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Synthesis and characterization of biomimetic bioceramic nanoparticles with optimized physicochemical properties for bone tissue engineering

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Abstract

Calcium phosphate bioceramics nanoparticles such as nano hydroxyapatite (nHA) and nano tricalcium phosphate (nTCP) are the main focus of basic and applied research for bone tissue regeneration. In particular, a combination of these two phases (nHA + nTCP) which refers to as “nano biphasic calcium phosphates (nBCP)” is of interest due to the preferred biodegradation nature compared to single-phase bioceramics. However, the available synthesis processes are challenging and the biomaterials properties are yet to be optimized to mimic the physiochemical properties of the natural nanoscale bone apatite. In this study, a new approach was developed for the production of optimized bioceramic nanoparticles aiming to improve their biomimeticity for better biological performances. Nanoparticles were synthesized through a carefully controlled and modified wet mechano-chemical method combined with a controlled solid state synthesis. Different processing variables have been analyzed including; milling parameters, post-synthesis treatment, and calcination phase. Detailed physicochemical characterizations of nanoparticles revealed higher crystallinity (~100%), lower crystallite/particle size (58 nm), higher homogeneity, reduced particle agglomeration size (6 μm), and a closer molar ratio (1.8) to biological apatite compared to control and standard samples. Furthermore, the study group was confirmed as calcium-deficient carbonate-substituted BCP nanoparticles (nHA/n β -TCP: 92/8 %). As such, the introduced method can afford an easier and accurate control over nanoparticle physicochemical properties including the composition phase which can be used for better customization of biomaterials for clinical applications. The findings of this paper will also help researchers in the further advancement of production strategies of biomaterials.

Keywords: Nanoparticle, Bioceramics, Biphasic calcium phosphate, Biomimetic, Bone tissue engineering.

Introduction

Bioceramic nanoparticles such as nano-hydroxyapatite (nHA) and nano-tricalcium phosphates (nTCP) have gained particular interest in bone tissue engineering because of their similarity to natural bone structure and advantageous properties including distinctive biological behaviors, successful clinical history, and greater demand and expectations in the surgical field ^{(1)–(3)}. Currently, these materials are widely used as implant coating and bone substitutes in traumatology, orthopedic, maxillofacial, and dental surgery applications. As such, improvement of synthesis methods and biomaterials properties is the interest of many studies. The physiochemical properties of biomaterials are known to influence the ion-exchange, protein adsorption, cellular behavior, mechanical properties, and biodegradation rate that in turn determine the overall bioactivity and clinical performances of biomaterials ⁽⁴⁾.

To that end, **different synthesis methods** have been introduced using a wide range of precursor raw materials (e.g., CaHPO_4 , $\text{Ca}_2\text{P}_2\text{O}_7$, CaCO_3 , CaO , $\text{Ca}(\text{OH})_2$, *etc.*) ⁽⁵⁾. The synthesis methods include; precipitation and co-precipitation, sol-gel techniques, hydrothermal synthesis, mechano-chemical, plasma spray process, microwave sintering, hydrolysis, and laser-induced techniques ^{(6),(7)}. Among these, the sol-gel, co-precipitation and mechano-chemical methods have been used widely for production of nHA ⁽⁸⁾. However, the complexity of synthesis procedure, high cost, poor reproducibility, difficult control of processing variables, low-yield end product, and high byproducts are common technical challenges during synthesis methods ^{(9),(10)}. Moreover, the produced nHA does not really mimic the detailed physicochemical properties of biological HA. For instance, these nanoparticles often suffer from several shortcomings such as non-homogeneous distribution pattern and high agglomeration rate which induce the potential heterogeneity of biological responses ^{(9),(11)}. Moreover, the poor crystallinity and low biodegradation rate are reported to result in unpredictable bioactivity ^{(9),(11)}.

Introduction of biphasic bioceramics could partially overcome the limitations of single phase biomaterials by improving the biocompatibility and bioactivity. Here, nHA is usually combined with other phases (i.e., TCP) of a higher biodegradation rate to overcome its poor biodegradation rate that may interfere with bone regeneration and remodeling ⁽¹²⁾. We have reported earlier on the synthesis of bioceramic nanoparticles (e.g., HA, β -TCP, and BCP) where the *in vitro* biological performances of different BCP ratios were studied concluding that the particle properties such as particle size and microtopography are more influential than the composition ratios ^{(13)–(15)}. Further comprehensive reviews on BCP are also available where we summarized all necessary details from the literature for reference ^{(12),(16)}. However, the available production methods of bioceramics nanoparticles, in

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3 particular, BCP still encounter critical challenges in controlling the detailed physicochemical properties
4 of nanoparticles as well as the composition phases of biomaterials ⁽¹²⁾.
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8 Therefore, the attempt of the current study is to further optimize the biomaterials physicochemical
9 properties by improving the manufacturing process considering the biomimetic strategies as well as
10 economic, ecologic, and environmental factors ^{(11),(17)}. Different biomaterial processing aspects aspect
11 were explored to mimic the exact physicochemical features of biological apatite which is non-
12 stoichiometric, carbonate-substituted, and calcium-deficient nHA ⁽¹⁷⁾⁻⁽¹⁹⁾. This increased biomimeticity
13 is expected to improve the bioactivity and clinical performances of nanoparticles.
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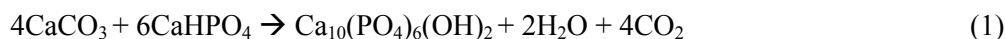
18
19 This study explored a novel synthetic approach based on the conventional wet mechano-chemical
20 method which is a simple, low-cost, low temperature, high-yield end-product method for bulk
21 synthesis of pure nanoparticles with no byproducts. However, the size of the produced nanoparticles
22 is reported to be usually large with poor homogeneity pattern and poor crystallinity ^{(5),(20)}. To
23 overcome these limitations, several modifications were introduced in manufacturing parameters
24 during the wet mechano-chemical method for an accurate control of production variables.
25 Furthermore, this method was combined with the solid-state synthesis method for further optimization
26 of nanoparticles through control of their crystallinity, homogeneity, and thermal behavior ^{(5),(13)}. With
27 this in mind, the following were explored in detail; control and optimization of crystal/particle size,
28 crystallinity ratio, particle agglomeration/distribution pattern, phase purity/composition, and molar
29 ratio. Three types of nanoparticles (two control samples and one study sample) were synthesized and
30 then compared with a similar commercially available one (standard sample) using different
31 physicochemical characterization technique.
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41 **Materials and Method**

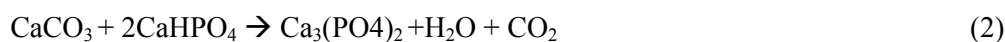
42 **Synthesis of nanoparticles**

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44 Pure nHA-2 powder (study sample) was synthesized using a modified wet mechano-chemical
45 synthesis technique and solid-state reaction based on a technique from our previous reports ^{(13),(14)}. For
46 comparison purposes, two other bioceramic powders were also synthesized as control samples; nHA-1
47 which was produced according to our last synthetic method ^{(13),(14)}, and n β -TCP which was
48 synthesized through a modified method (Table 1). Moreover, a commercial nHA-F (Fluidinova[®],
49 nanoXIM•HAp202) was purchased as a standard sample based on their similar particle/crystal size to
50 nHA-2. For the synthesis of bioceramics, the initial raw powders of calcium carbonate (CaCO₃, Carlo
51 Erba Reagenti, Italy) and calcium phosphate dibasic (CaHPO₄, Sigma-Aldrich, Germany) were used
52 as received, then mixed and milled in a high density polyethylene bottle (250 ml) with zirconia
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3 milling balls (30% of bottle volume) at room temperature. Nano hydroxyapatite (nHA) was
4 synthesized using the CaHPO₄: CaCO₃ at a ratio of 1.5:1⁽²¹⁾. The chemical reaction is as follow:
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9 For the synthesis of nano beta-tricalcium phosphate (nβ-TCP), the initial CaHPO₄: CaCO₃ powders
10 were mixed at a ratio of 2:1⁽²¹⁾. The equation is as follow:
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13 The modified synthesis method was applied by using smaller and more uniform zirconia milling balls
14 (3 mm), increasing the percentage of the aqueous medium, and increasing the total milling time.
15 Briefly, for nHA-2 the initial milling of raw powders was performed at 170 rpm rotation speed for 24
16 hours (Table 1). The obtained slurries after ball milling were dried in a hot oven overnight at 70 °C,
17 bulk grounded and exposed to secondary milling for another 29 hours. Then, the slurry was dried
18 again and the obtained powders were ground and sieved using the double-sieve technique (106 and 25
19 μm) for further refinement. Later, the powders were heat treated using a controlled calcination
20 program at 900 °C for 1 hour using scientific furnace (Lenton, UK) at a heating rate of 300 °C / hour.
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30 **Characterizations of nanoparticles**

31 *X-ray diffractometry (XRD)*

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33 Crystallography of nanoparticle powders was performed by an X-ray diffractometer (X'pert PRO,
34 PANalytical, Netherland) using Cu radiation (λ=0.15405 nm) operated at 40 KV and 35 mA in
35 continuous scan mode with step size 0.02° from 10° to 60° (2θ) at a scan speed of 0.04 °/s. The XRD
36 spectra were analyzed using JADE software and ICDD standard (JCPDS card no. 09-0432 for pure
37 HA and card no. 09-0169 for pure β-TCP). Analysis of crystal size and the crystalline/amorphous
38 phases was performed by the study of samples using "TOPAS" software (version: 4.2, Bruker,
39 Mannheim, Germany).
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45 *Particle size analysis (PSA)*

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47 The particle size and the particle size distribution pattern were studied by laser diffraction technique
48 (Mastersizer 2000, Malvern Instruments, UK) coupled with Malvern software. Briefly, the powder
49 was dispersed in DI water followed by 4 minutes of ultrasonic bath treatment. Adequate sample
50 concentration with the obscuration range of 10-30 % was used and exposed to stirring at 2000 rpm
51 during analysis. Each sample analyzed in triplicate, and the results were expressed in average.
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Scanning Electron Microscopy (SEM)

Microstructural and morphological study of nanoparticle powders (i.e., size, shape, and agglomeration pattern) was performed using SEM. All samples were sputter coated (JEOL, JFC-1200, Japan) with Au under vacuum and observed using SEM (JEOL, JSM-7800F Prime, Field Emission SEM, Japan).

Energy Dispersive Spectroscopy (EDS)

The elemental composition of the nanoparticles was analyzed using SEM (Hitachi, SU1510, Japan) coupled with energy dispersive X-ray spectroscopy (IXRF system, 550i analyzer, US). The Spectrometer was operated at 15 KV with a sampling depth of 1-2 μm and a resolution of 1 μm^2 . Average of 3 wide scan areas was used for calculation of mean elemental composition.

Fourier Transform Infrared Spectrophotometry (FTIR)

FTIR was performed (Spectrum One FTIR spectrometer, Perkin Elmer, US) to investigate the functional biochemical groups of nanoparticles. For sample preparation, the nanoparticles (1.5 mg) were milled together with potassium bromide (KBr, 100 mg) followed by compression under a hydraulic pressure (ASTM E1252-98). FTIR spectrophotometry was done using middle range infrared over a frequency region of 4000-400 wave number cm^{-1} at a resolution of 4 cm^{-1} .

Thermogravimetric analysis (TGA)

The thermal behavior of nanoparticles was studied by monitoring the mass changes of the nanoparticles as a percentage of weight over a specified temperature program in a controlled atmosphere. A 5-10 mg sample of the powder was analyzed using thermal analyzer instrument (Mettler Toledo AG, TGA/SDTA851e, Switzerland) in a temperature range of 30 $^{\circ}\text{C}$ to 600 $^{\circ}\text{C}$ with a heating rate of 10 $^{\circ}\text{C}/\text{min}$.

Statistical analysis

Statistical analysis was done using SPSS software (SPSS ver. 24, Chicago, IL). All results were represented in the form of mean \pm SD. Independent Student's t-test (two-tailed) was applied to analyze statistical significance with the p-value < 0.05 .

Results

Crystallography and phase analysis

XRD pattern of nHA powders (nHA-2, nHA-1, and nHA-F) indexed major characteristic peaks (positions and intensities) consistent with ICDD standard for HA (JCPDS no. 09-0432). Presence of nHA phases was confirmed by detecting main Miller indices (hkl) of the diffraction peaks (peak position) at 2-Theta diffraction angles. The main diffraction peaks of HA can be reported using d_{hkl}

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3 and relative intensity as follow (d_{hkl} / relative intensity): (002)/42%, (211)/100%, (112)/56%,
4 (300)/62% , (202)/28% , (130)/22%, (222)/30%, and (213)/35% (Fig. 1) ⁽²²⁾. Similarly, for β -TCP
5 powder, major characteristic peaks of pure β -TCP were detected corresponding to ICDD standard
6 (JCPDS no. 09-0169) (Fig. 2). However, further study of XRD pattern revealed two minor peaks
7 attributed to β -TCP - $\text{Ca}_3(\text{PO}_4)_2$ - that were detected only in nHA-2 sample corresponding to Miller
8 indices (hkl); (0,2,10) and (0,1,14) (Fig. 1). Overlapping and comparing XRD patterns revealed
9 narrower peaks of higher intensities in synthesized nHA-2 and nHA-1 when compared with
10 commercial nHA-F that exhibited broader peaks of lower intensities (Fig. 2). Both nHA-1 and nHA-2
11 expressed similar pattern with minor differences in some major peak intensities. For example, nHA-2
12 expressed slightly higher intensities in major peaks at Miller indices (002), (102), (210), and (130). In
13 general, XRD diffraction peak patterns (both intensity and width) are indicators of crystallinity and
14 crystallite size. The XRD peak broadening is mostly attributed to the decrease in crystallinity ratio,
15 increase in the amorphous phase, and reduction of crystallite size ⁽²³⁾. On the other hand, the presence
16 of narrow peaks with high intensity indicates larger crystallite size of nHA or high crystallinity with a
17 minimum percentage of the amorphous phase (Fig. 2). The results of phase analysis and the study of
18 crystallinity and crystal size of different powder samples are shown in Table 2 In agreement with the
19 XRD pattern, these findings revealed the major presence of crystalline HA (92%) and a minimum
20 presence of crystalline β -TCP (8%) in nHA-2. Therefore, nHA-2 sample is, in fact, a biphasic calcium
21 phosphate (BCP) with HA/ β -TCP composition ratio of 92/8 %. Furthermore, nHA-2 exhibited a
22 crystallinity value of 100% with the absence of amorphous phase compared to nHA-1 (95.3%
23 crystallinity) and nHA-F samples (77.6% crystallinity). During evaluation of the average crystal sizes
24 of nanoparticles, nHA-F was found with the smallest crystal size (12 nm) when compared to nHA-1
25 and nHA-2. However, the nHA-2 crystal size was dramatically reduced when compared to nHA-1.
26 Moreover, evaluating the main chemical formula of samples using the software program suggested
27 that both nHA-2 and nHA-F were, in fact, calcium-deficient nHA (Ca_{10-x}) when compared to nHA-1.
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44 **Functional groups characterization**

45 In general, the FTIR spectra of bioceramic nanoparticles displayed the typical absorption bands
46 corresponding to the main inorganic chemical groups; PO_4^{3-} , CO_3^{2-} , HPO_4^{2-} , and OH^- (Fig. 3 and
47 Table 3). In particular, nHA powders revealed absorption bands similar to typical bands of the natural
48 bone powder consisting of HA (3570, 1091, 1047, 962, 629, 601 and 570 cm^{-1}) with carbonates
49 groups (1454, 1411 and 878 cm^{-1}) ⁽²⁴⁾. The intense absorption bands corresponding to the internal
50 molecular vibrations of the phosphate group (PO_4^{3-}) were detected in all samples (Table 3). These
51 vibrations are referred to as bending mode, symmetric and asymmetric stretch ⁽²⁵⁾. The intense
52 absorption bands at 1047 and 963 cm^{-1} correspond to ν_3 mode (P-O) asymmetric bending and
53 stretching and ν_1 mode symmetric stretching vibration of PO_4^{3-} , respectively. The double bands at 602
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and 571 cm^{-1} were due to triple ν_4 mode (O-PO) symmetric and asymmetric bending vibration of PO_4^{3-} (26),(27). Also, ν_2 mode (O-P-O) bending vibration was detected at 473 cm^{-1} . The triplet bands at $1900\text{-}2050\text{ cm}^{-1}$ of weak intensity are related to a combination of ν_3 and ν_1 vibration mode of PO_4^{3-} (28) (Fig. 3). A minor absorption band of labile PO_4 was also detected at 631 cm^{-1} . The vibration corresponding to CO_3^{2-} group was also seen at $876\text{-}878\text{ cm}^{-1}$ (ν_2), $1411\text{-}1422\text{ cm}^{-1}$ and $1447\text{-}1454\text{ cm}^{-1}$ (ν_3) (Fig. 3). nHA-2 compared to nHA-1 showed higher intensity for CO_3^{2-} peaks at $1410\text{-}1454\text{ cm}^{-1}$, however, the peak at 878 cm^{-1} was weak. Furthermore, β -TCP did not reveal the absorption band at $1411\text{-}1422\text{ cm}^{-1}$ (Table 3). It should be noted that the absorption band at 878 cm^{-1} may be also related to the presence of HPO_4 group which could partially overlap the CO_2 absorption band at $870\text{-}880\text{ cm}^{-1}$ (29). Furthermore, for nHA, additional broad absorption bands were observed related to ν_3 and ν_1 stretching ($3000\text{-}3650\text{ cm}^{-1}$ with a peak at 3572 cm^{-1}) and librational (630 cm^{-1}) vibration of OH^- group. Both nHA-2 and nHA-1 showed an intense absorption pattern compared to nHA-F that exhibited a broad peak. This peak was not detected in β -TCP because of the absence of OH^- group in β -TCP chemical structure (Fig. 3). However, when considering the FTIR pattern of biphasic bioceramics (HA/TCP), the peaks of OH^- groups can be observed corresponding to the composition ratio of HA phase. It is worth mentioning that additional peaks that indicate the presence of physically adsorbed water molecule due to moisture contamination may also be observed at 3433 cm^{-1} and $1634\text{-}1650\text{ cm}^{-1}$ referable to ν_2 deformation mode of H_2O molecules (29).

Elemental chemical analysis

Results of elemental surface analysis of different samples are shown in Table 4. Concentrations of major and minor elements as well as Ca/P molar ratios were calculated using atomic percentages in comparison to standard reference materials. nHA-2 showed a lower Ca/P molar ratio than other samples. Of particular interest was a mild reduction of zirconium ion (Zr) contamination in nHA-2 compared to nHA-1 even though it was exposed to longer milling time. The study of the impurity or trace elemental contamination showed no major difference between nHA samples.

Particle size distribution pattern and particle agglomeration behavior

Particle size analysis (PSA) using laser diffraction allowed the study of particle size and its distribution pattern, which is a volume-based data displayed as a frequency curve. The frequency curve can address the presence of peaks of particles and their volume-based size range distribution pattern. As such, the frequency curve can display data about the homogeneity of particle size distribution. For example, in the frequency curve, the presence of multiple peaks indicates non-homogeneity of sample size while particles with homogeneous size pattern display a single peak. Fig. 4 shows the typical results of laser diffraction technique that plots volume percentage of each sample over a range of particle diameters suspended in DI water. nHA-1 sample exhibited a curve of the bimodal peak which denotes a bimodal particle size distribution of a lower homogeneity, while all

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3 other sample powders expressed monomodal pattern. The two peaks of nHA-1 were in the range of
4 0.6 μm to 9.3 μm , and 9.3 μm to 126 μm . This means that there are at least two distinct sizes of
5 particles with a higher volume mean size, 3 and 37 μm , respectively. However, nHA-2, nHA-F, and
6 β -TCP samples displayed monomodal peak that indicates the presence of only one distinct size of
7 particles with more homogenous distribution pattern (Fig. 4). Furthermore, as a confirmation of
8 nanoparticles agglomeration, the laser diffraction revealed the absence of single HA crystallite as it
9 failed to detect particle size of < 200 nm in suspension. Moreover, the study of the percentile volume
10 distribution of nanoparticles revealed that about 88% of nHA-2, 85% of nHA-F, and 45% of the nHA-
11 1 powders consist of a mean particle size of < 10 μm . Additional data can be found in Table 5 that
12 shows critical nanoparticle properties measured by laser diffraction. The results are expressed as
13 D(0.5) and D(0.9) which denote particle size at accumulated volumes of 50% and 90%, respectively,
14 and D(4,3) which denotes the volume mean diameter. Comparing different nanoparticle samples by
15 over-plotting confirmed a dramatic decrease in particle size of nHA-2 and an increase in specific
16 surface area (SSA) when compared to other samples (Fig. 4).

27 ***Morphological evaluation of nanoparticles using SEM***

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29 SEM morphological study of samples displayed the typical tendency of nanoparticles to form clusters
30 of particle agglomerates. For the accurate morphological study, the breakdown of agglomerates is
31 recommended; however, the complete breakdown of agglomerates is almost impossible as it was also
32 noted after ultrasonic bath treatments of samples ⁽¹⁰⁾. Fig. 5 shows the morphological study by SEM,
33 where clusters of agglomerated HA nanoparticles are seen consisting of fine nanocrystallites.
34 Furthermore, the synthesized samples showed a higher tendency to agglomerate and more resistance
35 to breakdown compared to nHA-F. The observed agglomerated particle sizes in nHA-F were about 2-
36 5 μm , which agreed with the results of laser diffraction analysis (Fig. 5). However, the agglomerate
37 particles in other synthesized samples exhibited a smaller size compared to nHA-F. Furthermore,
38 nHA-2 displayed smaller and more homogeneous particle size compared to other samples (Fig. 5).

46 ***Analysis of thermal behavior***

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48 Results of TGA study showed that synthesized nHA samples display the most stable behavior during
49 thermal treatment up to 600 $^{\circ}\text{C}$ with only 0.5% and 1.3% mass loss in nHA-2 and nHA-1,
50 respectively. This was compared to nHA-F and β -TCP which displayed 6.5% and 2.3% mass loss,
51 respectively (Fig. 6). For further analysis, the TGA curve of synthesized nHA was divided into two
52 main thermal phases (Fig. 6). Phase I was characterized by an initial rapid mass loss between room
53 temperature and 120 $^{\circ}\text{C}$ which corresponded to the evaporation of loosely bound and adsorbed water
54 molecules due to moisture/air contamination ⁽³⁰⁾. This dehydration phase continued up to 300 $^{\circ}\text{C}$ with
55 about 0.8% and 5.3% mass loss for nHA-1 and nHA-F, respectively, while, nHA-2 displayed no
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changes. Phase II (300-600 °C) exhibited a more constant TGA curve with minor changes in the mass. The final mass residue in all samples corresponds to calcium and phosphate compounds. Similarly, it has been observed that major mass loss of HA is up to 600 °C, beyond which (up to 1200 °C) the TGA curve is stable with no significant mass loss⁽³¹⁾. Study of TGA patterns of different samples confirmed an improved thermal behavior with a higher thermal resistance in nHA-2 when compared to nHA-1 and nHA-F. Thermal resistance of different samples showed a decrease in the following order; nHA-2 > nHA-1 > nβ-TCP > nHA-F.

Discussion

This study attempted to implement a biomimetic strategy to closely replicate the physicochemical properties of natural bone apatite. The biological apatite is known to be Ca-deficient, carbonate-substituted nHA with Ca/P molar ratio of approximately 1.71 and crystal size of about 50 x 30 x 2 nm^{(17),(32)}. The introduced synthetic method is simple, reproducible, cost-effective, and environmentally friendly (green chemistry). Furthermore, it allowed proper customization of nanoparticles physicochemical properties which in turn could maximize the regenerative potentials and bioactivity of synthetic bone substitutes. To achieve the proposed aims of this study, different processing variables were carefully studied and modified from the conventional method^{(13),(21)} including (Fig. 7);

1. Removal of auxiliary additives (e.g., solvent, dispersant, plasticizer) keeping the water the sole solvent and the only byproduct. This eliminated the need for further time-consuming purification steps⁽³³⁾.
2. use of smaller and more uniform milling balls,
3. increase in water percentage and total milling duration,
4. application of post-synthesis grinding using the double-sieve method, and,
5. use of controlled calcination program with a decrease in the total calcination time and final calcination temperature.

Modification of milling parameters and their importance

Considering the physical aspects of HA nanoparticle, the ratio of the crystalline and amorphous phase is known to affect its bone bonding ability and stability. For example, nHA with high crystallinity has exhibited a lower degradation rate, a higher shear strength, and a more stable bone integration^{(34),(35)}. Therefore, many efforts have been made to minimize the amorphous content and increase the crystallinity ratio especially for HA coating of implant materials^{(35),(36)}. For this purpose, milling time was one of the selected processing variables in this study to modify the crystallinity ratio. It has been reported that a prolonged milling time increases XRD peaks intensities and overall broadening corresponding to the reduction in crystallite size and increase in crystallinity ratio^{(5),(8)} (Fig. 1 and 2). However, a prolonged ball milling time may adversely affect the degree of crystallinity⁽³⁷⁾. In

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3 accordance with these findings, in this study, nHA-2 was found with 100% crystallinity with the
4 absence of amorphous content and a lower crystallite size (Table 4). Furthermore, a higher specific
5 surface area was also detected in nHA-2 compared to other samples that should have a biological
6 significance⁽⁴⁾. These properties are attributed to the proper increase of milling time in nHA-2 that
7 allowed a higher interaction and mechanical friction between particles and milling balls which in turn
8 resulted in higher surface defects and surface area⁽³⁸⁾. Furthermore, modification of milling time may
9 also influence the biomaterial properties by altering their chemical composition phase. Based on EDS
10 study, it was found that the prolonged milling time in nHA-2 had almost no remarkable impact on
11 major or minor elemental compositions of nanoparticles compared to nHA-1 (Table 4). This is in
12 contrast with the literature where an increase in the milling time has been observed to increase the
13 concentration of impurity trace elements and overall contamination^{(39),(40)}. However, 100% pure
14 element may not be a favorable choice as it has been reported that the availability of other elements in
15 (i.e., Na, Mg, carbonate, F, Si) in calcium phosphates biomaterial can improve fabrication and
16 function of bone implants when compared to pure biomaterials⁽³²⁾. Furthermore, these elemental
17 impurities can fill the defect sites in calcium-deficient nHA. Further analysis of functional groups
18 using FTIR studies confirmed the absence of impurities and contaminations in synthesized
19 nanoparticles which displayed absorption bands similar to the biological apatite⁽²⁴⁾ (Fig. 1 and 2).
20 This is critical, in particular for nHA because of its smaller crystal size which renders it more
21 sensitive to the incorporation of impurities such as nitrate, calcite, H₂O and CO₃ into PO sites⁽⁴¹⁾.
22 Another selected important processing variable to optimize nanoparticles was the weight percentage
23 of the aqueous medium (H₂O) during ball milling. It is known that an increase in the percentage of
24 aqueous medium influences the formation of HA phase and relevant XRD and FTIR patterns through
25 the increase in crystallinity and the reduction in amorphous content⁽⁸⁾. During the synthesis of HA,
26 the required level of hydroxyl groups should be available for effective generation of single phase HA,
27 which is usually supplied through a dry mechano-chemical reaction between precursor powders.
28 However, this can be accelerated by incorporation of water during milling (i.e., during wet mechano-
29 chemical method) or an increase in water percentage as well as an increase in the milling time and
30 milling speed. This allows an increase in the surface area of precursor powders and adsorption sites
31 for hydroxyl groups with the generation of more HA⁽⁸⁾. Accordingly, in this study, the water
32 percentage along with the total milling time was increased. This together with the selection of smaller
33 milling balls helped to further increase the surface area and interactions at the atomic level that
34 resulted in the elimination of undesirable secondary phases and enhanced formation of pure nHA of
35 high crystallinity. In addition, compared to nHA-1 (99 nm), a remarkable decrease in crystal size was
36 noted in nHA-2 (58 nm) which is almost closer to biological apatite at least from one dimension⁽¹⁷⁾
37 (Table 4). Furthermore, the increase in total milling time and water percentage in this study resulted
38 in the formation of calcium-deficient nHA-2 (Ca_{10-x}(PO₄)_{6-x}(HPO₄)_x(OH)_{2-x})⁽¹²⁾. This is attributed to
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3 the enhancement of kinetic processes during milling that results in the ionic substitution of phosphate
4 ions (PO_4^{3-}) by hydrogen phosphate (HPO_4^{2-}) and formation of a vacancy on OH^- site ^{(10),(42)}. To
5 further improve the quality of final synthetic products, different powder refinements and treatments
6 have been postulated in the literature. For example, the use of some additives (i.e., water, acetone,
7 polyvinyl alcohol, and plasticizer) has been recommended during initial ball milling to increase the
8 homogeneity of particles. Moreover, calcination at high temperature and secondary sintering and
9 grinding were also suggested to reduce the crystal size and homogeneity ⁽⁴³⁾. In this study post-
10 synthesis grinding using double-sieving method was applied prior to calcination to obtain
11 nanoparticles of higher homogeneity with smaller particle agglomerate size which is expected to
12 allow more uniform exposure of nanoparticles to heat during calcination.
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20 21 ***Modification of calcination parameters and their importance***

22 One of the critical processing variables that modify the biomaterials properties is thermal treatment
23 including calcination temperature, duration, and heating/ cooling rate (calcination program). It has
24 been shown that HA synthesized at a low calcination temperature exhibit broader XRD diffraction
25 peaks with lower intensities. An increase in calcination temperature results in narrowing and
26 sharpening of diffraction peaks as an indicator of raised crystallinity and an increase in crystal/ grain
27 size ⁽⁴⁴⁾. However, it has been reported that there is no linear relationship between temperature and
28 crystallinity ⁽⁴⁵⁾. Furthermore, the thermal treatment can also induce non-structural and structural
29 changes in the phase composition of biomaterials that can be traced as alterations in FTIR absorption
30 bands. For example, the temperature at 500-600 °C has been reported to result in narrowing/
31 disappearance of adsorbed H_2O bands (at 3540 cm^{-1}) from the spectrum (dehydration) without any
32 impact on lattice parameters ⁽⁴⁵⁾. The impact of calcining temperature on structural groups has also
33 been observed where a lower temperature ($\leq 500\text{ °C}$) has resulted in a broader phosphate band (at
34 1000 cm^{-1}) and absence of hydroxyl band (at 3670 and 631 cm^{-1}) in nHA. However, it is reported that
35 once the calcination temperature is raised (i.e., $> 700\text{ °C}$) the phosphate bands become more defined,
36 and structural OH^- bands are detected because of increase in particle size ⁽⁴⁶⁾. Further increase in
37 temperature leads to dehydroxylation as a result of the separation of structural OH^- group with
38 corresponding changes in absorption bands at 630 cm^{-1} and 3572 cm^{-1} . In this study, since the
39 calcination temperature was limited to 900 °C for a minimum possible period (1 hour), the structural
40 OH^- was preserved, and no moisture (H_2O) contaminations were detected as confirmed by FTIR (Fig.
41 3). As already highlighted, the structural change of biomaterials during the calcining process is a
42 critical issue that affects the biomaterial phase composition and purity. In general, the high sintering
43 temperature is applied to improve the homogeneity, crystallinity, and mechanical properties (e.g.,
44 compressive and tensile strength, toughness, stiffness) of the products ^{(47),(48)}. However, high
45 calcination temperatures - once the temperature exceeds 900 °C , notably if $> 1200\text{ °C}$ – would increase
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3 the chance of phase transformation and chemical decomposition of bioceramics phases ⁽²⁸⁾ which
4 result in the appearance of secondary phases ⁽⁴⁹⁾. Moreover, the absence of water in the sintering
5 environment -as in this study- has been reported to increase the rate of decomposition as well as
6 densification of HA with the corresponding decrease in grain growth ^{(8),(10),(45)}. In addition, high
7 temperature rather than increasing the chance of decomposition, can result in coalescence of
8 bioceramic nanoparticles with a remarkable decrease in specific surface area, increase in grain size,
9 and decrease in porosity that would have adverse biological consequences ^{(44),(49),(50)}. However, the
10 onset temperature at which the particle coalescence could occur was almost high in this study because
11 of a higher Ca/P ratio ⁽⁵¹⁾. Accordingly, a lower calcination temperature for a shorter period together
12 with a proper heating/cooling rate was a proper strategy to overcome these challenges (Fig 2). This
13 helped to minimize the risk of decomposition and control the physical properties of nanoparticles by
14 limiting the grain growth and maintaining a high specific surface area. With regards to the phase
15 transformation, it has been shown that the Ca-deficient HA tends to transform at a lower temperature
16 while the stoichiometric HA (Ca/P: 1.67) is more stable ($\geq 1200^{\circ}\text{C}$) ⁽⁵²⁾. For example, it has been
17 reported that sintering temperature of 700°C can result in dissociation of Ca-deficient HA into
18 biphasic calcium phosphate compound (HA+TCP) ⁽⁴⁷⁾. Furthermore, FTIR study has shown that bands
19 of β -TCP ($947, 974, \text{ and } 1120\text{ cm}^{-1}$) start to show up at 900°C with more visibility at 1200°C along
20 with a shift in PO_4^{3-} peaks. Moreover, the corresponding bands of CO_3^{2-} groups start to weaken by the
21 temperatures exceeding 450°C with complete disappearance at 900°C ⁽²⁸⁾. In accordance with these
22 findings, we observed traces of β -TCP phase in nHA-2 as a result of decomposition which
23 transformed the nHA-2 into biphasic calcium phosphate (BCP) with HA/TCP ratio of 92/8 % (Table
24 4). This was attributed to Ca-deficient nature of nHA-2 and its lower Ca/P molar ratio that makes it
25 more sensitive to decomposition at the lower calcination temperature ($\leq 900^{\circ}\text{C}$) ⁽⁵²⁾. However, it
26 should be noted that the rate of this decomposition and in turn the composition ratio of HA/TCP can
27 be controlled by modification of the calcination temperature and its duration. This would help to
28 overcome the problem with poor biodegradation rate of nHA and to improve the biomaterials
29 bioactivity by customizing the final product to better match each clinical requirement. The impact of
30 calcination phase on the osteoinductivity of nanoparticles is also interesting. The literature reported a
31 close link between osteoinductivity and thermal treatment of biomaterials through the effects on the
32 physical particle properties, chemical phase composition, and biodegradation rate. It has been reported
33 that bioceramics treated at a lower temperature ($\leq 1100^{\circ}\text{C}$) could induce earlier and higher ectopic
34 bone formation at intra-muscular sites of animals when compared to those exposed to higher sintering
35 temperature ($\geq 1200^{\circ}\text{C}$) ⁽⁵⁰⁾. This could be due to a higher degree of porosity, roughness, and surface
36 area that enhance the adsorption of circulating factors and cellular attachments. Furthermore, it is
37 known that the control of composition phases of biomaterials during thermal treatment allows further
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3 modification of the biodegradation rate and bioactivity⁽⁵³⁾, where bioceramics with more soluble
4 phase (TCP) have been detected with higher osteoinductivity compared to less soluble phases^{(54),(55)}.
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8 ***Impacts of chemical functional groups and molar ratio***

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10 Considering the basic chemical structure of HA ($\text{Ca}_{10}(\text{PO}_4)_2\text{OH}_2$), different ion substitutions are
11 possible at various sites to be part of apatite structure; i.e. for calcium (Zr^{2+} , Mg^{2+} , Fe^{2+} , Zn^{2+} , Na^+ ,
12 Sr^{2+}), for phosphate group (CO_3^{2-} , SiO_4^{4-}), and for hydroxyl group (F^- , Cl^-)⁽²⁰⁾. The substituted groups
13 provoke significant changes in the physicochemical and biological characteristics of HA crystal
14 lattice, i.e., crystallinity, morphology, thermal behavior, and biodegradability. Therefore, to allow
15 further optimization of nanoparticles properties, this study achieved the carbonate group substitution
16 in HA crystal lattice as an additional step that can improve the nanoparticles biomimeticity,
17 biodegradation rate, and bioactivity. This is because the natural bone also consists of biological Ca-
18 deficient HA with carbonate substitution^{(25),(29)}. Furthermore, an increase in carbonate substitution is
19 reported to enhance the biodegradation rate of biomaterials⁽⁵⁶⁾. In this study, the vibrations of
20 carbonate groups (CO_3^{2-}) were observed in almost all samples where nHA-2 showed the highest and
21 nHA-F the lowest related intensity. The carbonate peaks displayed as a single peak at 878 (ν_2
22 stretching mode) and doublet peaks at 1411 cm^{-1} (ν_3 symmetric stretching mode) and 1454 cm^{-1} (ν_3
23 asymmetric stretching mode)^{(57),(58)}. Therefore, the corresponding peaks of carbonate group indicated
24 carbonate substitution in the hydroxyl A-site and phosphate B-site of the HA lattice resulted in final
25 powder as Ca-deficient HA with carbonate substitution type AB^{(29),(59),(60)}. (Fig. 3 and Table 5). These
26 carbonate peaks are originated from initial raw CaCO_3 powder, but they can also be from the solution
27 of atmospheric CO_2 in the primary suspension^{(25),(29)}. Another important parameter in control of
28 bioactivity is the Ca/P molar ratio that should be taken into consideration. It has been reported that
29 with increasing Ca/P molar ratios the average grain sizes, porosity %, and pore sizes reduces from
30 microscale (at 0.5 molar ratio) to nanoscale (at 2.5 molar ratio)^{(61),(62)}. Furthermore, lower molar ratios
31 (< 1) are shown to be improper for implantation because of their high biodegradation profile and
32 acidic nature that can induce higher inflammation⁽⁶³⁾. In general, higher Ca/P molar ratios (up to 2.5)
33 have been shown to allow increased osteoblast adhesion on bioceramics⁽⁶¹⁾, while other
34 recommended Ca/P ratio of less than 2 but more than 1 to promote osteoblast viability and
35 differentiation⁽⁶²⁾. Therefore, considering the biomimetic strategies and available literature, this study
36 achieved a relatively high molar ratio of newly synthesized nHA-2 (1.83) within the acceptable range
37 and with a closer similarity to that of biological apatite (1.71) aiming better cellular support and
38 bioactivity (Table 4)^{(17),(32)}.
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56 ***Impacts of particle distribution pattern, size range, and agglomeration size***

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58 It is reported that increasing the particle homogeneity and reducing the particle size and size range
59 with a subsequent decrease in agglomerate size can result in higher biocompatibility and bioactivity of
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3 biomaterials ^{(10),(64)}. For example, homogeneity in particle size, shape or surface topography has been
4 shown to allow a more uniform cellular behavior and tissue deposition pattern ^{(11),(65)}. Furthermore,
5 reducing the particle size has been shown to result in an increase in specific surface area which
6 enhances osteoblast responses to biomaterial and facilitates higher adsorption of growth factors and
7 circulating proteins ⁽¹⁰⁾. Reduction of HA particle size has also been shown to influence the
8 nanoparticle agglomerations that in turn can modify mode and extent of nanoparticle uptake by cells
9 and subsequent cytotoxicity. In fact, reduced HA particle size can result in a lower agglomeration rate
10 and formation of a smaller nanoparticle agglomerate size which is linked to lower cytotoxicity and
11 higher biocompatibility ^{(10),(64)}. Different attempts have been made for modification of particle
12 homogeneity, size range, and agglomeration pattern. For example, it has been shown that an increase
13 in milling time results in a rapid decrease in particle size (<1 μm) with smaller ⁽³⁷⁾ and more uniform
14 particle agglomeration ⁽⁶⁶⁾. Furthermore, the calcination phase has been reported to result in a
15 reduction of particle size and size distribution range ⁽⁶⁷⁾ and the collapse of large particle agglomerates
16 ⁽¹⁰⁾. Therefore, the current study implemented several modifications in the processing variables
17 including; milling parameters (e.g., size/shape of milling ball and milling time), post-synthesis phase
18 (double-sieving), and calcination program (controlled low temperature). As a result, nHA-2 was
19 detected with reduced mean volume particle size, size range, and agglomerate size with a
20 subsequently higher specific surface area (Fig. 4).
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33 In summary, in this study, a novel method is introduced that addressed precise modification of
34 processing variables with subsequent beneficial changes in physicochemical properties of
35 nanoparticles (Table 1 and Fig. 7) as follow;
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- 38 1. The calcium-deficient nature of nHA-2 nanoparticle facilitates the phase change during
39 thermal treatment and allows the generation of $\text{n}\beta\text{-TCP}$ phase. Furthermore, the well-
40 controlled calcination program allows further control of the composition ratio (nHA/ $\beta\text{-TCP}$
41 %) of the final products.
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- 43 2. The carbonate substitution of nanoparticle enhances the biodegradation rate.
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- 45 3. the achieved Ca/P molar ratio was closer to that of natural bone which can improve the
46 biodegradation and the cellular responses.
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- 48 4. The achieved lower particle size and agglomeration rate reduces the cytotoxicity and enhance
49 the biocompatibility,
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- 51 5. The higher specific surface area and homogeneity improves the protein and cellular
52 interactions on the nanoparticle surface,
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- 54 6. The higher crystallinity and lower amorphous phase improves bone bonding ability and
55 stability, and,
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7. The improved thermal behavior increases the resistance to mass loss and probably structural changes during the manufacturing process.

Therefore, the proposed synthesis method in this study can be considered an improved and alternative novel method to produce biomimetic calcium-deficient carbonate-substituted BCP (HA/TCP) bioceramic nanoparticles of a various composition ratio which in turn can control the bioactivity of biomaterials to better fulfill the clinical needs. However, the careful balance between all processing variables in this study was a critical and challenging task during the materials manufacturing process. Therefore, the findings of this study should be interpreted carefully considering the limitations of this study and other confounding factors. **The optimized BCP nanoparticles in this project are being investigated further in our lab for production of composite BCP (collagen/BCP) with customized microtopography for better *in vitro* performances. Further materials processing, biological studies (e.g., *in vivo*), and industrial collaboration are being considered for proof of concept and real application of the products in the clinical fields.**

Conclusion

In this study, we have successfully applied a new synthesis approach for advanced control of physicochemical properties of nanoparticles with closer similarity to biological apatite and a possibly higher potential to maximize bone healing. Manufacturing principles such as economic, ecologic and environmental factors have also been taken into consideration. This has been achieved by careful optimization of production variables through the application of modified wet mechano-chemical method combined with controlled solid state synthesis. The biomimetic calcium-deficient carbonate-substituted biphasic bioceramic (nHA/ β -TCP) nanoparticles were produced with high crystallinity and homogeneity, and lower crystallite/particle size and reduced particle agglomeration size. The calcium-deficient nature, the carbonate substitution, and β -TCP phase would improve biodegradation and release of calcium ions which in turn may contribute to osteoinductivity with earlier and higher bone regeneration. The refined nanoparticles from this proposed method can be applied individually or in combination with other polymer phases as composite scaffolds. This study provides a fundamental knowledge and an insight into the potential of improving the fabrication strategies for optimizing the nanoparticles which can be used for particular bone tissue engineering application based on the clinical requirements.

Ethical declaration: There was no ethical issue to declare

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Figure Legends

Fig. 1. The main XRD diffraction peaks of nHA-1 and related Miller indices (hkl).

Fig. 2. XRD patterns of the synthesized nanoparticle powders. Note the differences in crystallinity between nHA-F (with broader peaks of lower intensities) and nHA-1, nHA-2, and α -TCP (with narrower peaks of higher intensities). Stars indicate peaks attributed to β -TCP phase.

Fig. 3. FTIR absorption patterns of nanoparticles.

Fig. 4. PSA showing distribution pattern of nanoparticles in volume percentage (%). nHA-2 displays monomodal peak with reduced volume particle size compared to other samples.

Fig. 5. SEM views of nanoparticles' morphology, distribution, and agglomeration pattern.

Fig. 6. TGA of different nanoparticles during thermal exposure. nHA-2 displayed the most stable behavior with the minimum mass loss, while nHA-F showed the maximum mass loss.

Fig. 7. The synthetic method in this study and the modified processing parameters with corresponding changes in the nanoparticles.

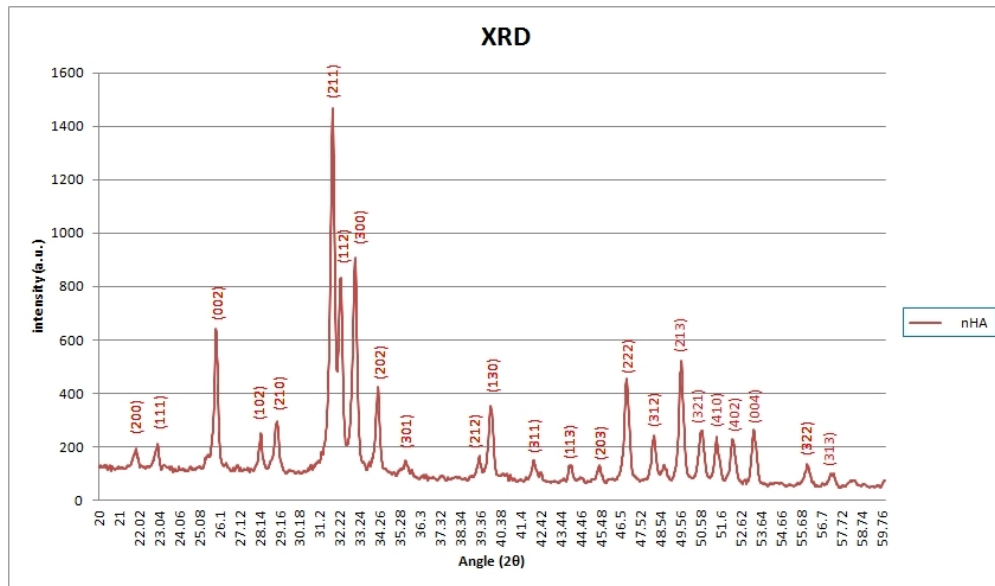


Fig. 1. The main XRD diffraction peaks of nHA-1 and related Miller indices (hkl).

297x174mm (72 x 72 DPI)

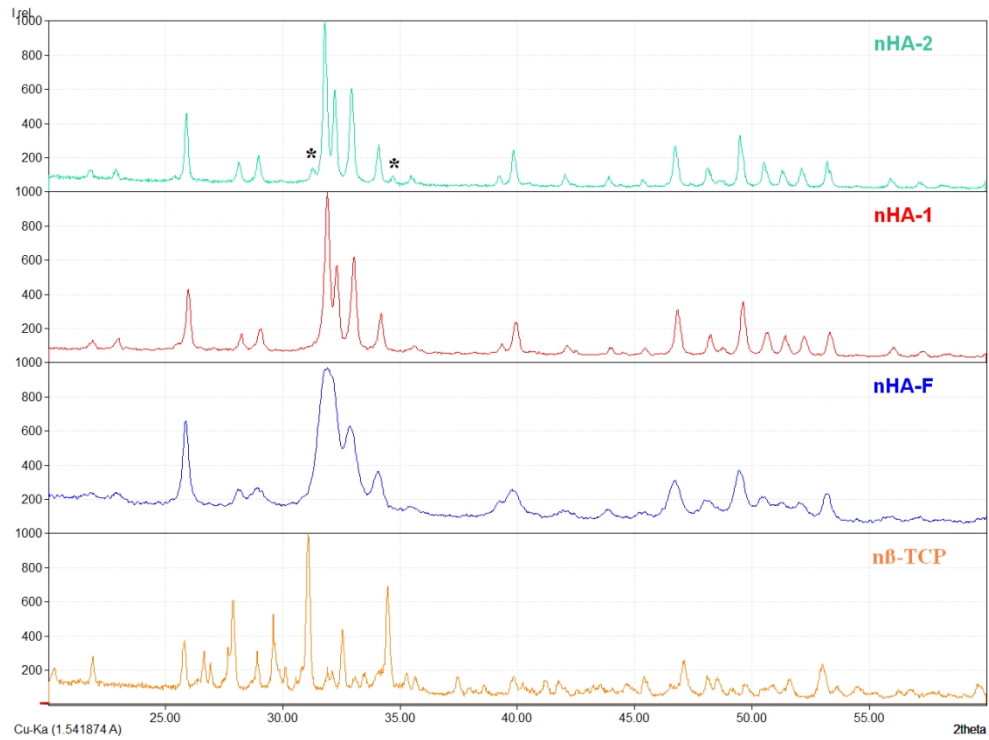


Fig. 2. XRD patterns of the synthesized nanoparticle powders.

229x167mm (144 x 144 DPI)

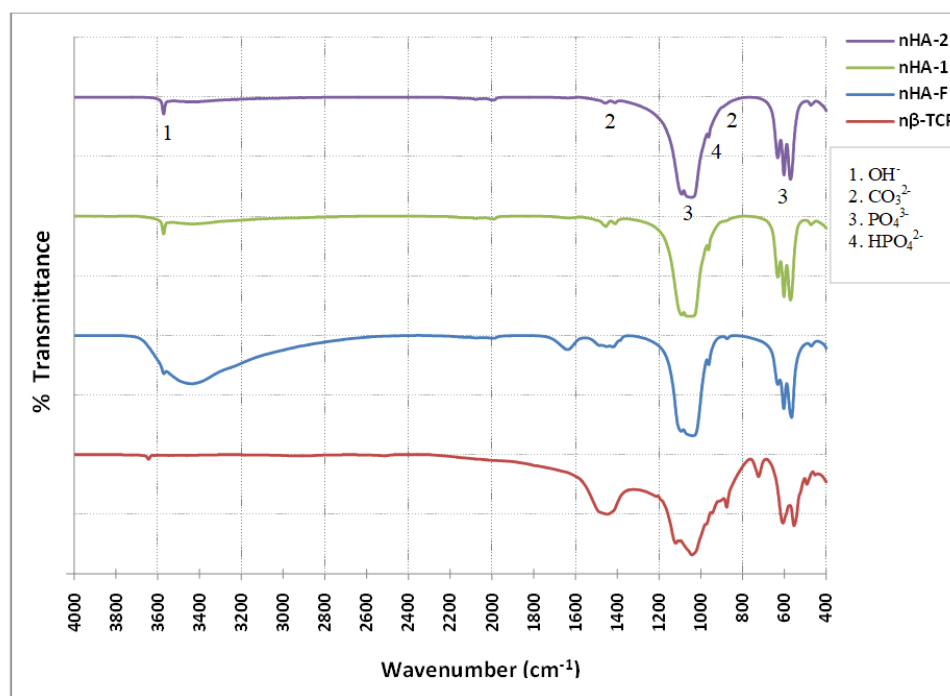


Fig. 3. FTIR absorption patterns of nanoparticles

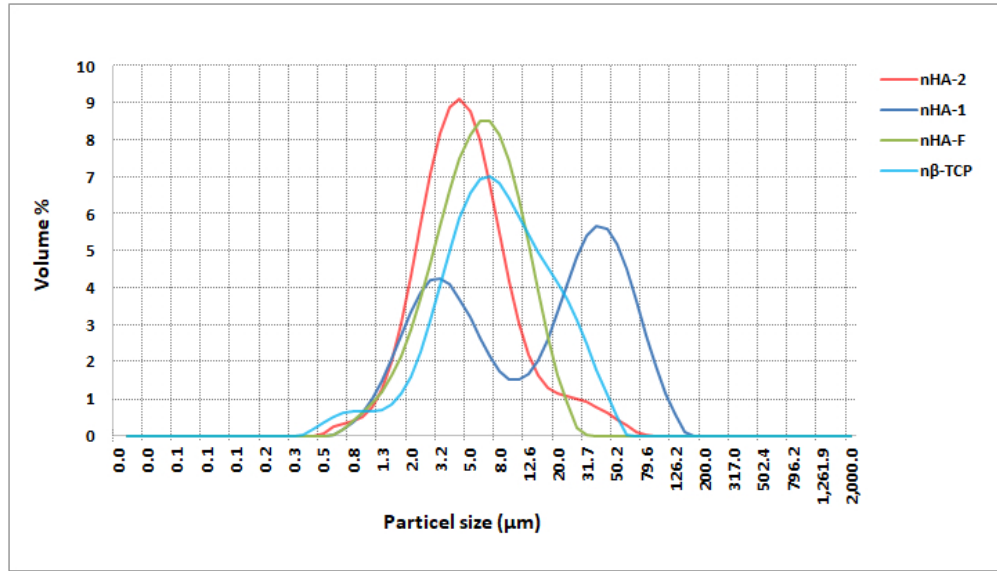


Fig 4. PSA showing distribution pattern of nanoparticles in volume percentage (%).

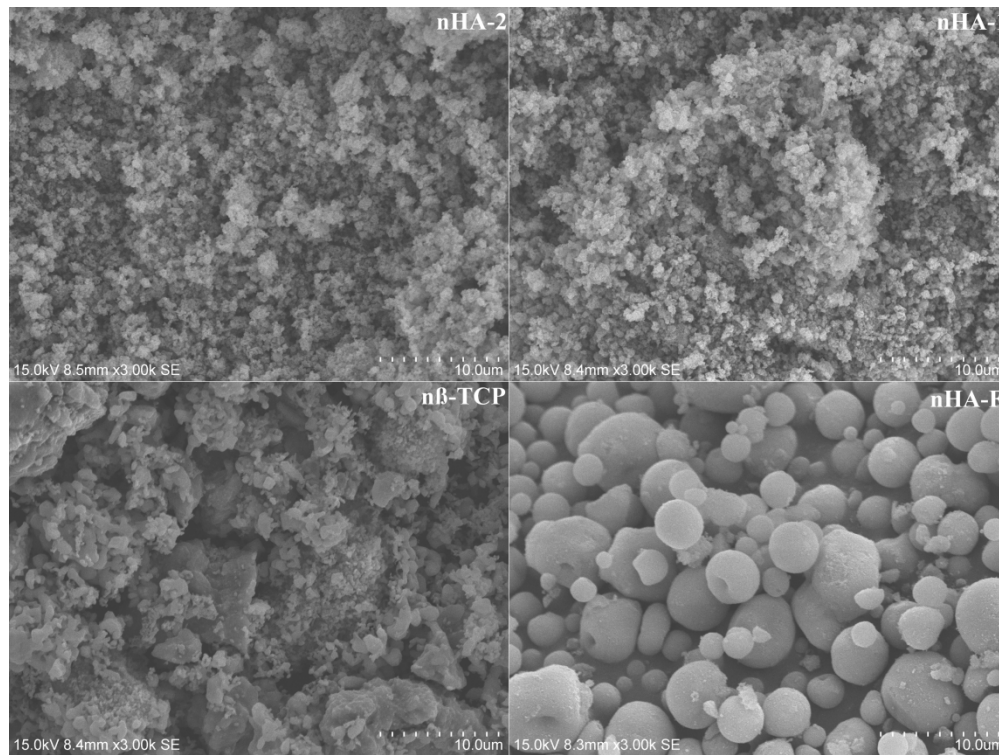


Fig. 5. SEM views of nanoparticles' morphology, distribution, and agglomeration pattern.

254x190mm (300 x 300 DPI)

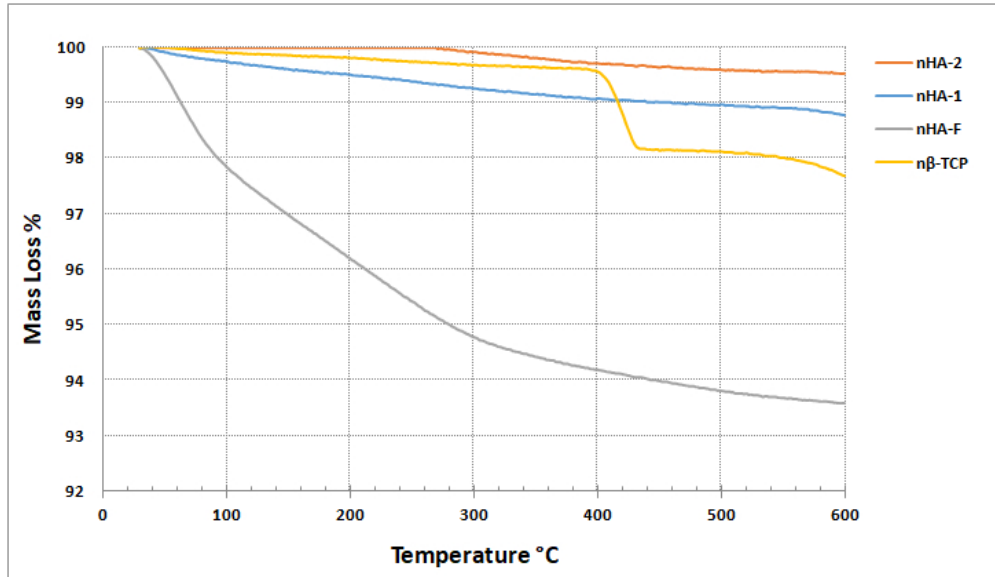


Fig. 6. TGA of different nanoparticles during thermal exposure.

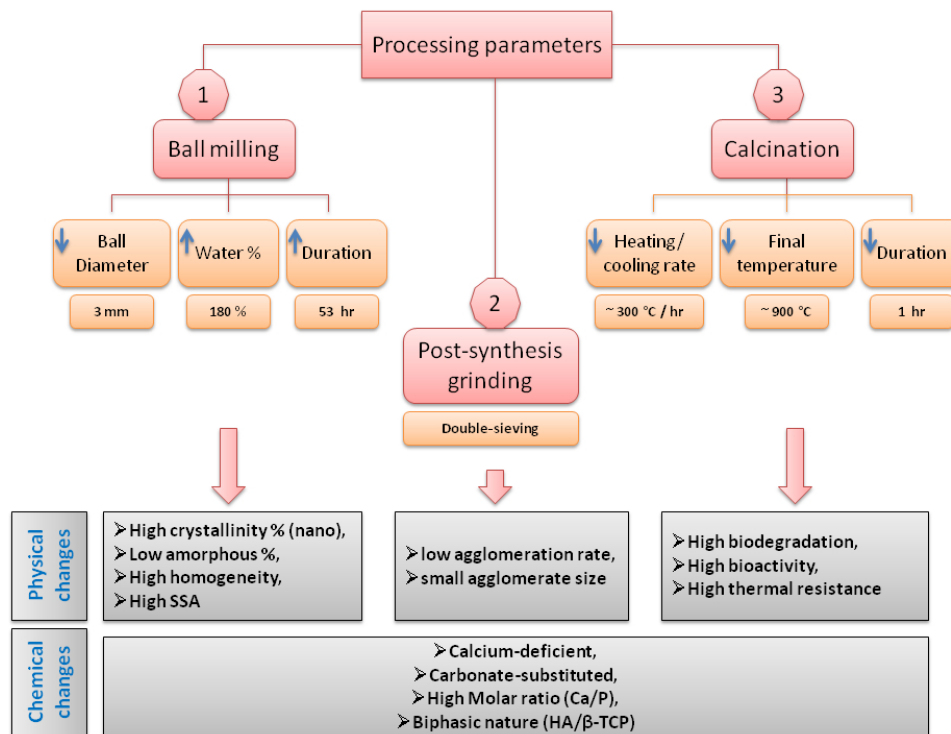


Fig. 7. The synthetic method in this study and the modified processing parameters...

254x190mm (96 x 96 DPI)

Table 1. Processing variables during synthesis of nanoparticles.

Sample	Weight* %	Milling balls diameter (mm)	Milling time (hours)	Sieve (μm)
nHA-2	180 (H ₂ O)	Mostly 3 mm	53	106 and 25
nHA-1	130 (H ₂ O)	Mixture of 1-10 mm	48	106
n β -TCP	200 (C ₂ H ₆ O)	Mostly 3 mm	29	106 and 25

* Compared to 100% (wt.) of raw powders.

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Table 2. The study of chemical composition, amorphous content, crystal size, and the main chemical formula of the synthesized nanoparticles (Analysis is based on the study of XRD pattern compared to the available standard references using "TOPAS" software, version 4.2 and Match software, version 3.3.0).

Sample ICCD #	Ca ₅ (PO ₄) ₃ OH 09-0432 %	Ca ₃ (PO ₄) ₂ 09-0169 %	Ca ₁₈ Mg ₂ H ₂ (PO ₄) ₁₄ 70-2064 %	Ca ₂ P ₂ O ₇ 81-2257 %	Ca(OH) ₂ 04-0733 %	Amorphous - %	Crystal size nm	Suggested main formula
nHA-2	92.0	8.0	0	-	-	0	58	Ca _{9.6} P _{5.712} O ₂₆ H ₂
nHA-1	85.2	0	10.1	-	-	4.7	99	Ca _{10.0} P _{5.94} O _{27.15} H _{3.39}
nHA-F	77.6	0	0	-	-	22.4	12	Ca _{9.6} P _{5.78} O ₂₆ H ₂
nβ-TCP	-	53.2	-	28.0	4.3	14.5	59	Ca _{10.1} P ₇ O ₂₈

Table 3. The main FTIR vibration bands and corresponding functional groups of nanoparticles.

Sample	OH ⁻		PO ₄ ³⁻						HPO ₄ ²⁻ & CO ₃ ²⁻ (V2)	CO ₃ ²⁻ (V3)	
			V3	V3	V1	V4	V4	V2			
cm ⁻¹	3572	632	1091- 1102	1042- 1047	962- 974	600- 607	553- 570	473- 493	875- 878	1411- 1422	1447- 1454
nHA-2	3572	632	1091	1047	963	602	571	473	878	1411	1456
nHA-1	3572	632	1091	1047	963	602	571	473	878	1411	1455
nHA-F	3570	632	1093	1043	962	603	566	473	875	1422	1452
nβ-TCP	-	-	1102	1043	974	607	554	492	876	-	1447

Table 4. Elemental chemical analysis (EDS) of nanoparticles showing the atomic percentage of the major elements and other trace elements.

Elements	n β -TCP	nHA-F	nHA-1	nHA-2
Ca	31.687	30.911	30.254	30.033
P	14.501	16.102	14.814	16.343
O	38.411	39.456	38.056	38.408
C	6.25	5.729	7.751	6.984
Zr	1.387	1.356	1.331	1.088
Al	1.17	0.983	0.958	1.143
Si	1.238	0.968	0.99	1.176
Zn	1.092	0.918	1.651	1.049
Mg	1.474	0.889	1.386	1.321
Cr	0.597	0.869	0.78	0.698
Na	0.919	0.764	0.631	0.772
Fe	0.775	0.571	0.908	0.536
Ag	0.5	0.484	0.49	0.449
Ca/P ratio	2.18	1.91	2.04	1.83

Table 5. Laser diffraction study of nanoparticles showing their volume size distribution pattern.

Sample	D (4,3) (μm)	D (0.5) (μm)	D (0.9) (μm)	SSA* (m^2/g)	1 st peak range (μm)	1 st peak volume %	2 nd peak range (μm)	2 nd peak volume %
nHA-2	6.3	4.1	12.1	1.78	0.5-68	99.9%	-	-
nHA-1	23.7	15.9	58.6	1.19	0.6-9.3	43%	9.3-126	57%
nHA-F	6.4	5.3	12.3	1.52	0.6-27	99.9%	-	-
n β -TCP	9.9	6.9	22.3	1.37	0.37-50	99.9%	-	-

* SSA is measured as particle total area/total weight.

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