

RESEARCH ARTICLE

# Changes in the Radiocarbon Reservoir Age in Lake Xingyun, Southwestern China during the Holocene

Aifeng Zhou<sup>1\*</sup>, Yuxin He<sup>2,3</sup>, Duo Wu<sup>1</sup>, Xiaonan Zhang<sup>1</sup>, Can Zhang<sup>1</sup>, Zhonghui Liu<sup>3</sup>, Junqing Yu<sup>4</sup>

**1** MOE Key Laboratory of Western China's Environmental Systems, Collaborative Innovation Centre for Arid Environments and Climate Change, Lanzhou University, Lanzhou, China, **2** Department of Earth Sciences, Zhejiang University, Hangzhou, China, **3** Department of Earth Sciences, The University of Hong Kong, Hong Kong Special Administrative Region, China, **4** Qinghai-Institute of Salt Lakes, China Academy of Sciences, Xining, China

\* [zhouaf@lzu.edu.cn](mailto:zhouaf@lzu.edu.cn)



**OPEN ACCESS**

**Citation:** Zhou A, He Y, Wu D, Zhang X, Zhang C, Liu Z, et al. (2015) Changes in the Radiocarbon Reservoir Age in Lake Xingyun, Southwestern China during the Holocene. PLoS ONE 10(3): e0121532. doi:10.1371/journal.pone.0121532

**Academic Editor:** Victoria C Smith, University of Oxford, UNITED KINGDOM

**Received:** August 15, 2014

**Accepted:** February 2, 2015

**Published:** March 27, 2015

**Copyright:** © 2015 Zhou et al. This is an open access article distributed under the terms of the [Creative Commons Attribution License](https://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

**Data Availability Statement:** All relevant data are within the paper.

**Funding:** This research was supported by the National Basic Research Program of China (No. 2010CB950202), the National Natural Science Foundation of China (Grant Nos. 41271221, 41201203, and 40571173). The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

**Competing Interests:** The authors have declared that no competing interests exist.

## Abstract

Chronology is a necessary component of paleoclimatology. Radiocarbon dating plays a central role in determining the ages of geological samples younger than ca. 50 ka BP. However, there are many limitations for its application, including radiocarbon reservoir effects, which may cause incorrect chronology in many lakes. Here we demonstrate temporal changes in the radiocarbon reservoir age of Lake Xingyun, Southwestern China, where radiocarbon ages based on bulk organic matter have been reported in previous studies. Our new radiocarbon ages, determined from terrestrial plant macrofossils suggest that the radiocarbon reservoir age changed from 960 to 2200 years during the last 8500 cal a BP years. These changes to the reservoir effect were associated with inputs from either pre-aged organic carbon or <sup>14</sup>C-depleted hard water in Lake Xingyun caused by hydrological change in the lake system. The radiocarbon reservoir age may in return be a good indicator for the carbon source in lake ecosystems and depositional environment.

## Introduction

The Indian Summer Monsoon domain is a key region to understand past climatic changes [1]. This region has continuous and well-preserved lake sediment, which provides excellent archives for paleoclimatic reconstructions of the terrestrial environment [1–3]. However, a critical task in paleolimnological studies is to establish a reliable age-depth model.

Many dating methods have been applied in lacustrine sediments, including <sup>210</sup>Pb and <sup>137</sup>Cs dating, optically stimulated luminescence (OSL) dating, and radiocarbon (<sup>14</sup>C) dating. Among these methods, radiocarbon dating has been used most extensively for providing a chronological framework for the past 50 kyr [4, 5]. Radiocarbon dating of sediment cores can be conducted on various materials, such as aquatic plant macrofossils, terrestrial plant macrofossils, and pollen grains [6–12]. Due to the lack of plant macrofossils or an insufficient concentration

of pollen grains in lake sediments from barren landscapes [13, 14], bulk organic sediment and biogenic carbonate are usually chosen for radiocarbon dating instead. However, radiocarbon levels in bulk organic sediments might be "mixed" with fossil terrestrial carbon (old carbon) [15–17] and aquatic plants which draw its C from  $^{14}\text{C}$ -depleted water (i.e. because of the hard-water effect) [6, 9, 17]. These variables may produce a significant radiocarbon age difference between atmosphere and contemporaneous lake water system, which has been termed as "radiocarbon reservoir effect" [18]. Changes in reservoir age may be directly linked to changes in the hydrological setting (e.g. water inflow and outflow, gas exchange with the atmosphere, and the size of the carbon pool) and the variations in atmospheric  $^{14}\text{C}$  levels. As a consequence, reservoir ages might be a useful tool for reconstructing the response of lacustrine hydrology to climate change [19–23]. The uncertainties in dating lacustrine radiocarbon reservoirs significantly limit the application of radiocarbon dating in paleolimnological research, furthermore, hinder us from directly comparing among different paleoclimatic records. Anomalously large reservoir ages have been reported in many paleolimnological studies worldwide [14, 24–29].

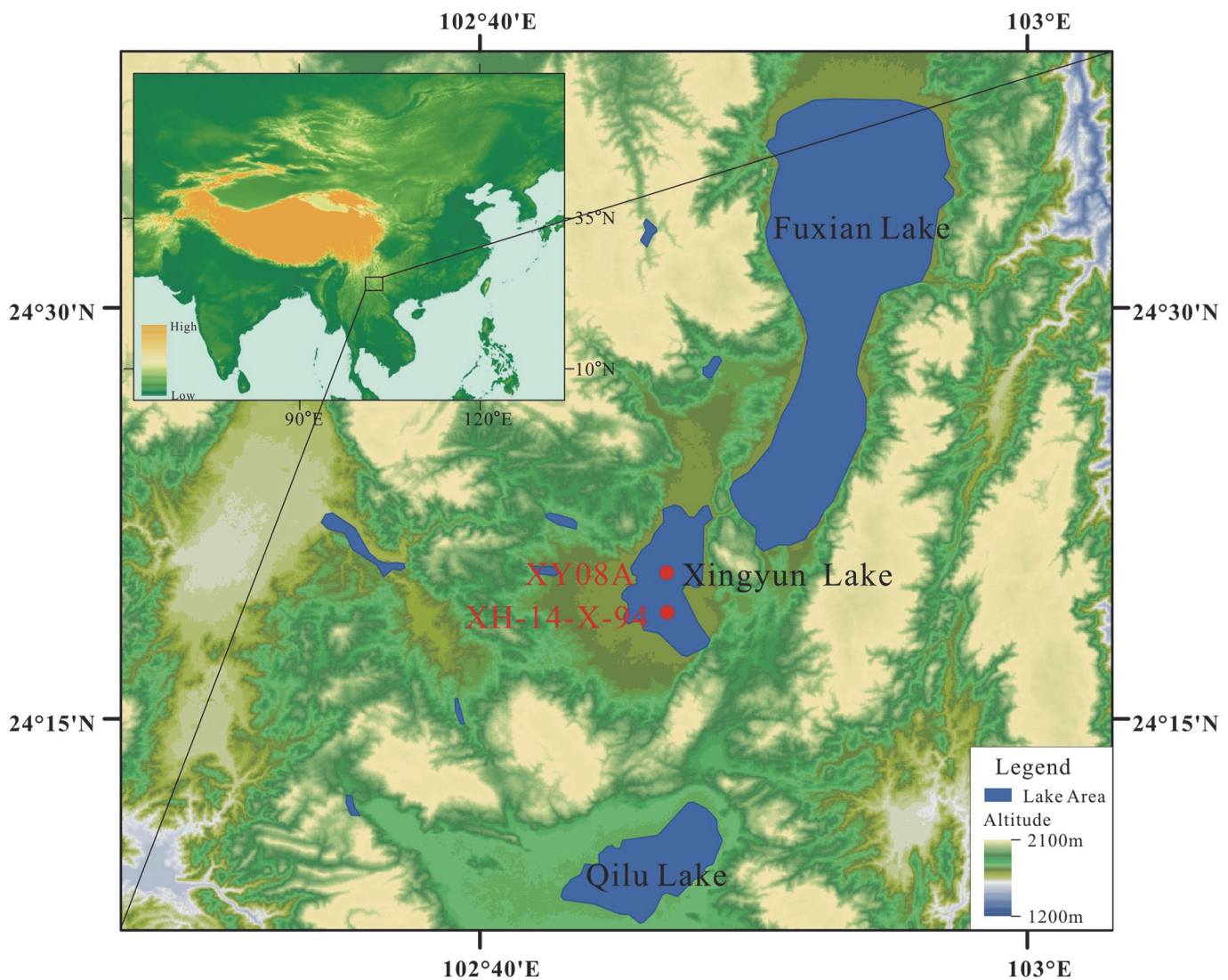
In order to further understand the  $^{14}\text{C}$  reservoir effect, the following approaches have been applied [29]: modern calibration approach [30], linear extrapolation of  $^{14}\text{C}$  age model [31], geochemical modeling [13], stratigraphic alignment [32], and independent age determinations [29]. Nevertheless, the application of  $^{14}\text{C}$  dating to lake sediments is hindered by the choice of sampling materials which causes temporal and spatial variability because of the  $^{14}\text{C}$  reservoir effects [27, 33–35]. Although we can accurately evaluate the reservoir effect by measuring modern surface samples, the assumption that the reservoir age remains constant through time is not necessarily justified [29].

Although the radiocarbon reservoir effect of bulk organic matter from lakes has been recognized [18], many paleoclimatological studies continue to use chronologies derived from such materials because there is no alternative/better sampling material to date. In addition, the use of macrofossils of aquatic species (i.e. *Ruppia matitine*), which take their carbon from the lake water, for radiocarbon dating will also not provide reliable results due to the same reservoir issue [27]. An ideal radiocarbon chronology of the lake sediment sequence should be entirely based on the macrofossils of terrestrial plants [36]. Lake Xingyun is a great choice for the paleoclimatic study in southwestern China due to its location and its large catchment. The age profile is crucial for whether the relation between the Indian Summer Monsoonal strength and climates in Lake Xingyun during the Holocene can be posed.  $^{14}\text{C}$  age of bulk sediments have been measured from previous study [2], which has been cited for over 100 times without further conclusively justification on the age issue. Thus it is important and necessary to evaluate the reservoir effect in this lake and re-adjust the paleoclimatic view of this site/region. In this study, we examined the temporal variations of the  $^{14}\text{C}$  reservoir effect in Lake Xingyun. As the  $^{14}\text{C}$  ages on bulk organic matter have been previously reported [2], here we use a new core collected from the middle of Lake Xingyun for comparison with the previous result. Tree twigs were carefully selected for  $^{14}\text{C}$  dating. Age profile of our new core and that of the previously reported were compared and the temporal variations in reservoir ages were assessed on the basis of the difference between the ages dated on different materials. Together with paleoclimatological results, we further discuss the relationship between reservoir age and hydrological change of this lake system. Finally, we re-evaluated the paleoclimatic interpretation of previous studies with additional evidence for a more convincing age model.

## Materials and Methods

Lake Xingyun (24°17'20"N-24°23'05"N, 102°45'18"E-102°48'30"E, 1723 m a.s.l.), is a semi-closed shallow lake (maximum water depth 10.81m) located in the India Summer Monsoon

(ISM) controlled area of Asia. The surface area is 34.7 km<sup>2</sup> and the catchment area is 386 km<sup>2</sup> (Fig. 1). Several small intermittent rivers flow into Lake Xingyun, and the lake itself drains northward via the Gehe River into Lake Fuxian. Lake Xingyun is a freshwater lake with conductivity of 344 mS/cm and pH in the range of 8.4–8.7 [2]. Within the drainage basin, the mean annual temperature is 15.6°C. A mean annual precipitation of approximately 880 mm accumulates annually, with 85 to 90% of the precipitation falling between May and October under the influence of strong monsoonal southwesterly winds originating in the Bay of Bengal and Southern Indian Ocean [37]. In winter, the N–NW winds bring dry air to this region with minimal rainfall from November to March. Monsoon circulation has been shown to strongly affect the amount and isotopic composition of precipitation in Kunming [38], which is about 60 km north of the lake. The local vegetation is mainly composed of agricultural crops and pine forests. On the surrounding mountains, drought-tolerant shrubs and grasslands dominate, while pine forests and broadleaved forests or shrubs consisting of evergreen and



**Fig 1. Map showing the topographical features, location and coring location XY08A, XH-14-X-94 of Lake Xingyun, SW China.**

doi:10.1371/journal.pone.0121532.g001

deciduous *Quercus* are distributed at relatively high altitudes. The bedrock of the Lake Xingyun catchment is largely composed of dolomite, sandstone, and basalt [39].

Core XY08A (9.74 m long, Fig. 2) was collected at a water depth of 9.3 m from the central part of Lake Xingyun, using a UWITEC platform and piston corer set in October 2008. Core XY08A was sub-sampled at 2 cm intervals, freeze-dried and stored in a refrigerated room at 4°C. Core XY08A was mainly composed of silty clay and can be briefly described as follows: 490–980 cm, brown gray clay; 160–490 cm, grayish silty carbonate mud with saprogenic mud containing gastropod shells and plant remains; 0–160 cm, reddish silty clay.

The organic matter (OM) content was determined by loss on ignition (LOI) at 550°C in a muffle furnace for 5 hours, and the carbonate content was calculated by the mass loss at 950°C, assuming the loss of mass at 950°C was from decomposition of CaCO<sub>3</sub> to CaO and CO<sub>2</sub>. The mass loss due to CO<sub>2</sub> was multiplied by 2.27, the ratio of the molecular weights of CaCO<sub>3</sub> and CO<sub>2</sub> [40]. *n*-Alkane analyses were performed following the procedures described by He *et al.* [41]. Total lipids were extracted from freeze-dried sediments (*ca.* 2–6 g) with organic solvents (dichloromethane: methanol = 9:1, v/v). The neutral lipids were extracted with *n*-hexane. The *n*-alkanes were then further purified using silica gel column chromatography. The *n*-alkane fraction was analyzed using a Gas Chromatography Agilent 7890 equipped with a flame

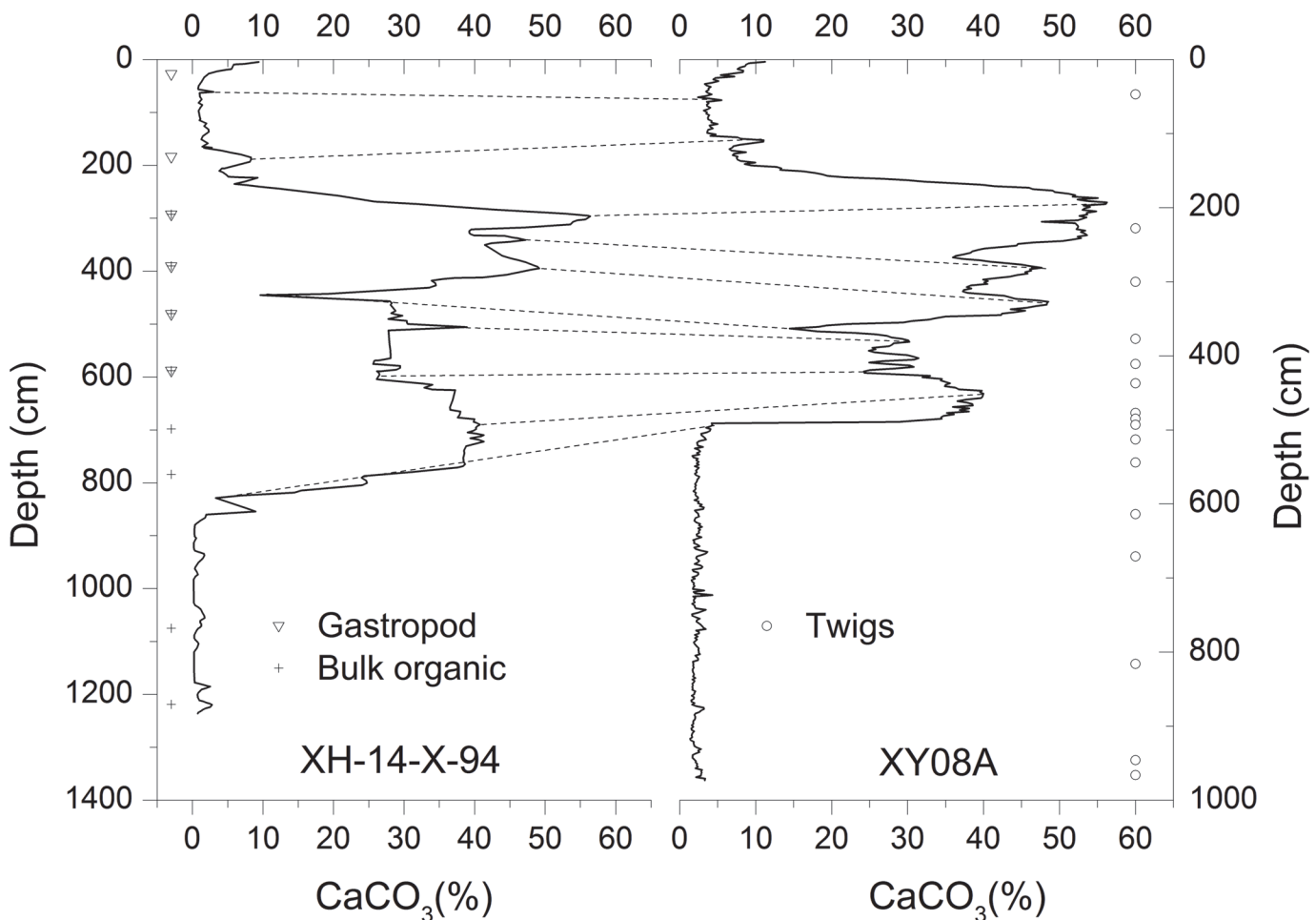


Fig 2. Comparison of core XH-14-X-94 [2] with core XY08A, Lake Xingyun, SW China.

doi:10.1371/journal.pone.0121532.g002

**Table 1. Radiocarbon ages of bulk organic matter and plant remains in Lake Xingyun, SW China.**

Laboratory number	Depth (cm)	Materials dated	$\delta^{13}\text{C}$ (‰ VPDB)	$^{14}\text{C}$ age (yr BP)	Error (yr)	* Adjusted depth (cm)
OS-8168	183–184	Gastropod	-22.4	1620*	50	109
OS-9083	292–293	bulk organic	-27.6	3060	35	185
OS-9076	389–391	bulk organic	-28.64	4750	65	323
OS-9087	479–481	bulk organic	-28.18	6500	50	370.5
OS-9078	587–589	bulk organic	-28.2	7420	85	408.5
OS-9088	697–699	bulk organic	-28.01	8710	35	447
OS-9089	783–785	bulk organic	-29.52	9680	45	477
BA120226	47	Twigs	N/A	265	30	47
BA120228	228	Twigs	N/A	1810	30	228
BA120229	300	Twigs	N/A	3130	30	300
BA120230	377	Twigs	N/A	5105	25	377
LZU045**	377	Bulk organic		6620	40	377
BA120231	411	Twigs	N/A	5785	25	411
BA120241	437	Twigs	N/A	6715	35	437
BA120232	477	Twigs	N/A	7535	30	477
LZU046**	477	Bulk organic	N/A	9670	40	477
Beta333693	485	Twigs	-28.5	7720	40	485

\* All core depths are converted to the depth of core XY08A

\*\* To make sure the calibration of the two cores are corrected, we also used two measured Bulk organic samples from core XY08A, the two AMS data match well with core XH-14-X-94's curve within permissible error range

doi:10.1371/journal.pone.0121532.t001

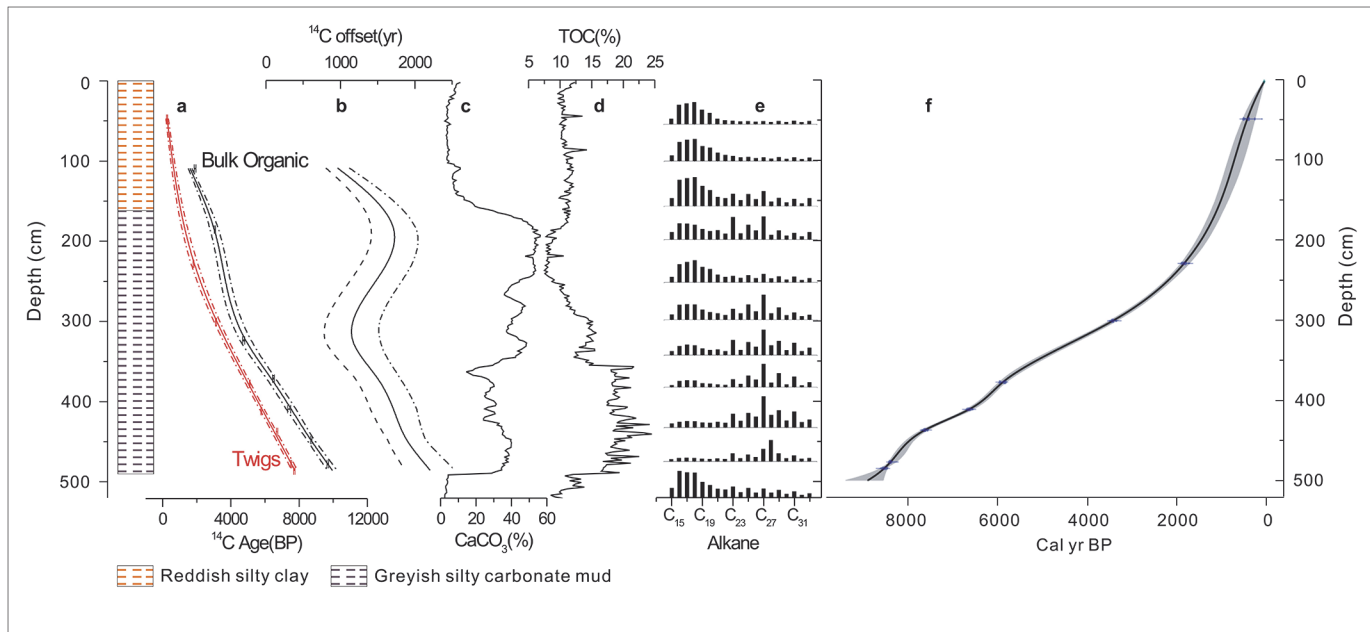
ionized detector at the University of Hong Kong, using *n*-C<sub>36</sub> alkane for quantification and laboratory standards for peak identification.

A total of eight samples of terrestrial plant macrofossils were taken for <sup>14</sup>C dating from different depths (Table 1). All of them were dated using accelerator mass spectrometry (AMS). Seven of the samples were dated at the AMS Dating Laboratory at Peking University, and one sample was dated at Beta Analytic, USA. All dates were calibrated to calendar years before the present (0 BP = 1950 AD) using the computer program CALIB Rev. 7.0 in conjunction with the IntCal13 calibration data set [5]. The age-depth model was established by fitting spline functions to the age controlling points using the Clam library [42, 43] implemented using the statistical software package with the default smoothing parameter of 0.3.

## Results

Core XY08A was drilled from the central part of the lake. Since the wood twigs we used for dating materials were all small and intact, they were deemed unlikely to have been re-worked from earlier initial deposition. Therefore, our chronology profiles from core XY08A were reliable. However, in the case of original core XH-14-X-94 [2], only bulk sediments were chosen for radiocarbon dating without consideration for any potential reservoir effect. Thus, by calculating the difference in <sup>14</sup>C ages between core XY08A (this study) and core XH-14-X-94, the reservoir effect in Lake Xingyun can be evaluated.

To ensure a direct comparison between these two cores, we converted the depth of XH-14-X-94 to that of XY08A by directly comparing their carbonate content (Fig. 2). For additional support for these correlations, we also used two measured bulk organic samples from core XY08A. The AMS data from 2 bulk samples in core XY08A match well with the data from core XH-14-X-94 within the permissible error range (Table 1, marked with \*\*). The correlation



**Fig 3. Lithology, radiocarbon results, proxies and age-depth model of core XY08A from Lake Xingyun.** (a) Radiocarbon age-depth model for Xingyun lake using twigs (red) and bulk organic material (black). (b) Measured and modeled reservoir age offset for Lake Xingyun. LOI (c) and carbonate content (d), (e) *n*-alkane record of Lake Xingyun. Relative abundance (vertical) versus carbon distribution (horizontal) of *n*-alkane homologues in Core XY08A. The carbon number distribution is from C15 to C33. (f) The age model (solid line) using the method of Heegaard *et al.* [43]. The shaded envelope indicates the 95% confidence interval.

doi:10.1371/journal.pone.0121532.g003

below 4.9 m of the XY08A core and 8.2 m of the XH-14-X-94 core was not performed, as no significant changes in carbonate content were observed for the lower part of the cores (Fig. 2). Because the radiocarbon ages from the two cores were not from the same depths, we used the mixed-effect regression model based on the work of Heegaard *et al.* [43] by fitting a cubic spline function of smoothing through the 68% age ranges and assigning a 95% confidence level to the interpolated ages at 2 cm intervals. As such, two successive radiocarbon age-depth curves were obtained (Fig. 3A, B), which represent the bulk organic matter and plant macrofossil ages, respectively. The radiocarbon reservoir offset (*RRO*) was determined by calculating the difference between the un-calibrated conventional radiocarbon ages of the bulk organic (*RBO*) and the plant macrofossils (*RPM*) at equivalent depths (Fig. 3C). The equation for the uncertainty in the *RRO* was derived from the propagation of errors, assuming independence between *RBO* and *RPM* was calculated as:  $\sigma_{RRO} = \sqrt{\sigma_{RBO}^2 + \sigma_{RPM}^2}$  where  $\sigma_{RBO}$  and  $\sigma_{RPM}$  were the uncertainty in *RBO* and *RPM*, respectively.

Due to the lack of radiocarbon data above the depth of 109 cm from either core XH-14-X-94 or core XY08A, we only focused on the calculation of the radiocarbon reservoir offsets between the depths of 490–109 cm. As shown in Fig. 2, all the AMS ages on the bulk organic matter were significantly older than those of the twigs. The data suggested that the TOC chronology contains carbon depleted in  $^{14}\text{C}$  with respect to the atmosphere at the time of deposition, consequently yielding older ages. The differences between these two chronological profiles varied between 960 and 2200 years at years between depths of 490 and 109 cm.

## Discussion

### 1. Influence of lake hydrology on changes in reservoir effect in Lake Xingyun

The radiocarbon reservoir offset can be attributed to many factors. Some of the reservoir effect is derived from the hard water effect (HWE), which is related to riverine runoff containing "dead" dissolved inorganic carbon [44]. The reservoir offset can also be derived from fully aquatic plants (submerged macrophytes and phytoplankton algae), which assimilate dissolved inorganic carbon (DIC) in lake water containing depleted  $^{14}\text{C}$  compared to the atmosphere (the "lake-carbon reservoir" effect). On the other hand, reworked organic materials from catchment weathering [26] can dilute the  $^{14}\text{C}$  content of organic materials with respect to the atmosphere at the time of deposition, causing the apparent ages to be older than the depositional event [45]. In the following section, we compare the radiocarbon reservoir ages of Lake Xingyun with the LOI,  $\text{CaCO}_3$  content and *n*-alkane distribution (Fig. 3) to better understand the origin of the radiocarbon reservoir effect in Lake Xingyun. Based on these findings, we further qualitatively explain how the regional climate might affect the basin's reservoir age by influencing lake water budget and riverine runoff as well as bedrock weathering.

Organic matter derives from terrestrial plants, aquatic plants, and reworked organic matter washed into the lake from the shore due to strong hydrological dynamics. Thus, bulk sediments are likely to be a mixture of autochthonous (from phytoplankton) and allochthonous (from terrestrial plants) organic matter with the proportion of each varying through time [14], depending on the lake levels and aquatic productivity. On the other hand, carbonate content can be used as a complementary indicator of hydrological balance [46, 47]. However, the increase in carbonate and organic matter input could also be due to changes in lake size, either through lake shrinkage or expansion. Therefore, in our study, we have also introduced the *n*-alkane record to further examine differences in organic matter from terrestrial compared with aquatic sources. The dominant chain length of the *n*-alkanes mainly depends on the source organisms. Generally, the distribution of *n*-alkanes from Lake Xingyun can be divided into two main categories: one is dominated by the  $\text{C}_{27}\text{-C}_{31}$  components, which are typically derived from the leaf wax of vascular plants [48–52]; the other is dominated by  $\text{C}_{15}\text{-C}_{19}$  homologues contributed by algae and bacterial sources [49, 53, 54]. The predominance of terrestrial higher plants, including moss, sedge, and lichen may lead to the average chain length (ACL) values of the *n*-alkanes, while an increased input of aquatic macrophytes may lead to a lower ACL value. Although different species of plants may influence the ACL index, preliminary data from pollen and non-pollen palynomorphs [55] indicate that Holocene vegetation has not changed dramatically. If so, the ACL index is primarily influenced by the proportion of aquatic to terrestrial plants.

The radiocarbon reservoir effect of Lake Xingyun would be stationary, if the hydrological conditions remain the same. Since the radiocarbon reservoir age changes with time, this suggests that the hydrological conditions have also altered. Therefore, we discuss the radiocarbon reservoir effect in the following three intervals: 4.9–3.2 m, 3.2–2.0 m and 2.0–1.0 m. Generally, the reservoir offset decreased between depths of 4.9–3.2 m and 2.0–1.0 m and increased at 3.2–2.0 m, suggesting that Lake Xingyun underwent changing hydrological conditions through time.

**1) 4.9–3.2 m, decreasing reservoir effect.** Below 4.9 m, TOC and carbonate contents were extremely low. The *n*-alkane results showed a predominance of  $\text{C}_{15}\text{-C}_{19}$ , which were potentially contributed by algae and bacteria. Between 4.9 and 3.2 m depth, the TOC content increased significantly, suggesting that there was a higher organic input, possibly due to hydrological changes such as the formation of closed lake conditions. The *n*-alkane results suggest that there was an increase in terrestrial material relative to aquatic sources, as determined by the

domination of long chain *n*-alkanes ( $C_{27-31}$ ). The high carbonate content at this section may indicate low lake levels and a hydrologically closed basin. Therefore, we suggest that more terrestrial organic matter was delivered into the lake center, diluting the existing aquatic carbon pool.

**2) 3.2–2.0 m, increasing reservoir effect.** In this section, we observed increased carbonate content but decreased TOC values. Based on the *n*-alkane results, the organic composition changed from mixed terrestrial and aquatic plants to mainly aquatic plants. This change suggests that lake level increased gradually and reached the highest stand at the top of this section. Under such conditions, terrestrial organic matter cannot be easily transported to the lake center where the sediments mainly originated from the deposition of authigenic carbonate and microphytic algae, resulting in increased carbonate levels and decreased TOC in the core. Therefore, the increased radiocarbon reservoir age should be mainly related to the HWE.

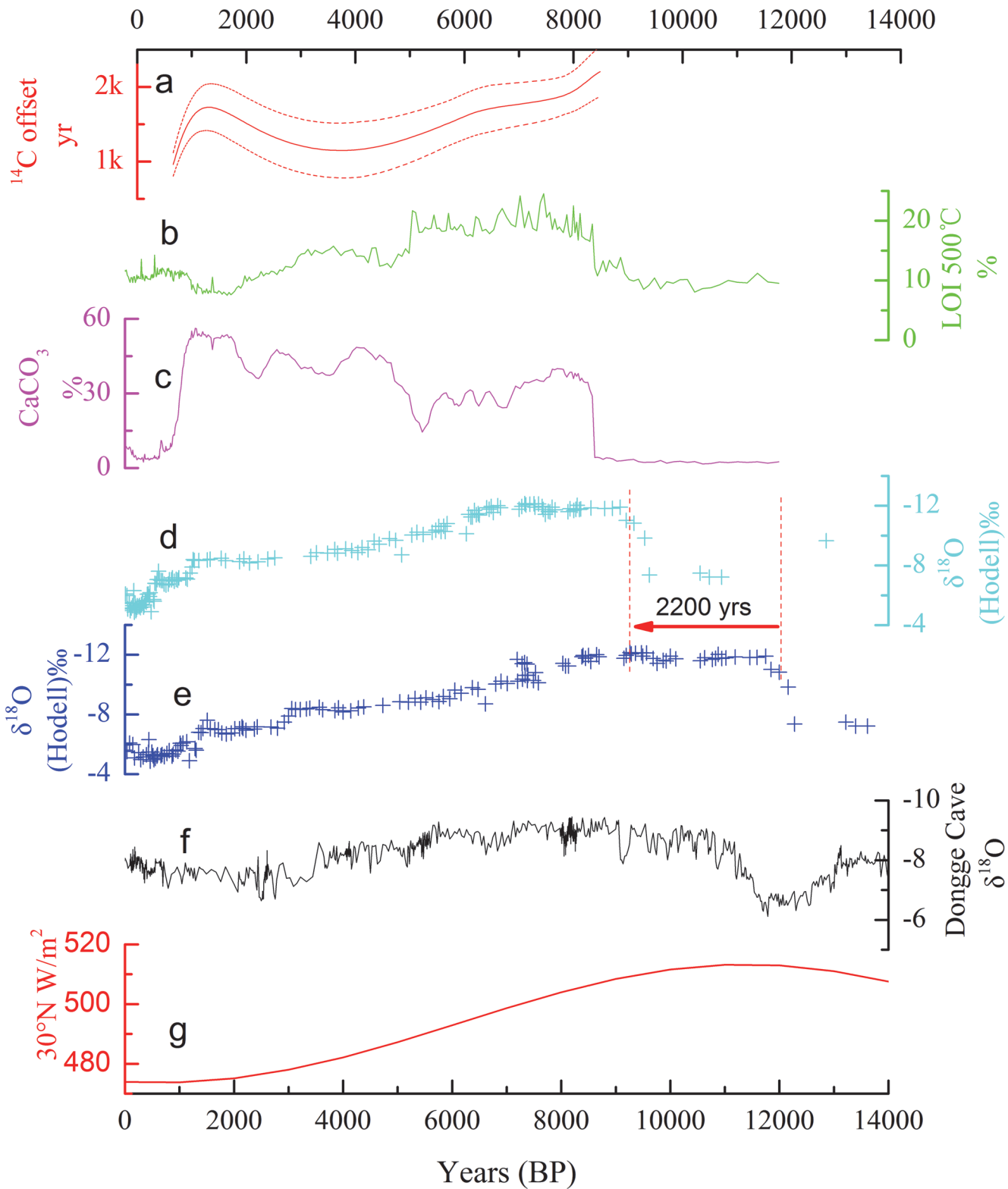
**3) 2–1 m, decreasing reservoir effect.** In this section, TOC increased and remained at the median value, while carbonate decreased significantly to nearly zero. Based on the *n*-alkane results, the organic matter in this section was mainly derived from aquatic algae sources, with occasional macrophyte inputs. Therefore, Lake Xingyun was probably at a high lake level. In this case, the terrestrial organic materials barely reached the central lake coring site, and the decreased radiocarbon reservoir age was probably not caused by dilution with terrestrial organic matter. Therefore, we suggest that the diminished hard water effect at this stage may be due to a change from a closed to an open lake system at this time.

In summary, over the interval of 4.9–2 m sediment depth, the variation in the radiocarbon reservoir ages in Lake Xingyun was mainly caused by the introduction of contemporaneous organic matter with variable amounts of old terrestrial organic matter flushed into the lake from the catchment. However, at the depth of 2–1 m, the decreased radiocarbon reservoir age was mainly controlled by the *in-situ* hard water effect, which likely reflects a change in the lake status from a closed to an open system. These results provide further insight into the hydrological conditions and terrestrial input in Lake Xingyun during the Holocene.

## 2. Paleoclimatic implications of the revised records from Lake Xingyun

When comparing our radiocarbon chronology with that of Hodell *et al.* [2], our data suggest a different interpretation of the previously published proxy data from Lake Xingyun. Based on our results, the cold event corresponding to YD in NW Europe event identified by Hodell *et al.* [2] from their  $\delta^{18}O$  record may have actually occurred during the early-middle Holocene (Fig. 4). If the bulk inorganic  $^{18}O$  indicates the strength of the ISM, then the ISM would not have been intensified until 9–8.5 ka, which is in contrast to the records of monsoons in the neighboring region [56]. This suggests that the  $^{18}O$  record from Lake Xingyun might not be a proxy of monsoon intensity. Rather, it might mainly be related to carbonate precipitation. Furthermore, our study highlights the significance of an accurate chronological profile for the valid interpretation of proxy records, since most proxies can be interpreted in various ways. Another critical issue identified in this study is that the highest productivity of Lake Xingyun occurred at approximately 8 ka (Early to Middle Holocene transition) instead of approximately 12 ka (glacial-interglacial transition). Such change in productivity might result from the regional hydrological setting instead of large-scale monsoonal activities. More studies now become necessary in this region to scrutinize how monsoon strength affected the hydrological condition of this lake.





**Fig 4. Comparison of various climate proxies in the Holocene.** (a) Changes in radiocarbon reservoir age during the Holocene; LOI (b) and carbonate content (c) of Lake Xingyun for this study; changes of bulk carbonate oxygen isotope (d) during the Holocene from Hodell *et al.* [2], conversion of bulk organic radiocarbon chronology to terrestrial twigs AMS dating radiocarbon chronology; changes of bulk carbonate oxygen isotope (e) during the Holocene from Hodell *et al.* [2]; (f)  $\delta^{18}\text{O}$  record from Dongge cave [57]; (g) June insolation at  $30^\circ\text{N}$  [58].

doi:10.1371/journal.pone.0121532.g004

## Conclusions

1. There exists a pervasive reservoir age in Lake Xingyun during the last 8500 years which changes between 1150 to 2200 years since the Early Holocene.
2. Changes in reservoir age are associated with inputs of either pre-aged organic carbon or  $^{14}\text{C}$ -depleted hard water in Lake Xingyun, which were likely caused by hydrologic changes in the lake system.
3. The radiocarbon reservoir offset can be used as an indicator of the carbon source in the lake ecosystem and depositional environment. This effect can also provide useful insights for land use in the catchment basin around a lake.

## Acknowledgments

We would like to thank Prof. Shiyong Yu and Dr. Cheng Zhao for providing constructive comments and improving the English.

## Author Contributions

Conceived and designed the experiments: AZ. Performed the experiments: AZ YH DW XZ CZ. Analyzed the data: AZ YH ZL JY. Contributed reagents/materials/analysis tools: DW ZL. Wrote the paper: AZ YH.

## References

1. An ZS, Clemens SC, Shen J, Qiang XK, Jin ZD, Sun YB, et al. Glacial-Interglacial Indian summer monsoon dynamics. *Science*. 2011; 333: 719–723. doi: [10.1126/science.1203752](https://doi.org/10.1126/science.1203752) PMID: [21817044](https://pubmed.ncbi.nlm.nih.gov/21817044/)
2. Hodell DA, Brenner M, Kanfoush SL, Curtis JH, Stoner JS, Song XL, et al. Paleoclimate of southwestern China for the past 50000 yr inferred from lake sediment records. *Quaternary Research*. 1999; 52: 369–380.
3. Cook CG, Jones RT, Turney CSM. Catchment instability and Asian summer monsoon variability during the early Holocene in southwestern China. *Boreas*. 2013; 42: 224–235.
4. Hughen K, Lehman S, Southon J, Overpeck J, Marchal O, Herring C, et al.  $^{14}\text{C}$  activity and global carbon cycle changes over the past 50,000 years. *Science*. 2004; 303(5655): 202–207. PMID: [14716006](https://pubmed.ncbi.nlm.nih.gov/14716006/)
5. Reimer PJ, Bard E, Bayliss A, Beck JW, Blackwell PG, Bronk Ramsey C, et al. IntCal13 and Marine13 radiocarbon age calibration curves 0–50,000 years cal BP. *Radiocarbon*. 2013; 55: 1869–1887.
6. MacDonald GM, Beukens RP, Kieser WE, Vitt DH. Comparative radiocarbon dating of terrestrial plant macrofossils and aquatic moss from the ‘ice-free corridor’ of western Canada. *Geology*. 1987; 15: 837–840.
7. Brown TA, Nelson DE, Mathewes RW, Vogel JS, Southon JR. Radiocarbon dating of pollen by accelerator mass spectrometry. *Quaternary Research*. 1989; 32: 205–212.
8. Snyder JA, Miller GH, Werner A, Jull AJT, Stafford TW Jr.. AMS-radiocarbon dating of organic-poor lake sediment, an example from Linnévatnet, Spitsbergen, Svalbard. *The Holocene*. 1994; 4: 413–421.
9. Arnold LD. Conventional radiocarbon dating. In: Rutter NW, Catto NR, editors. *Dating Methods for Quaternary Deposits*. St. John's, Newfoundland: Geological Association of Canada; 1995. pp. 107–115.
10. Abbott MB, Stafford TW Jr. Radiocarbon geochemistry of modern and ancient Arctic lake systems, Baffin Island, Canada. *Quaternary Research*. 1996; 45: 300–311.
11. Child JK, Werner A. Evidence for a hardwater radiocarbon dating effect, Wonder Lake, Denali national park and preserve, Alaska, USA. *Géographie physique et Quaternaire*. 1999; 53: 407–411. PMID: [25242907](https://pubmed.ncbi.nlm.nih.gov/25242907/)
12. Bennike O. Palaeoecological studies of Holocene lake sediments from west Greenland. *Palaeogeography, Palaeoclimatology, Palaeoecology*. 2000; 155: 285–304.
13. Yu SY, Shen J, Coleman SM. Modeling the radiocarbon reservoir effect in lacustrine systems. *Radiocarbon*. 2007; 49: 1241–1254.

14. Yu SY, Cheng P, Hou Z. A Caveat on Radiocarbon Dating of Organic-Poor Bulk Lacustrine Sediments in Arid China. *Radiocarbon*. 2014; 56: 127–141.
15. Sutherland DG. Problems of radiocarbon dating deposits from newly deglaciated terrain: Examples from the Scottish Late Glacial. In: Lowe JJ, Gray JM, Robinson JE, editors. *Studies in the Late-Glacial of North-West Europe*. Oxford: Pergamon Press. 1980. pp. 139–149.
16. Raymond PA, Bauer JE. Riverine export of aged terrestrial organic matter to the North Atlantic Ocean. *Nature*. 2001; 409: 497–500. PMID: [11206542](#)
17. MacDonald GM, Beukens RP, Kieser WE. Radiocarbon dating of limnic sediments: a comparative analysis and discussion. *Ecology*. 1991; 72: 1150–1155.
18. Godwin H. Comments on radiocarbon dating for samples from the British Isles. *American Journal of Science*. 1951; 249: 301–307.
19. Mangerud J. Radiocarbon dating of marine shells, including a discussion of apparent age of recent shells from Norway. *Boreas*. 1972; 1: 143–172.
20. Bard E. Correction of accelerator mass spectrometry  $^{14}\text{C}$  ages measured in planktonic foraminifera: Paleoceanographic implications. *Paleoceanography*. 1988; 3: 635–645.
21. Bard E, Arnold M, Mangerud J, Paterne M, Labeyrie L, Duprat J, et al. The North Atlantic atmosphere-sea surface  $^{14}\text{C}$  gradient during the Younger Dryas climatic event. *Earth and Planetary Science Letters*. 1994; 126: 275–287.
22. Siani G, Paterne M, Michel E, Sulpizio R, Sbrana A, Arnold M, et al. Mediterranean Sea surface radiocarbon reservoir age changes since the last glacial maximum. *Science*. 2001; 294: 1917–1920. PMID: [11729315](#)
23. Bondevik S, Mangerud J, Birks HH, Gulliksen S, Reimar P. Changes in North Atlantic radiocarbon reservoir ages during the Allerød and Younger Dryas. *Science*. 2006; 312: 1514–1517. PMID: [16763147](#)
24. Stein M, Migowski C, Bookman R, Lazar B. Temporal changes in radiocarbon reservoir age in the Dead Sea-Lake Lisan system. *Radiocarbon*. 2004; 46: 649–655.
25. Chen FH, Yu ZC, Yang ML, Ito E, Wang SM, Madsen DB, et al. Holocene moisture evolution in arid central Asia and its out-of phase relationship with Asian monsoon history. *Quaternary Science Reviews*. 2008; 27: 351–364.
26. Kwiecien O, Arz HW, Lamy F, Wulf S, Bahr A, Rohl U, et al. Estimated reservoir ages of the Black Sea since the last glacial. *Radiocarbon* 2008; 50: 99–118.
27. Zhou AF, Chen FH, Wang ZL, Yang ML, Qiang MR, Zhang JW. Temporal change of radiocarbon reservoir effect in Sugan Lake, northwest China during the late Holocene. *Radiocarbon*. 2009; 51: 529–535.
28. Ascough PL, Cook GT, Hastie H, Dunbar E, Church MJ, Einarsson Á, et al. An Icelandic freshwater radiocarbon reservoir effect: implications for lacustrine  $^{14}\text{C}$  chronologies. *The Holocene*. 2011; 21: 1073–1080.
29. Hou J, D'Andrea WJ, Liu Z. The influence of  $^{14}\text{C}$  reservoir age on interpretation of paleolimnological records from the Tibetan Plateau. *Quaternary Science Reviews*. 2012; 48: 67–79.
30. Mischke S, Aichner B, Diekmann B, Herzsich U, Plessen B, Wünnemann B, et al. Ostracods and stable isotopes of a late glacial and Holocene record from the NE Tibetan Plateau. *Chemical Geology*. 2010; 276: 95–103.
31. Henderson ACG, Holmes JA, Leng MJ. Late Holocene isotope hydrology of Lake Qinghai, NE Tibetan Plateau: effective moisture variability and atmospheric circulation changes. *Quaternary Science Reviews*. 2010; 29: 2215–2223
32. Liu XQ, Dong HL, Rech JA, Matsumoto R, Yang B, Wang YB, et al. Evolution of Chaka Salt Lake in NW China in response to climatic change during the latest Pleistocene-Holocene. *Quaternary Science Reviews*. 2008; 27: 867–879.
33. Colman SM, Jones GA, Rubin M, King JW, Peck JA, Orem WH. AMS radiocarbon analyses from Lake Baikal, Siberia: Challenges of dating sediments from a large, oligotrophic lake. *Quaternary Science Reviews*. 1996; 15: 669–684.
34. Geyh MA, Schluechter C. Calibration of the  $^{14}\text{C}$  time scale beyond 22,000 BP. *Radiocarbon*. 1998; 40: 475–482.
35. Hall BL, Henderson GM. Use of uranium-thorium dating to determine past  $^{14}\text{C}$  reservoir effects in lakes: examples from Antarctica. *Earth and Planetary Science Letters*. 2001; 193: 565–577.
36. Grimm EC, Maher LJ Jr., Nelson DM. The magnitude of error in conventional bulk-sediment radiocarbon dates from central North America. *Quaternary Research*. 2009; 72: 301–308.
37. Walker D. Late Pleistocene-early Holocene vegetational and climatic changes in Yunnan Province, southwest China. *Journal of Biogeography*. 1986; 13: 477–486.

38. Wei KQ, Lin RF. The influence of the monsoon climate on the isotopic composition of precipitation in China. *Geochimica*. 1994; 23: 33–41.
39. Song XL, Wu YA, Jiang ZW, Long RH, Li BF, Brenner M, et al. Paleolimnological studies on the limestone district in central Yunnan China. Kunming: Yunnan Science and Technology Press (in Chinese). 1994.
40. Boyle JF. Inorganic geochemical methods in palaeolimnology. In: Last WM, Smol JP, editors. Tracking environmental change using lake sediments, vol 2-physical and geochemical methods. Dordrecht: Kluwer; 2001. pp. 83–141.
41. He YX, Zheng YW, Pan AD, Zhao C, Sun YY, Song M, et al. Biomarker-based reconstructions of Holocene lake-level changes at Lake Gahai on the northeastern Tibetan Plateau. *The Holocene*. 2014; 24: 405–412.
42. Blaauw M. Methods and code for “classical” age modelling of radiocarbon sequences. *Quaternary Geochronology*. 2010; 5: 512–518.
43. Heegaard E, Birks HJB, Telford RJ. Relationships between calibrated ages and depth in stratigraphical sequences: an estimation procedure by mixed-effect regression. *The Holocene*. 2005; 15: 612–618.
44. Soulet G, Ménot G, Lericolais G, Bard E. A revised calendar age for the last reconnection of the Black Sea to the global ocean. *Quaternary Science Reviews*. 2011; 30: 1019–1026.
45. Howarth JD, Fitzsimons SJ, Jacobsen GE, Vandergoes MJ, Norris RJ. Identifying a reliable target fraction for radiocarbon dating sedimentary records from lakes. *Quaternary Geochronology*. 2013; 17: 68–80.
46. Andree M, Oeschger H, Siegenthaler U, Riesen T, Moell M, Ammann B, et al.  $^{14}\text{C}$  dating of plant macrofossils in lake sediment. *Radiocarbon*. 1986; 28: 411–416.
47. Barnekow L, Possnert G, Sandgren P. AMS  $^{14}\text{C}$  chronologies of Holocene lake sediments in the Abisko area, northern Sweden—a comparison between dated bulk sediment and macrofossil samples. *GFF*. 1998; 120: 59–67.
48. Eglinton G, Hamilton RJ. Leaf epicuticular waxes. *Science*. 1967; 156: 1322–1335. PMID: [4975474](#)
49. Cranwell PA, Eglinton G, Robinson N. Lipids of aquatic organisms as potential contributors to lacustrine sediments-II. *Organic Geochemistry*. 1987; 11: 513–527.
50. Ficken KJ, Li B, Swain DL, Eglinton G. An n-alkane proxy for the sedimentary input of submerged/floating freshwater aquatic macrophytes. *Organic Geochemistry*. 2000; 31: 745–749.
51. Bi XH, Sheng GY, Liu XH, Li C, Fu JM. Molecular and carbon and hydrogen isotopic composition of n-alkanes in plant leaf waxes. *Organic Geochemistry*. 2005; 36: 1405–1417.
52. Sachse D, Radke J, Gleixner G.  $\delta\text{D}$  values of individual n-alkanes from terrestrial plants along a climatic gradient—Implications for the sedimentary biomarker record. *Organic Geochemistry*. 2006; 37: 469–483.
53. Han J, Calvin M. Hydrocarbon distribution of algae and bacteria, and microbiological activity in sediments. *Proceedings of the National Academy of Sciences*. 1969; 64: 436–443. PMID: [5261025](#)
54. Weete JD. Algal and fungal waxes. In: Kolattukudy PE, editor. *Chemistry and biochemistry of natural waxes*. Amsterdam: Elsevier; 1976. pp. 349–418.
55. Chen F, Chen X, Chen J, Zhou A, Wu D, Tang L, et al. Holocene vegetation history, precipitation changes and Indian Summer Monsoon evolution documented from sediments of Xingyun Lake, southwest China. *Journal of Quaternary Science*, 2014; 29: 661–674.
56. Dykoski CA, Edwards RL, Cheng H, Yuan DX, Cai YJ, Zhang M, et al. A high-resolution, absolute-dated Holocene and deglacial Asian monsoon record from Dongge Cave, China. *Earth and Planetary Science Letters*. 2005; 233: 71–86.
57. Wang Y, Cheng H, Edwards RL, He Y, Kong X, An Z, et al. The Holocene Asian monsoon: links to solar changes and North Atlantic climate. *Science*. 2005; 308(5723): 854–857. PMID: [15879216](#)
58. Berger A, Loutre MF. Insolation values for the climate of the last 10 million years. *Quaternary Science Reviews*. 1991; 10: 297–317.