

CURRICULUM VITAE

Last Name: Sik
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Academic Qualifications:

Bachelor of Science (International Business and Computer Science)
University of Oregon, USA. 1976

Master of Art (Religious Studies)
University of London, School of Oriental and African Studies. 1994

The Post-Graduate Diploma in Family Mediation
HKU School of Professional and Continuing Education,
The University of Hong Kong. 2003.

Educational Related Experience:

Co-setter for the subject Religious Studies (Buddhism) for the Hong Kong Certificate of Education Examination
Hong Kong Examinations and Assessment Authority (1997 -1998)

Consultant representing the Hong Kong Buddhist Association to sit on the subject committee to development the new Religious Studies (Buddhism) syllabus in the Hong Kong Certificate of Education Examination
Hong Kong Examinations and Assessment Authority (1997 -2000)

Founding fellow of the Centre of Buddhist Studies of the University of Hong Kong. Contributions during the period 1999-2002, including: the drafting of the initial proposal for the establishment of the Centre, soliciting donation, scouting and interviewing staffs, and drawing up the draft syllabus for the degree of Master of Buddhist Studies

Organized and taught in a program that enabled Form 6 and 7 students in Buddhist secondary schools to study the Ethics and Religious Studies syllabus for the Hong Kong AS-level examination

Hong Kong Buddhist Association (2000-2002)

Visiting Assistant Professor of the Centre of Buddhist Studies of The University of Hong Kong (2002 - 2005)

Primary instructor for the series of workshops designed for preparing all teachers teaching the 2005 Religious Studies (Buddhism) Syllabus

Hong Kong Examinations and Assessment Authority and Hong Kong Buddhist Association (2003)

Supervisor of Buddhist Bright Pearl Primary School (2005)

Visiting Professor of the Holy Spirit Seminary College (aggregated to the Pontifical Urban University, Rome) (2005)

Teaching Consultant of the Centre of Buddhist Studies of the University of Hong Kong (2005 - 2009)

Assistant Professor of the Centre of Buddhist Studies of the University of Hong Kong (2009 - Present)

Acting Director of the Centre of Buddhist Studies of the University of Hong Kong (Nov 2010 - Aug 2012)

Director of the Centre of Buddhist Studies of the University of Hong Kong (Aug 2012 - Present)

Courses Taught in The University of Hong Kong:

Undergraduate courses:

Money, Love and Morality

In Search of Happiness and the Meaning of Life

The Essence of Buddhist Teachings

Graduate courses:

How to Teach Buddhism

Positioning Buddhism in Today's World

Study of Important Buddhist Meditation Texts

The Concept of Emptiness and Prajñāpāramitā Literature

Buddhism and Science

Course Taught in the Holy Spirit Seminary College

Study of Buddhism

Course Taught in the Nitārtha Institute, US

Platform Sutra of the Sixth Patriarch (2013)

Publications:

Books:

- *正覺的道路* 香港中學會考佛學科適用課本 香港佛教聯合會出版 2003
- 「生命定向」增進計劃—導師使用手冊 香港教育統籌局優質教育基金 2006
- *佛化生命教育課程教材套初中篇* 香港教育統籌局優質教育基金、東蓮覺苑 2008
- *佛化生命教育課程教材套高小篇* 香港教育統籌局優質教育基金、東蓮覺苑 2008
- *新高中倫理與宗教課程支援教材宗教傳統單元一：佛教* 教育局課程發展處 2009
- *緣起生命教育 高小佛學輔助教材 正覺的道路* 小四（學生課本，作業，教師用書（光碟））香港佛教聯合會出版 2010
- *緣起生命教育 初中佛學輔助教材 正覺的道路* 中一（學生課本，作業，教師用書（光碟））香港佛教聯合會出版 2010
- *緣起生命教育 高小佛學輔助教材 正覺的道路* 小五（學生課本，作業，教師用書（光碟））香港佛教聯合會出版 2011
- *緣起生命教育 初中佛學輔助教材 正覺的道路* 中二（學生課本，作業，教師用書（光碟））香港佛教聯合會出版 2011
- *通識心要—緣起生命教育*（學生課本，附教材光碟）香港大學佛學研究中心 2011
- *緣起生命教育 初中佛學輔助教材 正覺的道路* 中三（學生課本，作業，教師用書（光碟））香港佛教聯合會出版 2012
- *緣起生命教育 高小佛學輔助教材 正覺的道路* 小六（學生課本，作業，教師用書（光碟））香港佛教聯合會出版 2013

Articles and Chapters in Books:

- *Neutral and Impartial*, ADR Bulletin, The monthly newsletter on dispute resolution, Lexis Nexis Butterworths, Australia. June 2002.
- *佛學、心理學與個人成長 華人文化與心理輔導模式探索* 華人文化與心理輔導模式探索 / 陳麗雲...[等]主編;香港大學-清華大學心理輔導研究中心. 北京市: 民族出版社 2003
- “香港是我家” -- 《沒有硝煙的戰爭—香港醫護人員抗 SARS 感言錄》 黃岐阮嘉毅主編. 香港：明窗出版社 2003
- “*The Pearl of the Tripitaka, Two Vaggas in the Sutta-Nipata.*” in *Buddhist and Pali Studies in Honour of the Venerable Professor Kakkapalliye Anuruddha*, edited by KL; Karunadasa Khammajoti, 2009, Centre of Buddhist Studies, The University of Hong Kong, 417-28
- “*Dharma Therapy: An Intervention Program With Mindfulness As One of Its Key Components*” in *New horizons In Buddhist psychology, relational Buddhism for collaborative Practitioners* , 2010, Mautits G.T. Kwee, Tao Institute Publications, 353-373

Other publications:

- “*Orientation to Life*” *Enhancement Project and Life Education*, A Harmonious World Begins in the Mind, Collected Works of the World Buddhist Forum, Religious Culture Publishing House, 2006
- Script and text of the Multi Media Drama Production: *Hua-yen Sutra*, Present and Produced by Zuni Icosahedron, 編導：胡恩威, 2007

Unpublished Work:

- *A Study of the Diamond Sutra Eulogies by the Mahasattva Fu of the Liang Dynasty and its Translation into English*, a dissertation submitted to the University of London School of Orientation and African Studies for the fulfilment of the study of Master of Art in Religious Studies (1995)

Conference and Others Presentations:

- *Buddhist view on evil cult*, a speech given as an expert opinion in the LegCo Panel on Home Affairs of Legislative Council of the HKSAR. Content of the speech was published in whole by the Ming Pao Daily and Wen Wei Pao (2001)
- *Buddhism, Psychotherapy and Personal Growth* a paper present in the “International Conference of Chinese Culture and Counseling” organized by the Centre on Behavioral Health of The University of Hong Kong (2001)

- *Facing Death*, a speech delivered as a special guest speaker in the forum on “Attitude Toward Death” organized by the Society for the Promotion of Hospice Care (2004)
- *Dharma Therapy: A therapeutic intervention that builds on the Universal Dharma with mindfulness practice as one of its key components*, a paper presented in the conference on “Cross Road between Chinese Culture and Western Counselling Models” organized by the Centre on Behavioral Health of The University of Hong Kong (2004)
- *Buddhism and Society: The Mahayana Perspective* a talk given in the Southern and Northern traditions of Buddhism Lecture series organized by the Centre of Buddhist Studies of The University of Hong Kong (2004)
- *Can The Understanding Of Suffering End The Suffering?*, a paper jointly presented with Bustan S. in the “Second Workshop On Suffering And Pain” organised by University Of Luxembourg (2011)
- *Awareness Training Program: A Buddhist Teachings Based Intervention* a presentation delivered as one of the speakers in the “Buddhist Meditative Praxis: Tradition teachings and Modern application” International Conference organized by The Centre of Buddhist Studies of The University of Hong Kong (2013)

Religious Affiliation

- Member of the Sangha of the Mahayana Buddhist Tradition
- 45th generation Lineage holder of *LingJi* School of Chan (臨濟宗)
- 10th generation Lineage holder of *Guiyang* School of Chan (滄仰宗)

Membership in Professional Organizations:

- Hong Kong International Arbitration Centre Accredited Family Mediator
- Member of the Sangha of the Mahayana Buddhist Tradition

Grants and Awards:

- Grant (\$1 million) for the research project “*Orientation to Life Enhancement Project*” funded by Quality Education Fund of Hong Kong Government (2004-2006)
- General Award (\$485,000) for the “*Development of the learning resource packs on new senior secondary ethics and religious studies - Section D*”

funded by the Education and Manpower Bureau of Hong Kong Government (2006-2007)

- General Award (\$1 million) for the research project “*The possibility of integrating Buddhist Teaching into the NSS curriculum for Liberal Studies*” funded by Li Chong Yuet Ming Buddhist Studies Fund (2006-2009)
- General Award (\$218,500) for the research project “*Project to develop teaching packages predominantly for module 1 (personal development and interpersonal relationships) of the NSS Liberal Studies (LS) curriculum*” funded by the Education and Manpower Bureau of Hong Kong Government (2006-2009)
- General Award (\$1.8 million) for the research project “*Life Education Based on the Concept of Dependent Origination (LEDO) Project: The Development of a New Set of Teaching Materials for Buddhist Curriculum for Upper Primary and Lower Secondary*” funded by Tung Lin Kok Yuen (2008-2013)
- General Award (\$5 million) for the research project “*Traditional Chinese Ethics and Religions Research Project*” funded by Sik Sik Yuen (2009-Present)
- Research Grant Council General Research Fund (\$250,360) for the research project “*Understanding Guangdong Buddhist Death Ritual in order to bring about a better understanding of the people in Hong Kong*” (2011-present)
- Grant (\$2.7millions) for the research project “*Development of a New Therapeutic Intervention, the Awareness Training Program and Evaluation of its Effect on Clients’ Ability to Handle Stress using Self-report Questionnaires and Electroencephalography*” funded by Li Ka Shing Foundation (2013-present)
- Grant (\$1million) for the contract research project “*Teaching Materials Re ‘Buddhist Moral Education and Values’ for Primary 1-3*” funded by Hong Kong Buddhist Association (2013-present)
- Grant (\$1.12 million) for the contract research project “*Teaching Materials Re ‘Buddhist Moral Education and Values’ for Secondary 1-3*” funded by Hong Kong Buddhist Association (2013-present)

Current Research:

- Development of a New Therapeutic Intervention, the Awareness Training Program and Evaluation of its Effect on Clients' Ability to Handle Stress using Self-report Questionnaires and Electroencephalography
- “Orientation to Life Enhancement Project”: Can a series of workshops based on Buddhist teaching enhance the Sense of Coherence of high school students?
- Effect of Practice of Buddhism on Emotion Functioning
- Traditional Chinese Ethics and Religions Research Project
- Understanding Guangdong Buddhist Death Ritual in order to bring about a better understanding of the people in Hong Kong
- “Teaching Materials Re ‘Buddhist Moral Education and Values’ for Primary 1-3”
- “Teaching Materials Re ‘Buddhist Moral Education and Values’ for Secondary 1-3”

Community Services:

- Member of the Advisory Committee (General Services) of Oasis---Center for the Personal Growth & Crisis Intervention, Hospital Authority of HKSAR (2001-present)
- Executive Director of the Hong Kong Buddhist Association
- Director of the Awareness Spiritual Growth Centre
- Member of Clinical Ethics Committee of the Kowloon West Cluster of Hospitals of HKSAR