RISK FACTORS AND POST-RESECTION INDEPENDENT PREDICTIVE SCORE FOR THE RECURRENCE OF HEPATITIS B-RELATED HEPATOCELLULAR CARCINOMA

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BACKGROUND: Independent risk factors associated with hepatitis B virus (HBV)—related hepatocellular carcinoma (HCC) after resection remains unknown. An accurate risk score for HCC recurrence is lacking.

METHODS: We prospectively followed up 200 patients who underwent liver resection for HBV-related HCC for at least 2 years. Demographic, biochemical, tumour, virological, and anti-viral treatment factors were analysed to identify independent risk factors associated with recurrence after resection and a risk score for HCC recurrence formulated.

RESULTS: Two hundred patients (80% male) who underwent liver resection for HBV-related HCC were recruited. One hundred patients developed HCC recurrence (median duration after resection, 52 weeks). Multivariate analysis identified that the presence of lymphovascular permeation (P<0.001; relative risk [RR]=2.63), microsatellite lesions (P<0.001; RR=2.56), preoperative HBV DNA of >20 000 IU/mL (P=0.028; RR=1.62) were independently associated with HCC recurrence. Antiviral treatment before (P=0.008; RR=0.07) and after (P=0.004; RR=0.55) resection was independently associated with lower risk of HCC recurrence. A post-resection independent predictive score (PRIPS) was derived and validated with sensitivity of 72.1% and 69.8% and specificity of 62.9% and 77%, to predict the 1- and 3-year risks for the HCC recurrence respectively with the hazard ratio of 2.71 (P<0.001). The area under the curve for the 1- and 3-year prediction were 0.69 and 0.78, respectively.

CONCLUSIONS: Several tumour and virological factors were associated with a higher cumulative risk of HCC recurrence after resection. PRIPS was derived for more accurate risk assessment. Antiviral treatment reduced the risk of recurrence.