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Prostaglandin E2-mediated impairment of innate immune response to A(H1N1)pdm09 infection in diet-induced obese mice could be restored by paracetamol

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Abstract:	Objective: To investigate why obesity leads to increased severity of influenza infection. Methods: We employed a mouse model with diet-induced obesity (DIO) to study the innate immune responses induced by influenza virus. Results: The lungs of DIO mice were heavily affected by obesity-associated chronic systemic inflammation with a significant increase in inflammatory cytokines/chemokines. Concurrently, lipid immune mediator prostaglandin E2 (PGE2) was also significantly elevated in DIO mice. However, the DIO mice mounted a blunted and delayed upregulation of mRNA and protein concentrations of interferon- β and inflammatory cytokines/chemokines upon A(H1N1)pdm09 virus (H1N1/415742Md) challenge comparing with those of lean mice. PGE2 concentrations were significantly higher in the lungs of DIO mice comparing to that of lean mice post-challenge. Treatment with paracetamol in challenged DIO mice significantly enhanced the

expression of interferon- α/β and cytokine genes at days 1 and 3 post infection comparing with that of untreated DIO mice. Furthermore, paracetamol treatment alone started 3 days before virus challenge and continued till 6 days post-challenge, ameliorated the severity of a lethal H1N1/415742Md infection in DIO mice with improved survival.

Conclusions: Impaired innate response to influenza in DIO mice is associated with elevated PGE2, which could be restored to some degree by paracetamol treatment.

1 **Prostaglandin E2-mediated impairment of innate immune response to**
2 **A(H1N1)pdm09 infection in diet-induced obese mice could be restored by**
3 **paracetamol**

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16

17 **Keywords:** obesity, immune impairment, influenza, PGE2, paracetamol

18 **Running title:** Paracetamol restored innate response

19 **Word counts: Abstract: 200; main text: 3266 words**

20 **Summary of the article: (36 words)**

21 Low-grade chronic inflammatory state in the respiratory tissue of diet-induced obese
22 mice impairs innate immune response to A(H1N1)pdm09 infection. Treatment with
23 paracetamol restores the interferon and cytokine responses which supports that PGE2
24 contributes to immune impairment.

25

26 **Abbreviations**

27 DIO, diet-induced obesity; H1N1/415742Md, mouse adapted A/Hong
28 Kong/415742/2009 (H1N1) virus; PGE2, prostaglandin E2; COX1, cyclooxygenase 1;
29 COX2, cyclooxygenase 2; mPGES1, microsomal prostaglandin E synthase-1; mPGES2,
30 microsomal prostaglandin E synthase-2; cPLA2, cytosolic phospholipases A2; cPGES,
31 cytosolic prostaglandin E2 synthase; 15-PGDH 15-hydroxyprostaglandin
32 dehydrogenase

33

34

35

36 **Abstract**

37 **Objective:** To investigate why obesity leads to increased severity of influenza infection.

38 **Methods:** We employed a mouse model with diet-induced obesity (DIO) to study the
39 innate immune responses induced by influenza virus.

40 **Results:** The lungs of DIO mice were heavily affected by obesity-associated chronic
41 systemic inflammation with a significant increase in inflammatory
42 cytokines/chemokines. Concurrently, lipid immune mediator prostaglandin E2 (PGE2)
43 was also significantly elevated in DIO mice. However, the DIO mice mounted a blunted
44 and delayed upregulation of mRNA and protein concentrations of interferon- β and
45 inflammatory cytokines/chemokines upon A(H1N1)pdm09 virus (H1N1/415742Md)
46 challenge comparing with those of lean mice. PGE2 concentrations were significantly
47 higher in the lungs of DIO mice comparing to that of lean mice post-challenge.

48 Treatment with paracetamol in challenged DIO mice significantly enhanced the
49 expression of interferon- α/β and cytokine genes at days 1 and 3 post infection
50 comparing with that of untreated DIO mice. Furthermore, paracetamol treatment alone
51 started 3 days before virus challenge and continued till 6 days post-challenge,
52 ameliorated the severity of a lethal H1N1/415742Md infection in DIO mice with
53 improved survival.

54 **Conclusions:** Impaired innate response to influenza in DIO mice is associated with
55 elevated PGE2, which could be restored to some degree by paracetamol treatment.

57 **Introduction**

58 Obesity is associated with a wide range of comorbidities, such as type II diabetes
59 mellitus, cardiovascular disease, hypertension and non-alcoholic fatty liver disease [1,
60 2], as well as immune dysfunction. Epidemiological studies showed that obese
61 individuals are more susceptible to various kinds of infections [3], with higher
62 incidences of hospital acquired infections such as sepsis, pneumonia, and bacteremia
63 [4, 5], as well as increased risks for post-operative surgical wound infections [6, 7],
64 catheter-related infections and bloodstream infections [8].

65 During the 2009 H1N1 influenza pandemic, obesity was recognized as an independent
66 risk factor for influenza-related morbidity and mortality [9]. Obese individuals are
67 disproportionately represented among influenza-related hospitalizations [10], intensive
68 care unit admission and death [11]. In recent years, health survey studies have linked
69 obesity to an increased susceptibility to community-related respiratory virus infection,
70 including influenza [12-14]. Obese individuals had a higher risk for infection and
71 hospitalization due to seasonal influenza [12] and respiratory syncytial virus [12-14].

72 While there is abundant clinical information linking impaired respiratory immune
73 defense with obesity, the exact underlying mechanisms are still unclear. Beck et al.
74 demonstrated that the higher morbidity and mortality caused by influenza in diet-
75 induced obese (DIO) mice was due to reduced natural killer cell activity and poor
76 dendritic cell functions [15]. Impaired type I interferon (IFN) production and high

77 cytokine production[16], reduced CD8+ T cell function and impaired generation and
78 function of memory T cells [17, 18] have also been linked with disease severity in
79 influenza infected obese mice. We previously showed that high serum concentrations
80 of adipokine leptin had a detrimental role in A(H1N1)pdm09 influenza infection, and
81 that neutralizing the circulating leptin improved the survival of virus-challenged DIO
82 mice [19].

83 Obesity induces chronic systemic low-grade inflammation [20, 21] due to the activation
84 of immune cells in adipose tissue which produce pro-inflammatory cytokines, such as
85 interleukin (IL)-6, tumor necrosis factor (TNF)- α , and c-reactive protein [21, 22]. This
86 chronic inflammatory state plays a pivotal role in the development of nearly all kinds
87 of chronic diseases associated with obesity, including diabetes, coronary heart diseases
88 and hypertension [21, 23, 24]. Lipid inflammatory mediator prostaglandin E2 (PGE2)
89 has been reported to be elevated in obese individuals and animal models [25, 26]
90 including our own previous study [19]. PGE2 and other forms of prostaglandins (PGs)
91 are powerful lipid mediators that influence the homeostasis of several organs and
92 tissues. PGE2 exerts both immune stimulating and inhibiting effects on immune cells,
93 thus regulating immune function in different contexts [27, 28]. However, the
94 significance of the altered level of PGE2 in host innate immune defense in a diet
95 induced obese state has not been fully understood. In this study, we used a DIO mouse
96 model to investigate how obesity may modulate the innate immune system in response
97 to influenza virus infection.

98 **Methods**

99 **Diet-induced obese mice**

100 DIO mice were raised as previously reported [19] from three-week-old female
101 C57BL/6N mice fed with high-fat diet containing 45% Kcal from fat (D12451,
102 Research Diet Inc, New Brunswick, N. J.). Lean control mice were fed normal pellet
103 chew diet.

104 **Virus, virus inoculation and drug treatment**

105 A dose of 2.1×10^2 PFU of mouse-adapted A/Hong Kong/415742/2009 (H1N1) strain
106 (H1N1/415742Md) [29, 30] was used in mouse challenge experiments. At 12 hours,
107 day 1, 2, 3, 4 and 6 post-challenge, lung tissues were collected for virological,
108 immunological and histological analysis. Intraperitoneal celecoxib, 50 mg/kg/day, was
109 given once daily for 3 days [31]. Intraperitoneal paracetamol, 100 mg/kg/day, was given
110 once daily [32] for 3 days before and 6 days after intranasal virus challenge.

111 **Homogenize mouse lung for RNA extraction and ELISA assay**

112 Left lungs were homogenized in 500 µl of RNA extraction buffer for RNA extraction;
113 while right lungs were homogenized in 1 mL of cold minimum essential medium (MEM)
114 for ELISA and plaque assay.

115 **RNA extraction and real-time reverse transcription-polymerase chain reaction**

116 Total RNA from clarified mouse lung homogenates was extracted and reverse-
117 transcribed to cDNA using oligodT primer. Target genes were amplified by real time
118 PCR on the LightCycler 480 system using gene specific primers (Table 1).

119 **Determination of cytokines/chemokines and PGE2**

120 Mouse serum IL-6, TNF- α , leptin PGE2 was assayed by ELISA
121 Cytokines/chemokines in the lung homogenates were assayed by bead-based multiplex
122 assay [33].

123 **Histological examination of infected mouse lungs**

124 Hematoxylin and eosin stained lung tissues were examined microscopically. The degree
125 of bronchiolar epithelial cell death was assessed by a semi-quantitative scoring method
126 as we previously described [34].

127 **Experimental details of the all above methodology are summarized in the**
128 **Supplementary Materials.**

129 **Statistical analysis**

130 All data were analyzed by a Student's t-test using GraphPad Prism 6 for Windows
131 (GraphPad Software, Inc). Mouse survival rates were analyzed by the Kaplan-Meier
132 method and a log rank test. $P < 0.05$ was considered statistically significant.

133

134 **Results**

135 **Significant elevation in inflammatory cytokines/chemokines concentrations in the**
136 **lungs of DIO mice**

137 After 16 weeks, the mice on high-fat diet gained almost twice the body weight as the
138 lean control mice (Supplementary Figure S1A). The concentrations of serum leptin
139 (Supplementary Figure S1B) and inflammatory cytokine TNF- α and IL-6
140 (Supplementary Figure S1C) of the high-fat diet mice were significantly higher than
141 those of the control lean mice. These features demonstrated the successful
142 establishment of diet-induced obese mouse model [16, 19]. To investigate if the
143 systemic inflammatory state in DIO mice affects the respiratory system, we detected
144 concentrations of cytokine IL-6, TNF- α , IL-1 β , and IL-18, as well as chemokine
145 concentrations of MIP-1 α , MIP-1 β , MIP-2, MCP-1, MCP-3, IP-10, GM-CSF, and
146 RANTES in lung homogenates. All tested cytokines/chemokines were significantly
147 elevated in the lung of DIO mice versus the control lean mice (Figure 1). These findings
148 confirmed the presence of an inflammatory state in the respiratory system of DIO mice.

149 **Increased concentration of PGE2 in DIO mice is associated with the upregulation**
150 **of COX2 mRNA**

151 PGE2 is an important inflammatory mediator that is derived from arachidonic acid
152 through the cyclooxygenase (COX1 and COX2) biosynthesis pathway. The
153 concentrations of PGE2 in the serum and lung homogenates were dramatically higher
154 in the DIO mice than the lean mice (Figure 2A). The expression profiles of the genes

155 that participates in PGE2 metabolism, showed that COX2 mRNA level was
156 significantly upregulated in the lungs of DIO mice (Figure 2B), while COX1 mRNA
157 level was lower than that of lean mice (Figure 2C). In addition, mRNA expression levels
158 of cytosolic phospholipases A2 (cPLA2), terminal prostaglandin E
159 synthases--microsomal prostaglandin E synthase1,2 (mPGES1, mPGES2) and
160 cytosolic prostaglandin E2 synthase (cPGES) were significantly upregulated in DIO
161 mice, but the mRNA of 15-hydroxyprostaglandin dehydrogenase which catalyzes
162 PGE2 degradation was significantly lower than that of the lean mice (Figure 2D). These
163 results indicate that significant alterations in the PGE2 metabolism leading to a high
164 PGE2 level occurred in the lungs of DIO mice.

165 Previous studies have reported on leptin upregulation of COX2 in an obese state [35,
166 36]. Therefore we investigated if the inhibition of COX2 activity could reduce PGE2
167 production in DIO mice. We found that intraperitoneal injection of COX2 inhibitor
168 celecoxib for 3 days significantly reduced PGE2 in the lung homogenates versus that
169 of solvent-treated control (Figure 2E); a milder effect was observed in the lungs of lean
170 mice as concurrent experimental control (Figure 2E). These results suggested that the
171 increased COX2 activity in DIO mice largely accounted for the elevated PGE2, though
172 other factors may also contribute to PGE2 overproduction in DIO mice.

173 **No detectable histopathological changes in unchallenged DIO mice lung tissue**
174 **despite abnormal inflammatory cell counts in bronchoalveolar lavage fluid (BALF)**

175 We examined whether the elevated concentrations of inflammatory
176 cytokines/chemokines and PGE2 in unchallenged DIO mice lung were accompanied by
177 detectable histological changes. Compared to lean mice, we detected a statistically
178 significant increase in the total cell count in the BALF of DIO mice (Figure 2F).
179 However, in the histological examination, the lung tissue sections of the DIO and lean
180 mice were not visibly different; there was no interstitial or air space immune cell
181 infiltration, and no vascular congestion was observed in either the DIO or lean mice
182 (Figure 2G).

183 **DIO mice mounted delayed and blunted interferon- β and cytokine/chemokine
184 responses to a lethal H1N1/415742Md virus challenge**

185 Groups of DIO and lean mice were inoculated with a 2.1×10^2 PFU of H1N1/415742Md.
186 The levels of mRNA expression and protein secretion of IFN- α/β and inflammatory
187 cytokines in lung homogenates were determined at 12 hours, 1 day, 2 days, 3 days and
188 4 days post infection (dpi). Real-time RT-PCR assay showed that the IFN- α expression
189 was not elicited in both DIO and lean mice post-challenge (Figure 3A). Induction of
190 IFN- β occurred in both DIO and lean mice from 2 dpi, but the magnitude of IFN- β
191 expression in the DIO mice was significantly lower than that in the lean mice (Figure
192 3A). The induction of IL-6, TNF- α and IL-1 β genes in DIO mice was also significantly
193 weaker than that in the lean mice, whereas there is no induction of IL-10 in DIO mice
194 (Figure 3A).

195 We also found that IFN- β secretion in DIO mice lung at 1 and 3 dpi was even lower
196 than that of uninfected DIO mice (day 0), but IFN- β increased in lean mice at 1 and 3
197 dpi (Figure 3B), though not reaching statistical significant difference with that of day
198 0. Comparing the concentrations before and after infection showed that the fold
199 increment of IFN- β after infection in lean mice were significantly higher than that in
200 DIO mice (Figure 3C). For cytokines and chemokines, although the DIO mice had
201 significantly higher concentrations of lung IL-1 β , IL-6 and TNF- α , as well as
202 chemokines MIP1 α , MIP1 β , MIP2, MCP1, MCP3, and RANTES before infection, the
203 lung concentrations of these cytokine/chemokines were similar in DIO and lean mice 1
204 and 3 dpi, except for MCP1/3 which was significantly higher at 1 dpi in DIO mice while
205 IL-1 β was significantly higher in lean mice at 3 dpi (Supplementary Figure S2).
206 However, the lung cytokine/chemokine concentrations before and after infection
207 showed significantly lower increments in DIO mice post-challenge, whereas that of the
208 lean mice showed significant induction of IL-1 β , TNF- α , as well as chemokines MIP1
209 α , MIP1 β , MIP2, MCP1, MCP3, and RANTES (Figure 3D). These data suggested that
210 despite the higher basal level of cytokines/chemokines in DIO mice lung before
211 infection, further innate immune response to influenza virus infection was blunted.
212 Histological examinations of the lungs at 1 dpi showed mainly vascular congestion in
213 blood vessels and alveolar wall capillaries in DIO and lean mice with no visible
214 bronchiolar epithelial cell death. But at day 3 dpi, DIO mice showed more severe
215 bronchiolar epithelial cell necrosis when compared with lean mice, which was

216 manifested as cell debris filling the lumens of bronchioles in H&E stained tissue
217 sections (Figure 4A). Semi-quantitative scoring under microscopy showed that the
218 percentages of bronchiolar sections with bronchiolar cell death were significantly
219 higher in DIO mouse lungs (10/48 bronchiolar sections, 20.8%) than that in lean mouse
220 lungs (2/49, 4.08%) (Figure 4B). Immunohistochemical staining of viral nucleoprotein
221 (NP) of the lung tissue showed significantly more bronchiolar epithelial cell were NP
222 positive in DIO mouse lungs than that of lean mice at 3 dpi (Figure S3). At 3 dpi, we
223 did not observe significant perivascular and peribronchiolar immune cell infiltration in
224 DIO mouse lungs (Figure 4A). DIO mice had higher viral load at 1 and 3 dpi compared
225 to lean mice (Figure 4C). These findings suggested that the DIO mice had an impaired
226 control of viral replication in the early stages of infection.

227 **Upregulation of PGE2 after H1N1/415742Md challenge in DIO mice**

228 Our previous study showed high lung concentration of PGE2 in DIO mice before and
229 after H1N1/415742Md infection [19], but how PGE2 affects the innate immune
230 response to influenza infection in DIO mice was not known. To study the changes of
231 the pulmonary PGE2 biosynthesis pathway caused by H1N1/415742Md infection, the
232 mRNA expression of COX1/COX2, cPLA2, cPGES and mPGES1 and mPGES2 was
233 determined. The results showed a rapid upregulation of the COX1 and COX2 gene 12
234 hours post-challenge and at 3 dpi, which were significantly higher than that of the lean
235 mice (Figure 5A). cPLA2 was upregulated in the DIO mice at 2 and 3 dpi, and cPGEs

236 were continuously and significantly upregulated in the DIO mice from 12 hours post-
237 challenge until 4 dpi. However, no significant upregulation of mPGES1 and mPGES2
238 (Figure 5B) was detected.

239 H1N1/415742Md infection significantly increased PGE2 in the lungs of DIO mice at 1
240 and 3 dpi, while the serum PGE2 concentration decreased when compared with that of
241 uninfected DIO mice (Figure 5C, left). In lean mice, a mild increase of serum and lung
242 PGE2 concentrations was detected after H1N1/415742Md challenge (Figure 5C, right).

243 Regardless of the trend of changes, the serum and lung PGE2 concentrations in DIO
244 mice were consistently higher than that of the lean mice. These data suggested an
245 alteration of PGE2 response to influenza virus infection in DIO versus that of lean mice.

246 **Paracetamol treatment enhanced innate lung immune response to influenza virus**
247 **challenge**

248 We investigated if in vivo treatment with COX2 inhibitor could restore the innate
249 immune response to influenza virus infection in DIO mice. Since paracetamol is a
250 commonly used drug with fewer side effects than celecoxib [37], we chose paracetamol
251 for this study. Intraperitoneal paracetamol (100 mg/kg/day) [32] was administered for
252 3 days before infection and continued until the day of lung tissue sampling (3 dpi). The
253 lung tissue cytokine mRNA expression showed that the paracetamol-treated DIO mice
254 had a significantly higher expression level of IFN- α/β at 3 dpi versus PBS control
255 (Figure 6A). The mRNA expression of IL-1 β , TNF- α and IL-10 significantly increased

256 in the paracetamol-treated DIO mice at 1 dpi, and IL-6 expression increased at 3 dpi
257 versus PBS control (Figure 6B). These data suggested that the IFN α / β and cytokine
258 response to influenza virus infection in DIO mice was improved by paracetamol
259 treatment. Lung viral load determined by real-time PCR showed that paracetamol
260 treated DIO mice had reduced viral load versus PBS control at day 1 dpi, but the
261 difference was not statistically significant (Figure 6C).

262 **Paracetamol treatment reduced morbidity and mortality in H1N1/415742Md
263 infected DIO mice**

264 We further determined whether the effect of paracetamol on the cytokines extended to
265 the improvement of the outcomes of H1N1/415742Md infection in DIO mice. Groups
266 of DIO or lean mice were treated with paracetamol for 3 days before virus challenge
267 and for 6 days after virus challenge. DIO mice treated with paracetamol had a lower
268 weight loss (Figure 6D) and their survival was significantly better than PBS-treated
269 DIO mice (53.3% vs. 0%, p<0.01) (Figure 6E). In the lean mice, although a slightly
270 reduced body weight loss was achieved in the paracetamol treatment group, the survival
271 rate did not significantly improve (33.3% of treated group versus. 21.4% of PBS group).
272 This finding suggested that paracetamol improve the outcome of influenza-infected
273 DIO mice even in the absence of antiviral treatment.

274

275 **Discussion**

276 Obesity is associated with an increased risk for respiratory viral infections, especially
277 influenza [38], but the underlying mechanisms are not fully understood. In this study,
278 we showed that while the lungs of DIO mice had increased concentrations of
279 inflammatory cytokines/chemokines and PGE2 in the steady state, DIO mice mounted
280 a delayed and blunted upregulation of interferon- β and inflammatory
281 cytokines/chemokines expression against H1N1/415742Md virus challenge. Treatment
282 with paracetamol, a weak inhibitor of prostaglandin synthesis with in vivo effects
283 similar to selective COX-2 inhibitors, significantly increased the IFN- α/β and
284 inflammatory cytokine gene expression in influenza infected DIO mice. Our findings
285 suggested that the chronic inflammation associated with obesity leads to reduced
286 responsiveness to influenza virus infection, with PGE2 playing a significant role.

287 In an obese state, excessive accumulation of body fat with increased immune cell
288 infiltration and activation in the adipose tissue lead to an over-production of
289 inflammatory cytokines/chemokines resulting in the characteristic low-grade systemic
290 inflammation [20, 21]. This systemic inflammation is critical to the development of
291 nearly all obesity associated chronic diseases including insulin resistance [23], type II
292 diabetes mellitus [24] and coronary artery sclerosis [39]. In this study, we showed that
293 the respiratory system of DIO mice is at an inflammatory state. But the elevated
294 inflammatory mediators in the lung did not provide better immediate protection against
295 influenza virus challenge. Instead, DIO mice showed a higher lung viral load and more
296 severe respiratory epithelial cell death after infection at 3 dpi comparing with lean

control mice. Additionally, we observed reduced upregulations of IFN- α/β and cytokines/chemokines in response to virus challenge. These data suggested that the chronic inflammatory state in the lung milieu in the case of obesity gravely compromises the innate responses to virus infection, resulting in insufficient control of the initial viral replication in DIO mice. The impaired type I interferons and proinflammatory cytokines/chemokines production after influenza infection in DIO mice was consistent with the findings reported by Smith et al. who attributed the immune inhibition effects to imbalanced leptin production[16].

Our previous study found that leptin contributed to severe disease in A(H1N1)pdm09 infected DIO mice [19]. Leptin is one of the adipokines produced by adipocytes. It has multiple functions including activation of immune cells [40], up-regulation of COX2 gene and increase of PGE2 [35]. PGE2 is a lipid metabolite of arachidonic acid and produced by the COX cascade, which includes two distinct isoforms of COX, the constitutive COX1 and the inducible COX2, as well as the constitutive and inducible PGE2 synthase enzymes mPGES1, mPGES2 and cPGES. Elevated PGE2 concentrations are a hallmark of most inflammatory lesions. The over-production of PGE2 contributes to severe lung damages caused by highly pathogenic influenza virus in non-obese mice which can be reduced with celecoxib [31] and paracetamol treatment [32]. The current study and our previous report showed the PGE2 was basally increased in DIO mice. The basal upregulation of COX2, mPGES1, cPGES gene, downregulation of 15-hydroxyprostaglandin in DIO mice could lead to increased production of PGE2.

318 This increased production of PGE2 by adipose tissue in obesity state was reported to
319 affect lipolysis locally; when entering into the circulation, affects other organs [26].

320 PGE2 has multiple actions in stimulating or suppressing immune responses. The
321 immune suppressive actions of PGE2 include the inhibition of lung macrophage
322 phagocytosis [27] and macrophage apoptosis [41]. Influenza infection-induced PGE2
323 was shown to inhibit type I interferon production in normal C57BL/6 mice [41]. In
324 cases of age-associated chronic inflammation and impaired immune functions, PGE2
325 was related to the reduced anti-viral responses in old age [42]. Our study suggests that
326 the high basal level of PGE2 may play an important part in the impaired cytokine and
327 interferon response in influenza infected DIO mice We showed that pre-treatment
328 with a commonly used non-steroidal anti-inflammatory agent, paracetamol[32, 43, 44],
329 restored IFN- α/β and inflammatory cytokine/chemokine gene response upon
330 H1N1/415742Md challenge and improved survival in DIO mice. However, since the
331 lung viral load in paracetamol treated DIO mice was only insignificantly reduced versus
332 that of control mice, this does not exclude that paracetamol may have other beneficial
333 effects on influenza infected DIO mice. We postulate that in the context of obesity, lung
334 epithelial and resident immune cells chronically exposed to high concentrations of
335 inflammatory mediators especially to high concentrations of PGE2 may impact on
336 immune cell function and reduces the responsiveness to an incoming infection. Our
337 study has limitations. Crocker JF et al once reported that combination of paracetamol
338 with surfactant Toximul MP8 in neonatal mice with influenza B virus infection caused

339 higher mortality [45]. So, the actions of paracetamol in different context warrant further
340 investigations. We did not investigate the roles of each inflammatory
341 cytokine/chemokine on respiratory innate defense function in obesity. The application
342 of other non-steroid anti-inflammatory drugs in obese mice models should also be
343 investigated to determine their differential effects in host immune function against virus
344 infection.

345

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357 **Disclosure**

358 The authors declare that the research was conducted in the absence of any commercial
359 or financial relationships that could be construed as a potential conflict of interest.

360

361

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464

465 **Figure legends**

466 **Figure 1.** Increased concentrations of inflammatory cytokines/chemokines in the lung
467 homogenate of DIO mice. The right lungs collected from DIO mice and control lean
468 mice were homogenized in 1 mL of MEM, clarified supernatant was tested for
469 cytokines/chemokines using bead-based ProcartaPlex Mouse Th1/Th2 & Chemokine
470 Panel 20 Plex Kit. TNF- α was determined by ELISA due to the low sensitivity of the
471 above multiplex kit. The data shown represent the mean value of the two independent
472 experiments from two batches of DIO and lean mice. N=10 for each group. *p<0.05,
473 **p<0.01, ***p<0.001, error bars indicate standard deviations.

474 **Figure 2.** Increased PGE2 concentrations and the altered mRNA expression profile of
475 PGE2 biosynthesis-related genes. **A.** Increased concentrations of PGE2 in DIO mice
476 lung and serum, as determined by ELISA assay. Data represent the mean value of two
477 independent experiments from two batches of DIO and lean mice. N=10 for each group.
478 *p<0.05, error bars indicate standard deviations. **B-D.** Real-time RT-PCR determined
479 mRNA expression level for COX2 (**B**) COX1 (**C**) and other genes as indicated (**D**). The
480 relative expression levels were expressed as $2^{-\Delta CT}$. Data presented are mean+SEM.
481 N=10. *p<0.05. **E.** Celecoxib treatment reduced PGE2 concentrations in DIO mouse

482 lung homogenates. Groups of DIO and lean mice were treated with celecoxib (50
483 mg/kg/day, once daily, intraperitoneally) for three days, and then sacrificed. PGE2
484 concentration in the lung homogenates were determined by ELISA assay. Data
485 presented are mean+SEM of two independent experiments. N=6. *p<0.05). F. Increased
486 cellularity in the bronchoalveolar lavage fluid of DIO mice. N=12 each group. *p<0.05.
487 G. No detectable morphological changes in the lung tissue of DIO and lean mice.
488 Representative images of H&E stained lung tissue section. Original magnification 100×.

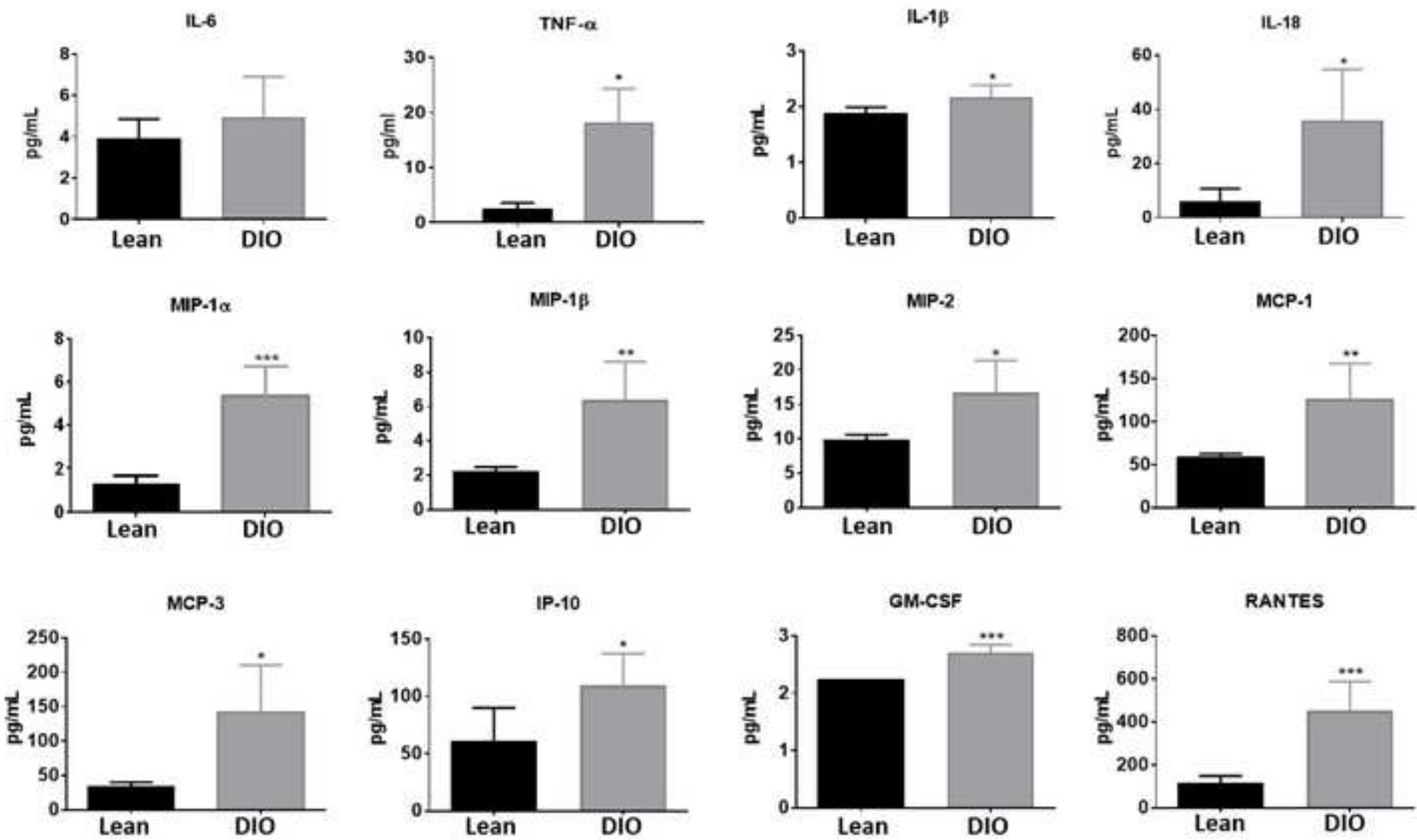
489 **Figure 3.** Reduced IFN α / β and inflammatory cytokines/chemokines induction in DIO
490 mice lungs after A(H1N1)pdm09 virus challenge. Groups of DIO and lean mice were
491 inoculated intranasally with a 2.1×10^2 PFU of H1N1/415742Md virus. At 12h, 1, 2, 3,
492 4 days post challenge, lungs were collected for analysis. The left lungs were
493 homogenized for RNA extraction and real-time RT-PCR and the right lungs for ELISA
494 or beads-based cytokines/chemokines multiplex assay. **A.** The mRNA expression level
495 of IFN- α , IFN- β , IL-6, TNF- α , IL- β , and IL-10 were expressed as fold change relative
496 to the uninfected DIO or lean mice lung. Data presented are mean+SEM of the two
497 independent experiments. N=6. *p<0.05. **B.** IFN- β concentrations in lung homogenates
498 were determined by ELISA assay. **C.** Degree of increment in the IFN- β concentration
499 induced by virus infection relative to that of uninfected mice. **D.** Degree of increment
500 in the concentrations of individual cytokines/chemokines induced by virus infection
501 relative to that in uninfected mice. Data presented are mean+SEM of two independent
502 experiments. N=6. *p<0.05, ** p<0.01, *** p<0.001.

503 **Figure 4.** Increased lung viral load and lung tissue damage in DIO mouse after
504 A(H1N1)pdm09 challenge. Groups of DIO and lean mice were inoculated intranasally
505 with a 2.1×10^2 PFU of H1N1/415742Md virus. At indicated time-points post-challenge,
506 lungs were collected for analysis. **A.** Representative images of H&E-stained lung tissue
507 section at 3 dpi, original magnification 100 \times and 400 \times . **B.** Percentages of bronchiole
508 sections with epithelial cell death in right lungs of infected DIO and lean mice at 3 dpi.
509 N=3 right lungs for each group. *p<0.05. **C.** Viral loads in lung homogenates in
510 plaque forming units are determined on MDCK cells. Data presented are mean+SEM
511 of 8-10 samples of three independent experiments. *p<0.05.

512 **Figure 5.** Upregulation of mRNA expression of the genes participating in PGE2
513 biosynthesis in DIO mice lungs after A(H1N1)pdm09 challenge. Left lungs were
514 collected from groups of DIO and lean mice intranasally inoculated with
515 H1N1/415742Md at 12h, 1, 2, 3 and 4 days post-challenge. Real-time RT-PCR
516 determination of the mRNA expression levels of COX1 and COX2 (**A**); cPLA2, cPGEs,
517 mPGES1 and mPGES2 (**B**), Data were expressed as fold changes relative to the levels
518 in uninfected DIO or lean mice lungs. Data presented are mean+SEM of two
519 independent experiments. N=6. *p<0.05. **C.** PGE2 concentrations in lung homogenates
520 and serum samples of uninfected or infected DIO or lean mice were determined by
521 ELISA assay. Data presented are mean of two independent experiments. N=7-10. Error
522 bars indicate standard deviation.

523

524 **Figure 6.** Paracetamol restored H1N1/415742Md-induced IFN α/β and inflammatory
525 cytokines/chemokines mRNA expression in DIO mice lungs. Groups of DIO mice were
526 treated with paracetamol (100 mg/kg/day, intraperitoneally) once daily for three days,
527 or PBS as control, then inoculated intranasally with 2.1×10^2 PFU of H1N1/415742Md.
528 At 1 and 3 dpi., lung homogenates were analyzed for the mRNA expression of IFN- α/β
529 (A) and IL-1 β , IL-6, TNF- α , and IL10 (B) by real-time RT-PCR. The results were
530 expressed as fold changes relative to the levels in uninfected DIO lungs. Data presented
531 are mean+SEM of two independent experiments. N=6. *p<0.05. C. Lung viral load in
532 paracetamol treated and PBS treated control DIO mouse lungs determined by real time
533 RT-PCR amplification of viral M gene. N=3 each group. D&E. Paracetamol reduced
534 the body weight loss and improved the survival of H1N1/451742Md challenged DIO
535 mice. Groups of DIO or lean mice were treated with paracetamol (100 mg/kg/day,
536 intraperitoneally) once daily for three days, or PBS as control. The mice were then
537 inoculated intranasally with 2.1×10^2 PFU of H1N1/415742Md virus, and received the
538 same treatment until 6 dpi. Body weight and survival were monitored daily until 14 dpi.
539 Data presented are from three independent experiments. N=17, error bars indicate
540 standard deviations. ***p<0.001 when paracetamol-treated DIO mice group were
541 compared to the PBS-treated DIO mice group. Percentages are the survival rate of each
542 group.



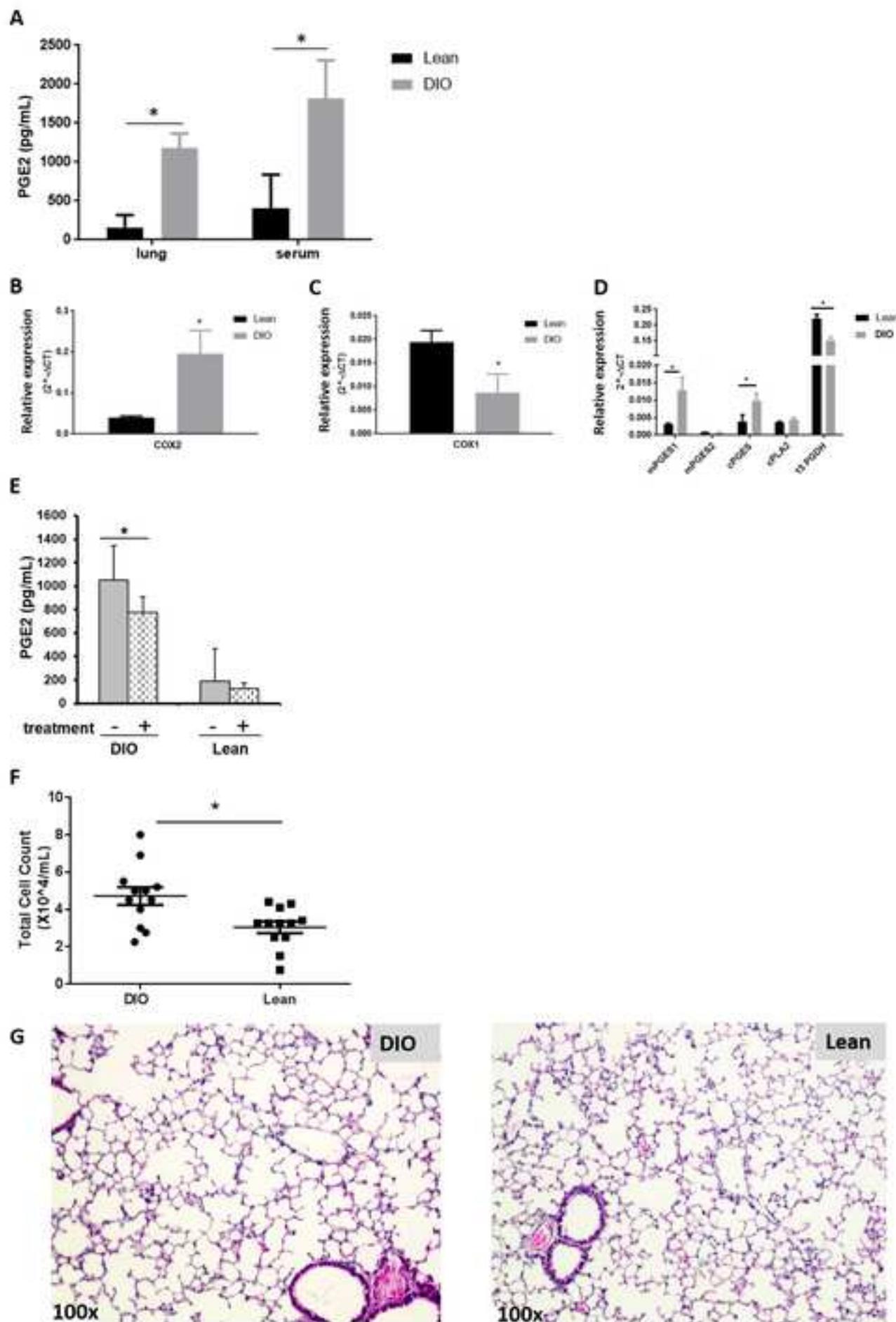
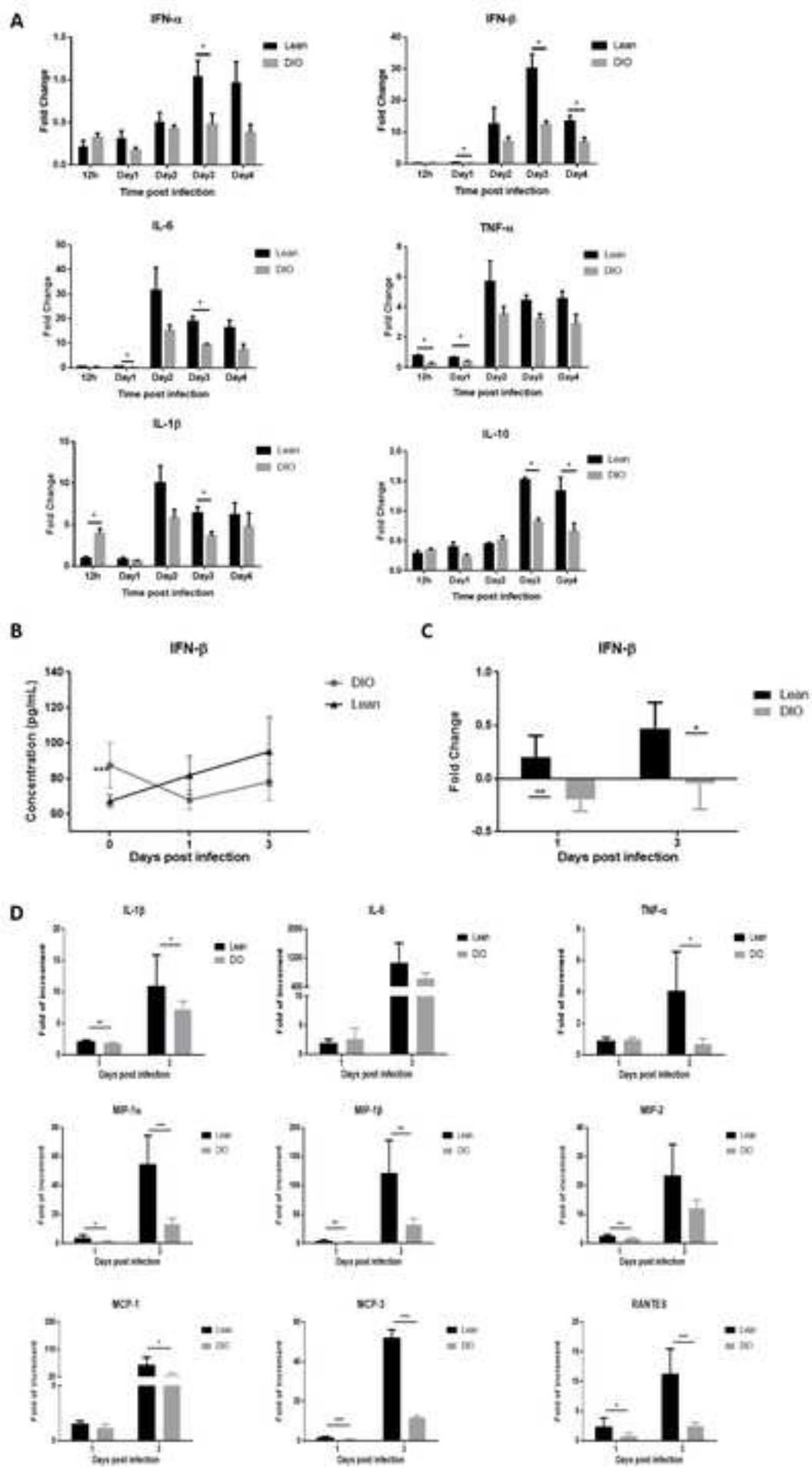


Figure3

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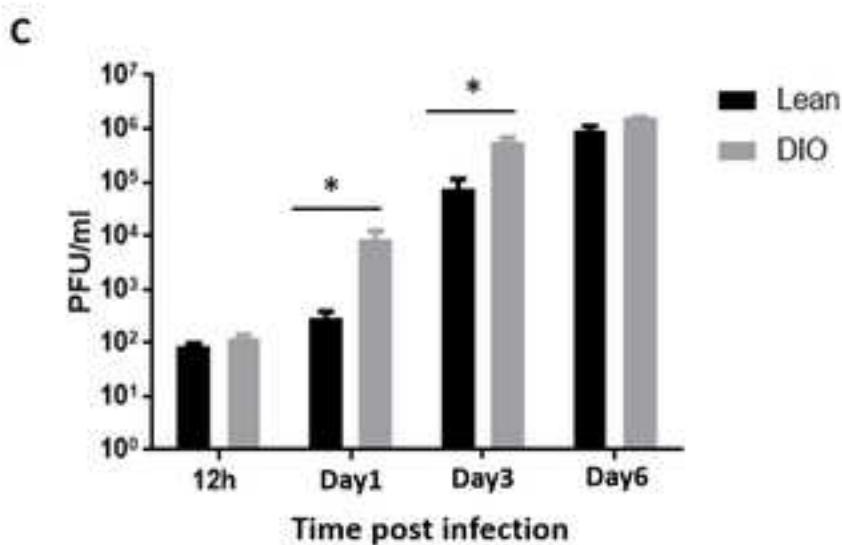
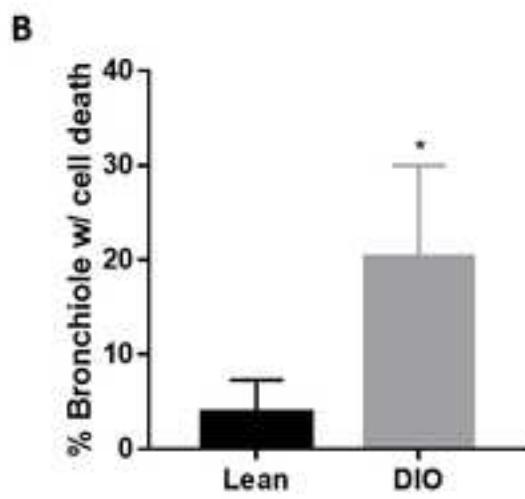
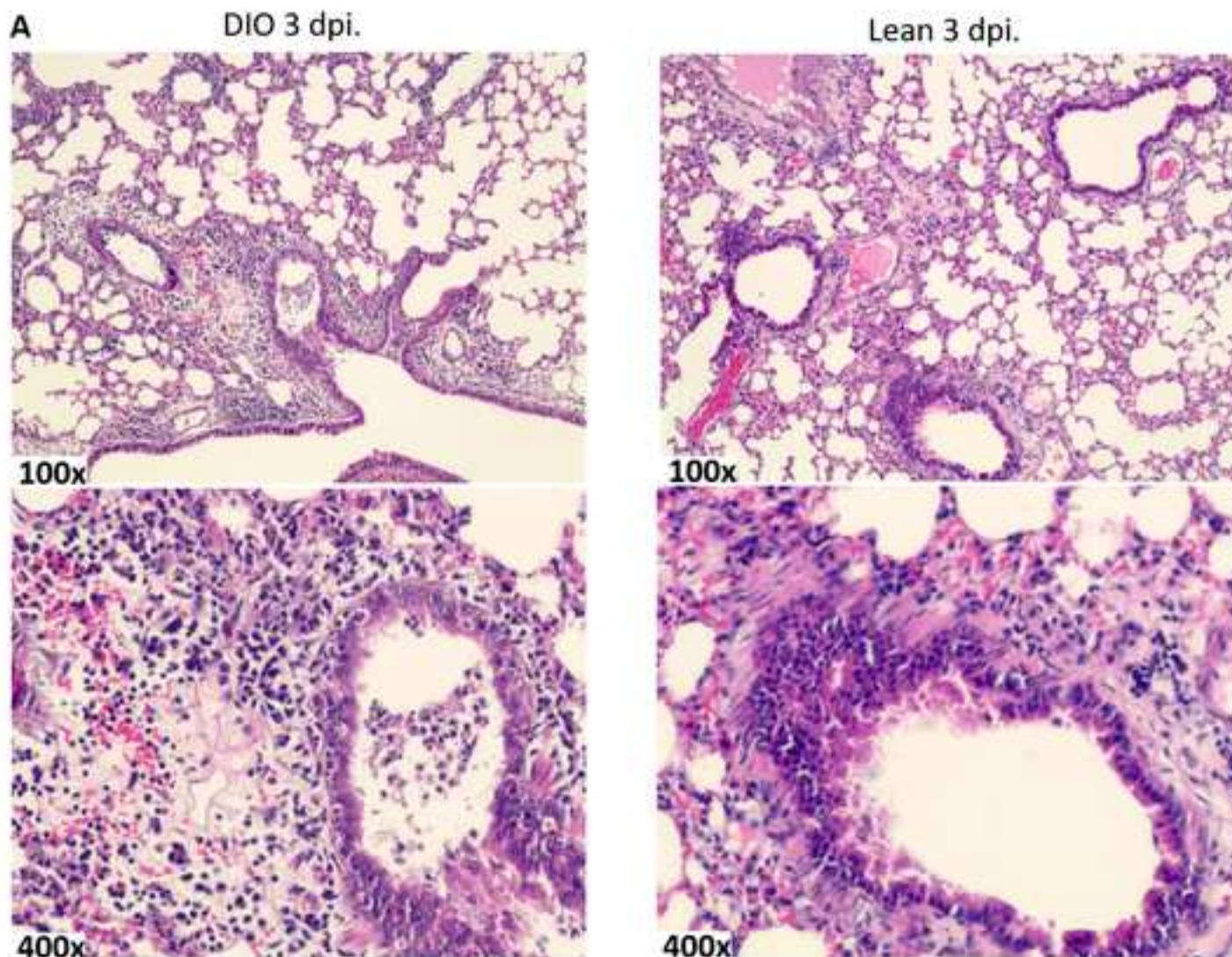


Figure5

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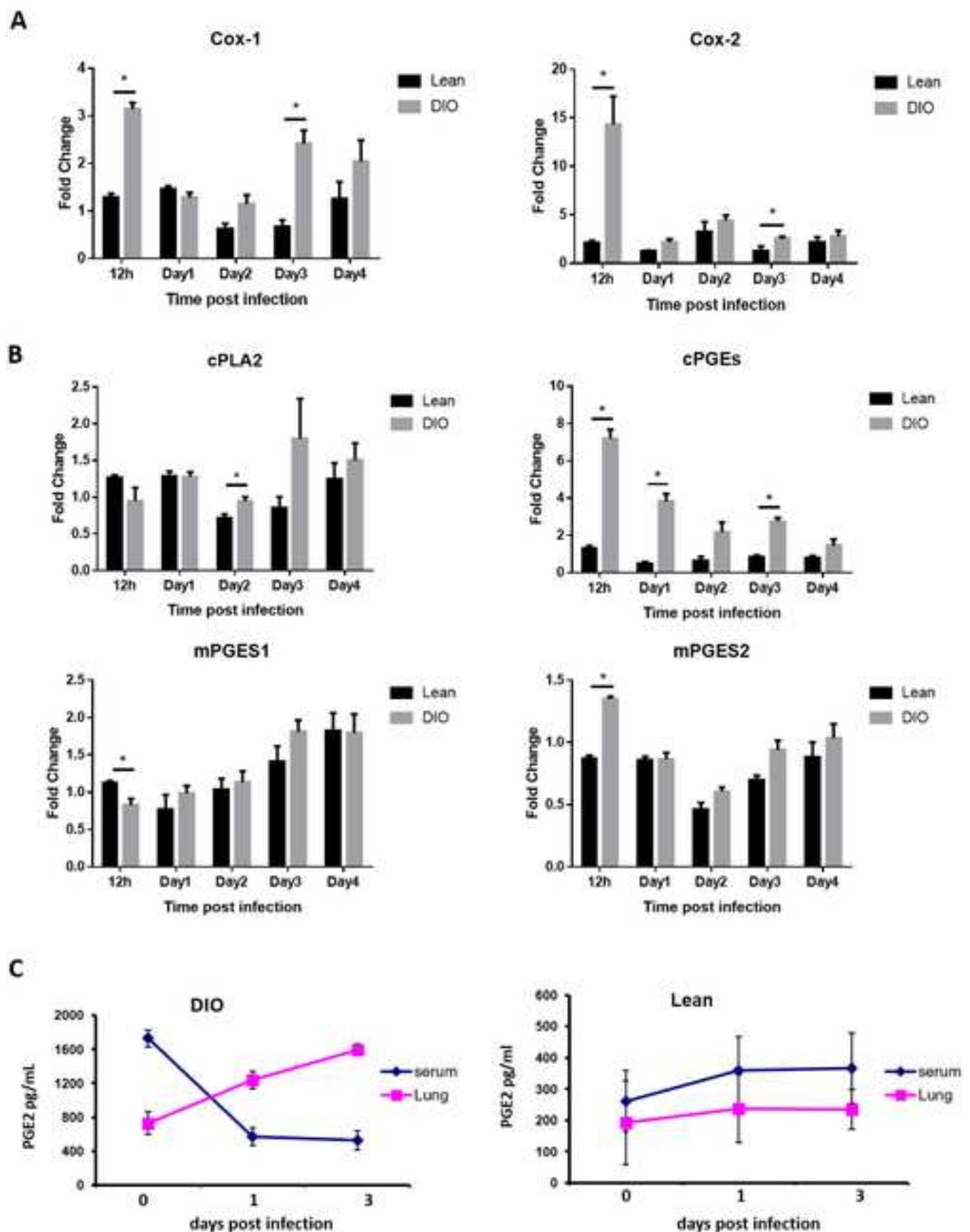


Figure6

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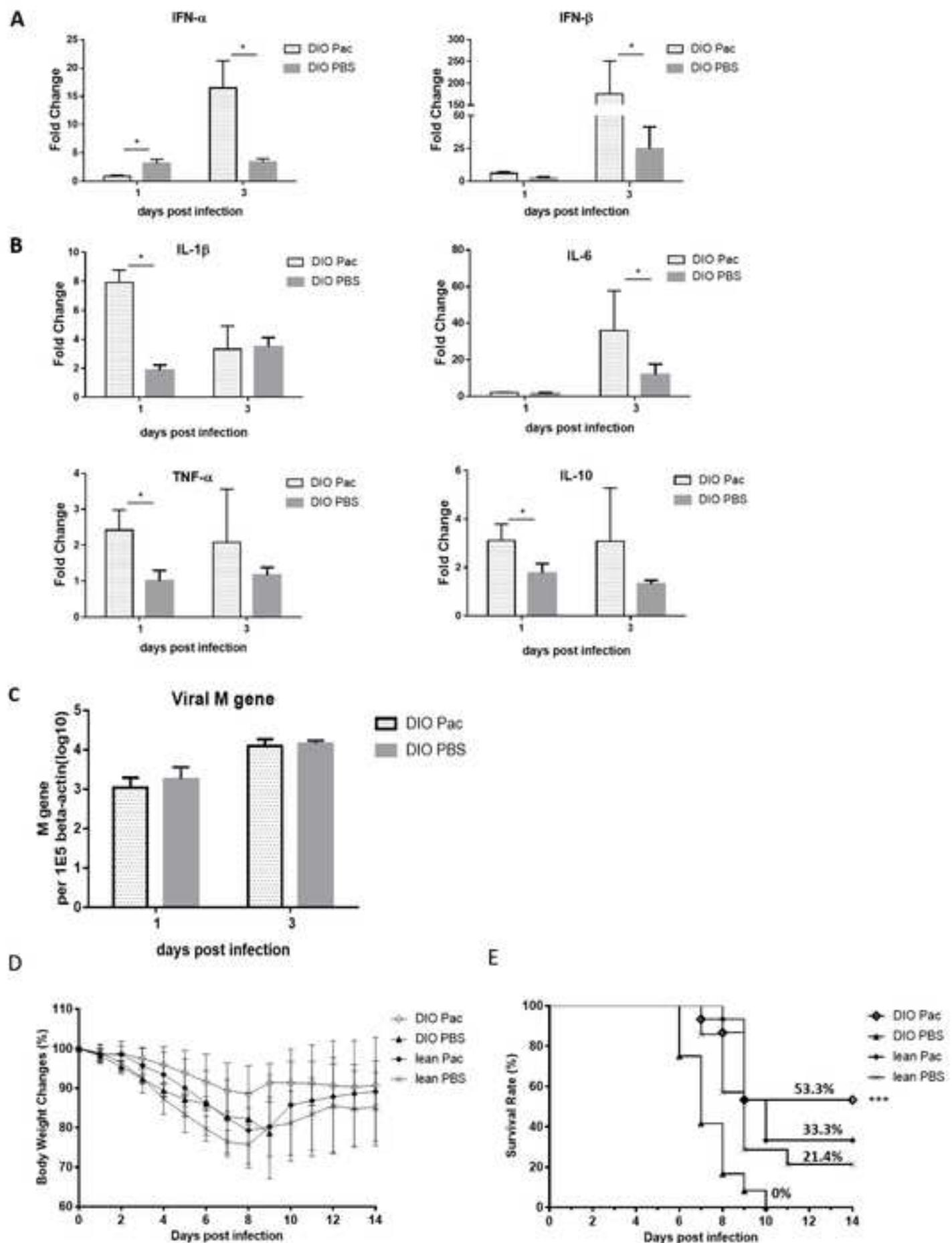


Table 1. Sequences of primers

Gene name	Forward primer (5' to 3')	Reverse Primer (5' to 3')
<i>β-actin</i>	ACGGCCAGGTCACTATTG	CAAGAAGGAAGGCTGGAAAAG
<i>IL-6</i>	TGGAGTCACAGAAGGAGTGGCTAAG	TCTGACCACAGTGAGGAATGTCCAC
<i>TNF-α</i>	ATAGCTCCCAGAAAAGCAAGC	CACCCCGAAGTTCACTAGTAGACA
<i>IL-1β</i>	GCCTTGGGCCTCAAAGGAAAGAAC	GGAAGACACAGATTCCATGGTGAAG
<i>IL-10</i>	CCCTTGCTATGGTGTCCCTT	TGGTTCTCTTCCAAGACC
<i>IFN-α</i>	ARSYGTSTGATGCARCAAGGT	GGWACACAGTGATCCTGTGG
<i>IFN-β</i>	TGGGAGATGTCCTCAACTGC	CCTGCAACCACCACTCATTC
<i>COX1</i>	GGCATTGCACATCCATCCAC	CCAGGTCCAGATCTCAGGGA
<i>COX2</i>	TCTGGAACATTGTGAACAAACATC	AAGCTCCTTATTCCCTCACAC
<i>mPGES1</i>	CCTAGGCTTCAGCCTCACAC	GAAGGTCGCATCCAGCCTAA
<i>mPGES2</i>	AAGGCCATGAATGACCAGGG	TGTTCGGTACACGTTGGGAG
<i>cPGES</i>	CTTCCTTCTCTCCGGGTTG	TCTCCTCGCTCCTCTAGGC
<i>cPLA2</i>	ACGTGCCACCAAGTAACCA	CCTGCTGTCAGGGTTGTAG
<i>15PGDH</i>	GCCAAGGTAGCATTGGTGGAT	CTTCCGAAATGGTCTACAAC
<i>Influenza A</i>		
<i>M gene</i>	CTTCTAACCGAGGTGCGAAACG	GGCATTGGACAAAKCGTCTA

Table 1. Sequences of primers

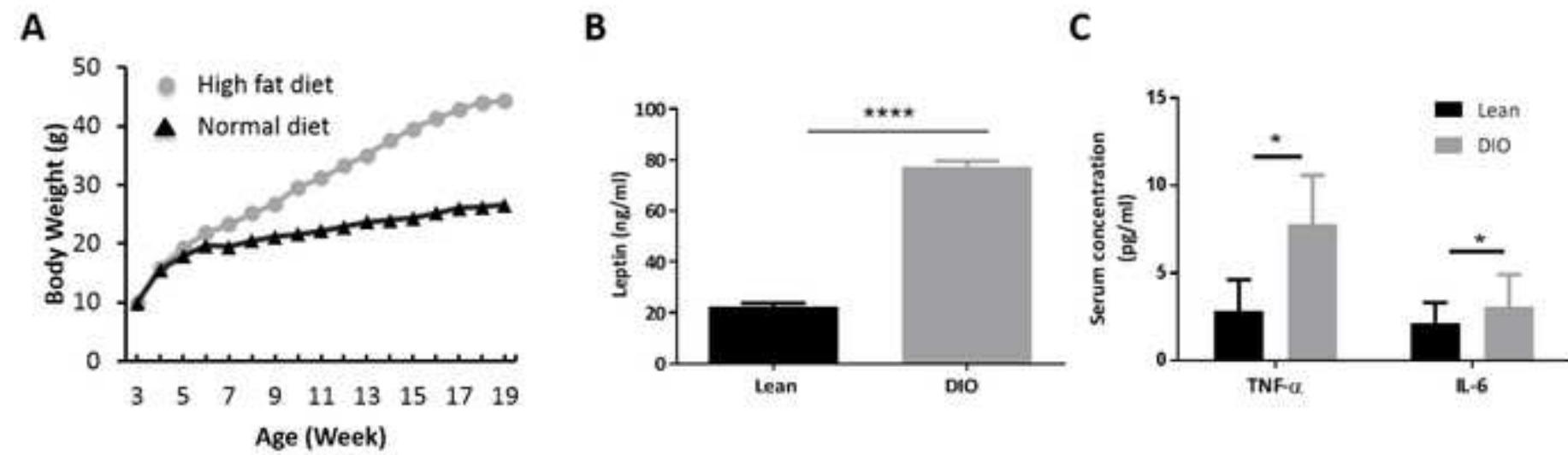
Gene name	Forward primer (5' to 3')	Reverse Primer (5' to 3')
<i>β-actin</i>	ACGGCCAGGTCACTACTATTG	CAAGAAGGAAGGCTGGAAAAG
<i>IL-6</i>	TGGAGTCACAGAAGGAGTGGCTAAG	TCTGACCACAGTGAGGAATGTCCAC
<i>TNF-α</i>	ATAGCTCCCAGAAAAGCAAGC	CACCCCCGAAGTTCACTAGACA
<i>IL-1β</i>	GCCTTGGGCCTCAAAGGAAAGAACATC	GGAAGACACAGATTCCATGGTGAAG
<i>IL-10</i>	CCCTTGCTATGGTGTCCCTT	TGGTTTCTCTTCCAAGACC
<i>IFN-α</i>	ARSYGTSTGATGCARCAGGT	GGWACACAGTGATCCTGTGG
<i>IFN-β</i>	TGGGAGATGTCCTCAACTGC	CCTGCAACCACCACTCATTC
<i>COX1</i>	GGCATTGCACATCCATCCAC	CCAGGTCCAGATCTCAGGGA
<i>COX2</i>	TCTGGAACATTGTGAACAAACATC	AAGCTCCTTATTCCTTCACAC
<i>mPGES1</i>	CCTAGGCTTCAGCCTCACAC	GAAGGTCGCATCCAGCCTAA
<i>mPGES2</i>	AAGGCCATGAATGACCAGGG	TGTTCGGTACACGTTGGAG
<i>cPGES</i>	CTTCCTTCTCTCCGGGTTG	TCTCCTCGCTCCTTAGGC
<i>cPLA2</i>	ACGTGCCACCAAAGTAACCA	CCTGCTGTCAGGGTTGTAG
<i>15PGDH</i>	GCCAAGGTAGCATTGGTGGAT	CTTCCGAAATGGTCTACAAC
<i>Influenza A</i>	<u>CTTCTAACCGAGGTCGAAACG</u>	<u>GGCATTGGACAAAKCGTCTA</u>
<i>M gene</i>		

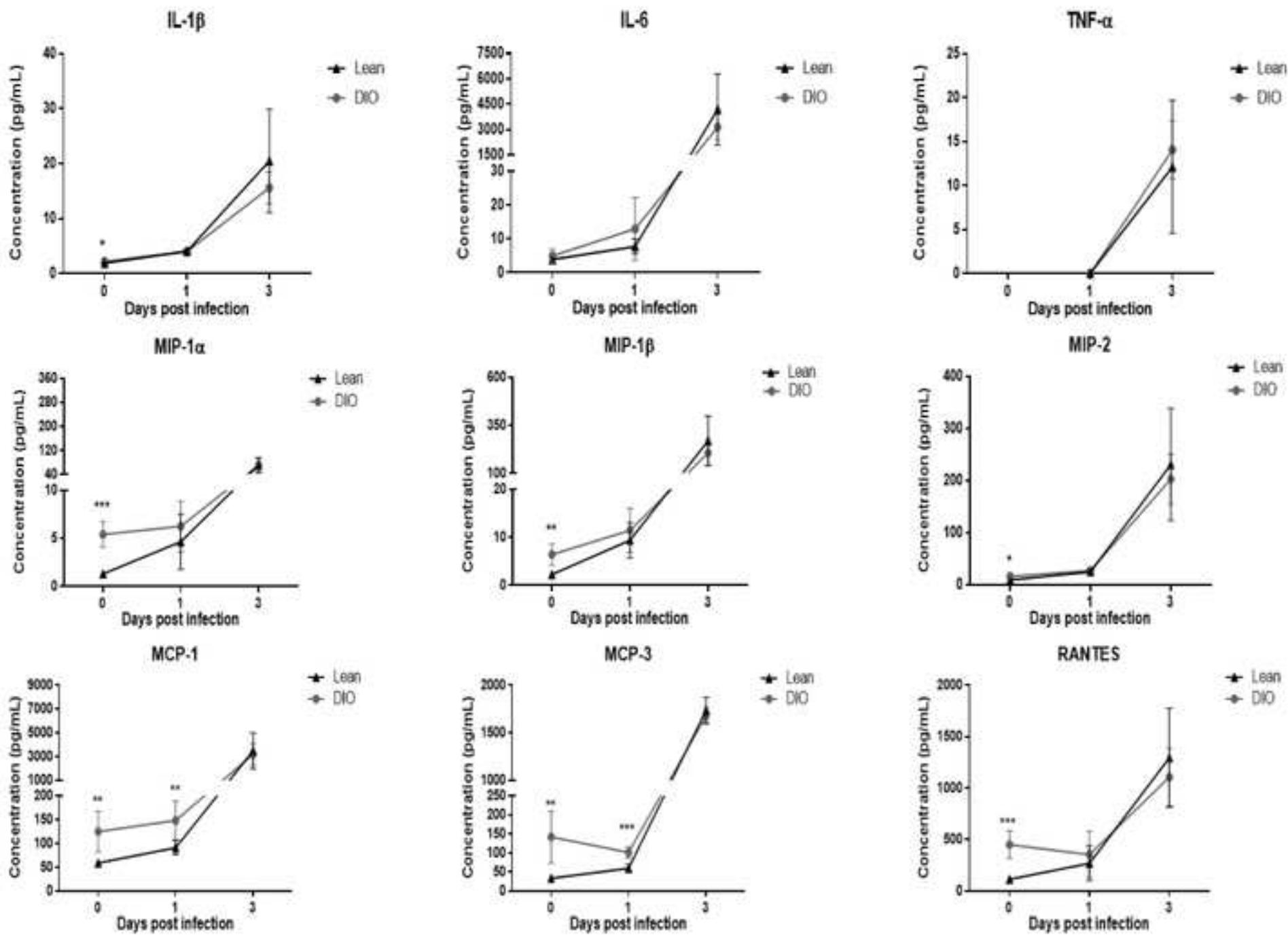
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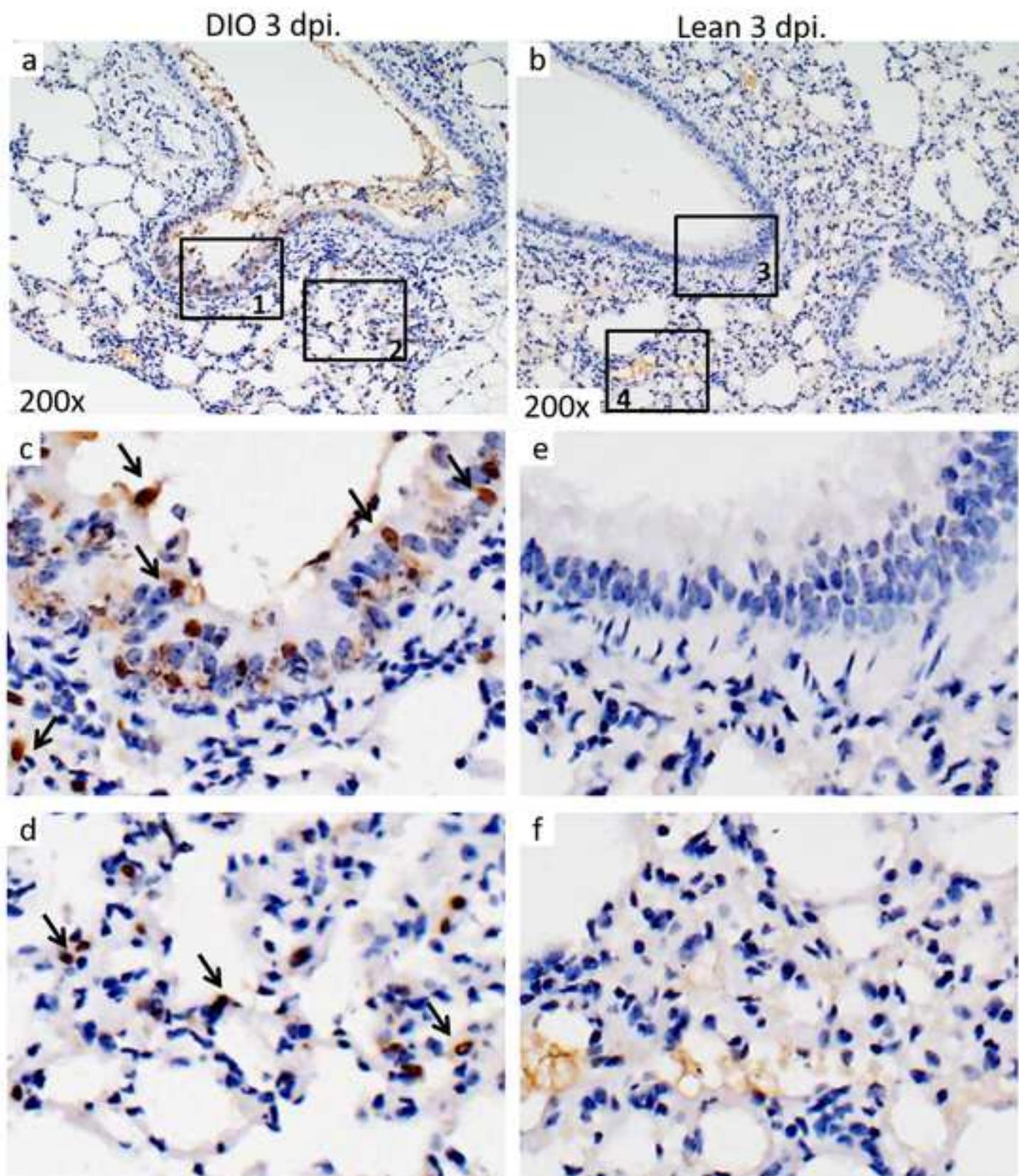
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1 **Supplementary figure legend**

2 **Figure S1.** **A.** Representative body weight chart. Three-week-old female C57BL/6N
3 mice were randomly divided into two groups: one received a high-fat diet and the
4 other, a normal chew diet. The body weights were measured once weekly until 16
5 weeks on a high-fat diet. The data here showed the average body weight of the mice
6 from three different experiments. Serum concentrations of leptin (**B**), TNF- α and IL-6
7 (**C**) measured by ELISA assay after 16 weeks on a high-fat diet. The data represent
8 the mean values of two independent experiments from two batches of DIO and lean
9 mice. Error bars indicate standard deviations. N=10 for each group. *p<0.05, ***
10 p<0.0001

11 **Figure S2.** The concentrations of cytokines/chemokines as indicated were determined
12 by bead-based ProcartaPlex Mouse Th1/Th2 & Chemokine Panel 20 Plex Kit. Groups
13 of DIO and lean mice were inoculated intranasally with a 2.1×10^2 PFU of
14 H1N1/415742Md virus. At 1 and 3 dpi, the right lungs were homogenized and
15 clarified supernatant were used for the multiplex assay. Data presented are
16 mean+SEM of two independent experiments. N=6. *p<0.05, **p<0.01, ***p<0.001.

17 **Figure S3.** Influenza virus nucleoprotein (NP) detected in mouse lung tissue by
18 immunohistochemical (IHC) staining of paraffin-embedded tissue sections.
19 Representative images of IHC stained DIO lung tissue section (a) and lean mouse
20 lung tissue section (b) at 3 dpi, original magnification 100 \times . Images showed in c, d, e,

21 and f were amplified images from areas in square 1, 2, 3, 4, respectively. Arrows
22 indicated NP positive cells stained in brown color.

1 **Supplementary methods**

2

3 **Diet-induced obese (DIO) mice**

4 DIO mice were raised as previously reported [19]. Three-week-old female
5 C57BL/6N mice were randomly divided into two groups: one group was fed a high-fat
6 diet containing 45% Kcal from fat (D12451, Research Diet Inc, New Brunswick, N. J.)
7 while the other was fed a normal pellet chew diet (PicoLab Rodent Diet 20, LabDiet
8 Code 5053, PMI, USA) as control lean mice. All animals were housed under specific-
9 pathogen free conditions with constant room temperature $23\pm1^{\circ}\text{C}$, 12-hour light-dark
10 cycle control and free access to food and water. Their body weights were measured once
11 weekly until the high-fat diet group reached 40-45 gram (about 16-20 weeks on high-fat
12 diet).

13

14 **Virus, virus inoculation and drug treatment**

15 Mouse-adapted A/Hong Kong/415742/2009 (H1N1) strain, H1N1/415742Md [29,
16 30] was used in this study. The virus was propagated in 10-day-old SPF chicken embryos
17 at 37°C for 48 hours. Allantoic fluid was harvested and titrated in Madin Darby canine
18 kidney (MDCK) cells for 50% tissue culture infection (TCID₅₀) and plaque forming unit
19 (PFU). Aliquots of virus stock were frozen at -80°C until use. Fifty percent mouse lethal
20 dose (LD₅₀) was previously determined to be 2.1×10^2 PFU in 6-8-week-old female
21 BALB/c mice [29, 33]. 2.1×10^2 PFU was used in subsequent mouse challenge
22 experiments.

23 For virus inoculation, the DIO or lean mice were anesthetized by intraperitoneal
24 injection of ketamine (100 mg/kg) and xylazine (10 mg/kg) diluted in PBS. 2.1×10^2 PFU
25 of H1N1/415742Md virus in 20 μ l was inoculated via intranasal route. Mouse body
26 weight, disease symptoms and survival were monitored daily for 14 days after virus
27 inoculation. At 12 hour, day 1, 2, 3, 4 and 6 after virus challenge, 3-6 mice from each
28 group were sacrificed, and lung tissues were collected for further virological,
29 immunological and histological analysis.

30 For treatment, celecoxib (Sigma-Aldrich, Steinheim, Germany) was dissolved in
31 dimethyl sulfoxide and further diluted with PBS (final concentration 1% DMSO) for
32 intraperitoneal injection into uninfected mice at 50 mg/kg/day in 200 μ l, once daily for 3
33 days [31], the control group of mice were given same volume of 1%DMSO/PBS
34 injection. Paracetamol (Sigma-Aldrich) dissolved in PBS was also intraperitoneally
35 administered at 100 mg/kg/day once daily [32] for 3 days before and 6 days after
36 H1N1/415742Md infection. The control mice for this treatment were injected with same
37 volume of PBS.

38 All animal protocols were approved by the Committee on the Use of Live
39 Animals in Teaching and Research, the University of Hong Kong (CULATR ref. 3685-
40 15). Experiments involving live virus were performed in biosafety level 2 animal
41 facilities at the Department of Microbiology, University of Hong Kong.

42

43 **Homogenize mouse lung tissues for RNA extraction and ELISA assay**

44 At each time point after virus challenge, the mice were euthanized and lungs were
45 taken. Left lungs were homogenized in 500 μ l of RNA extraction buffer RLT from

46 RNeasy Mini kit (Qiagen, Germantown, MD, USA). Homogenates were clarified by
47 centrifugation at 9000×g for 10 min at 4°C.

48 For the purpose of ELISA and virus titration by plaque assay, right lungs were
49 homogenized in 1 ml of cold minimum essential medium (MEM) supplemented with 1%
50 penicillin and streptomycin. Homogenates were clarified by centrifugation at 9000×g for
51 10 min at 4°C. The clarified homogenates were aliquoted and stored at -80°C until use.

52

53 **RNA extraction and real-time reverse transcription-polymerase chain reaction**

54 Total RNA was extracted from 350 µl of clarified homogenates using Qiagen
55 RNeasy Mini kit. 1 µg of total RNA was reverse transcribed into cDNA with oligo-dT
56 primer and PrimeScript™ RT reagent kit (Takara Bio Inc., Shiga, Japan). Each target
57 gene was amplified on LightCycler 480 system (Roche Applied Sciences, Indianapolis,
58 USA) using SYBR Premix Ex Taq II system (Takara Bio Inc., Shiga, Japan) and the gene
59 specific primers listed in Table 1. The expression of house-keeping gene β-actin was
60 analyzed in parallel to normalize the amount of RNA. The ΔΔCt method was applied for
61 the comparison of the differential gene expressions between samples.

62 The number of viral gene copies in the lung homogenate was determined by
63 quantitative RT-PCR of influenza A M gene with forward primer 5'-
64 CTTCTAACCGAGGTCGAAACG-3'; reverse primer 5'-
65 GGCATTTGGACAAKCGTCTA-3', and was expressed as M gene copies per 10⁵
66 copies of β-actin in log scale. The pCR™II-TOPO vectors containing M gene or β-actin
67 gene were used as standards. The detection limit for influenza A virus M gene in this
68 assay was 100 copies per reaction.

69

70 **Determination of concentrations of cytokine/chemokine levels and PGE2**

71 Clarified lung homogenate supernatant or serum was assayed according to
72 manufacturers' instructions. Serum IL-6, TNF- α , and leptin were detected using ELISA
73 kits (R&D system, Inc., Minneapolis, MN, USA). The detection limits were 7.8 pg/mL
74 (IL-6,), 10.9 pg/mL (TNF- α) and 62.5 pg/mL (leptin), respectively. PGE2 concentrations
75 in mouse serum and lung homogenate were determined using an ELISA kit from Cayman
76 Chemicals (Ann Arbor, Michigan USA), with detection range of 7.8-1000pg/mL.

77 The concentrations of cytokines/chemokines in mouse lung homogenate were
78 determined using a beads-based multiplex assay kit (ProcartaPlex Mouse Th1/Th2 &
79 Chemokine Panel 20 Plex Kit, Affymetrix eBioscience, San Diego, CA, USA) according
80 to the manufacture's instruction. Briefly, the Magnetic Capture Beads were added into
81 96-well plate and washed once with PBS. Individual samples and standards were then
82 added into each well and incubated at room temperature for 2 hours. After three washes,
83 detection antibody mixture was added and allowed to react at room temperature for 30
84 minutes. After another three washes with PBS and incubated with Streptavidin-PE
85 solution for 30 minutes, the plates were filled with 120 μ l Reading Buffer and were read
86 using Luminex xPonent (Luminex, Austin, TX). The data were analyzed using
87 eBioscience ProcartaPlex Analyst 1.0 software. Standard curves were calculated by a
88 five-to-seven-parameter regression formula to fit R2 around 92-99% [33].

89

90 **Histological examination and semi-quantitative scoring of bronchiolar epithelial cell**
91 **death in infected mouse lungs**

92 For histological study of mouse lung tissue, additional 3-5 mice were sacrificed at
93 day 1 and 3 post infection. Whole right-side of the lungs were fixed immediately in 10%
94 formalin/PBS, processed and embedded in paraffin blocks. The tissue blocks were cut
95 into 5 µm sections for hematoxylin and eosin (H&E) staining.

96 H&E stained mouse lung sections were examined by laboratory researchers in
97 blind ways by trained histopathologist. The degree of bronchiolar epithelial cell death
98 was determined by assessing the number of bronchiole sections with dead cell debris in
99 the lumens and bronchiolar epithelial cell necrosis. A semi-quantitative scoring method
100 as described previously [34] was used but with modifications. Briefly, the number of
101 bronchiole in each lung lobe of the whole right lung section was counted under
102 microscope with 40×magnifications. Then, bronchiole cell death was examined under
103 100× and 200× magnification. The number of bronchiole sections showing cell death was
104 counted, and percentage of which was calculated. Lung histological images were
105 captured with Nikon 80i imaging system with the help of Spot-advance computer
106 software.

107

108 **Immunohistochemical staining of influenza A nucleoprotein (NP)**

109 Immunohistochemical staining of influenza A nucleoprotein in formalin fixed and
110 paraffin-embedded lung tissue sections was performed as we described in previous report
111 [34]. Briefly, deparaffinized and rehydrated tissue sections were treated with Antigen
112 Unmasking Solution according the manufacturer's instruction (Vector Laboratories Inc.
113 Burlingame, CA, USA) to retrieve antigen. After blocking with 1% bovine serum
114 albumin, the sections were incubated with mouse anti-influenza NP antibody (HB65,

115 ATCC) at 4°C for overnight, followed by biotin conjugated goat anti-mouse IgG
116 (Calbiochem, Darmstadt, Germany) for 30 min at room temperature. Streptavidin/
117 peroxidase complex reagent (Vector Laboratories, Burlingame, CA) was then added and
118 incubated at room temperature for 30 min. Color development was done with 3, 3'-
119 diaminobenzidine (DAB, Vector Laboratories, Burlingame, CA, USA). After counter
120 staining with hematoxylin, the slides were mounted and examined under microscope.
121 Images were captured with Nikon 80i imaging system equipped with Spot-advance
122 computer software.

123

124

125 **Lung viral load titration by plaque assay**

126 The clarified lung homogenate supernatants were made 10-fold serial dilutions
127 with Minimum Essential Medium Eagle (MEM) without fetal bovine serum (FBS). Two
128 hundred microliter of diluted samples were inoculated into Madin Darby canine kidney
129 (MDCK) cell monolayer in 12-well plates followed by incubation at 37°C for 1 hour. The
130 cells were then washed with PBS and overlaid with MEM containing 2% low-melting-
131 point agarose and 2 µg/mL of l-1-tosylamide-2-phenylethyl chloromethyl ketone
132 (TPCK). After 72 hours incubation, the cells were fixed in 10% formalin solution and
133 stained with 1% crystal violet. The number of plaque in each well were counted and
134 calculated as plaque forming unit per milliliter.

135

136 **Collection of cells from bronchoalveolar lavage**

137 This assay was performed in uninfected mice. The mouse was deep anesthetized
138 by intraperitoneal injection of Ketamine/Xylazine. The mouse was placed in the dorsal
139 decubitus position and the trachea was exposed through opening the neck skin with
140 scissors. A small semi-excision was made on the trachea to allow a 21-G lavage tube to
141 pass into the trachea. After stabilizing the tube and needle, 1 mL saline-EDTA was
142 injected into the lung and the fluid was then aspirated. The procedure was repeated 5-6
143 times per animal to collect as many cells as possible. The cell number was counted with
144 hemocytometer and calculated as total cell count per milliliter.