

Effect of partial NaCl substitution with KCl on the texture profile, microstructure, and sensory properties of low-moisture mozzarella cheese

Mutamed M. Ayyash¹, Frank Sherkat² and Nagendra P. Shah^{3*}

¹School of Biomedical and Health Sciences, Victoria University, Werribee Campus, PO Box 14428, Melbourne, Victoria 8001, Australia

²School of Applied Sciences, RMIT University, PO Box 2476, Melbourne, Victoria 3001, Australia

³Food and Nutritional Science, School of Biological Sciences, The University of Hong Kong, Pokfulam Road, Hong Kong

Received 16 November 2011; accepted for publication 10 July 2012; first published online 24 September 2012

The effect of partial substitution of NaCl with KCl on texture profile, soluble Ca, K, Na, and P, and microstructure of low-moisture mozzarella cheese (LMMC) was investigated. LMMC batches were prepared using four combinations of NaCl and KCl salt viz., NaCl only, NaCl:KCl, 3:1, 1:1 and 1:3 (w/w); all used at of 46 g/kg curd and plasticised in 4% brine containing the above salt mixtures. Texture profile, microstructure, and percentages of soluble Ca, K, Na, and P were determined. There were no significant differences in hardness, cohesiveness, adhesiveness, and gumminess among the experimental LMMC batches. Environmental scanning electron microscopy images showed compact and homogeneous structure of LMMC at day 27 of storage; however, no significant difference was observed among the experimental LMMC batches. Hardness increased significantly in all experimental LMMC during storage. LMMC salted with NaCl/KCl mixtures had almost similar sensory properties compared with the control. There was no significant difference in creaminess, bitterness, saltiness, sour-acid, and vinegary taste among the experimental LMMC at the same storage period.

Keywords: Salt substitution, environmental scanning electron microscope, Low-moisture Mozzarella cheese, Texture profile.

The importance of salt (NaCl) addition during cheese making has been well established (Guinee, 2004a). NaCl is traditionally used as a preservative to control the growth of undesirable microorganisms. In addition, NaCl affects water activity, enzyme activity and starter culture growth (Sutherland, 2003). A relationship between NaCl addition and the texture profile and microstructure in cheeses has been reported by Guinee & Fox (2004). An increase in NaCl concentration in cheese moisture reduced free water in cheeses thus increasing hardness (Kaya, 2002; Madadlou et al. 2007). However, hardness decreased when proteolysis increased during cheese ripening (Ayyash et al. 2011). Microstructure of cheese is also affected by NaCl addition. Salted cheeses have more homogeneous and smaller fissures compared with unsalted cheeses (McMahon & Oberg, 1998; Madadlou et al. 2007). The importance of NaCl during manufacture of LMMC has been reported by several

researchers (Fox, 1987; Guinee, 2004a; Guinee & Fox, 2004; Kindstedt et al. 2004). However; the health risks associated with increased NaCl consumption is a serious issue for the cheese industry. A positive correlation between excessive NaCl consumption and hypertension (Buemi et al. 2002; Kotchen, 2005), kidney stones, and osteoporosis (Heaney, 2006) has been reported. In the USA, approximately 27% of the population in 2004 suffered from hypertension, in addition to 25 000 deaths because of circumstances related to hypertension (Centers for Disease Control and Prevention, 2007). Fifteen thousand people in Canada are said to die every year because of excessive sodium intake (Cassels, 2008). In order to reduce the daily NaCl intake by consumers, the World Health Organization has recommended that food manufacturers decrease NaCl in their products (World Health Organization, 2007). Cheeses contribute to about 20% of the total daily intake of sodium in the western countries (Guinee, 2004b). Therefore, there is a high demand for NaCl-reduced cheeses. Several issues (unpleasant flavour, high proteolytic activity, poor texture, and growth of pathogenic bacteria) have been reported with

*For correspondence; e-mail: npshah@hku.hk

a simple reduction of NaCl in cheeses (McMahon, 2010). Hence, partial substitution of NaCl with other salts is suggested to be an alternative method to reduce salt in cheese without adverse effects on cheese quality. Potassium chloride (KCl) was successfully used to partially substitute NaCl in cheeses (Guinee, 2004b; Guinee & Fox, 2004; Ayyash et al. 2011). Several studies have been carried out to investigate the effect of partial substitution of NaCl with KCl on chemical composition, proteolysis, and texture profile of various type of cheeses (Zorrilla & Rubiolo, 1994; Katsiari et al. 1997, 2000, 2001; Ayyash & Shah, 2010, 2011a). Ayyash & Shah (2011b) and Ayyash et al. (2011) reported that the effect of partial substitution of NaCl with KCl was insignificant on texture profile analysis (TPA) of Nabulsi and Halloumi cheeses. Katsiari et al. (1997, 1998) reported that texture profile of kefalograviera and Feta cheeses salted with NaCl/KCl mixture differed insignificantly compared with control (salted with only NaCl). The effects salt substitutions on chemical composition and functionality of Mozzarella cheese (Ayyash & Shah, 2011c) and proteolysis (Ayyash & Shah, 2011d) have been reported elsewhere. This study investigated the effects of partial substitution of NaCl with KCl on the texture profile, microstructure, and sensory evaluation of LMMC and to examine the relationship between soluble Ca and texture profile as affected by NaCl substitution.

Materials and Methods

LMMC making

Homogenized and pasteurized milk (protein 3.5%, fat 3%) was purchased from a local dairy plant (Melbourne, VIC, Australia). LMMC was manufactured according to Feeney et al. (2001) with some modifications. Forty litres of milk were tempered to 40 °C and inoculated with TCC-4 direct-in-vat starter culture (15 g per 100 litres of milk; Chr. Hansen, Bayswater, Victoria, Australia) consisting of *Streptococcus thermophilus* and *Lactobacillus delbrueckii* ssp. *bulgaricus* which was added according to the manufacturer's instructions. After 40 min, double-strength chymosin (CHY-MAX; Chr. Hansen) diluted (1:20) with distilled water was added according to manufacturer's instructions and milk coagulated in 35 min. Curd was cut into 1-cm cubes and cooked at 40 °C with continuous agitation for 15 min. Whey was drained and the curd was manually pressed to remove additional whey. The curd was cheddared and milled when the pH of the slabs reached to 5.3 to 5.2. The milled curd was dry-salted with 4 different NaCl/KCl combinations; only NaCl (A; control); 3:1 NaCl:KCl (B); 1:1 NaCl:KCl (C); and 1:3 NaCl:KCl (D), (each at a level of 46 g/kg of cheese curd) and allowed to mellow for 20 min. The salted curd was plasticised in 4% brine solutions in the ratio as in A, B, C, and D at 80 °C for 5 min. The plasticised curd was moulded in circular moulds (about 2.5 kg per block) and the resulting cheese blocks were kept in cold room at 4 °C until the

temperature reached to 15 °C followed by cutting into smaller blocks of 500 g, vacuum-packaged in food grade barrier bags (Food Industry Products, Altona, VIC, Australia) using a Multivac A300/16 machine (Multivac Sepp Haggemuller KG, Wolfertschwenden, Germany) and stored at 4 °C for 27 d. Experimental cheeses were made in triplicate, and sampled at 0, 9, 18, and 27 d of storage. The cheese samples were shredded and then sub-sampled for the following analysis.

Texture profile analysis

The texture profile analysis (TPA; hardness, cohesiveness, adhesiveness, and gumminess) was measured according to Zisu & Shah (2005) with some modifications. Briefly, cheese cylinders of 25×25 mm were cut from the centre of the LMMC blocks. Specimens were kept in a refrigerator at 4 °C in plastic containers overnight followed by TPA. TPA analysis was carried out using an Instron universal testing machine (Model 5564; Instron Ltd, London, England) based on the principle described by Pons & Fiszman (1996). The LMMC samples were compressed to 30% of the height using a 100-N load cell with a flat plunger and the crosshead movement was adjusted to 50 mm/min. A 2-cycle compression was achieved and the data were collected using Merline software. Analyses were carried out in duplicate.

Microstructure by environmental scanning electron microscopy (ESEM)

LMMC specimens were imaged by FEI Quanta® ESEM (Philips Electron Optics, Eindhoven, The Netherlands) using ESEM mode. Images were taken at accelerating voltage at 30 kV under 47 Pa pressure and were magnified by 1000 times at 4 °C. Specimens were not conductivity-coated or defatted before imaging. A horizontal cut of the cheese was carried out by hand, not with a cheese knife and trimmed edges were placed in ESEM and images were visually examined in order to determine differences among batches.

Soluble Ca, P, Na, and K

The soluble Ca expressed as percentage of total Ca in experimental LMMC was analysed according to Metzger et al. (2001) with some modifications. Briefly, grated cheese sample (10 g) was taken from the shredded cheese lot was homogenized with 90 ml MilliQ water (Milllex, Millipore, Bedford, Mass., USA) using an Ultraturrax homogenizer (Jonke & Kunkel K.G., Staufen i. Breisgau, Germany) at 10 000 rpm for 3 min and the cheese slurry was centrifuged at 4000 g for 20 min and then the supernatant was filtered using Whatman # 41 (Whatman International Ltd., Maidstone, England). The filtrate was filtered with a 0.45 µm filter (Millipore) and then soluble Ca and P was determined using the ICPE method mentioned above. The Ca, Na, K, and

Table 1. Hardness, cohesiveness, adhesiveness and gumminess of experimental LMMC salted with only NaCl and 3 different salt mixtures of NaCl and KCl during storage at 4 °C for 27 d

Storage (d)	Salt treatment [†]	Hardness	Cohesiveness	Adhesiveness	Gumminess
0	A	7.61 ± 1.44 ^{a‡}	0.69 ± 0.02 ^a	0.79 ± 0.16 ^a	5.22 ± 0.89 ^a
	B	6.17 ± 0.97 ^a	0.71 ± 0.01 ^a	0.42 ± 0.04 ^{bc}	4.40 ± 0.71 ^a
	C	6.84 ± 1.64 ^a	0.68 ± 0.02 ^a	0.55 ± 0.07 ^{ab}	4.59 ± 1.01 ^a
	D	5.39 ± 1.33 ^a	0.72 ± 0.03 ^a	0.21 ± 0.03 ^c	3.83 ± 0.91 ^a
9	A	5.86 ± 0.86 ^a	0.67 ± 0.02 ^a	0.57 ± 0.11 ^a	3.94 ± 0.67 ^a
	B	6.33 ± 1.44 ^a	0.67 ± 0.03 ^a	0.27 ± 0.15 ^a	4.17 ± 0.84 ^a
	C	7.88 ± 0.45 ^a	0.60 ± 0.01 ^b	0.35 ± 0.13 ^a	4.77 ± 0.36 ^a
	D	5.65 ± 0.08 ^a	0.66 ± 0.01 ^a	0.66 ± 0.11 ^a	3.71 ± 0.05 ^a
18	A	12.51 ± 1.88 ^a	0.59 ± 0.08 ^a	1.34 ± 0.20 ^a	7.16 ± 0.57 ^a
	B	15.63 ± 2.49 ^a	0.51 ± 0.02 ^a	0.89 ± 0.22 ^{ab}	8.10 ± 1.49 ^a
	C	16.60 ± 1.95 ^a	0.50 ± 0.01 ^a	0.62 ± 0.11 ^b	8.26 ± 0.83 ^a
	D	9.56 ± 2.87 ^a	0.49 ± 0.02 ^a	0.85 ± 0.30 ^{ab}	4.71 ± 1.50 ^a
27	A	14.07 ± 1.83 ^a	0.50 ± 0.01 ^b	0.96 ± 0.04 ^a	7.05 ± 1.03 ^a
	B	9.52 ± 0.74 ^a	0.58 ± 0.02 ^a	0.77 ± 0.16 ^a	5.52 ± 0.19 ^a
	C	13.78 ± 2.17 ^a	0.54 ± 0.01 ^{ab}	1.00 ± 0.07 ^a	7.37 ± 1.05 ^a
	D	12.68 ± 2.33 ^a	0.51 ± 0.02 ^b	0.99 ± 0.24 ^a	6.51 ± 1.20 ^a

^{a-c}Means in each column and at the same storage period with same letter did not differ significantly ($P > 0.05$)

[†]Salt treatment: A=NaCl only (control); B=3:1 NaCl:KCl (w/w); C=1:1 NaCl:KCl (w/w); D=1:3 NaCl:KCl (w/w)

[‡]Mean values ± SE of 3 trials

P percentages were calculated as follows:

Percent of soluble Ca, P, Na, or K

$$= \frac{\text{Soluble Ca, P, Na, or K} \frac{\text{mg}}{100 \text{ g}}}{\text{Total Ca, P, Na, or K} \frac{\text{mg}}{100 \text{ g}}}$$

Total Ca, P, Na and K (mg/100 g) results have been presented in Ayyash & Shah (2011c).

Sensory evaluation

Ten well trained panellists were recruited for sensory analysis for a series of scoring test for specific attributes. The panellists were again trained for their ability to detect creaminess, bitterness, saltiness, sour-acid, and vinegary taste; however, the panellists were familiar with basic sensory evaluation techniques for cheeses. Prior to sensory evaluation, they also participated in a briefing session. All panellists signed a consent form and the project was approved by the Human Ethics Committee of Victoria University. Sensory evaluation was conducted for LMMC cheeses at D9, D18, and D27 of storage. Cheese samples were tempered at room temperature for 1 h and cut into pieces and placed on white plates coded with a random numbers. The panellists evaluated 12 cheese samples and water was provided between each sample. The panellists ranked attributes using a 10-point scale as follows: creaminess, 1=absent and 10=extremely creamy; bitterness, 1=absent and 10=extremely bitter; saltiness, 1=absent and 10=extremely salty; sour- acid, 1=not acidic and 10=extremely acidic; vinegary, 1=not detected and 10=high intensity.

Statistical analysis

One-way ANOVA was performed to investigate significant differences at level 0.05 between experimental cheeses at the same storage period. Fisher's test was carried out to examine differences between means of experimental cheeses at same storage period (least significant difference; LSD). The significance of storage period was examined at the same salt treatment using LSD. Pearson's correlation was carried out to investigate a correlation between the four measured minerals and TPA variables at the same salt treatment. Two-way ANOVA was performed to investigate significant effects of salt treatment and storage period interaction on cheese attributes.

Results and Discussion

Texture profile analysis

The chemical composition results of LMMC have been presented in Ayyash & Shah (2011c). Hardness, cohesiveness, adhesiveness, and gumminess of experimental LMMC salted with 4 different salt treatments and stored at 4 °C for 27 d are presented in Table 1. There were no significant ($P > 0.05$) differences in texture profile of the experimental LMMC at same storage period. Nonetheless, hardness of LMMC salted with only NaCl (A) was higher ($P > 0.05$) compared with other treatments. This means that salting with only NaCl was the cause of an increase in hardness during storage. This finding is in agreement with the results of Ayyash et al. (2011) and Katsiari et al. (1997) who showed increase ($P > 0.05$) hardness of Halloumi, Nabulsi, and feta cheeses, respectively, salted with NaCl only compared with those made using partial replacement of NaCl with KCl.

Table 2. Percentages of soluble Ca, P, Na, and K of experimental LMMC salted with only NaCl and 3 different salt mixtures of NaCl and KCl during storage at 4 °C for 27 d

Storage (d)	Salt treatment [†]	Ca (%)	P (%)	Na (%)	K (%)
0	A	14.76±0.85 ^{a‡}	12.75±0.83 ^a	20.08±1.38 ^b	23.99±1.20 ^a
	B	14.54±1.28 ^a	12.02±1.13 ^a	25.88±1.54 ^{ab}	23.58±0.74 ^a
	C	14.35±0.93 ^a	12.27±0.67 ^a	27.58±0.36 ^{ab}	24.78±0.46 ^a
	D	15.18±1.54 ^a	12.90±1.26 ^a	32.68±5.39 ^a	26.90±1.99 ^a
9	A	20.07±2.27 ^a	16.64±1.49 ^a	22.50±3.09 ^a	31.85±4.21 ^a
	B	23.15±5.78 ^a	18.14±4.20 ^a	38.63±7.59 ^a	33.39±5.57 ^a
	C	19.30±3.56 ^a	16.85±3.57 ^a	34.58±6.12 ^a	30.41±4.56 ^a
	D	18.84±3.34 ^a	15.34±2.34 ^a	35.26±6.13 ^a	30.53±4.31 ^a
18	A	29.45±2.72 ^a	16.05±0.77 ^a	21.17±2.52 ^b	39.81±3.17 ^a
	B	18.04±1.84 ^b	15.26±1.41 ^a	31.60±3.87 ^a	27.48±2.84 ^b
	C	18.01±2.11 ^b	15.60±1.69 ^a	30.34±3.63 ^{ab}	26.37±2.25 ^b
	D	21.29±0.89 ^b	18.34±0.73 ^a	35.41±2.38 ^a	30.20±1.16 ^b
27	A	25.25±1.89 ^a	13.08±1.38 ^a	22.14±4.26 ^a	23.74±3.96 ^{ab}
	B	18.60±2.51 ^b	9.53±0.32 ^{ab}	22.39±0.71 ^a	17.85±1.10 ^b
	C	17.12±0.70 ^b	11.55±0.89 ^b	24.62±0.54 ^a	21.54±0.95 ^{ab}
	D	19.69±1.67 ^{ab}	14.61±1.22 ^a	30.11±2.67 ^a	26.42±1.77 ^a

^{a-b}Means in each column and at the same storage period with same letter did not differ significantly ($P>0.05$)

[†]Salt treatment: A=NaCl only (control); B=3:1 NaCl:KCl (w/w); C=1:1 NaCl:KCl (w/w); D=1:3 NaCl:KCl (w/w)

[‡]Mean values±SE of 3 trials

Table 3. Pearson correlations of percentages of soluble Ca, K, Na, and P and texture profile of LMMC at same salt treatment[†]

Element%	Salt Treatment [†]	Hardness	Cohesiveness	Adhesiveness	Gumminess
Ca	A	0.5673 (0.0544)	-0.7154 (0.0089)	0.6495 (0.0223)	0.3874 (0.2133)
	B	0.1014 (0.7666)	-0.0720 (0.8333)	-0.3444 (0.2996)	0.0830 (0.8082)
	C	0.1773 (0.5813)	-0.3452 (0.2721)	-0.1993 (0.5345)	0.1022 (0.7519)
	D	0.0838 (0.8301)	-0.4319 (0.2457)	0.10125 (0.7955)	-0.0225 (0.9542)
K	A	0.1087 (0.7366)	-0.1260 (0.6962)	0.40461 (0.192)	0.0656 (0.8394)
	B	0.0854 (0.8027)	0.1119 (0.7432)	-0.4151 (0.2042)	0.0898 (0.7929)
	C	-0.1839 (0.5673)	0.0451 (0.8891)	-0.5648 (0.0557)	-0.2343 (0.4635)
	D	0.0744 (0.8493)	0.052 (0.8943)	-0.1216 (0.7552)	0.1027 0.7926 ()
Na	A	0.1773 (0.5821)	-0.2821 (0.3742)	0.2398 (0.4528)	0.0272 (0.9329)
	B	0.0773 (0.8212)	0.0676 (0.8434)	-0.4315 (0.185)	0.0667 (0.8454)
	C	-0.0634 (0.8447)	-0.0250 (0.9384)	-0.4903 (0.1056)	-0.1044 (0.7467)
	D	0.0201 (0.9589)	0.1480 (0.7038)	-0.1960 (0.6132)	0.0580 (0.8821)
P	A	-0.2890 (0.3622)	0.1631 (0.6127)	-0.0247 (0.9391)	-0.2958 (0.3505)
	B	0.0893 (0.7944)	0.0782 (0.8191)	-0.4362 (0.1798)	0.0852 (0.8032)
	C	0.0114 (0.9719)	-0.1703 (0.5965)	-0.4726 (0.1207)	-0.0635 (0.8446)
	D	0.3341 (0.3794)	-0.4825 (0.1883)	0.2630 (0.4941)	0.2519 (0.5132)

[†]Results are expressed as correlation coefficients P -values are in (italic)

[‡]Salt treatment: A=NaCl only (control); B=3:1 NaCl:KCl (w/w); C=1:1 NaCl:KCl (w/w); D=1:3 NaCl:KCl (w/w)

Softness in cheese with partial substitution of NaCl with KCl was probably due to proteolytic enzymes. We anticipated that proteolytic enzymes were inactivated or activated in presence of KCl. Armenteros et al. (2009) found that some proteolytic enzymes in the meat product were inhibited and/or activated in the presence of KCl. Also, we have reported that ACE-inhibitory activity of LMMC salted with high KCl concentrations (C and D) was higher compared with the control (A) (Ayyash & Shah, 2011d). A direct effect of proteolysis on the texture of cheeses has been reported (Fox & McSweeney, 1996; Upadhyay et al. 2004). The effects of partial substitution of NaCl with KCl on proteolytic activity

and on texture profile need further investigation. Analysis of variance showed that hardness and gumminess slightly increased ($P>0.05$) during storage at the same salt treatment. This may be due to increase in medium and small peptides as a results of proteolysis, that increased water holding which in turn increased hardness and gumminess (Lawrence et al. 1987). This result is in agreement with that of Ayyash et al. (2011) who reported a significant increase in hardness in Halloumi cheese during the first 2 weeks of storage at 4 °C. Two-way ANOVA showed that salt treatment and storage time interaction had no significant effect on TPA profile of LMMC.

Table 4. Sensory properties of experimental LMMC salted with only NaCl and 3 different salt mixtures of NaCl and KCl during storage at 4 °C for 27 d

Storage (d)	Salt treatment [†]	Creaminess	Bitterness	Saltiness	Sour-acid	Vinegary
9	A	5.45±0.66 ^{a‡}	2.40±0.50 ^a	2.45±0.45 ^a	1.90±0.43 ^a	2.50±0.65 ^a
	B	5.00±0.71 ^a	2.29±0.36 ^a	2.20±0.47 ^a	2.25±0.52 ^a	2.75±0.63 ^a
	C	5.70±0.56 ^a	2.30±0.37 ^a	2.05±0.45 ^a	2.05±0.40 ^a	2.30±0.54 ^a
	D	5.45±0.55 ^a	2.85±0.61 ^a	1.95±0.35 ^a	2.05±0.38 ^a	2.10±0.43 ^a
18	A	6.20±0.61 ^a	2.85±0.47 ^a	2.30±0.45 ^a	2.40±0.56 ^a	2.80±0.70 ^a
	B	6.40±0.48 ^a	2.85±0.57 ^a	2.25±0.54 ^a	2.25±0.49 ^a	2.55±0.54 ^a
	C	6.75±0.58 ^a	2.35±0.47 ^a	2.20±0.51 ^a	1.95±0.37 ^a	2.30±0.54 ^a
	D	6.40±0.65 ^a	2.30±0.52 ^a	2.10±0.48 ^a	2.00±0.42 ^a	2.50±0.58 ^a
27	A	6.60±0.54 ^a	2.85±0.43 ^a	1.90±0.41 ^a	1.95±0.30 ^a	2.70±0.60 ^a
	B	7.15±0.51 ^a	3.30±0.58 ^a	2.10±0.43 ^a	2.45±0.45 ^a	3.30±0.68 ^a
	C	6.70±0.58 ^a	3.30±0.58 ^a	1.85±0.32 ^a	2.50±0.50 ^a	3.15±0.68 ^a
	D	6.85±0.71 ^a	2.70±0.50 ^a	1.85±0.45 ^a	2.25±0.43 ^a	3.05±0.69 ^a

^{a-b}Means in each column and at the same storage period with same letter did not differ significantly ($P>0.05$)

[†]Salt treatment: A=NaCl only (control); B=3:1 NaCl:KCl (w/w); C=1:1 NaCl:KCl (w/w); D=1:3 NaCl:KCl (w/w)

[‡]Mean values ± SE of 3 trials

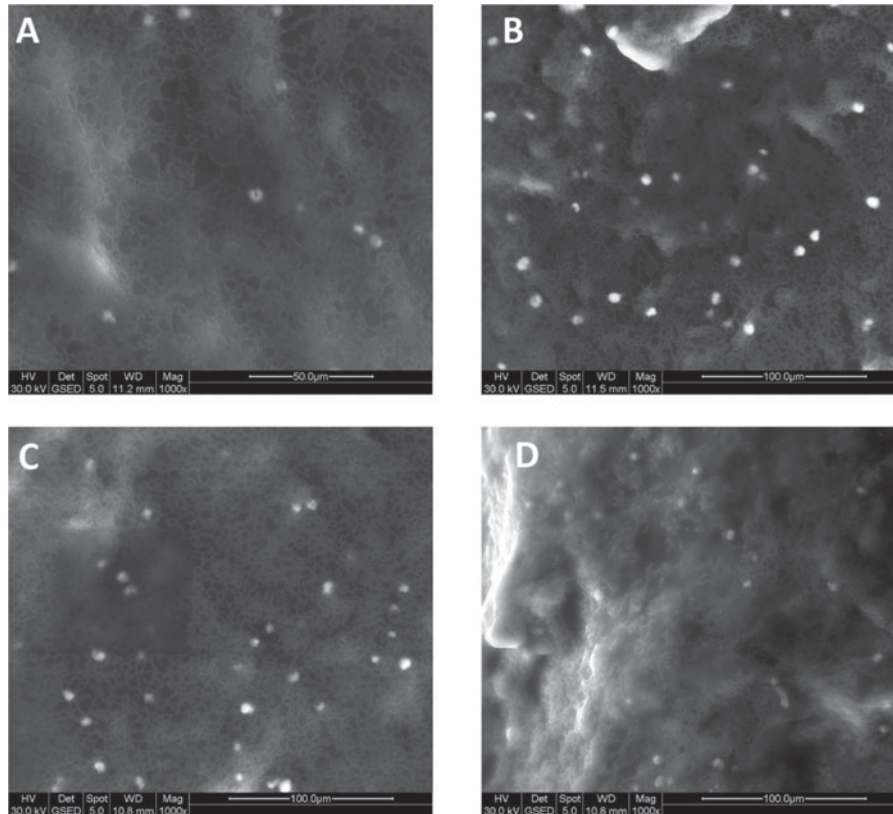


Fig. 1. The ESEM images of 4 experimental LMMC samples; A=NaCl only (control); B=3NaCl:1KCl (w/w); C=1NaCl:1KCl (w/w); D=1NaCl:3KCl (w/w) at day 27 of storage.

Soluble Ca, P, Na, and K

The total concentrations of Ca, P, Na and K (mg/100 g cheese) of experimental LMMC cheeses at DO and stored at 4 °C were presented in Ayyash & Shah (2011c). Table 2 presents the percent of soluble Ca, P, Na, and K of

experimental LMMC salted with 4 different salt treatments during storage. Soluble Ca and P showed almost similar patterns; both elements showed no significant ($P>0.05$) differences between experimental LMMC batches at 0 and 9 d storage, while the differences were significant ($P<0.05$) for the rest of the storage period. On the other hand, cheese

salted with only NaCl (A) had a higher ($P < 0.05$) soluble Ca than other treatments towards the end of storage period (18 and 27 d). This may suggest that Na possessed more ability to exchange with Ca in the casein network than K. In general, there were no significant differences ($P > 0.05$) in the percentage of soluble Na and K between experimental LMMC at the same storage period. The percentage of soluble Ca and P increased ($P > 0.05$) as a result of ripening at same salt treatment. This may be due to the conversion of insoluble Ca and P to their soluble state during storage (Hassan et al. 2004). Two-way ANOVA showed that salt treatment and storage time interaction had no significant effect on the 4 soluble elements of LMMC.

Correlations and microstructure

Hardness and gumminess correlated positively with the percentage of soluble Ca at the same salt treatment, especially in LMMC salted with only NaCl (treatment A) (Table 3). There were no observable correlations between texture profile attributes and the percentage of soluble K, Na, and P at any salt treatments. The microstructure images of experimental LMMC taken at the end of the storage period are shown in Fig. 1. ESEM micrographs of A, B, C, and D treatments showed a uniform casein matrix, small voids, and a homogeneous LMMC structure at day 27 of storage. White spots were evenly distributed in cheese matrix in all salt treatments. As seen in Fig. 1, there was no obvious difference in microstructure between experimental LMMC at day 27 of storage. This suggests that NaCl and KCl had similar effects on the microstructure of LMMC. This finding is in accordance with the result of Ayyash et al. (2011) who found similar results.

Sensory evaluation

Table 4 presents sensory evaluation scores of LMMC during storage. The analysis of variance showed no significant difference ($P > 0.05$) in creaminess, bitterness, saltiness, sour-acid, and vinegary taste among the experimental LMMC at the same storage time. These results are in accordance with those of Katsiari et al. (1997, 1998). Numerically, treatments C and D received lower saltiness scores compared with other treatments at the same storage period. This suggested that substitution of NaCl with KCl may decrease saltiness taste. Vinegary taste score increased ($P > 0.05$) during storage at the same salt treatment. This may be attributed to the increase in organic acids content occurred during storage.

Conclusion

In general, the use of NaCl or NaCl/KCl mixtures in the salt of cheeses had similar effects on texture profile and microstructure of LMMC at the same storage period. Hence, KCl may be used as an alternative salt to substitute NaCl to produce LMMC. Further investigation is required to

understand the effect of NaCl substitution on the conversion of insoluble Ca to soluble Ca in LMMC during storage.

References

- Armenteros M, Aristoy MC, Barat JM & Toldrá F 2009 Biochemical changes in dry-cured loins salted with partial replacements of NaCl by KCl. *Food Chemistry* **117** 627–633
- Ayyash MM & Shah NP 2010 Effect of partial substitution of NaCl with KCl on Halloumi cheese during storage: chemical composition, lactic bacterial count, and organic acids production. *Journal of Food Science* **75** C525–C529
- Ayyash MM & Shah NP 2011a Effect of partial substitution of NaCl with KCl on proteolysis of Halloumi cheese. *Journal of Food Science* **76** C31–C37
- Ayyash MM & Shah NP 2011b The effect of substituting NaCl with KCl on Nabulsi cheese: chemical composition, total viable count, and texture profile. *Journal of Dairy Science* **94** 2741–2751
- Ayyash MM & Shah NP 2011c The effect of substitution of NaCl with KCl on chemical composition and functional properties of low-moisture Mozzarella cheese. *Journal of Dairy Science* **94** 3761–3768
- Ayyash MM & Shah NP 2011d Proteolysis of low-moisture Mozzarella cheese as affected by substitution of NaCl with KCl. *Journal of Dairy Science* **94** 3769–3777
- Ayyash MM, Sherkat F, Francis P, Williams RP & Shah NP 2011 The effect of sodium chloride substitution with potassium chloride on texture profile and microstructure of Halloumi cheese. *Journal of Dairy Science* **94** 37–42
- Buemi M, Senatore M, Corica F, Aloisi C, Romeo A, Tramontana D & Frisina N 2002 Diet and arterial hypertension: is the sodium ion alone important? *Medicinal Research Reviews* **22** 419–428
- Cassels A 2008 Move over war on trans fats; make way for the war on salt. *Canadian Medical Association Journal* **178** 256
- Centers for Disease Control and Prevention 2007 Health, United States, 2007. Retrieved October 14, 2008 from <http://www.cdc.gov/nchs/data/hs/hs07.pdf>
- Feeney EP, Fox PF & Guinee TP 2001 Effect of ripening temperature on the quality of low moisture Mozzarella cheese: 1. Composition and proteolysis. *Lait* **81** 463–474
- Fox PF 1987 Significance of salt in cheese ripening. *Dairy Industries International* **52** 19–22
- Fox PF & McSweeney PLH 1996 Proteolysis in cheese during ripening. *Food Reviews International* **12** 457–509
- Guinee TP 2004a Salting and the role of salt in cheese. *International Journal of Dairy Technology* **57** 99–109
- Guinee TP 2004b Scrap the salt: as concern about the high salt content of cheese rises. *Dairy Industries International* **69** 36–38
- Guinee TP & Fox PF 2004 Salt in cheese: Physical, chemical and biological aspects. In *Cheese: Chemistry, Physics and Microbiology. General Aspects*, Vol. 1, pp. 207–259 (Eds PF Fox, PLH McSweeney, TM Cogan & TP Guinee). Elsevier Academic Press, London, UK
- Hassan A, Johnson ME & Lucey JA 2004 Changes in the proportions of soluble and insoluble calcium during the ripening of Cheddar cheese. *Journal of Dairy Science* **87** 854–862
- Heaney RP 2006 Role of dietary sodium in osteoporosis. *Journal of the American College of Nutrition* **25** 271–276
- Katsiari MC, Voutsinas LP, Alichanidis E & Roussis IG 1997 Reduction of sodium content in feta cheese by partial substitution of NaCl by KCl. *International Dairy Journal* **7** 465–472
- Katsiari MC, Voutsinas LP, Alichanidis E & Roussis IG 1998 Manufacture of kefalograviera cheese with less sodium by partial replacement of NaCl with KCl. *Food Chemistry* **61** 63–70
- Katsiari MC, Voutsinas LP, Alichanidis E & Roussis IG 2000 Proteolysis in reduced-sodium feta cheese made by partial substitution of NaCl by KCl. *International Dairy Journal* **10** 635–646
- Katsiari MC, Voutsinas LP, Alichanidis E & Roussis IG 2001 Proteolysis in reduced sodium kefalograviera cheese made by partial replacement of NaCl with KCl. *Food Chemistry* **73** 31–43

- Kaya S** 2002 Effect of salt on hardness and whiteness of Gaziantep cheese during short-term brining. *Journal of Food Engineering* **52** 155–159
- Kindstedt P, Caric M & Milanovic S** 2004 Pasta-filata cheeses. In *Cheese: Chemistry, Physics and Microbiology*, Vol. 2, pp. 251–277 (Eds PF Fox, PLH McSweeney, TM Cogan & TP Guinee). Elsevier Academic Press, London, UK
- Kotchen TA** 2005 Contributions of sodium and chloride to NaCl-induced hypertension. *Hypertension* **45** 849–850
- Lawrence RC, Creamer LK & Gilles J** 1987 Texture development during cheese ripening. *Journal of Food Science* **49** 1098–1101
- Madadlou A, Khosrowshahi A, Mousavi ME & Farmani J** 2007 The influence of brine concentration on chemical composition and texture of Iranian white cheese. *Journal of Food Engineering* **81** 330–335
- McMahon DJ** 2010 Issues with lower fat and lower salt cheeses. *Australian Journal of Dairy Technology* **65** 200–205
- McMahon DJ & Oberg CJ** 1998 Influence of fat, moisture and salt on functional properties of mozzarella cheese. *Australian Journal of Dairy Technology* **53** 98–101
- Metzger LE, Barbano DM & Kindstedt PS** 2001 Effect of milk preacidification on low fat Mozzarella cheese: III. Post-melt chewiness and whiteness. *Journal of Dairy Science* **84** 1357–1366
- Pons M & Fiszman SM** 1996 Instrumental texture profile analysis with particular reference to gelled systems. *Journal of Texture Studies* **27** 597–624
- Sutherland BJ** 2003 In *Book Encyclopedia of dairy sciences*. Vol. 1, pp. 293–300. (Eds H Roginski, JW Fuquay & PF Fox). Elsevier Academic Press, London, UK
- Upadhyay VK, McSweeney PLH, Magboul AAA & Fox PF** 2004 Proteolysis in cheese during ripening. In *Cheese: Chemistry, Physics and Microbiology. General Aspects*, Vol. 1, pp. 391–433 (Eds PF Fox, PLH McSweeney, TM Cogan & TP Guinee). Elsevier Academic Press, London, UK
- World Health Organization 2007 Reducing salt intake in populations** http://www.who.int/dietphysicalactivity/reducingsaltintake_EN.pdf
- Zisu B & Shah NP** 2005 Low-fat mozzarella as influenced by microbial exopolysaccharides, preacidification, and whey protein concentrate. *Journal of Dairy Science* **88** 1973–1985
- Zorrilla SE & Rubiolo AC** 1994 Fynbo cheese NaCl and KCl changes during ripening. *Journal of Food Science* **59** 972–975