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<th>Bonding to Er-YAG laser-treated dentin</th>
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<td>Author(s)</td>
<td>Ceballos, L; Toledano, M; Osorio, R; Tay, FR; Marshall, GW</td>
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ABSTRACT
Er-YAG laser irradiation has been claimed to improve the adhesive properties of dentin. We tested the hypothesis that dentin adhesion is affected by Er-YAG laser conditioning. Superficial or deep dentin from human molars was: (a) acid-etched with 35% H₃PO₄; (b) irradiated with an Er-YAG laser (KaVo) at 2 Hz and 180 mJ, with water-cooling; and (c) laser- and acid-etched. Single Bond (3M ESPE) and Z100 composite (3M ESPE) were bonded to the prepared surfaces. After storage, specimens were tested in shear to failure. Bonded interfaces were demineralized in EDTA and processed for transmission electron microscopy. Two-way ANOVA revealed that conditioning treatment and interaction between treatment and dentin depth significantly influenced shear bond strength results. Acid-etching alone yielded shear bond strength values that were significantly higher than those achieved with laser ablation alone, or in combination with acid-etching. The Er-YAG laser created a laser-modified layer that adversely affects adhesion to dentin, so it does not constitute an alternative bonding strategy to conventional acid etching.

KEY WORDS: laser irradiation, acid etch, shear bond strength, ultrastructure.

INTRODUCTION
The formation of a hybrid layer and resin tags is essential to the establishment of a strong bond between resin and dentin (Nakabayashi et al., 1982; Nakabayashi, 1992; Van Meerbeck et al., 1992). One way of achieving this is by the complete dissolution of smear layer and the demineralization of intertubular and peritubular dentin, resulting in an exposed collagen matrix that is subsequently infiltrated by resin that polymerizes in situ.

Erbium-YAG (Er-YAG) lasers emit a wavelength of 2.94 μm that coincides with the major absorption band of water. This emitted energy is well-absorbed by hydroxyapatite, and has been shown to remove dental hard tissues more effectively than other laser systems (Hibst and Keller, 1989, 1993; Keller and Hibst, 1989). Little thermal damage has been reported (Keller and Hibst, 1990; Sonntag et al., 1996; Li et al., 1992), especially when it is used in conjunction with a water spray (Burkes et al., 1992; Visuri et al., 1996a). The Er-YAG laser has also been used clinically for caries removal and cavity preparation (Matsumoto et al., 1996; Pelagalli et al., 1997; Keller et al., 1998).

Several characteristics of lased dentinal tissue have previously been considered as advantageous for resin bonding. They include the formation of a microscopically rough substrate surface without demineralization, open dentinal tubules without smear layer production, and dentin surface sterilization (Wright et al., 1993; Visuri et al., 1996b; Aoki et al., 1998; Niu et al., 1998). Visuri et al. (1996b) reported that Er-YAG laser irradiation of dentin provided shear bond strength results that were better than those achieved with acid-etching. They suggested that laser treatment might replace acid-etching as a pre-treatment procedure for dentin bonding.

The aim of this study was to investigate the effect of Er-YAG laser irradiation on dentin SBS and the ultrastructure of the resin-dentin interface. Superficial and deep dentin samples were studied separately. The null hypothesis tested was that there is no difference in the shear bond strength of a two-step, self-priming adhesive to acid-etched, laser-ablated, or laser-ablated/acid-etched dentin.

MATERIALS & METHODS
Sixty non-carious human third molars were stored in water at 4°C until use. They were obtained with a protocol that was reviewed and approved by the Ethics Committee of the University of Granada and with the informed consent of the donors. Half of the teeth were sectioned below the dentino-enamel junction and ground with 180-grit abrasive paper under running water to provide uniform surfaces of superficial dentin. The remaining 30 teeth were sectioned 1.1 ± 0.1 mm below the original level and ground flat to expose deep dentin.

Superficial and deep dentin surfaces were randomly distributed into three experimental groups:
et al. which were classified as cohesive, adhesive, or mixed (Versluis et al., 1996) with a stereomicroscope for determination of the failure modes, moved freely in a controlled manner.

Specimens were prepared for shear bond strength testing by the Watanabe jig method (Watanabe et al., 1996). They were bonded with Single Bond (3M ESPE) with the use of a wet-bonding technique. Two consecutive coats of adhesive were applied, dried gently for 2-5 sec for evaporation of the solvent, and then light-activated for 10 sec. Z-100 resin composite (3M ESPE) was then light-activated for 2-5 sec for evaporation of the solvent, and then light-activated for 10 sec. The total composite thickness was 2-5 mm.

Laser-etched and acid-etched: dentin surface was initially stained with phosphotungstic acid and uranyl acetate. A high-magnification view showing the presence of intact, bonded collagen fibrils within the hybrid layer. A, adhesive layer. Bar = 300 nm.

Shear Bond Strength Testing

Specimens were fixed, demineralized, dehydrated, and epoxy-embedded according to the TEM protocol reported by Tay et al. (1999). Ultrathin sections from 70 to 90 nm thick were double-stained with phosphotungstic acid and uranyl acetate so that the status of the collagen fibrils within the bonded interfaces could be examined by means of TEM (Philips EM208S, Eindhoven, The Netherlands) operating at 80 kV.

RESULTS

Shear bond strength was not significantly influenced by dentin depth (p = 0.91) (Table). However, the type of conditioning treatment (p < 0.0001) and the interaction of these two factors were statistically significant (p = 0.02).

Multiple comparison tests revealed that acid-etching alone yielded shear bond strength values that were significantly higher than those achieved with laser ablation, regardless of whether the latter was used in conjunction with acid-etching. No statistically significant differences were observed among shear bond strength results derived from superficial or deep dentin when dentin was acid-etched or laser-ablated. However, significantly higher values were obtained in superficial dentin compared with deep dentin when laser ablation was used before acid-etching.

A mixed-failure mode was predominantly observed in fractured specimens that were etched with phosphoric acid only. Conversely, adhesive failures were exclusively seen in the other groups.

Transmission Electron Microscopy (TEM)

Twelve caries-free human third molars were used in this part of the study. Two types of dentin surfaces (i.e., superficial and deep dentin) were bonded with Single Bond according to the method described for two teeth in each of three groups and restored with a light-cured, lining resin composite (Protect Liner F, Kuraray Co. Ltd., Osaka, Japan) to facilitate ultramicrotomy. Bonded specimens were fixed, demineralized, dehydrated, and epoxy-resin-embedded according to the TEM protocol reported by Tay et al. (1999). Ultrathin sections from 70 to 90 nm thick were double-stained with phosphotungstic acid and uranyl acetate so that the status of the collagen fibrils within the bonded interfaces could be examined by means of a TEM (Philips EM208S, Eindhoven, The Netherlands) operating at 80 kV.

Statistical Analysis

A two-way analysis of variance (ANOVA) was performed for the evaluation of the effects of surface treatment method and dentin depth, and their interactions on SBS. Statistical significance was set in advance at the 0.05 probability level. Multiple comparisons were done by Student-Newman-Keuls tests at α = 0.05.

Table. Shear Bond Strengths (MPa) Obtained from Superficial and Deep Dentin after the Different Treatments

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<th>Superficial Dentin</th>
<th>Deep Dentin</th>
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<td>Acid-etched</td>
<td>22.5 ± 3.4 (10)</td>
<td>23.4 ± 5.5 (10)</td>
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<tr>
<td>Laser-ablated</td>
<td>4.0 ± 2.2 (10)</td>
<td>6.3 ± 3.0 (10)</td>
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<tr>
<td>Laser-ablated and acid-etched</td>
<td>16.7 ± 2.9 (10)</td>
<td>13.0 ± 3.2 (10)</td>
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* Values are means ± standard deviation (number of specimens). Groups identified with the same letter are not statistically significant (p > 0.05).
consisted of collagen fibrils that were fused together and were devoid of interfibrillar spaces (Fig. 2c). Collagen fibrils from the subsurface intertubular dentin were also partially denatured, and had lost part of their cross-banding (Fig. 2d). In the laser-etched and acid-etched group, the surface of the laser-modified layer was absent after acid-etching (Fig. 3a). However, partial denaturing of the collagen fibrils within the subsurface intertubular dentin could still be observed (Fig. 3b).

**DISCUSSION**

Previous reports claimed that there are certain advantages in bonding to laser-dentin. The adhesive area is enlarged due to the typical scaly and flaky structure that dentin exhibits after Er-YAG laser irradiation (Keller and Hibst, 1989; Visuri et al., 1996b; Aoki et al., 1998; Stiesch-Scholz and Hanning, 2000). This is caused by the micro-explosions the Er-YAG laser produces due to its thermomechanical ablation. The Er-YAG laser initially vaporizes water and other hydrated organic components of the tissue. On vaporization, internal pressure increases in the tissue until the explosive destruction of inorganic substance occurs (Li et al., 1992). Since intertubular dentin contains more water and has a lower mineral content than peritubular dentin, it is selectively ablated more than the peritubular dentin, leaving protruding dentinal tubules with a cuff-like appearance (Aoki et al., 1998). This may also contribute to an increase in the adhesive area. Patent tubules and the absence of a smear layer are additional factors that may enhance bonding to laser-treated dentin (Visuri et al., 1996b; Aoki et al., 1998; Padrós Fradera and Arroyo Bote, 1999; Stiesch-Scholz and Hanning, 2000).

Adhesion to laser-treated dentin would be explained by the mechanical retention provided by resin tag formation and the infiltration of adhesive resin into the micro-irregularities in lased, mineralized dentin. Our TEM results showed that the superficial part of the laser-modified layer was composed of a scaly surface layer (Aoki et al., 1998) in which collagen fibrils were completely melted and vaporized. It is possible that these parallel plates of flaky materials represented porous layers of melted minerals formed by micro-explosion, forming microfissures that were partially infiltrated by the adhesive. This should be further confirmed with the use of unstained, undemineralized TEM sections. Along the basal part of the laser-modified layer, remnant denatured collagen fibrils were fused and poorly attached to the underlying dentin substrate. The presence of this fused layer in which interfibrillar spaces were lacking probably restricted resin diffusion into the subsurface intertubular dentin, resulting in lower shear bond strength (Table).

Using light and scanning electron microscopy, Aoki et al. (1998) reported that the laser-modified layer stained slightly pink with a caries-detecting dye. It is likely that this porous layer was responsible for the staining that was observed in the absence of caries. It is possible that this laser-modified layer is formed by thermal denaturation. Macroscopically, the lased dentin surface revealed no major thermal effects such as carbonization, fusion, or charring (Burkes et al., 1992; Visuri et al., 1996b). However, based on our TEM observations, it is speculated that some degree of heat generation is inevitable with the Er-YAG laser, since it emits in the infrared region (Aoki et al., 1998). Er-YAG laser irradiation produces no demineralization of peritubular dentin, so no funnel-shaped
tubule orifices were observed. Resin bonding would form resin tags with parallel walls and with a diameter similar to that of the original tubule lumen. Since hybridization of the lateral walls of dentinal tubules is lacking, lower shear bond strength is expected (Pashley et al., 1995).

When acid-etching was used after Er:YAG laser irradiation, a substantial increase in shear bond strength was observed, although it did not reach the control values. It has been reported that microleakage was not improved after acid-etching (Ceballos et al., 2001). The adjunctive use of phosphoric acid following by water-rinsing appeared to have eliminated the surface laser-modified layer. However, the thermomechanical effects produced by laser irradiation probably extend into the subsurface dentin and undermine the integrity of the resin-dentin interface (Stiesch-Scholz and Hanning, 2000). This probably accounts for the decreased shear bond strength values when compared with acid-etched dentin without laser treatment. In conclusion, the null hypothesis is rejected. Er:YAG laser irradiation adversely affects adhesion to dentin and does not constitute an alternative to acid etching.

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