

1 **Monitoring the fitness of antiviral-resistant influenza strains during an epidemic: A**
2 **mathematical modeling study**

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21 **Summary**

22

23 **Background**

24 Antivirals (e.g. oseltamivir) are important for mitigating influenza epidemics. In 2007, an
25 oseltamivir-resistant seasonal A(H1N1) strain emerged and spread to global fixation within one
26 year. This showed that antiviral-resistant (AVR) strains can be intrinsically more transmissible than
27 their contemporaneous antiviral-sensitive (AVS) counterpart. Surveillance of AVR fitness is
28 therefore essential.

29

30 **Methods**

31 We define the fitness of AVR strains as their reproductive number relative to their co-circulating
32 AVS counterparts. We develop a simple method for real-time estimation of AVR fitness from
33 surveillance data. This method requires only information on generation time without other specific
34 details regarding transmission dynamics. We first use simulations to validate this method by
35 showing that it yields unbiased and robust fitness estimates in most epidemic scenarios. We then
36 apply this method to two retrospective case studies and one hypothetical case study.

37

38 **Findings**

39 We estimate that (i) the oseltamivir-resistant A(H1N1) strain that emerged in 2007 was 4% (3-5%)
40 more transmissible than its oseltamivir-sensitive predecessor and (ii) the oseltamivir-resistant
41 pandemic A(H1N1) strain that emerged and circulated in Japan during 2013-2014 was 24% (17-
42 30%) less transmissible than its oseltamivir-sensitive counterpart. We show that in the event of
43 large-scale antiviral interventions during a pandemic with co-circulation of AVS and AVR strains,
44 our method can be used to inform optimal use of antivirals by monitoring intrinsic AVR fitness and
45 drug pressure on the AVS strain.

46

47 **Conclusions**

48 We have developed a simple method that can be easily integrated into contemporary influenza
49 surveillance systems to provide reliable estimates of AVR fitness in real time.

50

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57 Influenza antiviral drugs are important for mitigating influenza epidemics. The neuraminidase (NA)
58 inhibitor oseltamivir is the most commonly used influenza antivirals (1) and has been extensively
59 stockpiled by many countries for pandemic preparedness (2). The effectiveness of antivirals is
60 threatened by emergence and spread of antiviral resistance (AVR) viruses. For oseltamivir, the
61 most commonly detected resistance mutation in A(H1N1) viruses is the NA H275Y substitution.
62 Before 2007, emergence of oseltamivir-resistant influenza viruses were sporadically reported, and
63 the fitness of detected resistant viruses had always been substantially compromised (3). As such,
64 there was a consensus that AVR influenza viruses would always be outcompeted by their antiviral-
65 sensitive (AVS) counterparts, and hence posed only minimal threat to public health.

66
67 Such conventional wisdom was refuted by events in 2007-2008 – a new oseltamivir-resistant
68 A(H1N1) virus emerged and displaced its contemporaneous oseltamivir-sensitive counterpart to
69 become the dominant A(H1N1) strain globally within only 12 months (4). The emergence and rapid
70 fixation of this oseltamivir-resistant virus was not driven by widespread use of oseltamivir (4, 5).
71 This event thus proved that AVR viruses are not necessarily less transmissible than their AVS
72 counterparts. Furthermore, in the context of large-scale antiviral intervention during a pandemic,
73 AVR fitness may be enhanced by the drug pressure on the AVS strain such that an intrinsically less
74 transmissible AVR strain may become more fit than the AVS strain. Timely and accurate assessment
75 of AVR fitness is therefore essential for informing situational awareness and optimal use of
76 antivirals during both inter-pandemic and pandemic periods (6).

77
78 The spread of AVR influenza viruses can increase morbidity and mortality. For example, case-
79 fatality risk may increase because antivirals would be ineffective for treating AVR cases.
80 Furthermore, if AVR viruses spread during the early stage of a pandemic, populations at the
81 downstream of global spread will be subject to substantial importation and hence higher incidence
82 of AVR cases (7). In view of such risks, national and supranational agencies, especially the WHO's
83 Global Influenza Surveillance and Response System (GISRS), have emphasized the need for timely
84 and accurate assessment of AVR fitness (8). However, few advances have been made in data
85 analytics and performance evaluation for AVR surveillance systems. Our objective is to help fill this
86 knowledge gap by developing a simple method for estimating AVR fitness from surveillance data.

87 88 **Methods**

89 **The model**

90 We assume that there is only one transmissible AVR strain over the course of a single epidemic
91 wave constituted by the A subtype or B lineage to which the AVR strain and its antiviral-sensitive
92 counterpart (the AVS strain) belong. We define the intrinsic AVR fitness as the ratio of the basic
93 reproductive number of the AVR strain to that of the AVS strain ($\sigma_0 = R_0^R / R_0^S$). Similarly, we define
94 AVR fitness as the ratio of their reproductive numbers ($\sigma = R^R / R^S$) which encapsulates the
95 combined effect of intrinsic fitness and any reduction in AVS transmissibility due to antiviral
96 interventions.

97

98 We formulate our model under the following base case assumptions:

- 99 1. The AVS and AVR strains co-circulate during the epidemic.
- 100 2. Without antiviral treatment, AVS and AVR infections have the same severity such that all
101 infections are equally likely to be selected for AVR testing.
- 102 3. Recovery from infection with either strain provides complete cross-protection against both
103 strains during the epidemic.
- 104 4. The effect of viral interference (if any) caused by all other circulating influenza viruses (i.e.
105 those from other subtypes and lineages) and pathogens are the same for both strains.
- 106 5. AVR fitness does not depend on age.
- 107 6. Age-specific susceptibility to the AVR virus is the same as that to the AVS virus.

108 Assumptions 5 and 6 are relatively less likely to hold, e.g. high-risk groups may be more likely to
109 receive antiviral prophylaxis, susceptibility to the AVR virus may be different from that to the AVS
110 virus (9). In the Appendix (see Appendix page 5), we extend our method to allow relaxation of these
111 two assumptions.

112

113 Under the base case assumptions, the next generation matrix of AVR infections is simply σ times
114 that of AVS infections. This remains true in the presence of seasonal forcing and interventions such
115 as vaccination and school closure because transmission of the AVS and AVR strain are identically
116 affected by these factors (see Appendix page 2). As the epidemic unfolds, the proportion of
117 infections that are AVR, denoted by $\rho(t)$, will increase towards 1 if $\sigma > 1$, remain at the same level
118 if $\sigma = 1$, and decline towards 0 if $\sigma < 1$. The key step of our method is to approximate $\rho(t)$ using
119 the equation

120
$$\rho(t) = \frac{\int_0^t \sigma g^R(t-a)\rho(a)i(a)da}{\int_0^t \sigma g^R(t-a)\rho(a)i(a)da + \int_0^t g^S(t-a)(1-\rho(a))i(a)da} \quad (1)$$

121 where $i(t)$ is the total incidence rate of AVR and AVS infections, g^R and g^S are the generation
 122 time distributions for AVR and AVS infections, respectively. To verify the accuracy of this
 123 approximation, we randomly generate 100 epidemic scenarios driven by the UK contact matrix
 124 (10) with four age groups (0-5, 6-18, 18-65, and >65) using Latin-hypercube sampling from the
 125 following parameter space which covers a wide range of plausible epidemics:

- 126 • Initial susceptible proportion of each age group between 0.3 and 1;
- 127 • Initial reproductive number of the AVS strain ($R^S(0)$) between 1.2 and 3;
- 128 • Mean generation time (T_g) between 2 and 4 days;
- 129 • Intrinsic AVR fitness (σ_0) between 0.8 and 1.2;
- 130 • The proportion of seeding infections that are AVR between 0.1 and 0.9;

131 **Figure A1** (see Appendix page 8) shows that the approximation in equation (1) is very accurate. As
 132 such, given $i(t)$ or a proxy of it (see below) and the generation time distribution for both strains,
 133 equation (1) allows us to accurately describe $\rho(t)$ without knowing other epidemiologic details
 134 such as basic reproductive number, contact matrix, symptomatic proportion, seasonality, etc.

135

136 **Inference of AVR fitness**

137 Our method requires the following two streams of data (for the subtype or lineage under
 138 investigation):

- 139 1. The incidence rate $i(t)$ or its proxy, e.g. based on the daily number of laboratory confirmed
 140 infections in the Hong Kong E-Flu system (11), Flu Near You (12), or other proxies used for
 141 calculating influenza excess mortality (13). We denote this data stream by $\tilde{i}(t)$. These data
 142 are typically confounded with temporal fluctuation in reporting rate and laboratory testing
 143 capacity. Our method, however, is robust against such fluctuation (see Results).
- 144 2. Data from AVR surveillance where Z_d^R and Z_d^S are the number of influenza positive isolates
 145 tested on day d that are found to be positive and negative for AVR, respectively. The
 146 subjects selected for AVR testing should (i) have not been treated with antivirals for their
 147 infection and (ii) have no recent travel history to avoid misclassifying imported cases as
 148 local cases.

149 We substitute $i(t)$ with its proxy $\tilde{i}(t)$ in equation (1) and denote the resulting approximation by
150 $\tilde{\rho}(t)$. The approximate likelihood is

$$151 \prod_d \binom{Z_d^S + Z_d^R}{Z_d^R} p_d^{Z_d^R} (1 - p_d)^{Z_d^S}$$

152 where $p_d = p_{sens} \int_d^{d+1} \tilde{\rho}(t) dt + (1 - p_{spec}) \left(1 - \int_d^{d+1} \tilde{\rho}(t) dt \right)$, p_{sens} and p_{spec} are the sensitivity and
153 specificity of AVR testing. With this likelihood and uniform priors, we estimate AVR fitness σ using
154 Markov Chain Monte Carlo methods (see Appendix page 3).

155

156 **Validation of the AVR fitness inference method**

157 To validate our method, we simulate 100 stochastic realizations of the data streams for each of the
158 100 epidemic scenarios generated earlier assuming that (i) daily reporting proportions are uniform
159 random variables ranging between 0.5% and 2%; and (ii) daily AVR testing capacity is 2, 5, 10, 20
160 or 80 isolates. AVR fitness is then inferred at the end of each epidemic.

161

162 **Case Studies**

163 After validating our method, we apply it to three case studies:

- 164 1. *A retrospective study of the oseltamivir-resistant influenza A(H1N1) virus in 2007 – 2008.* To
165 estimate the (intrinsic) fitness of this oseltamivir-resistant strain in comparison to its
166 oseltamivir-sensitive predecessor, we retrieve the data on influenza virus activity and AVR
167 surveillance for 10 countries/regions from published literature and public online data
168 **(Tables A1-A3 on page 13-17 of Appendix, Figure 3)**. We assume that AVS and AVR
169 infections had the same generation time distribution because there is no published evidence
170 that indicates the contrary. Based on published serial interval estimates, we assume that the
171 generation time distribution was lognormal with mean 2.8 days and coefficient of variation
172 0.54 (14). We first obtain a pooled estimate of AVR fitness by assuming that AVR fitness was
173 the same in all populations. We then estimate AVR fitness in each population separately and
174 compare them.
- 175 2. *A retrospective study of the oseltamivir-resistant influenza A(H1N1)pdm09 virus in Japan*
176 *during 2013-2014.* Although 98% of the tested A(H1N1)pdm09 virus isolates were sensitive
177 to oseltamivir by 2014 (8), large clusters of oseltamivir-resistant variants were detected in

178 Newcastle, Australia in 2011 (15) and Hokkaido, Japan in 2013-2014 (16). In the Japan
179 cluster, the oseltamivir-resistant virus was causing community outbreaks until it was
180 displaced by its oseltamivir-sensitive counterpart (**Figure 2**). We apply our method to
181 estimate the fitness of this oseltamivir-resistant strain using published data (16) and the
182 generation time distribution in case study 1.

183 3. *A hypothetical study of AVR fitness and drug pressure under large-scale antiviral interventions*
184 *during a pandemic.* Oseltamivir resistance is not uncommon among influenza viruses with
185 pandemic potential, e.g. avian influenza A(H5N1) (17) and A(H7N9) viruses (18). We
186 consider a hypothetical but realistic situation in which large-scale antiviral interventions,
187 comprising both prophylaxis and treatment, are implemented during a pandemic that
188 comprises co-circulation of AVS and AVR viruses (7, 19-21). The epidemic parameters are
189 the same as that in **Figure 2** with all individuals susceptible at time 0. We consider
190 situations in which (i) the AVR strain is intrinsically less transmissible than the AVS strain
191 with $\sigma_0 = 0.95$; and (ii) large-scale antiviral interventions reduce the AVS reproductive
192 number by a proportion μ such that drug pressure renders the AVS strain less transmissible
193 than the AVR strain, i.e. $\sigma = \sigma_0 / (1 - \mu) > 1$. We consider 10%, 15% and 20% coverage of
194 antiviral prophylaxis that reduces susceptibility to the AVS virus by 81% (22); this
195 corresponds to $\mu = 0.08, 0.12$ and 0.16 , respectively. We assume that σ_0 , σ and μ are
196 unknown a priori and demonstrate how our method can be used to estimate them in real-
197 time to inform optimal use of antivirals. Specifically, if AVR fitness is consistently estimated
198 to exceed 1 with high probability (say, above 0.9 for one week), then there is compelling
199 evidence that an increasing proportion of severe cases would be AVR and hence not
200 treatable with the antiviral. We assume that in response to this alert, antiviral use would be
201 suspended except for treating high-risk and severe cases as policymakers deliberate (i) how
202 to strategically adjust antiviral use to strike a balance between reducing transmission of
203 AVS infections and increasing the number of severe AVR infections , and (ii) whether
204 alternative treatment options such as convalescent plasma and antivirals with different
205 resistance mechanisms should be considered (7, 20, 21, 23). The objective of this case study
206 is to demonstrate how estimates of σ_0 and μ can be used to build an evidence base for this
207 decision-making process.

208

209 **Role of the funding sources**

210 The sponsors of the study had no role in study design, data collection, data analysis, data
211 interpretation, or writing of the report. The corresponding author had full access to all the data in
212 the study and had final responsibility for the decision to submit for publication.

213

214 **Results**

215 **Validating the method for estimating AVR fitness**

216 **Figure 1** summarizes the accuracy and precision of AVR fitness estimates across a wide range of
217 plausible epidemic scenarios when AVR testing sensitivity and specificity are both 100% (a
218 reasonable assumption for genotypic testing). The reliability of fitness estimates depends on
219 epidemic characteristics mainly via the time span, expressed in terms of number of generation
220 intervals, during which the AVS and AVR strains are both circulating in significant proportions.
221 Fitness estimates are largely unbiased unless this time span is below 10 generation intervals
222 (around 30 days) and AVR testing capacity is low (<5 samples per day). Increasing the daily testing
223 capacity beyond 20 samples provides little improvement in the fitness estimates. The accuracy and
224 precision of fitness estimates deteriorate significantly when testing sensitivity and specificity are
225 both reduced to 90% which has a similar effect as halving the testing capacity (**Figure A2 on page**
226 **9 of Appendix**).

227

228 **Timeliness of AVR fitness estimates**

229 **Figure 2** illustrates the timeliness of reliable AVR fitness estimates for one stochastic realization of
230 an exemplary epidemic scenario. The AVS and AVR reproductive numbers differ by 5% which is
231 sufficiently high to result in fixation within a single epidemic wave. The daily AVR testing capacity is
232 10 samples, a modest level for well-resourced populations like Hong Kong. Our method correctly
233 predicts which virus would become dominant with posterior probability consistently above 0.9 as
234 early as three weeks before the epidemic peak. However, stochasticity has a strong impact on the
235 timeliness of reliable fitness estimates. **Figures A3** (see Appendix page 10) shows two alternative
236 realizations of the same epidemic scenarios in which reliable fitness estimates are available a
237 couple of weeks sooner or later than in **Figure 2**.

238

239 **Case study 1: Oseltamivir-resistant influenza A(H1N1) virus, 2007 – 2008**

240 The pooled (intrinsic) AVR fitness estimate is 1.04 (95% credible interval 1.03-1.05), i.e. the
241 oseltamivir-resistant strain was 4% (3%-5%) more transmissible than its contemporaneous
242 oseltamivir-sensitive counterpart (**Figure 3**). The fitness estimate increases (decreases) by 0.01

243 when we increase (decrease) T_g by one day. If the data were available in real-time, reliable fitness
244 estimates would have been available by late February 2008, which was 15 weeks after the
245 oseltamivir-resistant virus was first identified in Norway and months before it became dominant in
246 populations outside Europe (24). If we estimate AVR fitness in each population separately, the
247 results suggest that the oseltamivir-resistant strain was more transmissible than the oseltamivir-
248 sensitive strain only in Canada, Luxembourg, the UK, Germany and France, but not in the other five
249 populations (**Figure 3**). In particular, there is no strong evidence that the oseltamivir-resistant
250 strain was more transmissible than its oseltamivir-sensitive counterpart in Japan (25). The intrinsic
251 AVR fitness estimates remain unchanged when the effect of drug pressure in Japan is explicitly
252 modelled (see Appendix page 4).

253

254 **Case study 2: Oseltamivir-resistant influenza A(H1N1)pdm09 virus in Japan, 2013-2014**

255 We estimate that this oseltamivir-resistant A(H1N1)pdm09 virus was 24% (17%-30%) less
256 transmissible than the oseltamivir-sensitive strain that displaced it (**Figure 4**). Such differential
257 transmissibility was not detected by *in vitro* competitive growth and *in vivo* ferret transmission
258 experiments (16). In retrospect, our method could have correctly predicted that the AVR virus was
259 less transmissible than its AVS counterpart (with posterior probability > 0.95) after both viruses
260 had co-circulated for two weeks, which corresponds to four weeks before the AVR virus was
261 displaced.

262

263 **Case study 3: Estimating AVR fitness and drug pressure on the AVS strain under large-scale 264 antiviral interventions during a pandemic**

265 **Figure 5** shows that reliable estimates of σ_0 and μ are typically available within one to two weeks
266 after antiviral interventions are suspended. These estimates can be used to inform the optimal use
267 of antivirals. For example, if policymakers resume large-scale antiviral prophylaxis with coverage
268 equal to γ times the baseline level, then the resulting AVR fitness would be $\sigma_0/(1-\gamma\mu)$ which can
269 be used to assess the downstream effect of increased AVR incidence, e.g. increase in case-fatality
270 risk due to more cases not treatable with antivirals.

271

272 **Discussion**

273 We have developed a simple method for estimating AVR fitness from influenza AVR surveillance
274 data. Characterization of the nonlinear epidemic dynamics underlying surveillance data typically

275 requires inference of multiple parameters in transmission models (e.g. basic reproductive number,
276 reporting rate, etc.) (26). Our method bypasses such complexity and is therefore easy to implement.

277

278 Conventionally, AVR fitness is assessed based on *in vitro* experiments examining kinetics of
279 neuraminidases and virus replications in cell cultures, or *in vivo* experiments examining viral load
280 and virus transmission in animal models (27). As illustrated in our second case study, fitness
281 estimates from such laboratory settings do not necessarily conform with that observed in actual
282 community transmission settings (16). Moreover, as the 2007 experience showed, experiments
283 performed using different genetic background may give different results (28). Nonetheless, these
284 experiments are indispensable for early detection of transmissible AVR viruses. Our method
285 complements these experiments by providing population-level fitness estimates when both AVS
286 and AVR viruses co-circulate.

287

288 Timeliness of AVR surveillance depends on the capacity and turnaround time of AVR testing.
289 Current influenza AVR surveillance mainly relies on the WHO Collaborating Centers (WHO CCs) in
290 GISRS with antiviral susceptibility testing capacity available mainly in five WHO CCs, namely
291 Atlanta, Beijing, London, Melbourne and Tokyo (8). National influenza centers collect clinical
292 specimens and send representative virus isolates to one of the WHO CCs for more advanced
293 analyses. However, patient-specific clinical and epidemiological data for these isolates, such as
294 gender, age, geographic location, healthcare setting, antiviral treatment history and vaccination
295 status, are often incomplete or missing, especially when these samples are not collected by the
296 sentinel surveillance systems. Routine collection of these data (e.g. antiviral treatment history) can
297 enhance the performance of AVR surveillance.

298

299 The turnaround time of AVR testing depends on our knowledge regarding the genetic mechanisms
300 that confer AVR. If the genetic markers associated with AVR are known a priori (e.g. the NA H275Y
301 mutation (27)), the turnaround time for genotypic tests are usually 1-2 days. In contrast,
302 phenotypic tests for antiviral susceptibility (e.g. neuraminidase inhibition assay (8)) are necessary
303 for monitoring emergence of AVR strains with previously unknown AVR mechanisms (27).
304 Phenotypic tests are much more labor intensive than genotypic tests with a turnaround time of 1-2
305 weeks. Following the discovery of a new strain with unknown AVR mechanism, further
306 investigations would be needed to characterize the associated genetic markers. As such, real-time
307 surveillance for novel AVR strains will likely incur a lead time of at least several weeks.

308

309 In our first case study, we estimate that the oseltamivir-resistant influenza A(H1N1) virus that
310 emerged and became globally dominant in 2007-2008 was 4% more transmissible than its
311 oseltamivir-sensitive predecessor. This is consistent with the findings in Chao et al (29) in which
312 the fitness advantage of the oseltamivir-resistant strain was estimated to be 1.7% to 2.4% based on
313 the rate at which it spread around the globe. Both studies indicate that an AVR strain with a fitness
314 advantage of as little as 2% to 4% would spread to fixation both locally and globally within months.
315 If large-scale antiviral intervention is implemented during a pandemic, the resulting drug pressure
316 on the AVS strain might confer such magnitude of fitness advantage to an intrinsically less
317 transmissible AVR strain. In such context, timely and robust surveillance of AVR fitness is essential
318 for informing optimal use of antivirals. For example, given that antiviral therapy will likely be the
319 first-line treatment for severe cases during a pandemic, an increase in AVR/AVS incidence ratio and
320 growing ineffectiveness of antivirals in treating AVR cases might increase the overall pandemic
321 mortality. Estimates of intrinsic AVR fitness and drug pressure on the AVS strain provided by our
322 method would thus be useful for assessing the risk of such outcome, though a comprehensive
323 evaluation of optimal antiviral use would require knowledge of additional parameters (e.g.
324 reproductive number, antiviral efficacy in reducing mortality, etc.) (30).

325

326 In our method, AVR fitness corresponds to the combined effect of intrinsic AVR fitness and the drug
327 pressure posed on the AVS strain by population-wide antiviral interventions. AVR fitness will vary
328 across populations if the drug pressure in each localities are different. Therefore, comparison of
329 AVR fitness estimates from different populations should account for heterogeneities in drug
330 pressure. We have demonstrated how to do this in our case study 1 in which we jointly estimate
331 intrinsic AVR fitness and drug pressure in Japan using data from 10 populations (see Appendix page
332 4).

333

334 Our study has several important limitations. First, our method is applicable only when AVS and AVR
335 strains co-circulate and hence cannot be used to estimate the fitness of a newly emerged AVR strain
336 that has not yet spread in the community. Second, our method requires accurate specification of the
337 generation time distribution. If data on exposure or onset times of infector-infectee pairs are
338 available, our method can be extended to jointly infer the generation time distribution (see
339 Appendix page 4). The resulting fitness estimate remains largely unbiased, but its precision would
340 be lower due to uncertainty in the generation time distribution. Third, our method has not

341 accounted for importation of AVS and AVR viruses. In the presence of such importation, our method
342 would still be valid if (i) cases with recent travel history are excluded from AVR surveillance and (ii)
343 the number of imported cases is small compared to incidence from local transmission (which is
344 generally the case after the local epidemic has undergone exponential growth for 1-2 weeks).

345
346 Timely and accurate estimates of AVR fitness is important during both inter-pandemic and
347 pandemic periods because the spread of AVR viruses can substantially attenuate the effectiveness
348 of antivirals. Robust real-time interpretation of AVR surveillance data for estimating AVR fitness is
349 thus an essential but currently missing function of AVR surveillance. Our method has the potential
350 to fill this knowledge gap and can be easily integrated into contemporary surveillance systems.

351

352 **Contributors**

353 J.T.W., M.L. and K.L. designed the experiments; K.L. and J.T.W. performed the data collection and
354 analysis; K.L., M.L., K.Y.Y. and J.T.W. interpreted the results and wrote the manuscript.

355

356 **Conflicts of interest**

357 We declare that we have no conflicts of interest.

358

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364 A(H1N1)pdm09 oseltamivir resistance data of in Hokkaido, Japan during the winter flu season in
365 2013 – 2014 in personal communications. We also thank Dr. Hui-Ling Yen from The University of
366 Hong Kong for valuable discussions on oseltamivir resistance in influenza in personal
367 communications.

368

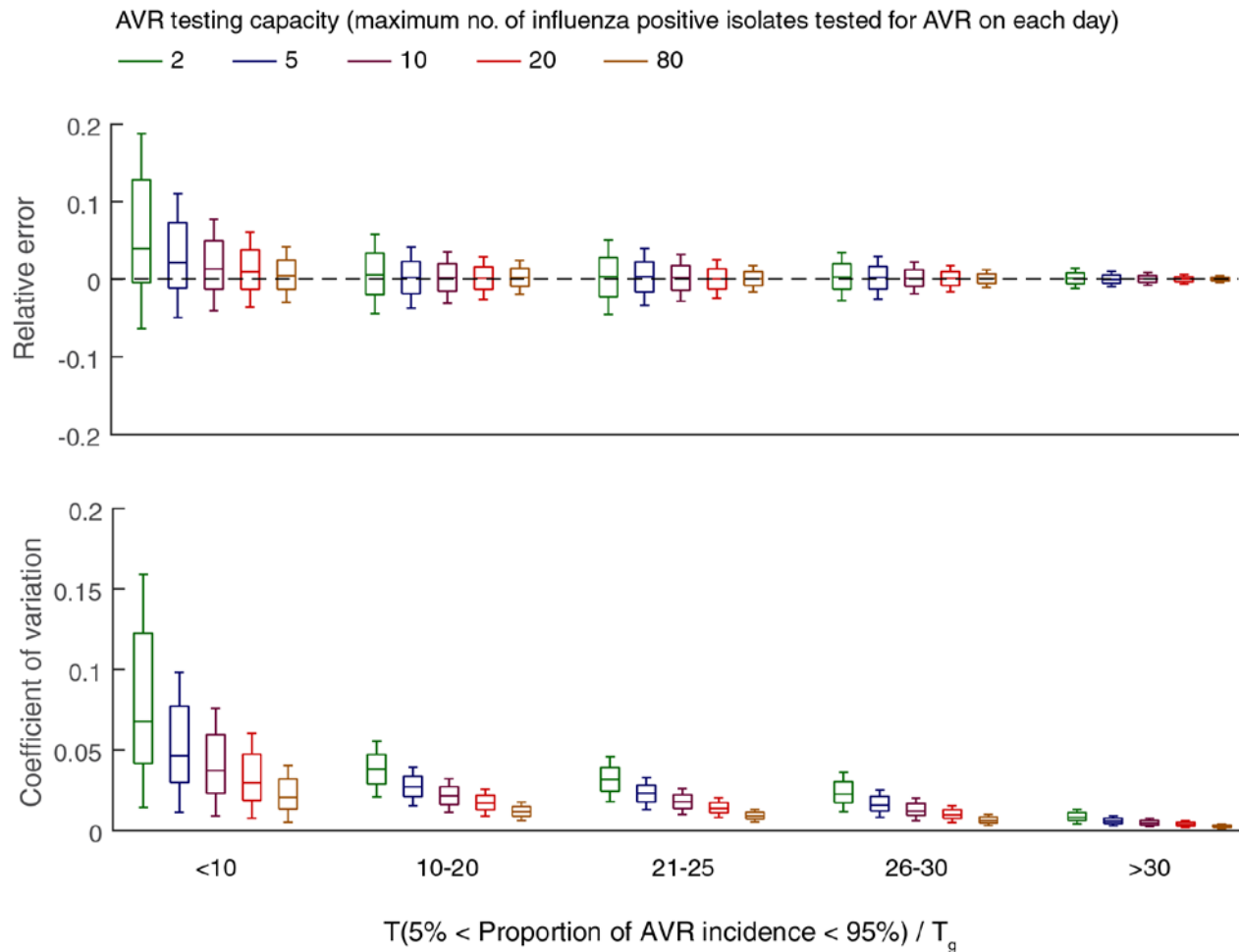


Figure 1. Validating the accuracy and precision of AVR fitness estimates when the sensitivity and specificity of AVR testing are both 100%. One hundred epidemic scenarios are randomly generated and 100 stochastic realizations of the data streams are simulated for each scenario (see Methods). AVR fitness is inferred at the end of each simulated epidemic. **A** Frequency distribution of the relative error in the fitness estimates $\hat{\sigma}$ (i.e. $1 - E[\hat{\sigma}]/\sigma$) across all scenarios and realizations when the daily AVR testing capacity is 2, 5, 10, 20 and 80 samples. The smaller the relative error, the more accurate the estimates. **B** Frequency distribution of the coefficient of variation of $\hat{\sigma}$. The smaller the coefficient of variation, the more precise the estimates.

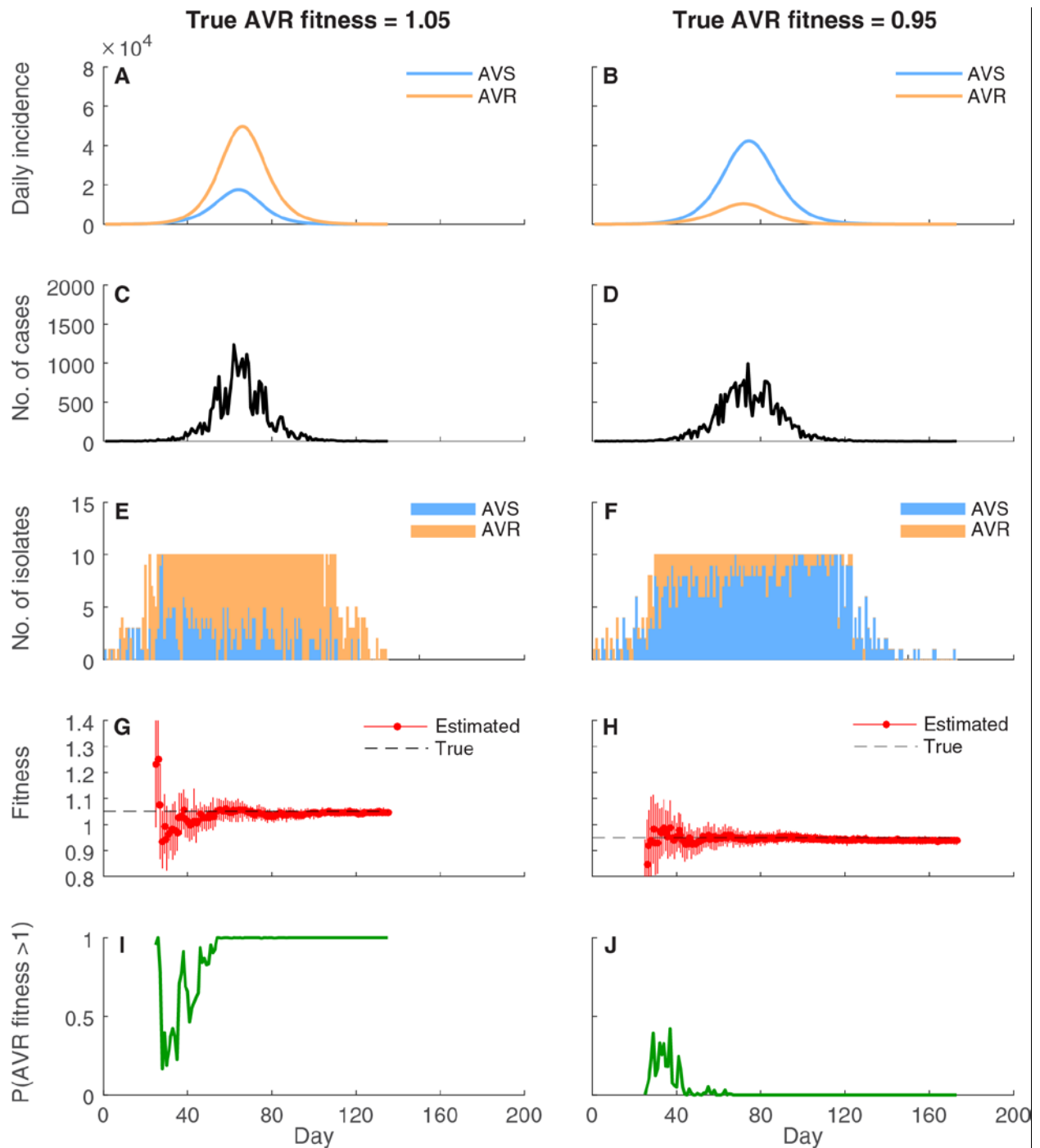


Figure 2. A simulated example to illustrate the timeliness of reliable AVR fitness estimates.

The epidemic parameters are $R^S(0) = 1.4$ and $T_g = 2.8$ days. At time 0, 50% of each age group are susceptible and the epidemic is seeded with 10 AVS and 10 AVR infections. **A-B** Incidence of AVS and AVR infections in two fitness scenarios: $\sigma = 1.05$ or 0.95. **C-D** The daily number of

reported cases. **E-F** The daily number of influenza-positive isolates that are AVS and AVR with a testing capacity of 10 samples per day. **G-H** Posterior distribution of the fitness estimate $\hat{\sigma}$ on each day. Circles and error bars indicate the posterior medians and the 95% credible intervals, respectively. **I-J** The posterior probability that AVR fitness is above 1.

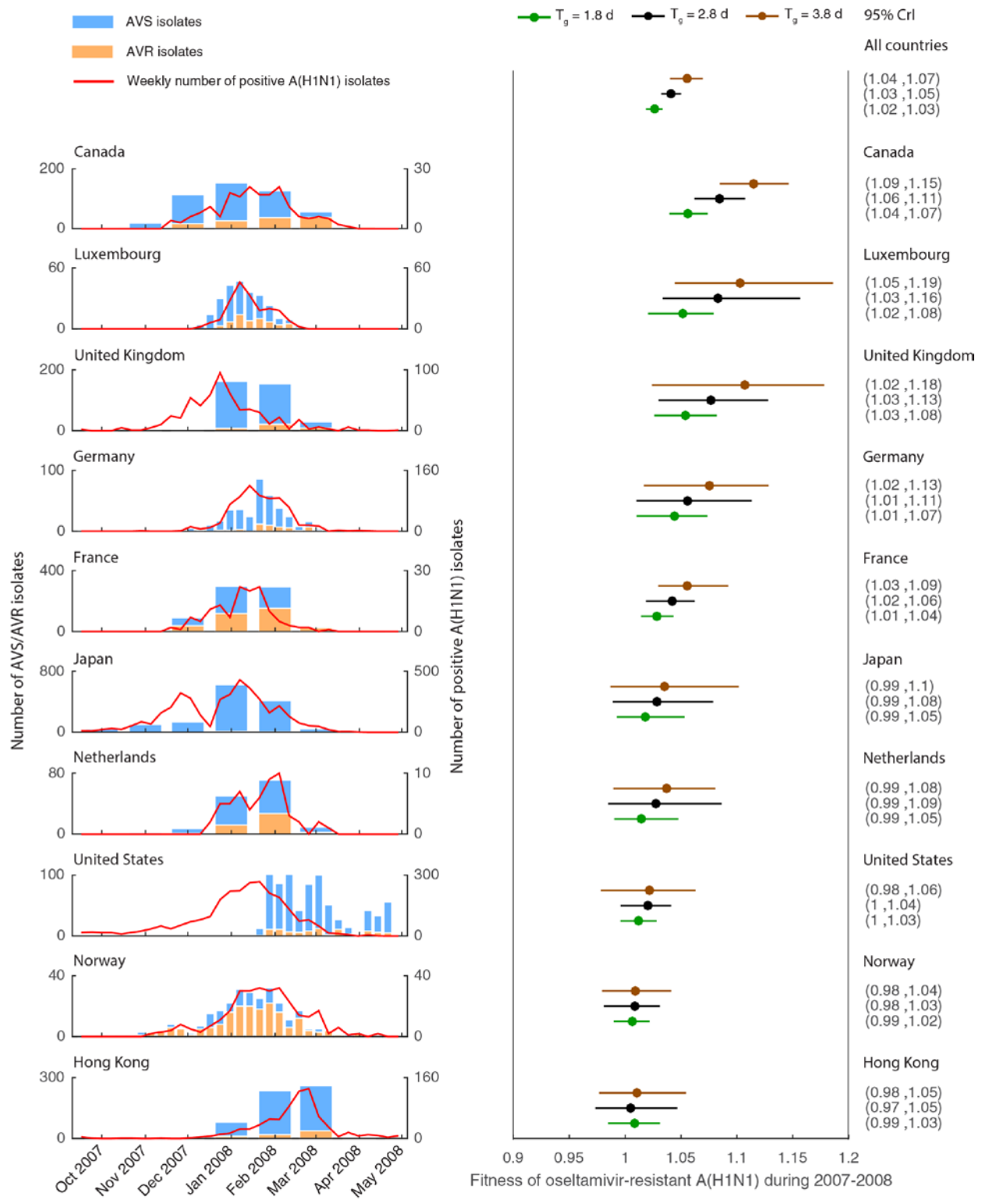


Figure 3. Surveillance data for seasonal influenza A(H1N1) and fitness estimates for the oseltamivir-resistant strain during 2007-2008 in Canada, Luxembourg, United Kingdom, Germany, France, Japan, Netherlands, United States, Norway and Hong Kong. A The number of positive A(H1N1) virus isolates and the number of oseltamivir-sensitive and resistant A(H1N1) isolates over time in each population. **B** Fitness estimates for the oseltamivir-resistant A(H1N1) virus under three assumed generation time distributions. The pooled AVR fitness estimate (at the top) is obtained by assuming that AVR fitness was the same in all populations.

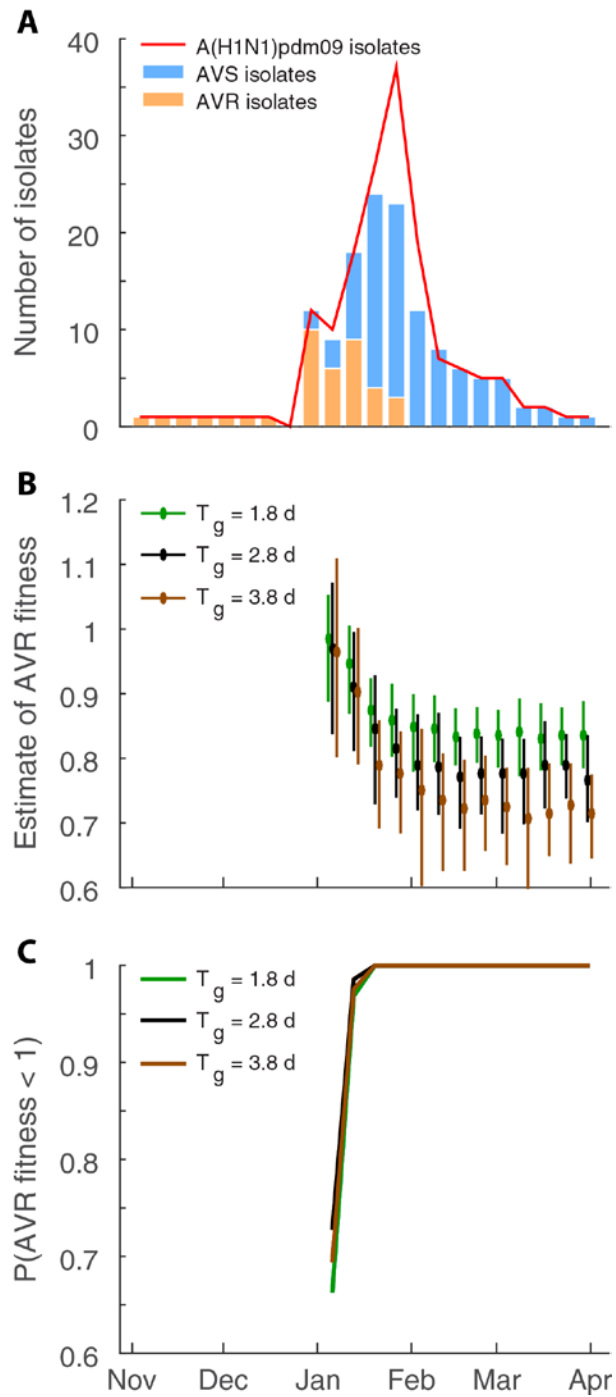


Figure 4. Retrospective real-time fitness estimate for the oseltamivir-resistant A(H1N1)pdm09 virus that circulated in Hokkaido, Japan during the 2013-2014 influenza season. A Data on influenza A(H1N1) activity and AVR surveillance. **B** Weekly fitness estimate using the same generation time distributions considered in Figure 3. **C** The posterior probability that AVR fitness was above 1.

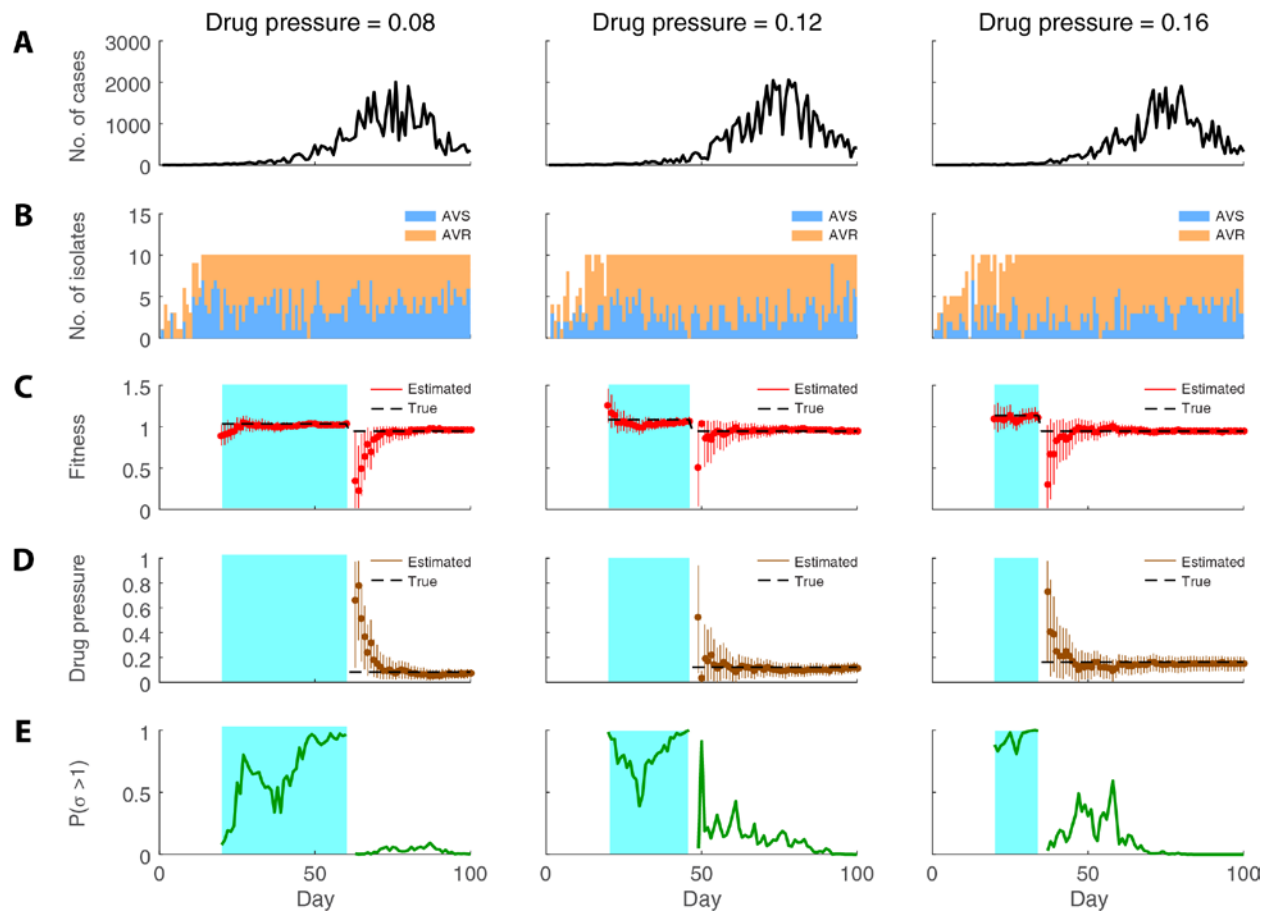


Figure 5. Estimating AVR fitness and drug pressure on the AVS strain posed by large-scale antiviral prophylaxis. The epidemic parameters are the same as that in Figure 2 with intrinsic AVR fitness $\sigma_0 = 0.95$. We assume that antiviral prophylaxis reduces susceptibility by 81% and the prophylaxis coverage is 10%, 15% and 20% so that the drug pressure μ is 0.08, 0.12 and 0.16, respectively. Large-scale antiviral intervention is suspended after the posterior probability of $\sigma > 1$ is greater than 0.9 for seven consecutive days. Cyan shade indicates the time period during which large-scale antiviral intervention is implemented. **A** The daily number of reported cases. **B** The daily number of influenza-positive isolates that are AVS and AVR with a testing capacity of 10 samples per day. **C** Posterior distribution of the AVR fitness estimate on each day. Circles and error bars indicate the posterior medians and the 95% credible intervals, respectively. **D** Posterior distribution of the estimates for drug pressure on the AVS strain at the baseline level (i.e. before large-scale antiviral interventions is suspended). **E** The posterior probability that AVR fitness is above 1.

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