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Neurogenetic fetal akinesia and arthrogryposis: genetics, expanding genotype-phenotypes and functional genomics

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Title:

Neurogenetic fetal akinesia and arthrogryposis: genetics, expanding genotype-phenotypes and functional genomics.

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ABSTRACT (250 words)

Background: Fetal akinesia and arthrogryposis are clinically and genetically heterogeneous and have traditionally been refractive to genetic diagnosis. The widespread availability of affordable genome-wide sequencing has facilitated accurate genetic diagnosis and gene discovery in these conditions.

Methods: We performed next generation sequencing (NGS) in 190 probands with a diagnosis of arthrogryposis multiplex congenita, distal arthrogryposis, fetal akinesia deformation sequence or multiple pterygium syndrome. This sequencing was a combination of bespoke neurogenetic disease gene panels and whole exome sequencing. Only Class 4 and 5 variants were reported, except for two cases where the identified variants of unknown significance (VUS) are most likely to be causative for the observed phenotype. Co-segregation studies and confirmation of variants identified by NGS were performed where possible. Functional genomics was performed as required.

Results: Of the 190 probands, 81 received an accurate genetic diagnosis. All except two of these cases harboured Class 4 and/or 5 variants based on ACMG guidelines. We identified phenotypic expansions associated with *CACNA1S*, *CHRNA1*, *GMPPB* and *STAC3*. We describe a total of 50 novel variants, including a novel missense variant in the recently identified gene for arthrogryposis with brain malformations – *SMPD4*.

Conclusions: Comprehensive gene panels give a diagnosis for a substantial proportion (42%) of fetal akinesia and arthrogryposis cases, even in an unselected cohort. Recently identified genes account for a relatively large proportion, 32%, of the diagnoses. Diagnostic-research collaboration was critical to the diagnosis and variant interpretation in many cases, facilitated genotype-phenotype expansions and reclassified VUS through functional genomics.

Keywords: fetal akinesia, arthrogryposis, next generation sequencing, genotype-phenotype, functional genomics, *SMPD4*, *STAC3*, *CHRNA1*, *GLDN*, *GMPPB*

INTRODUCTION

Fetal akinesia or hypokinesia can result in a range of clinical presentations, including; fetal akinesia deformation sequence (FADS),¹ arthrogryposis multiplex *congenita* (AMC), distal arthrogryposis (DA),² lethal congenital contracture syndromes (LCCS), and multiple pterygium syndrome (MPS). Many of these conditions have overlapping features including: joint contractures, pterygia, fetal hydrops, lung hypoplasia and dysmorphic features. While fetal akinesia is frequently diagnosed *in utero*, following abnormal indications on routine ultrasounds and/or maternal reporting of reduced fetal movements, many cases are not detected until birth, when they present with contractures and associated complications.³ For the purposes of this manuscript, the term fetal akinesia is used as an umbrella description for all entities described above.

Fetal akinesia can arise from gene defects or maternal/external factors. In recent years the contribution of variants in genes that encode critical neuromuscular system proteins has become increasingly recognised as a cause of fetal akinesia. Variants in >70 of these genes are now known to cause fetal akinesia.⁴⁻⁷

As was foreshadowed for rare diseases,⁸ many novel phenotypes have been attributed to variants in known disease genes – this is also true for the fetal akinesias. In particular, bi-allelic null variants in genes previously associated with autosomal dominant neuromuscular disease have now been associated with fetal akinesia, e.g. recessive *CACNA1S*,⁹ *DNM2*,¹⁰ *RYR1*,¹¹ *SCN4A*,¹² *TOR1A*,¹³ and *TTN*¹⁴ disease.

In this study we present our findings from massively parallel sequencing in a cohort of 190 probands presenting with fetal akinesia. We achieved an accurate genetic diagnosis in 81 of these cases, identified two then novel disease genes,^{15,16} described 50 novel variants and extended the phenotypes associated with known neuromuscular disease genes.

METHODS

Cohort details

This cohort includes 190 probands with a clinical diagnosis of arthrogyriposis multiplex *congenita*, distal arthrogyriposis, fetal akinesia deformation sequence, multiple pterygium syndrome (Escobar-variant or lethal) or Schwartz Jampel Syndrome [n=2]. Additional features included CNS involvement (lissencephaly [n=3], polymicrogyria [n=5]), neuropathy (n=2), and congenital myopathy (n=5).

Recruitment into this project was via two arms: (1) cases submitted for diagnostic testing via the PathWest neurogenetic gene panels (some of which were then enrolled in research testing, if no genetic diagnosis was provided in the diagnostic setting), and (2) cases consented for research that underwent testing via the PathWest neurogenetic gene panels and/or whole exome sequencing (WES). Of the 190 patients, 146 underwent diagnostic testing, 16 were studied in both the diagnostic and research setting, and 28 were analysed in the research setting only. Of the 190 probands, all except 15 were from Australia/NZ. These 15 cases were part of the research recruitment arm of this study.

Testing was performed via the PathWest neurogenetic gene panel alone for 150 probands. Combined panel and WES was performed in 29 probands whilst in the remaining 11 probands only WES was performed. The number of probands sequenced on each version of the panel were: 33 (v1), 37 (v2) and 109 (v3).

NGS: Neurogenetic disease gene panel sequencing, mapping and analysis

Next generation sequencing was performed on custom-designed neurogenetic disease gene panels (versions 1-3). Details of versions 1 and 2 of the panel are outlined in Beecroft *et al.*¹⁷ For design of the third iteration of the panel, the genes were split into two panels: a muscle disease gene panel (v3 muscle) and a neurogenic disease gene panel (v3 neuro), with some overlap as appropriate. Sequencing for v3 was performed using Illumina Nextera Rapid Capture Custom Enrichment Kit and sequenced on an Illumina Benchtop Sequencer. Average coverage was 309 fold for versions 1 and 2 of the panel and 350-fold for v3. The minimum accepted coverage cutoffs were as follows; average coverage > 150-fold (v1-3), and 92% (v1-2) or 95% (v3) of the target regions covered to >20x. Details of the genes included in each iteration of the panel are included in

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3 Supplementary Table 1. During the iterative process, panels were spiked with probes to
4 known low-coverage regions to facilitate deeper sequencing.¹⁷ Base calling, mapping, and
5 variant calling were performed using Torrent Suite 3.6.2 or 4.2 with germline high
6 stringency settings (GRCh37), with default values as outlined at:

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10 https://github.com/iontorrent/TS/blob/master/plugin/variantCaller/pluginMedia/parameter_sets/4_4/ampliseqexome_germline_highstringency_p1_parameters.json. For v3
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12 of the panel all mapping and calling was done by the BWA Enrichment App v2.1.2 on the
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14 Illumina Basespace Sequence Hub using our custom bed files.
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19 In the diagnostic setting, Cartagenia BenchLab/Alissa software (Agilent Technologies)
20 was used for annotation and analysis. Bioinformatic filters were used as a first pass to
21 restrict analysis to a sub-panel of genes associated with each clinical phenotype. If no
22 pathogenic variant was identified, rare coding variants across all genes on the panel were
23 analysed. Variants with a minor allele frequency of >2% were filtered from the analysis.
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25 The diagnostic laboratory adopted the American College of Medical Genetics (ACMG)
26 guidelines to classify variants when they became available in 2015.¹⁸
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33 The research team was able to interpret variants on a research-only basis in
34 Cartagenia/Alissa software, without analysis restricted to sub-panels of genes. If a likely
35 reportable variant was found (Class 4 or 5), interpretation was referred to PathWest for
36 validation in the Australian National Association of Testing Authorities (NATA)
37 accredited laboratory or, in the case of overseas samples, the research findings were
38 reported to the consenting clinician for confirmation by their corresponding diagnostic
39 genomics laboratory. Class 3 variants were followed up with appropriate literature
40 searches, consultation with international experts, and functional genomics where possible.
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49 This project was approved by the Human Research Ethics Committee of the University of
50 Western Australia (approval number RA/4/20/1008) and participants provided
51 informed consent.
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55 *NGS - Whole exome sequencing, mapping and analysis*

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57 Ampliseq whole exome sequencing was performed by the Lotterywest State Biomedical
58 Facility Genomics (LSBFG) as previously described.^{5,16} Illumina whole exome sequencing
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(WES) was performed at either the Australian Genomics Research Facility (AGRF) or the Center for Mendelian Genomics (CMG; The Broad). For AGRF and LSBFG exomes, processing from FASTQ to VCF was performed as per the GATK best practice guidelines version 3.6 (<https://software.broadinstitute.org/gatk>). VCFs and pedigree information were compiled in a GEMINI database for variant annotation and querying.¹⁹ Variant annotation was performed as described previously²⁰ with additional filtering: variants with a minor allele frequency of >1%, or which were seen in the homozygous state in ExAC and gnomAD were excluded from downstream analysis. Variants observed >10 times within the GEMINI database were also removed, which removed many sequencing artefacts. Scripts were used to extract variants compatible with the presumed modes of inheritance (autosomal recessive and *de novo* dominant).

CMG exomes were analysed in seqr (<https://seqr.broadinstitute.org>). CNV detection was performed using The Broad's GATK gCNV calling pipeline, as outlined (<https://github.com/broadinstitute/gatk-protected/blob/master/docs/CNVs/CNV-methods.pdf>).

Variant confirmation and interpretation

Bi-directional Sanger sequencing was used to confirm missense and indel variants and to determine co-segregation with disease where parental and sibling DNAs were available. CNVs were confirmed using multiplex ligation-dependent probe amplification (MLPA).

In the case of apparent *de novo* variants, samples from the parents and affected individual were sequenced across a panel of microsatellites to check that the samples were compatible with the provided family structure (i.e. to confirm paternity and rule out the possibility of sample mix-ups).

For missense variants, likely pathogenicity was explored using *in silico* tools including: CADD,²¹ MuPro,²² MutationAssessor, MutationTaster, PolyPhen-2²³ PROVEAN²⁴ and SIFT.²⁵

cDNA studies

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3 For muscle cDNA studies, 10 µm frozen sections were cut on a Leica ultramicrotome and
4 collected into a pre-chilled microfuge tube. RNA extraction was performed using the
5 RNeasy (fibrous tissue) kit (QIAGEN). cDNA was generated using Superscript III reverse
6 transcriptase (ThermoFisher Scientific). Sanger sequencing of regions of interest was
7 performed using standard protocols. Primer details are available upon request.
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14 Minigene assays were performed as previously described,^{26,27} with slight modifications.
15 This assay relies on the use of a minigene vector which contains a fragment of the
16 *SERPING1* gene, with two exonic regions separated by an intron, cloned into the
17 mammalian expression vector pcDNA 3.1(-), downstream of the cytomegalovirus (CMV)
18 promoter. Following transient transfection into human cells, chimeric transcripts can be
19 analysed by reverse transcriptase PCR (RT-PCR) and sequencing. In brief, the exon of
20 interest and approximately 150 bp of flanking intronic sequence either side, were PCR
21 amplified from patient and control DNA using 2X SuperFi (ThermoFisher Scientific) and
22 cloned into the pCas2.1 minigene construct (a kind gift from Dr. Alexandra Martins) using
23 *Bam*HI/*Mlu*I (ThermoFisher Scientific) to generate pCas2.1-STAC3_e3
24 (<https://benchling.com/s/seq-MpmmgmQUFtsZtWsXCHHS9>). Wild-type and variant-
25 containing plasmids were purified using a QIAprep miniprep kit (QIAGEN) and sequences
26 verified by Sanger sequencing. Expression constructs were then transfected into human
27 HEK293FT cells using Lipofectamine 3000 (ThermoFisher Scientific), and RNA harvested
28 after 24 hours using an RNeasy mini kit (QIAGEN). cDNA was generated using
29 SuperScript III reverse transcriptase (ThermoFisher Scientific) and chimeric cDNA
30 amplified by RT-PCR using 2X GoTaq G2 (Promega) using forward primer KO1F (5'-
31 TGACGTCGCCGCCATCAC) and reverse primer pCAS2R (5'-
32 ATTGGTTGTTGAGTTGGTTGTC) and 30 cycles of amplification. RT-PCR products were
33 analysed on a 2% agarose gel stained with ethidium bromide (0.5 µg/mL), and gel
34 extracted and purified using a QIAquick gel extraction kit (QIAGEN) for Sanger
35 sequencing. Splicing differences were assessed by comparing RT-PCR and sequencing
36 results for the wild-type and variant (c.312T>G) constructs. Sequence alignments were
37 performed in benchling (benchling.com) using the MAFFT algorithm.
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57 *GLDN* cell assay
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3 The plasmid expressing human GLDN (hGLDN) with a myc-tag epitope at the
4 extracellular C-terminus was obtained from Dr Jerome Devaux.²⁸ Site-directed
5 mutagenesis was performed by Genscript to generate a construct containing the
6 p.Leu20Pro substitution. HEK cells were grown in tissue culture plates as per standard
7 conditions and transfected with either the WT or mutant hGLDN constructs using
8 Lipofectamine 3000. After 48 hours the live cells were incubated for 2 hours with a c-myc
9 (dylight 550) monoclonal antibody (Myc.A7, ThermoFisher Scientific) to label GLDN at
10 the cell surface. Cells were washed 3 times for 5 minutes with PBS to remove unbound
11 antibody and then fixed with 2% paraformaldehyde for 5 minutes. Cells were washed
12 again 3x for 5 minutes in PBS and then blocked and permeabilised with 10% FCS and
13 0.1% saponin in PBS for 30 minutes. Cells were then incubated with a c-myc FITC-labeled
14 monoclonal antibody (FITCR953-25, ThermoFisher Scientific) to label total GLDN and
15 then washed in PBS containing Hoechst to label nuclei. Imaging was performed on a
16 Nikon inverted microscope.
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30 RESULTS AND DISCUSSION

31 *Diagnostic yield*

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33 Through diagnostic and/or research testing (including bespoke targeted neurogenetic
34 disease gene panels and whole exome sequencing) we investigated the genetics of a
35 cohort of 190 Australasian cases with a primary diagnosis of arthrogryposis, fetal
36 akinesia or multiple pterygium syndrome. A genetic diagnosis was obtained in 81 cases
37 (42.6% diagnostic yield, Table 1, Supplementary Table 2). Fifty variants not previously
38 associated with disease were identified (Supplementary Table 2).
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45 *TTN* was the most frequently identified causative gene ($n=8$). Of the eight *TTN* cases, two
46 showed striking amyoplasia – a feature which has previously been described in
47 congenital titinopathy.¹⁴ Five patients harboured variants within the triplicate repeat
48 region of *TTN*, which is frequently poorly sequenced on exome sequencing.²⁹ The most
49 frequently observed pathogenic variant within the cohort is the common 1 bp duplication
50 in *CHRNA* (rs774279192)³⁰ which was present on five alleles (allele frequency 0.0132).
51 The allele frequency of this variant in gnomAD is 0.000343 (97 of 282,834 alleles).
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60 *Recently described genes represent a substantial proportion of diagnoses*

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3 Of the 81 cases, 26 harboured variants in genes which were added in v2 and v3 iterations
4 of the targeted gene panel (*BICD2*, *ECEL1*, *MAGEL2*, *MYO18B*, *NALCN*, *PIEZO2*, *STAC3*,
5 *ZC4H2*), or within genes not then or only recently associated with disease (*GLDN*, *MYL1*,
6 *NUP88*, *SMPD4*), i.e. none were on v3 gene panel. Thus, within our cohort, the more
7 recently identified genes for arthrogyriposis and fetal akinesia made up a substantial
8 proportion of the genetic diagnoses (32.1%, Table 1). To illustrate this point, the
9 diagnostic yield has increased with each iteration of the comprehensive panel (v1 =
10 30.3%, v2 = 37.8% and v3 = 44.0%). The improved diagnostic yield in v3 of the panel is
11 also in part due to improved coverage and uniformity of coverage thus facilitating calling
12 of variants within the repetitive regions of *NEB* and *TTN* and the improved ability to
13 detect CNVs due to greater and more even coverage. Three variants in *NEB* and four in
14 *TTN* occurred within the repetitive regions which are typically refractory to mapping and
15 sequencing with exome sequencing.

Genotype-phenotype expansions

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28 *BICD2*: Interestingly, six cases harboured *de novo* variants in *BICD2*. This includes three
29 novel variants not previously reported in the literature or in ClinVar (c.628C>A,
30 p.His201Asn; c.1559T>C, p.Leu520Pro; c.2113G>A, p.Glu705Lys). One patient with a *de*
31 *nov* p.His210Asn substitution presented with arthrogyriposis multiplex *congenita*, as did
32 cases with the recurrent *de novo* p.Arg694Cys substitution.^{31,32} A series of papers
33 originally described heterozygous *BICD2* variants in families with an SMA-LED
34 phenotype;³³⁻³⁵ *BICD2*-opathies now account for cases with lethal arthrogyriposis through
35 to asymptomatic individuals with mild subclinical features (i.e. myopathic MRI).³² Over
36 a similar period, the PathWest Diagnostic Genomics service has performed sequencing
37 using v2 of the panel (which includes *BICD2*) on >1,100 neuromuscular disease patients.
38 *BICD2* variants were not identified by the PathWest Diagnostic Genomics service in any
39 other neuromuscular disease groups. Thus, at least in the Australasian setting *BICD2*
40 variants seem to cause arthrogyriposis more frequently than the SMA-LED phenotype for
41 which *BICD2* variants were first described.

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56 *CACNA1S*: In a Caucasian family (Figure 1A) that presented with recurrent fetal akinesia,
57 panel sequencing identified two missense VUS in the *CACNA1S* gene (c.665T>A,
58 p.Met222Lys and c.2365C>T, p.Arg789Cys) in the proband (II:4). Sanger sequencing
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3 confirmed the variants and showed that the c.665T>A variant was paternally inherited
4 and the c.2365C>T variant was maternally inherited. The affected sibling (II:1) was
5 compound heterozygous for these variants, while both healthy siblings carried only the
6 maternal variant. Both variants were predicted to be disease-causing by
7 MutationAssessor, MutationTaster, PolyPhen-2, PROVEAN, and SIFT. MuPro predicted
8 that both variants reduce protein stability. Both substitutions alter highly conserved
9 amino acids (p.Met222 to *D. rerio* and p.Arg789 to *C. elegans*, Figure 1B) and return high
10 CADD scores (p.Met222Lys = 27.1, p.Arg789Cys = 28.9). The p.Met222Lys and
11 p.Arg789Cys substitutions occur within an ion transport domain and an intracellular loop
12 domain of CACNA1S, respectively. The c.665T>A variant is absent from gnomAD and
13 c.2365C>T is present on only 2 of 157,372 alleles. Heterozygous dominantly acting
14 variants in the CACNA1S gene cause malignant hyperthermia, hypokalemic periodic
15 paralysis and thyrotoxic periodic paralysis (OMIM 114208). More recently, Schartner *et*
16 *al.* identified dominant and recessive CACNA1S variants associated with congenital
17 myopathy.⁹ Ophthalmoplegia, ptosis and high-arched palate were common within this
18 cohort. On muscle biopsy, central nuclei, cores and myofibre size variation were
19 observed. Antenatal onset was detected in three of the seven families based on decreased
20 fetal movements on ultrasound.⁹ Affected individuals in two of these families had bi-
21 allelic null alleles, and the third had a single *de novo* missense variant.⁽⁹⁾ Hunter *et al.*
22 described an isolated case with bi-allelic CACNA1S variants and a congenital myopathy
23 with ophthalmoplegia.³⁶ The proband (II:4) in our family was a fetus in which
24 polyhydramnios, scalp oedema, wrist contractures and talipes were detected on
25 ultrasound. Fetal movements were reported to be reduced by the mother and the
26 pregnancy was terminated at 26 weeks gestation (wg). Mild facial dysmorphic features
27 were noted on autopsy, including low anterior hairline, mild hypertelorism, and
28 moderate retrognathia. Muscle biopsy did not detect atrophy or myofibre
29 disorganisation. A previously affected sibling (II:1) was delivered by emergency
30 Caesarean section at week 32/40 due to placental abruption and died at 10 days of age.
31 The pregnancy was complicated by unexplained polyhydramnios. In retrospect, reduced
32 fetal movements (II:1) were noted compared subsequent pregnancies (II:2/II:3).
33 Subjectively, this baby had ptosis (based on photographic review) and a broad nasal tip
34 (II:1). Unfortunately, cell lines and/or muscle biopsy material was not available for either
35 case for follow-up of the identified class 3 CACNA1S variants.
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5 *CHRNA1*: In a non-consanguineous family of mixed European ancestry (Figure 2A) with
6 recurrent lethal multiple pterygium syndrome, a novel homozygous deletion of *CHRNA1*
7 exon 8 was identified by WES and gCNV at the Broad Center for Mendelian Genomics
8 (Figure 2B). Both parents were shown to be carriers. This deletion was also present in
9 the NSES data; however it was not called due to variable coverage across neighbouring
10 exons. The deletion was confirmed by MLPA. *CHRNA1* variants are a rare cause of
11 autosomal dominant congenital myasthenic syndrome (OMIM 616313) and have been
12 identified to cause recessive CMS in one family (OMIM 616314). Affected individuals in
13 this published recessive family harboured compound heterozygous variants: a 9bp in-
14 frame deletion and skipping of exon 8 on the other allele.³⁷ Skipping of exon 8 resulted in
15 almost complete loss of pentameric AChR expression. The in-frame deletion resulted in
16 ~70% reduced acetylcholine receptor (AChR) expression.³⁷ In 2016, a Danish group
17 published the identification of a homozygous 1 bp deletion in exon 1 of *Chrna1* in Red
18 dairy cattle with arthrogryposis multiplex *congenita*.³⁸ Three related stillborn calves
19 showed severe generalised contractures of the joints of the spine and limbs. In patients
20 with *CHRNA1*-related CMS there is some residual AChR expression, however in the calves,
21 complete loss of *CHRNA1* resulted in a lethal presentation. These data support the severe
22 phenotype in our family with homozygous exon 8 deletion.
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38 *FLNC*: A proband (Figure 3) presented at birth with hip dislocation, clenched hands,
39 adducted thumbs, small mouth and high palate, and posteriorly rotated ears. On
40 examination, she had mild arthrogryposis, reduced shoulder movement, elbow dimples
41 and scoliosis. She remained undiagnosed after testing on a commercial arthrogryposis
42 gene panel (143 genes). Trio whole exome sequencing identified a missense variant in
43 *FLNC* (c.3557C>T, p. Ala1186Val). *FLNC* variants are associated with myofibrillar
44 myopathy and distal myopathy³⁹ and increasingly with cardiomyopathies. Recently,
45 Kiselev *et al.* described a series of four cases with early-onset restrictive cardiomyopathy
46 (RCM) and congenital myopathy.⁴⁰ Three of these cases harboured the same *de novo*
47 variant identified in our family and two of these also presented with arthrogryposis at
48 birth. The RCM presented between 6 months and 15 years of age with the median onset
49 of ~2 years of age.⁴⁰ Follow-up echocardiogram at 5 years of age in our proband showed
50 a mildly dilatated left atrium, with otherwise normal heart structure and function.
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3 Cardiac surveillance in these cases is important and this work highlights the importance
4 of an accurate genetic diagnosis for optimal clinical care.
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8 *GMPPB*: In a case from the NICU, that was born after a history of reduced fetal movements,
9 known biallelic *GMPPB* variants were identified (c.220C>T, p.Arg74* and c.1081G>A,
10 p.Asp361Asn). In another family, 18 week gestation ultrasound detected hydrops,
11 pterygia and talipes; the pregnancy was terminated at 20 wg. Post mortem reported facial
12 dysmorphism with wide-set eyes, bilaterally low-set ears, retrognathia and a wide
13 mouth. There was a cleft of the soft and hard palate. Multiple pterygia were noted,
14 including the elbows, shoulders, knees and hips; there was also severe bilateral talipes.
15 Palmar and finger creases were absent. There was thin muscle in all limbs and the psoas
16 appeared similarly. CNS examination showed an overall small brain with a small
17 hypoplastic cerebellum and suggestion of delayed sulcation. There was ambiguous
18 genitalia. Babygram was normal. CGH array revealed a normal female karyotype. Bi-
19 allelic missense variants were identified in *GMPPB* (c.95C>T, p.Pro32Leu and c.1069G>A,
20 p.Val357Ile). Recessive variants in *GMPPB* were initially described in patients with
21 congenital and limb-girdle muscular dystrophies.⁴¹ Bi-allelic *GMPPB* variants have since
22 been described in patients with diverse phenotypes including congenital myasthenic
23 syndrome and isolated episodic rhabdomyolysis.^{20,42} Our cases represent a substantial
24 phenotypic expansion of *GMPPB* disease.
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40 *SCN4A*: Two families within this cohort harboured bi-allelic variants in *SCN4A*. We
41 previously described one of these families, that presented with recurrent lethal
42 amyoplasia, in an autosomal recessive *SCN4A* cohort paper.¹² In the second family, bi-
43 allelic novel missense variants were identified (c.2266C>T, p.Arg756Cys and c.4433C>T,
44 p.Ser1478Leu) in a fetus with distal arthrogyrosis. This case had contractures of all
45 limbs and polyhydramnios. The pregnancy was terminated at 22 wg. Both substitutions
46 alter highly conserved amino acids (conserved to *D. melanogaster*, Figure 1C) and are
47 predicted to be deleterious by SIFT and probably-damaging by PolyPhen-2; CADD scores
48 of 32 (p.R756C) and 27.4 (p.S1478L). The p.Ser1478 residue lies within the S4-5 loop of
49 the fourth domain which is involved in channel inactivation. Previous work showed that
50 substitution of p.Ser1478 to cysteine enhanced channel in-activation, i.e. partial loss of
51 function.⁴³ It would be anticipated that the p.Ser1478Leu substitution would also
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3 generate a channel with partial loss-of-function. Based on this, these variants are highly
4 suspicious but remain Class 3 variants under ACMG guidelines; functional validation of
5 these variants is required to substantiate causality. More recently, *SCN4A* variants were
6 postulated to cause sudden infant death syndrome.⁴⁴
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12 *STAC3*: In a consanguineous family (Figure 4A) with a history of recurrent fetal akinesia
13 and limb contractures detected on first-trimester ultrasound, we identified a
14 homozygous missense variant in *STAC3* (exon 3, c.312T>G, p.Asp104Glu) in the proband
15 (II:3). Both parents were found to be carriers, and sequencing of DNA from formalin-fixed
16 paraffin-embedded tissue of the first affected fetus (II:1) showed this case was also
17 homozygous for the *STAC3* variant. This variant is absent from gnomAD and affects a
18 highly conserved amino acid. Splicing predictors in Alamut suggested the variant
19 introduced a cryptic donor splice-site. To investigate this possibility, we generated
20 minigene constructs containing the normal exon 3 or the variant exon 3. Studies of RNA
21 (produced in HEK cells) showed that the variant resulted in skipping of the last 22
22 nucleotides of exon 3 from the mRNA (Figure 4B-C). The consequence of this variant is
23 then (c.313_334del, p.Asp104Glufs*73) which is likely to lead to a loss of function. A
24 homozygous missense variant (p.Trp284Ser) in *STAC3* was originally identified as the
25 cause of Native American myopathy.⁴⁵ This variant has since been identified in other
26 populations. Zaharieva *et al.* identified 18 patients from 12 families presenting with a
27 congenital myopathy with dysmorphic features and susceptibility to malignant
28 hyperthermia.⁴⁶ Seventeen cases were homozygous for the p.Trp284Ser variant, and
29 another proband was compound heterozygous for this variant and an essential splice site
30 variant (c.997-1G>T). Functional analysis has shown reduced sarcoplasmic reticulum
31 Ca²⁺ release in response to KCl depolarisation in patient myotubes.⁽⁴⁶⁾ Affected cases from
32 our family are likely *STAC3* nulls and thus the very early and severe presentation in our
33 cases fit with the genotype. In support of this, *Stac3* null (*Stac3*^{-/-}) mice are born at near
34 Mendelian ratios but are all found dead at birth, and show curved bodies and dropped
35 forelimbs.⁴⁷ When dissected from the uterus, *Stac3*^{-/-} fetuses did not move or respond to
36 touch but did have a heartbeat. Histologically, muscle from *Stac3*^{-/-} mice showed central
37 nuclei, reduced myofibril number and size and deranged sarcomeres.⁴⁷ *STAC3* appears to
38 be critical to normal muscle development and function. Thus, bi-allelic loss-of-function
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3 variants in genes critical to excitation-contraction coupling (*CACNA1S*, *SCN4A*, *STAC3*,
4 *RYR1*)^{5,9,11,12,48} cause lethal early-onset disease.
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8 *Identification of variants in novel human disease genes*

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10 Four cases harboured variants in disease genes that had not been described at the time
11 of whole exome sequencing (*GLDN*,²⁸ *MYL1*,¹⁶ *NUP88*¹⁵ and *SMPD4*⁴⁹).
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15 The identification of a proband within this cohort with a homozygous *MYL1* missense
16 variant, and another with compound heterozygous variants in *NUP88*, were recently
17 described in separate publications, which also combined additional cases from other
18 research centres with bi-allelic variants in these genes.^{15,16}
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24 *GLDN*: In a family from Hong Kong (Figure 5A) with a history of recurrent fetal akinesia,
25 we identified two VUS in the gliomedin gene (*GLDN*). The first affected baby was born at
26 36/40 and died at 1 day of age. She had hypoplastic heart and lungs and a high-arched
27 palate. In the second pregnancy, the fetus presented at 18/40 with decreased fetal
28 movements and the pregnancy was terminated at 22 wg. In the third pregnancy, reduced
29 fetal movements were reported at 20/40 and the pregnancy was terminated at 22 wg.
30 This case had fetal hydrops, multiple joint contractures, pterygia and increased muscle
31 bulk. All three affected cases harboured bi-allelic *GLDN* variants: a maternally inherited
32 missense variant, c.59C>T [p.Leu20Pro], and a paternally-inherited essential splice site
33 (ESS) change, c.363+1G>A (Figure 5A). Analysis of cDNA derived from muscle from the
34 second case indicated that the missense variant was homozygous at the transcript level,
35 suggesting loss of expression from the allele harbouring the ESS change (Figure 5B).
36 Using the myc-*GLDN* reporter assay defined in Maluenda *et al.*²⁸ we showed that, unlike
37 WT human *GLDN* (h*GLDN*), gliomedin containing the p.Leu20Pro substitution fails to
38 localise at the surface membrane of HEK cells (Figure 5C). In comparison, Maluenda *et al.*
39 found that gliomedin mutants failed to localise at the cell surface and also did not bind its
40 axonal partner neurofascin-186. Thus, the *GLDN* variants identified in our family are
41 likely functional nulls.
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57 *SMPD4*: A consanguineous family, from Melbourne, presented with recurrent
58 arthrogyriosis multiplex *congenita* and complex brain malformations (Figure 6A). All
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3 cases presented with AMC, were small for gestation age and displayed hypoplasia of the
4 corpus callosum (Figure 6B). Additional features present in two of the three cases
5 included: congenital encephalopathy and microcephaly, cerebellar malformation and
6 hypoplasia (Figure 6B) and hypomyelination (Figure 6C). We performed panel
7 sequencing on the proband (II:3) with the v3 muscle and v3 neuro panels but did not
8 identify any causative variants. We subsequently performed trio whole exome
9 sequencing and identified a novel homozygous missense variant in the *SMPD4* gene
10 (c.575C>T, p.Pro192Leu) in the proband. Each parent was a carrier. This variant was
11 confirmed by bi-directional Sanger sequencing and we also showed that an affected
12 sibling (II:1) was homozygous for this variant. The *SMPD4* variant was also homozygous
13 in a clinical exome (performed elsewhere) on the most recently affected baby (II:4). The
14 variant is predicted to be damaging by MutationTaster, SIFT and PolyPhen-2 and has a
15 CADD score of 22.8. The variant is present on three alleles in gnomAD and alters a highly
16 conserved amino acid (up to *D. rerio*, Figure 6D). *SMPD4* was recently described as a likely
17 disease gene for a syndrome presenting as a skeletal dysplasia with cortical
18 malformations and epilepsy.⁵⁰ In a follow-up study, 12 families with bi-allelic *SMPD4*
19 variants and a phenotype encompassing microcephaly, hypomyelination, cerebellar
20 atrophy, congenital arthrogryposis and fetal/postnatal demise were described.⁴⁹ *SMPD4*
21 encodes the neutral sphingomyelinase-3; sphingomyelinases are important for the
22 properties of cell membranes and the regulation of transmembrane and peripheral
23 membrane proteins, they are also highly enriched in the nervous system. Magini *et al.*⁴⁹
24 showed via over-expression studies that *SMPD4* localises to the ER and nuclear envelope.
25 Immunoprecipitation assays revealed that *SMPD4* interacts with several nuclear pore
26 proteins; highlighting a role for the nuclear pore in the disease pathogenesis. In support
27 of this, the role of the nuclear pore in human disease is becoming increasingly
28 recognised.^{51,52}

51 *Conclusions*

52 The utility of next generation sequencing in arthrogryposis and fetal akinesia is
53 undeniable, yielding a genetic diagnosis in 42% of cases. In many instances, couples have
54 gone on to have IVF and preimplantation genetic diagnosis or prenatal genetic diagnosis
55 of subsequent pregnancies.
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3 Of note is the substantial contribution of relatively recently identified disease genes and
4 the large muscle genes (*NEB*, *RYR1* and *TTN*) to disease burden. Previously, most cases
5 did not receive a genetic diagnosis. The clinical and genetic heterogeneity, along with the
6 sporadic nature of the disease or small families, meant that genetic testing was difficult
7 or unattainable beyond a handful of known genes or gene hotspots. The number of genes
8 known to cause these diseases and the phenotypic expansions associated with known
9 genes has been quite remarkable. In this report we show that homozygous null variants
10 in *CHRNA1* or *STAC3* and known *GMPPB* variants cause lethal fetal akinesia, expanding
11 the phenotypes associated with each of these genes.
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21 Moving forward, it is critically important that interdisciplinary teams discuss
22 interpretation of VUS in candidate genes and perform functional genomics to reclassify
23 VUS as likely pathogenic or benign. Alternative splicing appears to be a particularly
24 important mechanism underlying protein regulation in skeletal muscle.⁵³ Thus, splicing
25 defects represent a substantial contribution to muscle disease burden.^{29,54}
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31 Submission of variants into well-curated gene databases (e.g. the LOVD) is also critical to
32 the reclassification of VUS and mapping of known phenotype-genotype associations.
33 Identification of the same rare VUS in two unrelated patients with a similar clinical
34 presentation will facilitate reclassification as likely-pathogenic. By way of illustration, we
35 identified in the research laboratory a then novel, *de novo* missense variant in *BICD2* in a
36 patient with arthrogyriposis multiplex *congenita*. The diagnostic laboratory within
37 PathWest had a similar case with the same *BICD2* variant. Follow-up revealed that the
38 variant in this diagnostic case had also arisen *de novo*.³¹ In the words of Johan den
39 Dunnen: many VUS may be “variants of under sharing” (International Congress of the
40 World Muscle Society 2019, Copenhagen).
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51 As the affordability of and availability of massively parallel sequencing has improved,
52 variant interpretation has become the new bottleneck in accurate genetic diagnosis.
53 Scalable, relatively robust and affordable assays (e.g. the cell-surface localisation assay
54 for gliomedin) that can be utilised to assay VUS in multiple genes should be an ideal that
55 the rare diseases community work towards. Saturation mutagenesis together with
56 appropriate functional read-outs⁵⁵ have already been performed for some common
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3 disease genes including *BRCA1* and *PTEN*.^{56,57} A historical mutagenesis study of a small
4 region of the *SCN4A* protein to cysteines informed our interpretation of the likely
5 pathogenicity of a Class 3 variant in this gene,⁴³ and highlights the clinical utility of such
6 experimental work.
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12 Based on studies in model organisms,^{58,59} it is likely that many more fetal akinesia and
13 arthrogyrosis genes await discovery. Exome and genome sequencing, along with RNA-
14 seq in genetically unresolved cases, will likely identify additional novel disease genes.
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18 19 **ADDITIONAL RESOURCES**

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21 Benchling: <https://www.benchling.com/>

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23 CADD: https://bio.tools/CADD_Phredh

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25 GEMINI: <https://github.com/arq5x/gemini>

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27 gnomAD: <https://gnomad.broadinstitute.org/>

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29 MutationAssessor: <http://mutationassessor.org/r3/>

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31 MuPro: <https://omictools.com/mupro-tool>

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33 MutationTaster: <http://mutationtaster.org/>

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35 PolyPhen-2: <http://genetics.bwh.harvard.edu/pph2/>

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37 PROVEAN: <http://provean.jcvi.org/index.php>

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39 Seqr: <https://seqr.broadinstitute.org>

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41 SIFT: <https://sift.bii.a-star.edu.sg/>

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COMPETING INTERESTS

The authors do not have any competing interests to declare.

AUTHOR CONTRIBUTIONS

GR, NGL, MRD conceived the study. JSC, FF and PS performed experiments. TZ, KC, AO-L, GR, MRD, JSC, FF and PS analysed data. DM, RC, PM, BK, ME, MD, PJJ, SHSC, AM, AC, FC, LH, GG and SG contributed clinical data. GR wrote the manuscript. All authors approved the final manuscript.

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TABLE

Table 1: Causative genes identified within the 81 genetically diagnosed probands

Gene	Cases (n)	Gene	Cases (n)
<i>TTN</i>	8	<i>CACNA1S</i>	1
<i>TNNI2</i>	7	<i>CHANB1</i>	1
<i>BICD2</i>	6	<i>FBN2</i>	1
<i>NEB</i>	5	<i>FLNC1</i>	1
<i>CHRNA1</i>	4	<i>GBE1</i>	1
<i>COL6A1</i>	4	<i>GLDN*</i>	1
<i>MYH3</i>	4	<i>KLHL40</i>	1
<i>ECEL1</i>	3	<i>MYL1*</i>	1
<i>MAGEL2</i>	3	<i>MYO18B</i>	1
<i>PIZO2</i>	3	<i>NUP88*</i>	1
<i>TPM2</i>	3	<i>RAPSN</i>	1
<i>TRPV4</i>	3	<i>RYR1</i>	1
<i>ZC4H2</i>	3	<i>SMPD4*</i>	1
<i>ACTA1</i>	2	<i>STAC3</i>	1
<i>DYNC1H1</i>	2	<i>TNNT3</i>	1
<i>GMPPB</i>	2		
<i>NALCN</i>	2		
<i>SCN4A</i>	2		

Genes in bold denote genes that were added into v2 or v3 of the panel. Genes tagged with an "" represent then novel human disease genes identified by WES (i.e. not on v1-3 of the panel)*

FIGURE LEGENDS

Figure 1: Bi-allelic class 3 variants in CACNA1S and SCN4A associated with fetal akinesia.

(A) A pedigree co-segregating bi-allelic missense variants in *CACNA1S* with fetal akinesia and (B) conservation across species at the observed substitutions: p.Met222 and p.Arg789. (C) Evolutionarily conservation at two *SCN4A* residues substituted, bi-allelically, in another case of fetal akinesia. Importantly, previous work substituting p.Ser1478 to cysteine showed enhanced inactivation of the Na⁺ channel. Abbreviations: d. 10 d = died at 10 days of age, TOP 26wg = termination of pregnancy at 26 weeks gestation.

Figure 2: Homozygous deletion within CHRN1 causes lethal multiple pterygia syndrome. (A)

A nonconsanguineous family with recurrent lethal multiple pterygia syndrome; IUFD: *in utero* fetal demise and TOP: termination of pregnancy. (B) Visualisation of the *CHRN1* exon 8 deletion in the exome sequencing data from the proband (blue trace) and both parents (purple traces). The grey lines represent other samples in the same batch of CNV calling and show the average amount of noise across the region. The y-axis denotes the copy number as inferred by gCNV, and the x-axis shows the position along the gene in kilobases. The dots on the plot represent a probe for exon capture, which roughly represent exons. The copy number estimation is expected to hover around 2.0 for autosomes. For the X chromosome, the copy number estimation should hover around 2.0 for females and 1.0 for males.

Figure 3: Clinical presentation in a case with mild distal arthrogyposis due to a de novo

missense variant in FLNC. Images A and B were taken at age 8 months and image C was taken at age 2 months. The images demonstrate reduced elbow extension with dimples, excessive ankle hypermobility, and subtle facial findings including plagiocephaly and micrognathia.

Figure 4: Homozygous variant in STAC3. (A) Pedigree showing segregation of a

homozygous variant in STAC3. (B) 2% agarose gel of RT-PCR products from the STAC3 minigene assay. WT – normal exon 3 of STAC3, MUT – exon 3 containing the c.312T>G variant. +P or -P indicates the cells were grown in the presence (+) or absence (-) of puromycin (to inhibit potential nonsense-mediated decay). NTC = no template control.

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3 The red arrowhead indicates the smaller product in the samples containing the variant.
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5 Sanger sequencing of the RT-PCR product shows that this smaller product corresponds
6
7 to loss of the 22 nucleotides following the variant in the cDNA (C).
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10 *Figure 5: Novel GLDN variants identified in a family with recurrent fetal akinesia. (A)*
11 *Pedigree showing segregation of bi-allelic VUS in GLDN. (B) Sanger sequencing showed*
12 *that the heterozygous c.59T>C on gDNA (in A) appeared homozygous in muscle cDNA,*
13 *suggesting loss of expression from the allele containing the essential-splice site change.*
14 *(C) Detection of hGLDN and mutant hGLDN fused to an extracellular myc-tag in HEK cells*
15 *in culture (red) and post-fixation and permeabilization (green). Nuclei are stained with*
16 *Hoechst.*
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24 *Figure 6: A family with recurrent arthrogryposis and central involvement due to a*
25 *homozygous missense variant in SMPD4. (A) Pedigree, (B) T1 midline sagittal image*
26 *(Individual II:2, neonatal MRI brain scan) showing absence of the genu and rostrum,*
27 *thinning and elongation of the callosal body. Microcephaly, hypoplasia of the inferior*
28 *cerebellar vermis and prominent venous sinuses are also evident. (C) T2 axial image*
29 *(Individual II:2) showing simplified gyration, compensatory ventriculomegaly and*
30 *absent myelination. (D) Alignment showing evolutionary conservation of the p.Pro192*
31 *residue.*
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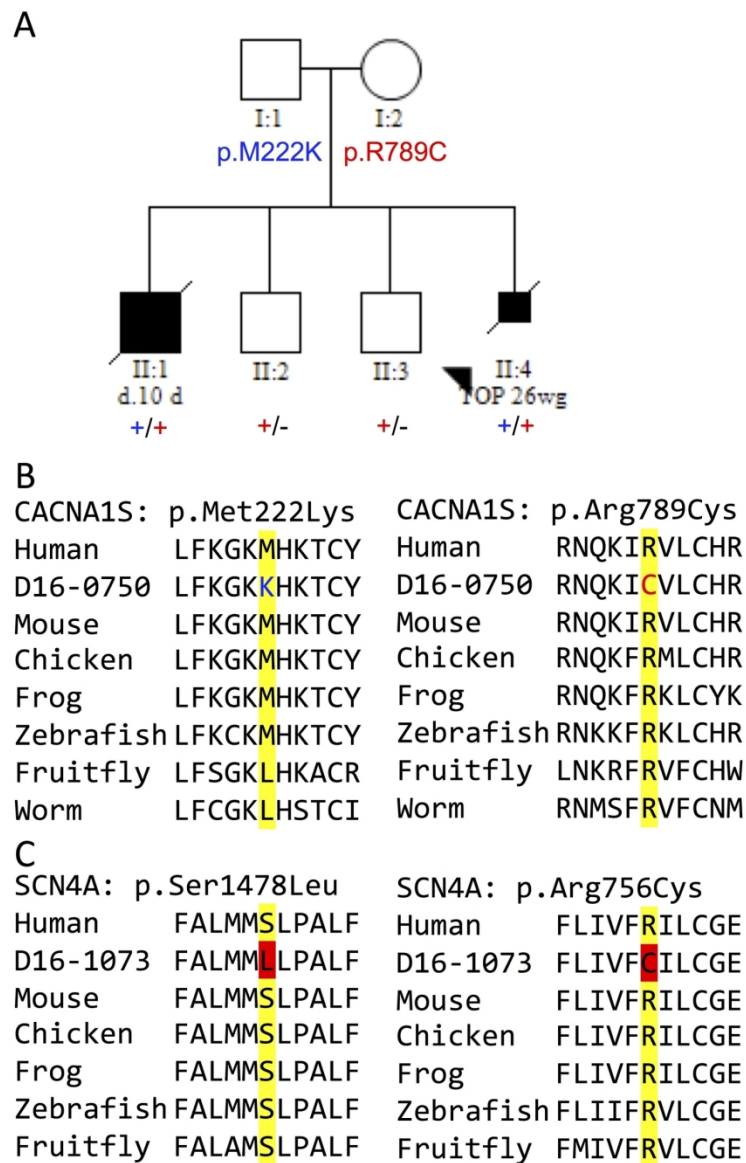


Figure 1

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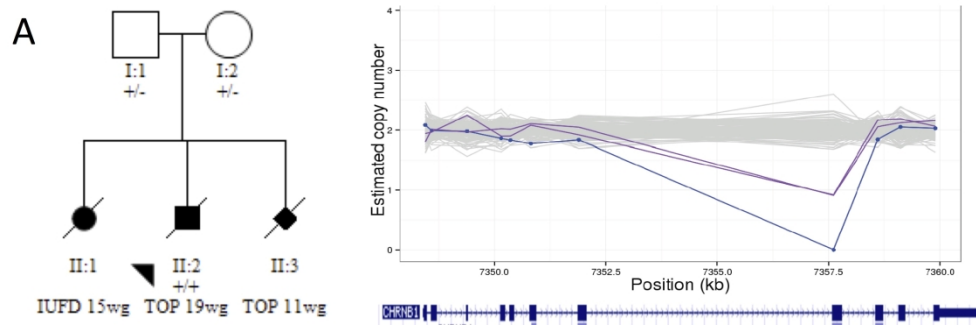


Figure 2

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158x142mm (600 x 600 DPI)

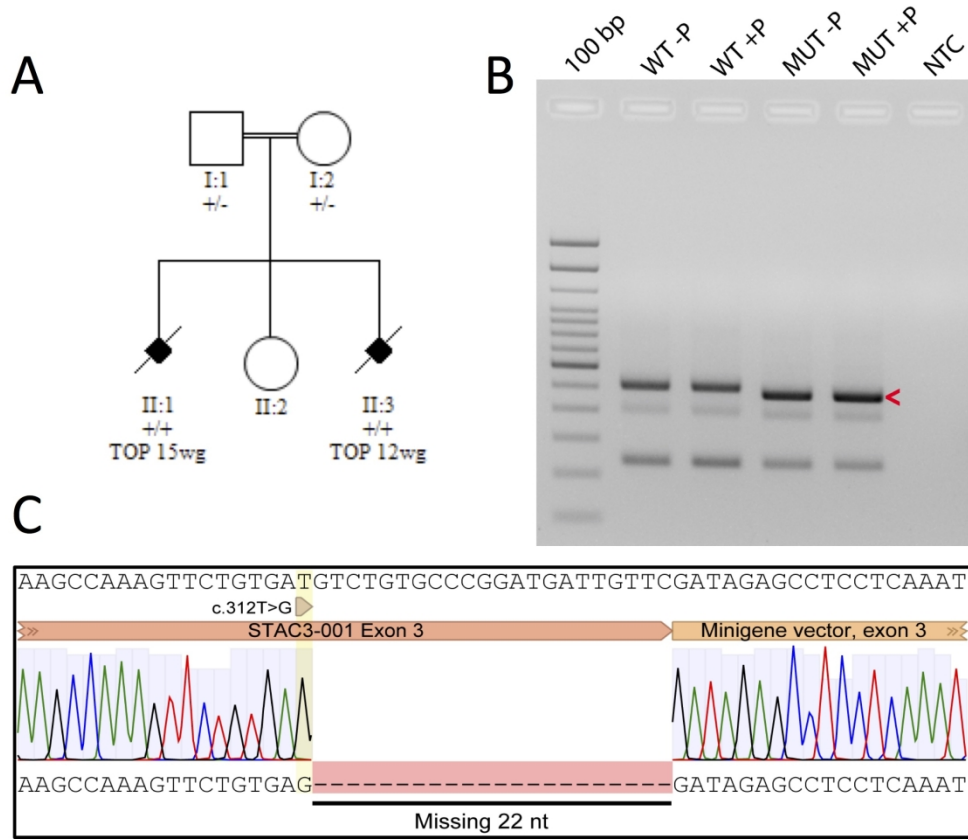


Figure 4

108x91mm (600 x 600 DPI)

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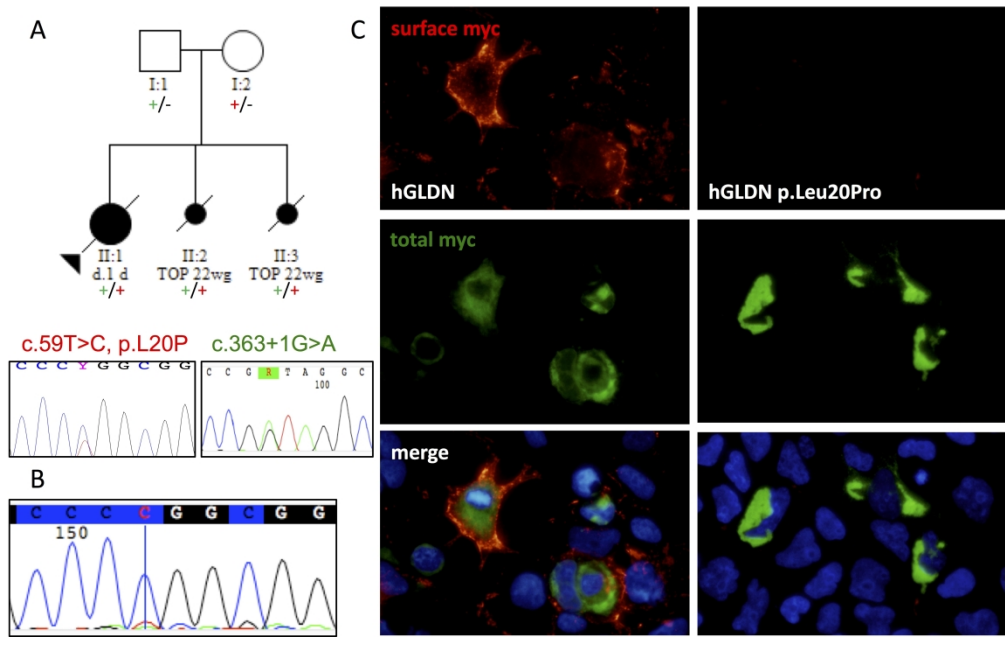
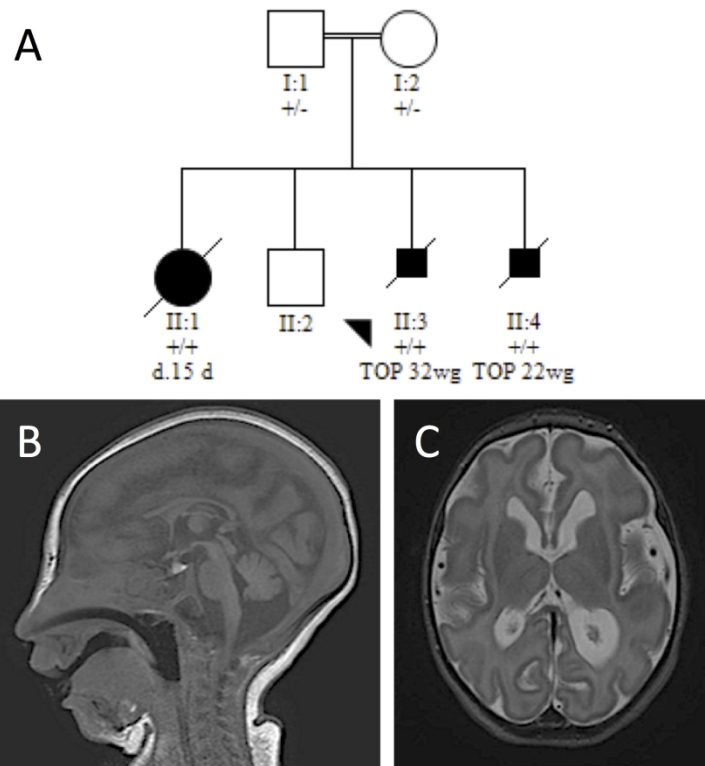


Figure 5

222x141mm (600 x 600 DPI)



32 **D SMPD4: p.Pro192Leu**

33 Human NLALNPF^LEYYI

34 Patients NLALN^LFEYYI

35 Mouse NLALNPF^LEYYM

36 Chicken NLALNPF^LEYYM

37 Zebrafish -LFLNPF^LEYYM

38 Fruitfly TL^LSLNA^LDFYV

44
45 Figure 6

46 113x154mm (600 x 600 DPI)

Supplementary Table 1: Genes included on each iteration of the PathWest gene panel

v1	v2	v3 neuro	v3 muscle
AARS	AARS	AARS	AARS2
ABCC9	AARS2	ABCB7	ABHD5
ABCD1	ABCD1	ABCD1	ACAD9
ABHD12	ABHD12	ABHD12	ACADVL
ABHD5	ABHD5	ACTB	ACTA1
ACADVL	ACAD9	ACTG1	ACTC1
ACADVL	ACADVL	ADAR	ACTN2
ACTA1	ACTA1	ADCK3	ADCY6
ACTC1	ACTB	ADGRG1	ADGRG6
ACTN2	ADCK3	AFG3L2	ADSSL1
ACVR1	ADCY6	AIFM1	AGK
ADCK3	AFG3L2	AIMP1	AGL
AFG3L2	AGK	AKT1	AGRN
AGL	AGL	AKT3	AIFM1
AGRN	AGRN	ALDH18A1	ALDOA
AHNAK	AIFM1	ALDH3A2	ALG14
AIFM1	AIMP1	ALS2	ALG2
ALDH3A2	ALDH3A2	AMPD2	AMPD1
ALS2	ALG14	ANG	ANKRD1
ANG	ALG2	ANO10	ANKRD2
ANK2	ALS2	ANO3	ANO5
ANKRD1	AMPD1	AP4B1	APOD
ANO10	AMPD2	AP4E1	ASCC1
ANO5	ANG	AP4M1	ATP1A2
AP5Z1	ANO10	AP4S1	ATP2A1
APOA1	ANO3	AP5Z1	ATP5A1
APTX	ANO5	APTX	B3GALNT2
AR	AP4B1	ARFGEF2	B3GALT6
ARHGEF10	AP4E1	ARHGEF10	B4GAT1
ARSA	AP4M1	ARL6IP1	BAG3
ARX	AP4S1	ARSA	BIN1
ASAH1	AP5Z1	ARSI	BVES
ATL1	APTX	ARX	C10orf2
ATM	ARHGEF10	ASAH1	C12orf65
ATP2A1	ARL6IP1	ASCC1	C8orf22
ATP2B3	ARSA	ASPA	CA3
ATP7A	ARSI	ASPM	CACNA1S
B3GALNT2	ASAH1	ATCAY	CAPN3
BAG3	ASPA	ATL1	CASQ1
BEAN1	ATL1	ATL3	CAV3
BIN1	ATL3	ATM	CCDC78
BSCL2	ATM	ATP1A3	CD99
C10orf2	ATP1A3	ATP2B3	CEP89
CACNA1A	ATP2A1	ATP2B4	CFL2
CACNA1C	ATP2B3	ATP6AP2	CHAT
CACNA1S	ATP2B4	ATP7A	CHCHD10
CACNB2	ATP5A1	ATR	CHD7
CACNB4	ATP6AP2	B3GALNT2	CHKA
CAPN3	ATP7A	B4GALNT1	CHKB

1				
2	CASQ2	B3GALNT2	BCAP31	CHRNA1
3	CAV3	B3GALT6	BEAN1	CHRNA1
4	CCT5	B3GNT1	BICD2	CHRND
5	CFL2	B4GALNT1	BSCL2	CHRNE
6	CHAT	BAG3	C12orf65	CHRNA1
7	CHRNA1	BCAP31	C19orf12	CHST14
8	CHRNA1	BEAN1	CACNA1A	CKM
9	CHRND	BICD2	CACNA1B	CKMT2
10	CHRNE	BIN1	CACNA1G	CLCN1
11	CHRNA1	BSCL2	CACNB4	CLDN11
12	CHRNA1	C10orf2	CCT5	CMYA5
13	CNBP	C12orf65	CDK5RAP2	CNTN1
14	CNTN1	C19orf12	CENPJ	CNTNAP1
15	COL6A1	CACNA1A	CEP152	COL12A1
16	COL6A2	CACNA1S	CHCHD10	COL13A1
17	COL6A3	CACNB4	CHMP2B	COL1A1
18	COLQ	CAPN3	CLCN2	COL3A1
19	COX15	CASQ1	CLPP	COL6A1
20	CPT1B	CAV3	COASY	COL6A2
21	CPT2	CCDC78	COL4A1	COL6A3
22	CRYAB	CCT5	COL4A2	COLQ
23	CSRP3	CEP89	COX6A1	COX14
24	CTDP1	CFL2	CPT1C	COX6A2
25	CYP7B1	CHAT	CSF1R	COX6B1
26	DAG1	CHCHD10	CTDP1	CPT2
27	DCTN1	CHD7	CUL3	CRYAB
28	DCX	CHKB	CWF19L1	CYC1
29	DES	CHMP2B	CYP2U1	DAG1
30	DHKT1D1	CHRNA1	CYP7B1	DCST2
31	DMD	CHRNA1	DARS2	DES
32	DMPK	CHRNA1	DCAF8	DLK1
33	DNAJB2	CHRND	DCTN1	DMD
34	DNAJB6	CHRNE	DCX	DNA2
35	DNM2	CHRNA1	DDHD1	DNAJB6
36	DNMT1	CHRNA1	DDHD2	DNM2
37	DOCK3	CHRNA1	DENR	DOK7
38	DOK7	CHRNA1	DHTKD1	DPAGT1
39	DPAGT1	CHRNA1	DNAJB2	DPM1
40	DPM2	CHRNA1	DNAJB5	DPM2
41	DSC2	CHRNA1	DNM2	DPM3
42	DSG2	CHRNA1	DNMT1	DYSF
43	DSP	CHRNA1	DRD2	ECEL1
44	DTNA	CHRNA1	DRP2	EDN3
45	DYNC1H1	CHRNA1	DST	EGR2
46	DYSF	CHRNA1	DYNC1H1	EMD
47	EGR2	CHRNA1	EDN3	ENO3
48	EMD	CHRNA1	EGR2	ERBB3
49	ENO3	CHRNA1	EIF2B1	ETFDH
50	ERBB3	CHRNA1	EIF2B2	FARS2
51	ETFA	CHRNA1	EIF2B3	FBN2
52	ETFB	CHRNA1	EIF2B4	FBXL4
53	ETFDH	CHRNA1	EIF2B5	FDX1L

1				
2	EYA4	CYP2U1	ELOVL4	FGF7
3	FA2H	CYP7B1	ELOVL5	FHL1
4	FAM134B	DAG1	ENTPD1	FHL3
5	FBLN5	DARS2	EOMES	FKBP14
6	FGD4	DCAF8	ERLIN1	FKRP
7	FGF14	DCST2	ERLIN2	FKTN
8	FGFR2	DCTN1	EXOSC3	FLNA
9	FHL1	DDHD1	EXOSC8	FLNC
10	FIG4	DDHD2	FA2H	GAA
11	FKRP	DES	FAM126A	GAPDH
12	FKTN	DHTKD1	FAM134B	GBE1
13	FLNA	DMD	FARS2	GFPT1
14	FLNC	DNA2	FAT3	GGPS1
15	FUS	DNAJB2	FAT4	GLE1
16	FXN	DNAJB6	FBLN5	GMPPB
17	GAA	DNM2	FBXO38	GNE
18	GAN	DNMT1	FGD4	GOLGA2
19	GARS	DOK7	FGF14	GREM1
20	GATAD1	DPAGT1	FIG4	GYG1
21	GBE1	DPM2	FKRP	GYS1
22	GDAP1	DPM3	FKTN	HACD1
23	GFPT1	DRD2	FLNA	HADHA
24	GJA5	DST	FLRT1	HADHB
25	GJB1	DYNC1H1	FLVCR1	HBB
26	GJB3	DYSF	FTL	HIST1H3H
27	GLE1	ECEL1	FUS	HNRNPA1
28	GMPPB	EGR2	FXN	HNRNPA2B1
29	GNE	EIF2B1	GAD1	HNRNPDL
30	GPD1L	EIF2B2	GALC	HRAS
31	GTDC2	EIF2B3	GAN	HSPB6
32	GYG1	EIF2B4	GARS	HSPB7
33	GYS1	EIF2B5	GBA2	HSPB8
34	HARS	ELOVL4	GCH1	HSPG2
35	HCN4	ELOVL5	GDAP1	IGF2
36	HINT1	EMD	GFAP	ISCU
37	HK1	ENO3	GJB1	ISPD
38	HOXD10	ENTPD1	GJB3	ITGA7
39	HSPB1	ERBB3	GJC2	ITGA9
40	HSPB3	ERLIN1	GNAL	KBTBD13
41	HSPB8	ERLIN2	GNB4	KCNA1
42	HSPD1	ETFDH	GOSR2	KCNJ2
43	HSPG2	EXOSC3	GRID2	KIF21A
44	IFRD1	EXOSC8	GRM1	KLHL31
45	IGHMBP2	FA2H	HACE1	KLHL40
46	IKBKAP	FAM126A	HARS	KLHL41
47	ILK	FAM134B	HEPACAM	KLHL9
48	INF2	FBLN5	HINT1	KY
49	ISCU	FBXL4	HK1	L1CAM
50	ISPD	FBXO38	HNRNPA1	LAMA2
51	ITGA7	FDX1L	HNRNPA2B1	LAMB2
52	ITPR1	FGD4	HNRNPUL1	LAMP2
53	JPH2	FGF14	HNRNPUL2	LARGE1

1				
2	JUP	FHL1	HOXD10	LDB3
3	KARS	FIG4	HPCA	LDHA
4	KBTBD10	FKRP	HSPB1	LIMS2
5	KBTBD13	FKTN	HSPB3	LMNA
6	KBTBD5	FLNA	HSPB8	LMOD2
7	KCNA1	FLNC	HSPD1	LMOD3
8	KCNA5	FLRT1	IBA57	LPIN1
9	KCNC3	FLVCR1	IFIH1	LRP4
10	KCNE1	FTL	IGHMBP2	LYZ
11	KCNE2	FUS	IKBKAP	MAGEL2
12	KCNE3	FXN	INF2	MB
13	KCNH2	GAA	ISPD	MEGF10
14	KCNJ12	GAD1	ITPR1	MGME1
15	KCNJ18	GALC	KARS	MICU1
16	KCNJ2	GAN	KCNA1	MMP1
17	KCNQ1	GARS	KCNC3	MMP28
18	KIAA0196	GBA2	KCND3	MPZ
19	KIF1A	GBE1	KCTD13	MRPL3
20	KIF1B	GCH1	KIAA0196	MSTN
21	KIF21A	GDAP1	KIF1A	MTM1
22	KIF5A	GFAP	KIF1B	MTMR14
23	KLHL9	GFPT1	KIF1C	MUSK
24	L1CAM	GJB1	KIF21A	MUSTN1
25	LAMA2	GJB3	KIF2A	MYBPC1
26	LAMA4	GJC2	KIF5A	MYBPC3
27	LAMB2	GLE1	KIF5C	MYF6
28	LAMP2	GMPPB	KLC2	MYH13
29	LARGE	GNAL	KLC4	MYH14
30	LDB3	GNB4	KTN1	MYH2
31	LDHA	GNE	L1CAM	MYH3
32	LITAF	GOSR2	LARGE1	MYH7
33	LMNA	GRID2	LAS1L	MYH8
34	LMOD3	GYG1	LITAF	MYL1
35	LPIN1	GYS1	LMNA	MYL12A
36	LRSAM1	HADHB	LMNB1	MYL2
37	MATR3	HARS	LRSAM1	MYL3
38	MED25	HEPACAM	LYST	MYL4
39	MEGF10	HINT1	MAG	MYLPF
40	MFN2	HK1	MARS	MYO18B
41	MPZ	HNRNPA1	MARS2	MYOD1
42	MRE11A	HNRNPA2B1	MATR3	MYOT
43	MRPL3	HOXD10	MCPH1	MYOZ1
44	MSTN	HSPB1	MED25	NALCN
45	MTM1	HSPB3	MFN2	NDUFAF1
46	MTMR2	HSPB8	MLC1	NDUFAF2
47	MTTP	HSPD1	MMP28	NEB
48	MURC	HSPG2	MORC2	NEFL
49	MUSK	IBA57	MPZ	NFU1
50	MYBPC1	IGHMBP2	MR1	NNAT
51	MYBPC3	IKBKAP	MRE11A	NRAP
52	MYH2	INF2	MTMR2	NUP88
53	MYH3	ISCU	MTPAP	OBSCN

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2	MYH6	ISPD	MYH14	OPA1
3	MYH7	ITGA7	MYH7	ORAI1
4	MYH8	ITPR1	NAGLU	P4HA1
5	MYL2	KARS	NDE1	PABPN1
6	MYL3	KBTBD13	NDRG1	PBLD
7	MYLK2	KCNA1	NEFL	PDE4DIP
8	MYOT	KCNC3	NGF	PDK4
9	MYOZ2	KCNJ2	NIPA1	PDLIM3
10	MYPN	KIAA0196	NOP56	PFKM
11	NDRG1	KIF1A	NOTCH3	PGAM2
12	NDUFAF1	KIF1B	NT5C2	PGK1
13	NEB	KIF1C	NTRK1	PGM1
14	NEFL	KIF21A	OPA1	PHKA1
15	NEXN	KIF5A	OPTN	PHKB
16	NGF	KLHL40	OTUD4	PHOX2A
17	NIPA1	KLHL41	PAFAH1B1	PIEZO2
18	NOTCH3	KLHL9	PANK2	PIGY
19	NPPA	L1CAM	PARK2	PIP5K1C
20	NTRK1	LAMA2	PAX6	PLEC
21	OPA1	LAMB2	PBLD	PLOD1
22	PABPN1	LAMP2	PCNT	PMP22
23	PAFAH1B1	LARGE	PDK3	PNPLA2
24	PDK3	LAS1L	PDYN	POGLUT1
25	PEX7	LDB3	PEX10	POLG
26	PFKM	LDHA	PFN1	POLG2
27	PFN1	LIMS2	PGAP1	POMGNT1
28	PGAM2	LITAF	PIK3R5	POMGNT2
29	PGK1	LMNA	PLA2G6	POMK
30	PGM1	LMNB1	PLEKHG5	POMT1
31	PHKA1	LMOD3	PLOD1	POMT2
32	PHOX2A	LPIN1	PLP1	POSTN
33	PHYH	LRP4	PMP2	PPP1R27
34	PIP5K1C	LRSAM1	PMP22	PRELP
35	PKP2	LYST	PMPCA	PREPL
36	PLEC	MAG	PNKP	PRX
37	PLEKHG5	MAGEL2	PNPLA6	PTRF
38	PLN	MARS	POLG	PYGM
39	PLP1	MARS2	POLR3A	PYROXD1
40	PMP22	MATR3	POLR3B	RAPSN
41	PNPLA2	MED25	POMGNT1	RBCK1
42	PNPLA6	MEGF10	POMGNT2	RMND1
43	POLG	MFN2	POMK	RRM2B
44	POLG2	MGME1	POMT1	RYR1
45	POMGNT1	MICU1	POMT2	SCN4A
46	POMT1	MLC1	PPP2R2B	SDHA
47	POMT2	MPZ	PRDM12	SEPN1
48	PRKAG2	MR1	PRKCG	SGCA
49	PRKCG	MRE11A	PRKRA	SGCB
50	PRPS1	MRPL3	PRNP	SGCD
51	PRRT2	MSTN	PRPH	SGCG
52	PRX	MTM1	PRPS1	SLC18A3
53	PSEN1	MTMR2	PRRT2	SLC19A3

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2	PSEN2	MTPAP	PRX	SLC22A5
3	PTRF	MUSK	PSAP	SLC25A20
4	PYGM	MYBPC1	PTEN	SLC25A4
5	RAB7A	MYH14	RAB3GAP2	SLC25A42
6	RAPSN	MYH2	RAB7A	SLC25A6
7	RBM20	MYH3	REEP1	SLC28A2
8	REEP1	MYH7	REEP2	SLN
9	RELN	MYH8	RELN	SMCHD1
10	RRM2B	MYL2	RNASEH2B	SNAP25
11	RYSR1	MYOT	RNASET2	SOX10
12	RYSR2	NDRG1	RNF170	SPEG
13	SACS	NDUFAF1	RNF216	SQSTM1
14	SBF2	NDUFAF2	RPIA	SRPK3
15	SCN4A	NEB	RTN2	STAC3
16	SCN5A	NEFL	RTTN	STIM1
17	SDHA	NFU1	RUBCN	STMN2
18	SEPN1	NGF	SACS	SUCLA2
19	SEPT9	NIPA1	SAMHD1	SURF1
20	SETX	NOP56	SBF1	SYNE1
21	SGCA	NT5C2	SBF2	SYNE2
22	SGCB	NTRK1	SCN11A	SYNPO2
23	SGCD	OPA1	SCN1A	SYT2
24	SGCE	OPTN	SCN9A	TANGO2
25	SGCG	OTUD4	SCYL1	TAZ
26	SH3TC2	PABPN1	SEPT9	TBCK
27	SIL1	PANK2	SETX	TCAP
28	SLC12A6	PARK2	SGCE	TGFB3
29	SLC1A3	PDK3	SH3TC2	TIA1
30	SLC22A5	PFKM	SIGMAR1	TK2
31	SLC25A20	PFN1	SIL1	TMEM43
32	SLC25A4	PGAM2	SLC12A6	TMEM5
33	SLC33A1	PGAP1	SLC16A2	TNNC1
34	SMCHD1	PGK1	SLC17A5	TNNC2
35	SOD1	PGM1	SLC18A3	TNNI1
36	SOX10	PHKA1	SLC1A3	TNNI2
37	SPAST	PHKB	SLC20A2	TNNT1
38	SPG11	PHOX2A	SLC25A46	TNNT2
39	SPG20	PIEZO2	SLC2A1	TNNT3
40	SPG21	PIGY	SLC33A1	TNPO3
41	SPG7	PIP5K1C	SLC52A1	TNXB
42	SPTBN2	PLA2G6	SLC52A2	TOR1AIP1
43	SPTLC1	PLEC1	SLC52A3	TP63
44	SPTLC2	PLEKHG5	SLC5A7	TPM2
45	STIM1	PLP1	SLC6A3	TPM3
46	SUCLA2	PMP22	SLC9A1	TRAPPC11
47	SYNE1	PNPLA2	SNX14	TRIM32
48	SYNE2	PNPLA6	SOD1	TRIM63
49	TARDBP	POGLUT1	SOX10	TRIP4
50	TAZ	POLG	SPAST	TRPV4
51	TCAP	POLG2	SPG11	TTN
52	TDP1	POLR3A	SPG20	UBA1
53	TFG	POLR3B	SPG21	UNC79

1				
2	TGFB3	POMGNT1	SPG7	UNC80
3	TIA1	POMGNT2	SPR	UQCRC2
4	TK2	POMK	SPTBN2	VCP
5	TMEM43	POMT1	SPTLC1	VMA21
6	TMPO	POMT2	SPTLC2	XIRP1
7	TNNC1	PPP2R2B	SPTLC3	XIRP2
8	TNNI2	PRKCG	SQSTM1	ZBTB42
9	TNNI3	PRKRA	STUB1	ZC4H2
10	TNNI3	PRKRA	STUB1	ZC4H2
11	TNNT1	PRNP	SYNE1	
12	TNNT2	PRPH	SYT14	
13	TNNT3	PRPS1	TAF1	
14	TNPO3	PRRT2	TARDBP	
15	TOR1A	PRX	TBCD	
16	TPM1	PSAP	TBK1	
17	TPM2	HACD1	TBP	
18	TPM2	HACD1	TBP	
19	TPM3	PTRF	TBR1	
20	TRIM32	PYGM	TDP1	
21	TRPV4	PYROXD1	TECPR2	
22	TRPV4	PYROXD1	TECPR2	
23	TTBK2	RAB3GAP2	TFG	
24	TTN	RAB7A	TH	
25	TTPA	RAPSN	THAP1	
26	TTR	RBCK1	TNFAIP1	
27	TUBA1A	REEP1	TOR1A	
28	TUBB3	REEP2	TOR1AIP1	
29	TUBB3	REEP2	TOR1AIP1	
30	UBA1	RMND1	TP63	
31	UTRN	RNF170	TPP1	
32	VAPB	RNF216	TREX1	
33	VCL	RPIA	TRIM2	
34	VCP	RRM2B	TRIP4	
35	VMA21	RTN2	TRPV4	
36	VRK1	RYR1	TSEN2	
37	WNK1	SACS	TSEN34	
38	YARS	SBF1	TSEN54	
39	ZFYVE26	SBF2	TTBK2	
40	ZFYVE27	SCN11A	TTPA	
41		SCN4A	TTR	
42		SCN4A	TTR	
43		SCN9A	TUBA1A	
44		SDHA	TUBB	
45		SEPN1	TUBB2B	
46		SEPT9	TUBB3	
47		SEPT9	TUBB3	
48		SETX	TUBB4A	
49		SGCA	TUBG1	
50		SGCB	UBA1	
51		SGCD	UBA5	
52		SGCD	UBA5	
53		SGCE	UBQLN2	
54		SGCG	UNC79	
55		SH3TC2	UNC80	
56		SIGMAR1	USP8	
57		SIL1	VAMP1	
58		SIL1	VAMP1	
59		SLC12A6	VAPB	
60		SLC16A2	VCP	
		SLC17A5	VLDLR	

1		
2	SLC19A3	VPS13A
3	SLC1A3	VPS37A
4	SLC20A2	VRK1
5	SLC22A5	WDR45
6	SLC25A20	WDR48
7	SLC25A4	WDR62
8	SLC2A1	WNK1
9	SLC33A1	WWOX
10	SLC52A2	YARS
11	SLC52A3	YWHAE
12	SLC5A7	ZBTB18
13	SLC6A3	ZFR
14	SMCHD1	ZFYVE26
15	SOD1	ZFYVE27
16	SOX10	
17	SPAST	
18	SPEG	
19	SPG11	
20	SPG20	
21	SPG21	
22	SPG7	
23	SPR	
24	SPTBN2	
25	SPTLC1	
26	SPTLC2	
27	STAC3	
28	STIM1	
29	STUB1	
30	SUCLA2	
31	SURF1	
32	SYNE1	
33	SYNE2	
34	TAF1	
35	TARDBP	
36	TAZ	
37	TBP	
38	TCAP	
39	TDP1	
40	TECPR2	
41	TFG	
42	TGFB3	
43	TH	
44	THAP1	
45	TIA1	
46	TK2	
47	TMEM43	
48	TMEM5	
49	TNNI2	
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2 TNNT1
3 TNNT3
4 TNPO3
5 TNXB
6 TOR1A
7 TOR1AIP1
8 TPM2
9 TPM3
10 TPP1
11 TRAPPC11
12 TREX1
13 TRIM2
14 TRIM32
15 TRPV4
16 TTBK2
17 TTN
18 TTPA
19 TTR
20 TUBB4A
21 UBA1
22 UBQLN2
23 UQCRC2
24 USP8
25 VAMP1
26 VAPB
27 VCP
28 VMA21
29 VPS13A
30 VPS37A
31 VRK1
32 WDR45
33 WDR48
34 WNK1
35 YARS
36 ZC4H2
37 ZFR
38 ZFYVE26
39 ZFYVE27
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Supplementary Table 2: Genetic diagnoses made in each of the genetically-resolved 81 cases.

Clinical Diagnosis	D-number	Setting	Gene	Variant/s	Inheritance mode	HPO terms
DA	D18-0172	D	<i>ACTA1</i>	c.220G>A (p.Glu74Lys)	<i>de novo</i>	Abnormality of prenatal development or birth Arthrogryposis multiplex congenita Amyoplasia
FADS	D16-1596	D	<i>ACTA1</i>	c.440C>A (p.Ser147Tyr)	<i>de novo</i>	Antenatal onset Fetal akinesia sequence Neonatal hypotonia Macrocephaly at birth Frontal bossing Cryptorchidism Congenital finger flexion contractures Contractures of the joints of the upper limbs Contractures of the joints of the lower limbs Aplasia/Hypoplasia of the palmar creases
AMC	D14-1209	D	<i>BICD2</i>	c.628C>A (p.His210Asn)	<i>de novo</i>	Arthrogryposis multiplex congenita Muscle weakness
DA	D16-0307	D	<i>BICD2</i>	c.1559T>C (p.Leu520Pro)	<i>de novo</i>	Arthrogryposis multiplex congenita Bulbar signs Restrictive ventilatory defect Kyphoscoliosis
LMPS	D16-0032	D	<i>BICD2</i>	c.1604C>T (p.Ala535Val)	<i>de novo</i>	Bilateral congenital talipes Congenital hip dislocation Knee flexion contracture Cryptorchidism Decreased muscle mass
AMC	D11-949 ¹	D	<i>BICD2</i>	c.2080C>T (p.Arg694Cys)	<i>de novo</i>	Arthrogryposis multiplex congenita Neonatal hypotonia Respiratory distress Bilateral perisylvian polymicrogyria Hand clenching Talipes Micrognathia
AMC	D13-094 ¹	R	<i>BICD2</i>	c.2080C>T (p.Arg694Cys)	<i>de novo</i>	Reduced fetal movements Arthrogryposis multiplex congenita Bilateral perisylvian polymicrogyria Cerebellar hypoplasia Hypoplasia of the corpus callosum Femur fracture Central apnea Talipes Ulnar deviation of finger Single transverse palmar crease
DA	D13-090	R	<i>BICD2</i>	c.2113G>A (p.Glu705Lys)	<i>de novo</i>	Hydrops fetalis Arthrogryposis multiplex congenita Pterygium

							Rocker bottom foot Hand clenching Talipes
	FADS	D16-0750	D/R	<i>CACNA1S</i>	c.665T>A (p.Met222Lys) c.2365C>T (p.Arg789Cys)	AR	Antenatal onset Talipes Polyhydramnios
	LMPS	D15-1251	D/R	<i>CHRNA1</i>	c.[(820+1_821-1)_(1044+1_1045-1)del] - hmz	AR	Multiple pterygia
	DA	D16-0492	D	<i>CHRNA1</i>	c.136C>T (p.Arg46*) - hmz	AR	Distal arthrogryposis Autosomal recessive inheritance
	FADS	D13-1032	D	<i>CHRNA1</i>	c.459dupA (p.Val154Serfs*24) - hmz	AR	Arthrogryposis multiplex congenita Pretibial dimple
	DA	D16-0928	R	<i>CHRNA1</i>	c.459dupA (p.Val154Serfs*24) - hmz	AR	Distal arthrogryposis
	FADS	D18-0294	D	<i>CHRNA1</i>	c.56-1G>A c.459dupA (p.Val154Serfs*24)	AR	Antenatal onset Distal arthrogryposis
	DA	D14-0923	D	<i>COL6A1</i>	c.850G>A (p.Gly284Arg)	<i>de novo</i>	Hip dislocation Peripheral neuropathy Arthrogryposis multiplex congenita
	DA	D17-0991	D	<i>COL6A1</i>	c.906_920dup (p.Glu303_Arg307dup)	NI	Hip dislocation Bilateral congenital talipes Knee flexion contracture Elbow flexion contracture
	DA	D19-1254	D	<i>COL6A1</i>	c.987_995del (p.Asp331_Val333del)	<i>de novo</i>	Elbow flexion contracture Knee flexion contracture Hyperextensibility at wrists Long fingers Long toe
	DA	D19-1391	D	<i>COL6A1</i>	c.6248G>A (p.Gly2083Asp)	NI	Distal arthrogryposis Myopathy Abnormal facial shape Short stature Bilateral congenital talipes Limb-girdle muscle weakness (proximal)
	DA	D08-745 ²	D	<i>DYNC1H1</i>	c.1792C>T (p.Arg598Cys)	NI	Distal arthrogryposis
	DA	D14-1028 ²	D	<i>DYNC1H1</i>	c.2327C>T (p.Pro776Leu)	<i>de novo</i>	Distal arthrogryposis
	DA	D16-0968	D	<i>ECEL1</i>	c.1339C>T (p.Arg447Cys) - hmz	AR	Antenatal onset Arthrogryposis multiplex congenita Unilateral ptosis Nonprogressive Muscle weakness
	DA	D16-1653	D	<i>ECEL1</i>	c.110_155del (p.Phe37Cysfs*151) c.589G>A (p.Gly197Ser)	AR	Flexion contracture (multiple) Aortic root aneurysm Progressive sensorineural hearing impairment Midface retrusion Micrognathia

1	DA	D18-0102	D	<i>ECEL1</i>	c.1408-1G>T - hmz	AR	Progressive distal muscle weakness Lower limb muscle weakness Onset (assymetric L>R) Elevated serum creatine kinase Myopathy
2							
3							
4	DA	D17-1980	D	<i>FBN2</i>	c.3968G>C (p.Cys1323Ser)	AD	Distal arthrogyriposis
5							
6	DA	D15-1576	R	<i>FLNC</i>	c.3557C>T (p.Ala1186Val)	<i>de novo</i>	Hand clenching Hip dislocation Hitchhiker thumb Distal arthrogyriposis Scoliosis High palate Posteriorly rotated ears
7							
8							
9							
10							
11	DA	D18-0978	D	<i>GBE1</i>	c.708G>C (p.Gln236His) 691+2T>C	AR	Arthrogyriposis multiplex congenita
12							
13							
14							
15	FADS	D12-950	R	<i>GLDN</i>	c.59T>C (p.Leu20Pro) c.363+1G>A	AR	Fetal akinesia sequence Decreased fetal movement Arthrogyriposis multiplex congenita Hydrops fetalis Pterygium Hypoplastic heart Pulmonary hypoplasia Skeletal muscle hypertrophy High palate
16							
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23	DA	D19-0998	D	<i>GMPPB</i>	c.220C>T (p.Arg74*) c.1081G>A (p.Asp361Asn)	AR	Arthrogyriposis multiplex congenita Knee flexion contracture Hip contracture Flexion contracture of finger Wrist flexion contracture Stiff shoulders Overlapping fingers Talipes Limited elbow extension Amyoplasia (not typical) Decreased fetal movement (antenatal) Diaphragmatic paralysis Elevated serum creatine kinase Hirsutism
24							
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34							
35	DA	D18-0741	D	<i>GMPPB</i>	c.95C>T (p.Pro32Leu) c.1069G>A (p.Val357Ile)	AR	Antenatal onset Hydrops fetalis Abnormal facial shape Small anterior fontanelle Sagittal craniosynostosis Hypertelorism Wide mouth Retrognathia Cleft palate
36							
37							
38							
39							
40							
41							
42							

							Webbed neck Low-set ears Multiple pterygia Bilateral talipes equinovarus (severe) Abnormality of the musculature of the limbs Abnormality of brain morphology
DA	D16-1428	D	<i>KLHL40</i>	c.602G>A (p.Trp201*) - hmz	AR		Antenatal onset Arthrogryposis multiplex congenita
DA	D18-2007	D	<i>MAGEL2</i>	c.1869dup (p.Thr624Hisfs*89)	NI		Elbow flexion contracture Flexion contracture of fingers and thumbs Hand clenching Torticollis
DA	D16-1250	D	<i>MAGEL2</i>	c.1880G>A (p.Trp627*)	<i>de novo</i>		Antenatal onset Arthrogryposis multiplex congenita Flexion contracture (all major joints) Hypertonia Elevated serum creatine kinase
DA	D18-1694	D	<i>MAGEL2</i>	c.2895G>A p.(Trp965*)	paternal (imprinted gene)		Distal arthrogryposis Obstructive sleep apnea Bulbar signs Feeding difficulties
DA	D16-1217	D	<i>MYH3</i>	c.725C>G (p.Ser242Cys)	<i>de novo</i>		Distal arthrogryposis
DA	D19-0178	D	<i>MYH3</i> [^]	c.1539C>G (p.Asp513Glu) c.2036C>T (p.Thr679Ile) c.2113A>C (p.Ile705Leu)	AD		Distal arthrogryposis Micrognathia Chin with H-shaped crease
DA	D14-0774	D	<i>MYH3</i>	c.2014C>T (p.Arg672Cys)	NI		Antenatal onset Abnormal facial shape
DA	D19-0489	D	<i>MYH3</i>	c.2474T>G (p.Val825Gly)	NI		Distal arthrogryposis Adducted thumb Bilateral talipes equinovarus Micrognathia Respiratory infections in early life
DA/CM	D14-1355 ³	R	<i>MYL1</i>	c.488T>G (p.Met163Arg) - hmz	AR		Decreased fetal movement Apnea Respiratory insufficiency due to muscle weakness Generalized hypotonia Myopathic facies Axial muscle weakness High palate
FADS	D17-0045	D	<i>MYO18B</i>	c.193C>T (p.Arg65*) c.1537G>C (p.Ala513Pro)	AR		Antenatal onset Hypoplasia of the musculature Elbow flexion contracture Knee flexion contracture Hip contracture Pterygium

							Cystic hygroma Dextrotransposition of the great arteries Ventricular septal defect Hypoplastic left heart Abnormal cerebral morphology
1	DA/CM	D18-0198	D	<i>NALCN</i>	c.1745A>G (p.Tyr582Cys)	<i>de novo</i>	Distal arthrogyriposis
2	DA	D16-1913	D	<i>NALCN</i>	c.3542G>A (p.Arg1181Gln)	<i>de novo</i>	Antenatal onset Hand clenching
3	FADS	D17-1855	D	<i>NEB</i>	c.739del (p.Ala247Leufs*16) c.13476+1G>A~	AR	Stillbirth Multiple pterygia Fetal akinesia sequence Aplasia/Hypoplasia involving the skeletal musculature Talipes equinovarus Flexion contracture Cerebral palsy Abnormal lung lobation
4	LMPS	D14-1786 ⁴	R	<i>NEB</i>	c.10872+1G>T - hmz	AR	Multiple pterygia Fetal akinesia sequence Arthrogyriposis multiplex congenita Cystic hygroma Hydrops fetalis Polyhydramnios Intrauterine growth restriction Camptodactyly Ulnar deviation of finger Long philtrum Downslanted palpebral fissures Hypertelorism Low-set ears
5	LMPS	D15-1283	D	<i>NEB</i>	c.11610C>A (p.Tyr3870*) c.18024_18027del (p.Val6009Trpfs*67)	AR	Antenatal onset Fetal akinesia sequence
6	DA	D17-0450	D	<i>NEB</i>	c.12361del (p.Arg4121Valfs*13)~ c.13788+2dup~	AR	Generalized hypotonia Distal arthrogyriposis Myopathy
7	FADS	D14-0067	R	<i>NEB</i>	c.3987+1_3987+2delinsTG c.24543dup (p.Thr8182Hisfs*15)	AR	Reduced fetal movements Polyhydramnios Distal arthrogyriposis Talipes Generalized hypotonia Myopathic facies Short chin Cleft palate
8	FADS	D15-1176 ⁵	R	<i>NUP88</i>	c.1525C>T (p.Arg509*) c.1889_1901del (p.Glu634del)	AR	Decreased fetal movements Polyhydramnios Arthrogyriposis multiplex congenita Hypoplasia of the musculature

							Posteriorly rotated ears Microretrognathia
1							
2							
3	DA	D15-1255	D	<i>PIEZO2</i>	c.7067C>T (p.Thr2356Met)	AD	Distal arthrogryposis
4							Talipes (severe)
5							Joint contracture of the hand
6	DA	D16-0479	D	<i>PIEZO2</i>	c.8057G>A (p.Arg2686His)	NI	Down-sloping shoulders
7							Limited elbow movement
8							Short hallux
9							Distal arthrogryposis
10							Skeletal muscle atrophy
11							Shoulder flexion contracture
12	DA	D15-1298	D	<i>PIEZO2</i>	c.8057G>A (p.Arg2686His)	NI	Elbow flexion contracture
13							Knee flexion contracture
14							Hip contracture
15							Bilateral talipes equinovarus
16							Absent palmar crease
17							Stiff fingers
18							Interphalangeal joint contracture of finger
19	DA	D17-1198	D	<i>RAPSN</i>	c.264C>A (p.Asn88Lys) c.712C>T (p.Gln238*)	AR	Arthrogryposis multiplex congenita
20							Bilateral talipes equinovarus
21							Contractures of the joints of the lower limbs (knee, hip)
22							Elbow flexion contracture (mild)
23							Respiratory insufficiency
24							Sleep disturbance
25	DA	D17-1678	D	<i>RYR1</i>	c.2255C>T (p.Pro752Leu) c.14804-1G>T	AR	Neonatal respiratory distress
26							Shoulder flexion contracture
27							Aplasia/Hypoplasia of the palmar creases
28							Hip contracture
29							Knee flexion contracture
30	FADS	D16-1073	D	<i>SCN4A</i>	c.2266C>T (p.Arg756Cys) c.4433C>T (p.Ser1478Leu)	AR	Bilateral talipes equinovarus (mild)
31							Severe intrauterine growth retardation
32	DA	D14-0912 ⁶	D/R	<i>SCN4A</i>	c.608T>A (p.Met203Lys) c.4779C>A (p.Tyr1593*)	AR	Distal arthrogryposis
33							Polyhydramnios
34							Amyoplasia (lethal)
35							Arthrogryposis multiplex congenita
36	DA	D18-0398	D/R	<i>SMPD4</i>	c.575C>T (p.Pro192Leu) - hmz	AR	Small for gestational age
37							Lissencephaly
38							Hypoplasia of the corpus callosum
39							Congenital encephalopathy
40							Cerebellar hypoplasia
41	LMPS	D17-0476	D/R	<i>STAC3</i>	c.312T>G (p.Asp104Glu) - hmz	AR	Multiple pterygia
42							Fetal akinesia sequence
43							Arthrogryposis multiplex congenita

1	DA	D16-0627	D	<i>TNNI2</i>	c.521G>A (p.Arg174Gln)	<i>de novo</i>	Antenatal onset Wrist flexion contracture Abnormality of the ankles Decreased fetal movement (Knees/elbows)
2							
3	DA	D16-0481	D	<i>TNNI2</i>	c.466C>T (p.Arg156*)	AD	Distal arthrogryposis Autosomal dominant inheritance
4							
5	DA	D18-2142	D	<i>TNNI2</i>	c.499_501delGAG (p.Glu167del)	NI	Distal arthrogryposis
6							
7	DA	D19-0904	D	<i>TNNI2</i>	c.521G>A (p.Arg174Gln)	AD	Distal arthrogryposis Hydronephrosis (left) Feeding difficulties
8							
9	DA	D19-1111	D	<i>TNNI2</i>	c.521G>A (p.Arg174Gln)	NI	Distal arthrogryposis Shoulder flexion contracture Limb joint contracture
10							
11	DA	D18-1716	D	<i>TNNI2</i>	c.527_529delAGA (p.Lys176del)	NI	Distal arthrogryposis
12							
13	DA	D19-0754	D	<i>TNNI2</i>	c.527_529delAGA (p.Lys176del)	NI	Congenital onset Distal arthrogryposis Laryngomalacia Micrognathia
14							
15							
16							
17							
18	DA	D14-1680 ⁷	D	<i>TNNT3</i>	c.681+1G>A - hmz	AR	Distal arthrogryposis Abnormal facial shape Scoliosis Respiratory insufficiency Contractures of the joints of the upper limbs Contractures of the joints of the lower limbs
19							
20							
21							
22	DA	D13-1137	D	<i>TPM2</i>	c.20-22del (p.Lys7del)	AD	Arthrogryposis multiplex congenita Autosomal dominant inheritance
23							
24							
25	DA	D17-2016	D	<i>TPM2</i>	c.463G>A (p.Ala155Thr)	AD	Congenital onset Wrist flexion contracture Elbow flexion contracture Knee flexion contracture Rocker bottom foot
26							
27							
28	DA	D17-1613	D	<i>TPM2</i>	c.541G>A (p.Glu181Lys)	NI	Distal arthrogryposis
29							
30							
31	DA	D17-1807	D	<i>TRPV4</i>	c.1058G>A (p.Cys353Tyr)	<i>de novo</i>	Arthrogryposis multiplex congenita Limb muscle weakness Myopathic facies Bulbar palsy Hypoventilation Skeletal dysplasia
32							
33							
34							
35							
36	DA	D16-1146	D	<i>TRPV4</i>	c.557G>A (p.Arg186Gln)	AD	Distal arthrogryposis Bilateral talipes equinovarus Micrognathia Rocker bottom foot Ventricular septal defect Knee flexion contracture
37							
38							
39							
40	DA	D15-1019	D	<i>TRPV4</i>	c.806G>A (p.Arg269His)	NI	Arthrogryposis multiplex congenita
41							
42							
43							
44							
45							
46							

1	DA	D16-1830	D	<i>TTN</i>	c.10303+2T>C c.37193del (p.Pro12398Leufs*549)~	AR	Distal arthrogyrosis
2							
3	DA	D12-502 ⁸	R	<i>TTN</i>	c.16621+1G>T c.28561C>T (p.Gln9521*)	AR	Distal arthrogyrosis Pterygium Webbed neck Cleft palate Bilateral ptosis
4							
5	DA	D17-1146	R	<i>TTN</i>	c.31208-2A>C c.38660delA (p.Lys12887Argfs*60)~	AR	Amyoplasia Arthrogyrosis multiplex congenita Scoliosis Nevus flammeus of the forehead
6							
7	DA	D15-0954	D	<i>TTN</i>	c.35756del (p.Pro11919Leufs*51) c.93110G>A (p.Trp31037*)	AR	Distal arthrogyrosis
8							
9	DA	D19-0564	D	<i>TTN</i>	c.37154del (p.Lys12385Argfs*562)~ c.58034_58035del p.(Thr19345Serfs*2)	AR	Distal arthrogyrosis Horseshoe kidney
10							
11	EV-MPS	D17-0237 ⁹	D	<i>TTN</i>	c.37228delC (p.Glu12411Lysfs*536)~ c.39974-11T>G	AR	Distal arthrogyrosis Multiple pterygia Low-set ears Narrow mouth Short nose Depressed nasal ridge Anteverted nares
12							
13	AMC	D09-079	R	<i>TTN</i>	c.38660delA (p.Lys12887Argfs*60)~ c.56329A>G (p.Met18777Val) - alters splicing	AR	Decreased fetal movement Polyhydramnios Amyoplasia
14							
15	FADS	D18-0091	D	<i>TTN</i>	c.39974-11T>G c.44815+1G>A	AR	Arthrogyrosis multiplex congenita Central hypotonia Feeding difficulties Bilateral cryptorchidism
16							
17	DA	D15-0320	D	<i>ZC4H2</i>	c.399-1G>A	<i>de novo</i>	Distal arthrogyrosis Rocker bottom foot Hip contracture Amyoplasia
18							
19	DA	D17-0639	D	<i>ZC4H2</i>	c.53+1G>A	NI	Distal arthrogyrosis Weakness of facial musculature Ptosis Keratoses pilaris Sleep apnea Atrial septal defect Dilatation of the renal pelvis
20							
21	DA	D17-0141	D	<i>ZC4H2</i>	c.601C>A (p.Pro201Thr)	NI	Distal arthrogyrosis Abnormality of the extraocular muscles

Numbers in superscript denote reference pertaining to the case where cases were published previously as case reports, as part of gene-specific cohort studies or novel disease gene discoveries. Setting describes whether the case was sequenced and analysed in a diagnostic (D) or research (R) laboratory or both (D/R). Variants in bold represent variants, that to the best of our knowledge have not been previously described as disease-causing. ~denotes variants within the triplicate repeat region of NEB and TTN. AMC = arthrogryposis multiplex congenita, CM = congenital myopathy, DA = distal arthrogryposis, EV = Escobar variant, FADS = fetal akinesia deformation sequence, hmz = homozygous, LMPS = lethal multiple pterygium syndrome. MYH3[^] represents a variant allele present in the proband, affected father and affected paternal uncle. NI = no information.

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