\ensuremath{\mathsf{Yes}}$

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Hepatocellular carcinoma; Chronic hepatitis B; Liver fibrogenesis

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response () 19 Apr 2024 Man-Fung Yuen

Comment#1: Please provide the table summarising major trials on neoadjuvant, adjuvant, and combination regimens involving systemic therapies. It will provide a

clear overview of the current status of expanding indications of systemic therapies.

Response: Thank you for your helpful comment. We have added a table to provide description on the major trials on neoadjuvant, adjuvant and combination regimens. We agree that this will make it clearer for readers. (Table 3)

Comment #2: There are real-world studies and meta-analyses comparing immunotherapy-based treatment with TKIs in both 1st line and 2nd line or beyond settings. Summarising these studies would enhance the manuscript.

Response: Thank you for your comments. We have added a description on meta-analysis data about immunotherapy + TKI in 1st line/ 2nd line settings. (Combination regimens involving immunotherapy section: last paragraph)

Comment #3: Please distinguish between the STAH trial, which evaluated the efficacy of TACE plus sorafenib and did not show an extension in OS, and the LAUNCH trial, which evaluated the efficacy of TACE plus lenvatinib and confirmed an extension in OS, compared with each TKI monotherapy.

Response: Thank you for your comments. We have now specifically mentioned the comparison between the STAH trial and the LAUNCH trial in our section on combination therapy. (Combination of systemic therapies with loco-regional therapy section: 3rd paragraph)

Comment #4: Sorafenib, regorafenib, and lenvatinib also exhibit VEGF inhibition effects. Please modify the Figure 1 accordingly.

Response: Thank you for your comments. We have updated Figure 1 accordingly.

Competing Interests: N/A

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