

1 Original research article

2 **Restoration of GABA production machinery in *Lactobacillus brevis* by**  
3 **accessible carbohydrates, anaerobiosis and early acidification**

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13 **Abstract**

14 *Lactobacillus brevis* is an efficient cell factory for producing bioactive  $\gamma$ -aminobutyric acid  
15 (GABA) by its *gad* operon-encoded glutamic acid decarboxylase (GAD) system. However, little  
16 mechanistic insights have been reported on the effects of carbohydrate, oxygen and early  
17 acidification on GABA production machinery in *Lb. brevis*. In the present study, GABA  
18 production from *Lb. brevis* was enhanced by accessible carbohydrates. **Fast growth of this**  
19 **organism was stimulated by maltose and xylose.** However, its GABA production was highly  
20 suppressed by oxygen exposure, but was fully restored by anaerobiosis that up-regulated the  
21 expression of *gad* operon in *Lb. brevis* cells. Although the level of cytosolic acidity was suitable  
22 for the functioning of GadA and GadB, early acidification of the medium (ipH 5 and ipH 4)  
23 restored GABA synthesis strictly in aerated cells of *Lb. brevis* because the expression of *gad*  
24 operon was not up-regulated in them. We conclude that GABA production machinery in *Lb.*  
25 *brevis* could be restored by accessible carbohydrates, anaerobiosis and early acidification. This  
26 will be of interest for controlling fermentation for synthesis of GABA and manufacturing  
27 GABA-rich fermented vegetables.

28 **Keywords:** GABA, *Lactobacillus brevis*, carbohydrate, oxygen, acid resistance

## 29 **1. Introduction**

30 There are a variety of fermented vegetables in Asia such as Chinese sauerkraut, pickles,  
31 Japanese Natto and Korean kimchi. These fermented vegetables are prepared using several  
32 microorganisms including *Lactobacillus* for the formation of flavor, taste and bioactive  
33 compounds during the natural fermentation process (Leroy and De Vuyst, 2004). Among them,  
34 lactic fermentation of vegetables by their consortium of lactic acid bacteria (LAB) is an ancient  
35 method for the home-made healthy cuisines, but also an excellent preservation strategy to extend  
36 the shelf life of vegetables (Leroy and De Vuyst, 2004). Thus, LAB play a key role in the quality  
37 of fermented vegetables, and LAB flora is normally influenced by several environmental factors  
38 such as the carbohydrate source (from vegetables or added), oxygen and the acidity of juice  
39 during the fermentation process.

40  $\gamma$ -Aminobutyric acid (GABA) has been documented as anti-hypertensive and anti-depressant  
41 compound in the past decade (Diana et al., 2014). However, its content in natural animal- and  
42 plant-based food products is very low, thus attentions have been paid to GABA-producing  
43 bacteria, especially food-grade bacteria such as LAB and bifidobacteria (Dhakal et al., 2012; Li  
44 and Cao, 2010; Wu and Shah, 2016). These microorganisms are preferable candidates as food  
45 starter cultures for manufacturing GABA-rich fermented foods (Wu et al., 2015; Wu and Shah,  
46 2016). Among the identified isolates of GABA producers, *Lb. brevis* is a key species of high  
47 GABA-producing LAB (Wu and Shah, 2016). Our recent study highlighted the common  
48 presence of *gad* operon-encoded glutamic acid decarboxylase (GAD) system in *Lb. brevis* for  
49 GABA production; also its efficient GABA synthesis is associated with the GadA that retained  
50 its activity towards cytosolic near-neutral pH range of *Lb. brevis* (Wu et al., 2017). Thus, it was

51 found that *Lb. brevis* could be a promising cell factory for manufacturing GABA and GABA-  
52 rich fermented foods.

53 Usually, *Lb. brevis* could catabolize several carbohydrates based on the Kyoto Encyclopedia  
54 of Genes and Genomes (KEGG) pathways of completely sequenced strains of *Lb. brevis* ATCC  
55 367 and KB290. This species could metabolize xylose simultaneously with glucose (Kim et al.,  
56 2009), maltose (Gobbetti et al., 1995), and fructose (Neveling et al., 2012). During the batch  
57 fermentations, glucose was normally added as the carbon source for the production of GABA  
58 from *Lb. brevis* (Li, Qiu, Gao, et al., 2010; Li, Qiu, Huang, et al., 2010; Zhang et al., 2012). A  
59 previous study applied maltose to the medium optimization for *Lb. brevis* (Binh et al., 2014).  
60 There are natural LAB flora in vegetables and the environment; these are vital to promote the  
61 growth of *Lb. brevis*, which is also one of dominant species in Korean kimchi products (Jung et  
62 al., 2014). However, catabolism of varying accessible carbohydrates by *Lb. brevis* and their  
63 effects of bacterial growth have not been well compared.

64 In addition, a rapid reduction in the transformation efficiency of glutamate to GABA was  
65 observed in the immobilized cells of *Lb. brevis* after exposure to oxygen by shaking incubation  
66 in sodium acetate buffer (Huang et al., 2007). Recently, overexpression of a heme-dependent  
67 catalase in *Lb. brevis* counteracted the inhibition of GABA production from this organism after  
68 the H<sub>2</sub>O<sub>2</sub> treatment or long-term aerated growth in glucose-based de Man, Rogosa and Sharpe  
69 (MRS) broth (Lyu et al., 2016). However, genetically modified microorganism is normally  
70 prohibited for use in food fermentations such as Korean kimchi and yogurt, but may be allowed  
71 for the manufacture of functional compounds that can be further purified. Thus, it would be  
72 necessary to seek other solutions that are able to restore the GABA synthesis in aerated cells of

73 *Lb. brevis*. Our study has demonstrated that GABA synthesis was highly associated with acid  
74 resistance in *Lb. brevis* (Wu et al., 2017). However, the effects of early acidification on the  
75 GABA production from aerated and unaerated cells of *Lb. brevis* have not been well  
76 characterized. Thus, this study aimed to investigate the effects of environmental factors including  
77 carbon source, oxygen and acidification on the GABA production from *Lb. brevis* and provide  
78 mechanistic insights into this bio-machinery.

## 79 **2. Materials and methods**

### 80 ***2.1. Bacterial strain and cultivation conditions***

81 High GABA-producing *Lb. brevis* NPS-QW-145 (hereafter *Lb. brevis* 145), a sequenced  
82 strain isolated from Korean kimchi (Wu and Shah, 2015; Wu et al., 2017), was cultivated in  
83 Lactobacilli MRS medium (BD Company, Franklin Lakes, NJ, USA). Unless otherwise stated,  
84 *Lb. brevis* 145 used in this study was anaerobically cultivated at 37 °C in the above medium.

### 85 ***2.2. Bacterial growth assay on different carbohydrates***

86 The modified MRS (mMRS) broth (pH 6.5) was prepared by dissolving 10 g peptone, 10 g  
87 beef extract, 5 g yeast extract, 1 g Tween-80, 2 g sodium citrate, 5 g sodium acetate, 0.1 g  
88 magnesium sulfate, 0.05 g manganese sulfate, 2 g dipotassium phosphate and 20 g selected  
89 carbohydrate (glucose, lactose, galactose, sucrose, fructose, maltose, mannose, xylose or  
90 cellobiose) in 1 L distilled water, and the pH of the medium was adjusted to pH 6.5 with  
91 hydrochloric acid before autoclaving at 121°C for 15 min. The mMRS without sugar was also  
92 prepared as the negative control for the bacterial cultivation. The growth of *Lb. brevis* 145 in  
93 mMRS broth supplemented with different carbohydrate was measured as previously described

94 with minor modifications (Alcantara et al., 2014). Briefly, a volume of 200  $\mu$ L of broth after  
95 inoculation with *Lb. brevis* 145 (18-h fresh culture; 1% v/v) was loaded into 96-well microplates.  
96 Additional 50  $\mu$ L of sterile mineral oil was added to cover the surface of the broth to create  
97 anaerobic condition and to avoid the contamination with air-borne bacteria during the incubation  
98 and measurement. The bacterial growth was monitored at the absorbance of 600 nm in  
99 Multiskan<sup>TM</sup> GO Microplate Spectrophotometer (Thermo Scientific) at 37°C within 48 h.

100 In addition, an aliquot of 10 mL of mMRS broth containing different carbohydrate inoculated  
101 with *Lb. brevis* 145 (18-h fresh culture; 1% v/v) was anaerobically incubated at 37°C for 48 h.  
102 Subsequently, acids and amino acids in the culture supernatants were profiled.

### 103 ***2.3. Measurements of acids and amino acids***

104 Concentrations of lactic acid, acetic acid, GABA and glutamate in the culture supernatants  
105 were analyzed by HPLC as previously described (Wu et al., 2017).

### 106 ***2.4. Assessment of anaerobic and aerobic conditions on GABA production***

107 Culture of *Lb. brevis* 145 was propagated in Lactobacilli MRS broth for 18 h prior to the  
108 inoculation into 300 mL of the following two media. A glutamate-rich medium – Lactobacilli  
109 MRS broth containing 10 g/L monosodium glutamate (MSG) was used for monitoring the  
110 GABA production under aerobic and anaerobic conditions. In order to mimic the salty condition  
111 caused by supplementation of MSG to Lactobacilli MRS broth, 3.46 g/L of sodium chloride  
112 (NaCl) was supplemented to the MRS as a control medium (Lactobacilli MRS broth containing  
113 3.46 g/L NaCl). The acidity of Lactobacilli MRS broth containing either MSG or extra NaCl  
114 decreased from pH 6.75 to pH 6.25 after the inoculation with 18-h fresh cultures at the size of 1%

115 (v/v). For the aerobic condition, the 1-L conical flask was covered with sterilized cotton and  
116 kept in a shaking incubator (37°C and 200 rpm). A 2 cm-layer of sterilized mineral oil was used  
117 to cover the surface of the medium broth in a screw-topped bottle in order to create an anaerobic  
118 condition during the shaking incubation (37°C and 100 rpm). Samples were collected every 2  
119 hours for the measurement of cell viability, acids and amino acids during the 24-h course of the  
120 cultivation.

### 121 ***2.5. Assessment of early acidification on the GABA production from *Lb. brevis* under aerobic*** 122 ***and anaerobic conditions***

123 To investigate the effects of initial acidification on the GABA production from *Lb. brevis*,  
124 the initial pH (ipH) of Lactobacilli MRS broth containing 10 g/L of MSG was adjusted to pH 6,  
125 pH 5 and pH 4 with hydrochloric acid before autoclave at 121°C for 15 min. After inoculation of  
126 the medium broth with the fresh 18-h cultures of *Lb. brevis* 145, anaerobic and aerobic  
127 incubation were carried out as described in the above section. Samples were collected after 24 h  
128 for the measurements of cell viability, acids and amino acids. However, due to the introduction  
129 of lactic acid from the 18-h fresh cultures into the fresh medium broth, the acidity of Lactobacilli  
130 MRS broth (ipH 6) decreased to pH 5.8, but there were no changes in the pH values of  
131 Lactobacilli MRS broth (ipH 5 and ipH 4) after inoculation.

### 132 ***2.6. Total RNA extraction, cDNA synthesis and real-time quantitative PCR assay***

133 Hot SDS/phenol-based total RNA extraction method for Gram-positive bacteria, DNase I  
134 treatment of total RNA samples, cDNA synthesis of total RNA, and RT-qPCR assay were  
135 carried out as per previously described (Wu et al., 2017). The expression of target genes (*gadR*,

136 *gadA*, *gadB* and *gadC* in *Lb. brevis* 145) listed in **Table 1** was quantified by RT-qPCR assay.  
137 Reference gene, *tuf* in *Lb. brevis* (**Table 1**), was used to normalize the expression of target genes.  
138 The efficacy of qPCR amplification using each pair of primers was in the range of 90-110% and  
139 non-specific amplification products including primer dimers were not detected by melt curve  
140 analysis and agarose gel electrophoresis (data not shown). The comparative critical threshold  
141 method ( $2^{-\Delta\Delta C_t}$ ) was used to calculate the relative gene expression. The RT-qPCR assay was  
142 performed in duplicates for each cDNA sample and independent experiments were carried out in  
143 triplicates.

#### 144 ***2.7. Measurements of extracellular pH ( $pH_{ex}$ ) and intracellular pH ( $pH_{in}$ ) of bacterial cells***

145 Extracellular pH ( $pH_{ex}$ ) of the cultures was directly measured by a pH meter. The fluorescent  
146 probe, 5(6)-carboxyfluorescein diacetate N-succinimidyl ester (cFDA-SE; Thermo Fisher  
147 Scientific), was used to stain bacterial cells for the  $pH_{in}$  measurement as previously described  
148 (**Wu et al., 2017**). Briefly, the  $pH_{ex}$  of cultures was measured first, and bacterial cells were  
149 centrifuged, washed and re-suspended in phosphate-buffered saline (PBS) where its pH level was  
150 adjusted to the  $pH_{ex}$  of the cultures. The cell density was adjusted to an optical density ( $\lambda=600$ )  
151 of 0.6-0.7 before cFDA-SE staining procedure. The stained cells were centrifuged to remove  
152 residual cFDA-SE probe in the PBS, and were re-suspended in the PBS buffer again with the  
153 same  $pH_{ex}$  prior to the fluorescence measurement. Fluorescence intensities of the stained cells  
154 were measured in the Fluorescence Spectrophotometer F-7000 (Hitachi High-technologies,  
155 Shenzhen, China) at the excitation wavelengths of 488 nm (pH-sensitive) and 435 nm (pH-  
156 insensitive). The emission wavelength was in the range of 400–650 nm. The width of both  
157 excitation and emission slit was 5 nm. For the calibration curve of *Lb. brevis* 145, the stained

158 cells were suspended in PBS buffer with different pH values. Valinomycin (0.2 mM in methanol;  
159 Sigma) and nigericin (0.2 mM in methanol; Sigma) were added to the cell suspension at the final  
160 concentrations of 5  $\mu$ M and incubation of cell suspension at 37°C for 10 min equilibrated both  
161 potassium and proton ions across cell membrane. The fluorescence intensity of the stained cells  
162 after equilibration was later recorded as described above.

## 163 ***2.8. Statistical analysis***

164 All presented data in the bar charts and tables correspond to means  $\pm$  standard deviation (SD).  
165 Significant difference analysis was carried out by using IBM SPSS Statistics 20.0 version.

## 166 **3. Results**

### 167 ***3.1. Carbohydrate catabolism apparatus affects the growth of Lb. brevis***

168 The catabolism map of different carbohydrates was constructed based on the KEGG pathway  
169 database on *Lb. brevis* strains ATCC 367, KB290 and the availability of target genes in the  
170 genome (accession no. CP015398.1) of *Lb. brevis* NPS-QW-145 (Fig. 1A). Although these genes  
171 are present in the genomes of *Lb. brevis*, it is necessary to validate whether this organism could  
172 catabolize them efficiently. Thus, we grew *Lb. brevis* in the mMRS containing individual  
173 carbohydrate and its growth curves monitored as shown in Fig. 1B and Fig. 1C. Firstly, *Lb.*  
174 *brevis* 145 was still able to grow in mMRS broth without sugar supplementation though its  
175 OD<sub>600</sub> value was low (up to ~0.12). However, although genes encoding  $\beta$ -galactosidase and  
176 mannose-specific PTS were available in the genome of *Lb. brevis* 145, it was observed that  
177 lactose and sucrose were not able to support its growth, while mannose and cellobiose could  
178 stimulate its growth weakly. Interestingly, carbohydrates, maltose and xylose, supported faster

179 growth of *Lb. brevis* 145 than other including common sugars, glucose and fructose (Fig. 1B and  
180 1C). In addition, we surveyed the KEGG metabolism pathway map on xylose among sequenced  
181 strains of *Lactobacillus* and found the common presence of enzymes 12 and 13 in *Lb. brevis* (Fig.  
182 1A), *Lb. fermentum* and *Leuconostoc* spp., but not in *Lb. plantarum*, *Lb. acidophilus*, *Lb. casei*  
183 group, *Lb. reuteri* and *Pediococcus* (data not shown).

### 184 3.2.GABA production from *Lb. brevis* correlates with its lactic acid production

185 Different carbon sources were used to generate various levels of lactic acid from *Lb. brevis*  
186 due to its varying capacity of carbohydrate catabolism (Fig. 1A). Lactic acid yields increased  
187 significantly when cells catabolized glucose, galactose, fructose, maltose, and xylose, while a  
188 limited amount of acetic acid was produced from *Lb. brevis* (Fig. 1D and 1E). Theoretically  
189 acetic acid has a pKa value of 4.75 and that of lactic acid is 3.86, the latter contributes mostly to  
190 acidify the environment since acetic acid production was very low (Fig. 1E). There was a strong  
191 correlation coefficient ( $r > 0.85$ ) between lactic acid production/bacterial biomass and GABA  
192 yield from *Lb. brevis* (Fig. 1H and 1I).

### 193 3.3.Aerobiosis suppresses GABA production from *Lb. brevis*

194 Effects of aerobic and anaerobic conditions on GABA production from *Lb. brevis* were  
195 investigated in a 24-h course of cultivation. In this study, anaerobiosis improved cell viability of  
196 *Lb. brevis* (Fig. 2A) and subsequently its GABA production significantly ( $p < 0.001$ ; Fig. 2C and  
197 2D). Moreover, glutamate supplementation significantly ( $p < 0.001$ ) decreased extracellular  
198 acidity of *Lb. brevis* cells in both conditions than those without glutamate supplementation (Fig.  
199 2B). However, the presence of oxygen reduced lactic acid production largely but not acetic acid

200 by *Lb. brevis* (Fig. 2E). Since lactic acid production correlated with GABA production (Fig. 1I),  
201 less lactic acid production may explain its low GABA production by *Lb. brevis* under aerobic  
202 condition.

### 203 ***3.4. Anaerobiosis up-regulates gene expression of gad operon in Lb. brevis***

204 The intact *gad* operon in *Lb. brevis* includes *gadR*, *gadC* and *gadA* which maybe co-  
205 regulated under the same promoter (Fig. 3A). Both *gadA*- and *gadB*-encoded glutamate  
206 decarboxylases could decarboxylase glutamate into GABA (Fig. 3B). However, *gadB* is located  
207 far away from the *gad* operon (Fig. 3A) and is possibly regulated together with other operons.  
208 Under anaerobic condition, *gadR*, *gadC* and *gadA* were up-regulated by at least 10-fold change  
209 indicating the active status of GAD system in *Lb. brevis*, while the *gadB* expression was slightly  
210 down-regulated (Fig. 3C). This suggests that the expression of *gad* operon in the aerated cells of  
211 *Lb. brevis* was highly inhibited as evidenced by the low GABA yield (Fig. 2C and 2D).  
212 Moreover, it indicated that GadA played the central role in GABA synthesis in *Lb. brevis* since  
213 *gadB* expression was weakly altered under anaerobic condition.

### 214 ***3.5. Early acidification does not fully restore GABA production from Lb. brevis under oxygen*** 215 ***challenge***

216 In order to assess the effect of early acidification on the GABA production, the pH of  
217 Lactobacilli MRS broth was initially adjusted to pH 6, 5 and 4. As shown in Fig. 4A, viable  
218 counts of *Lb. brevis* were not significantly ( $p > 0.05$ ) changed after 24-h incubation under  
219 aerobic condition. It appears that acidic condition (pH 4) reduced cell viability of *Lb. brevis* and  
220 thus affected its GABA production from glutamate decarboxylation under anaerobic condition

221 (Fig. 4C and 4D). GABA yields increased significantly ( $p < 0.05$ ) in more acidic conditions (ipH  
222 5 and ipH 4), but the yields were largely lower in aerobic condition than that in anaerobic  
223 cultivation (ipH 6 and ipH 5; Fig. 4C). Since lactic acid production correlated with the GABA  
224 production, it was also observed that lactic acid production from *Lb. brevis* was still significantly  
225 ( $p < 0.05$ ) lower in aerobic cultivation (ipH 6.0 and ipH 5.0) than that in anaerobic cultivation  
226 (Fig. 4E and 4F).

### 227 **3.6.Effects of early acidification on the gene expression of *gad* operon in *Lb. brevis***

228 In ipH 6 and ipH 5 conditions, cell viability of *Lb. brevis* was  $\sim 9.2$  Log<sub>10</sub> CFU/mL (Fig. 4A)  
229 and lactic acid production by *Lb. brevis* was  $\sim 6$  g/L generating sufficient acidic environment for  
230 GABA biosynthesis (Fig. 4B & 4E) under aerobic condition, but less GABA production was  
231 observed in aerated cells. Thus it is necessary to understand the changes of GABA production  
232 machinery in aerated and unaerated cells of *Lb. brevis* in different acidic media. Thus, real-time  
233 qPCR assay was used to evaluate the effects of early acidification on the expression of *gad*  
234 operon in *Lb. brevis* under anaerobic and aerobic conditions. It was found that the *gad* operon in  
235 *Lb. brevis* in ipH 6 and ipH 5 conditions under anaerobic condition were highly up-regulated by  
236 at least 8 folds, and 2-fold up-regulation of *gad* operon was also observed in ipH 4 under  
237 anaerobic condition when compared to that under aerobic condition (Fig. 5). In addition, *gadA*  
238 and *gadC* were up-regulated more in ipH 5 condition than that in ipH 6 and ipH 4 conditions (Fig.  
239 5). This may indicate a better GABA production in the unaerated cells of *Lb. brevis* under ipH 5  
240 condition (Fig. 4C).

### 241 **3.7.Effects of early acidification on the cytosolic acidity of *Lb. brevis***

242 We measured the  $\text{pH}_{\text{in}}$  of *Lb. brevis* cells under both aerobic and anaerobic conditions. As the  
243 GABA yield was significantly ( $p < 0.05$ ) increased after 12 h during the 24-h course of  
244 cultivation of *Lb. brevis* in Lactobacilli MRS broth containing 10 g/L of MSG under anaerobic  
245 condition (Fig. 2D), we measured the intracellular and extracellular pH of *Lb. brevis* from 12 h  
246 to 24 h. In general, it was found that the values of  $\text{pH}_{\text{in}}$  and  $\text{pH}_{\text{ex}}$  were higher under anaerobic  
247 condition than that under aerobic condition (Fig. 6B, 6C and 6D). This evidence together with  
248 the improved GABA yield and the enhanced expression of *gad* operon in *Lb. brevis* under  
249 anaerobic condition (Fig. 2C and 2D, Fig. 4C and Fig. 5) suggests that GABA synthesis  
250 improved the pH level either intracellularly or extracellularly. Also, the value of  $\text{pH}_{\text{in}}$  in *Lb.*  
251 *brevis* was always higher than that of  $\text{pH}_{\text{ex}}$  in ipH 6, ipH 5 and ipH 4 conditions under both  
252 anaerobic and aerobic conditions (Fig. 6B, 6C and 6D). In addition, the  $\text{pH}_{\text{in}}$  values of *Lb. brevis*  
253 under aerobic condition was pH 5.0-5.5 (ipH 6 and ipH 5) and pH 4.4-5.0 (ipH 4); these were  
254 preferable acidity for the functioning of both GadA and GadB (Fig. 6). GABA synthesis  
255 improved the value of  $\text{pH}_{\text{in}}$  of *Lb. brevis*, specifically pH 6.0-6.2 (ipH 6), pH 5.8-6.1 (ipH 5) and  
256 pH 4.6-5.5 (ipH 4) under anaerobic condition (Fig. 6); such pH level decreased the activity of  
257 GadA, especially GadB since GadA retains its activity towards near-neutral pH range while  
258 GadB shows an acidic activity spectrum (Fig. 6A). The enzymatic activities of both GadA and  
259 GadB would increase in such acidic range (4.4-5.0), which may explain the improved GABA  
260 yield under this condition (Fig. 4C).

#### 261 4. Discussion

262 Our previous genomic survey and biochemical analysis have demonstrated the common  
263 presence of GAD system in *Lb. brevis* suggesting its species-specific characteristic of GABA

264 production (Wu et al., 2017). However, limited mechanistic studies have been carried out to  
265 investigate environmental determinants including carbohydrates, anaerobiosis and acidification  
266 on the GABA production by *Lb. brevis*. These determinants are key parameters for GABA  
267 production by *Lb. brevis* either during batch fermentation or natural food fermentations due to  
268 several reasons: 1) different capacities of the catabolism pathways and membrane transporters  
269 for varying carbohydrates (Fig. 1A); 2) catalase-negative status of *Lb. brevis* for detoxifying or  
270 scavenging reactive oxygen species generated from environmental oxygen during shaking  
271 incubation (Lyu et al., 2016); and 3) GABA synthesis is associated with acid resistance in *Lb.*  
272 *brevis* (Fig. 3B), and medium acidification may promote its GABA yield.

273 The first factor is the carbohydrate catabolism apparatus in *Lb. brevis*. It is the first time that  
274 we compared different effects of accessible sugars on the growth of *Lb. brevis* (Fig. 1B-C). Fast  
275 growth of *Lb. brevis* was stimulated by maltose and xylose; these could be applied as selective  
276 sugars that may help this organism dominate the microbiota during natural vegetable  
277 fermentations (i.e., Korean Kimchi) and even shorten the duration of fermentation process. The  
278 high biomass also synthesized more GABA (Fig. 1H). Maltose and xylose could be firstly  
279 catalyzed by maltose phosphorylase and xylose isomerase, and later via phospho-ketolase  
280 pathway and pentose phosphate pathway in *Lb. brevis* (Fig. 1A); these sugars generated from  
281 starch or xylan after enzymatic hydrolysis could be also applied for large-scale industrial batch  
282 fermentations for the production of GABA (Egloff et al., 2001; Zhao et al., 2015). The common  
283 sugars, glucose and fructose, found in our diets frequently could be catabolized by *Lb. brevis*  
284 during its transit or even colonization in human gastrointestinal (GI) tract.

285 Lactic acid bacteria are known for their excellent ability to produce lactic acid (Fig. 1A),  
286 which acidify cells intracellularly and extracellularly. Importantly, the function of GAD system  
287 including the GadC is activated under acidic conditions (below pH 6.5) in bacteria (Ma et al.,  
288 2013; Ma et al., 2012). However, the correlation between lactic acid production and GABA  
289 production has not been well understood. Based on this carbohydrate catabolism apparatus of *Lb.*  
290 *brevis*, we adopted this apparatus generating varying levels of lactic acid production and  
291 observed a strong positive correlation between lactic acid production and GABA production (Fig.  
292 1I). In addition, GABA production and cell growth of *Lb. brevis* was affected by the carbon  
293 source added to the growth medium; in general, the increase in GABA production was  
294 concomitant with the decrease in the concentration of residual glutamate indicating that the event  
295 of decarboxylation occurred in the organism (Fig. 1F and 1G). This indicates that the  
296 intracellular lactic acid in *Lb. brevis* could stimulate GABA production via activation of GadC  
297 function and GABA synthesis thus consuming protons to maintain intracellular pH homeostasis  
298 (De Biase and Pennacchietti, 2012; Wu et al., 2017).

299 One study reported the low efficacy of glutamate decarboxylation in immobilized cells of *Lb.*  
300 *brevis* in the acetate buffer, but not in medium broth or food matrix, during short-term shaking  
301 incubation (Huang et al., 2007). In the present study, the second factor, oxygen, showed extreme  
302 inhibitory effect on GABA production from *Lb. brevis* cultivated in MRS-based broth, and a  
303 reduced biomass accompanying low GABA yield during shaking process was also observed for  
304 *Lb. brevis* (Fig. 2). Thus, we conclude that aerobiosis reduced the growth of *Lb. brevis* and its  
305 lactic acid production thus affecting its GABA production. To understand the mechanism behind  
306 this, we found that the mRNA transcripts of *gadR*, *gadA*, *gadB* and *gadC* in aerated cells were

307 detected by qPCR assay, but enhanced levels of these genes were observed in *Lb. brevis* under  
308 anaerobiosis (Fig. 3). This may explain the low GABA yields in aerated cells of *Lb. brevis*.

309 Optimization of the pH of the medium have been carried out for *Lb. brevis* under anaerobic  
310 cultivation (Komatsuzaki et al., 2005; Li, Qiu, Huang, et al., 2010). However, limited evidence  
311 has been provided on the effects of acidification on its GABA production from aerated cells of  
312 *Lb. brevis*. During natural food fermentations, i.e., Korean kimchi fermentation, some oxygen  
313 still remains trapped in the container, and additional acids, i.e., acetic acid, are added to acidify  
314 the cabbage matrix for inhibiting the growth of contaminated pathogens prior to fermentation.  
315 Although the cell viability of *Lb. brevis* was high (Fig. 4A) and its intracellular pH was also  
316 suitable for GABA synthesis (Fig. 6), early acidification of the medium still did not counteract  
317 the oxygenic inhibition of GABA biosynthesis in *Lb. brevis* (Fig. 4C). It was concluded that  
318 acidification of medium did not fully restore GABA production capacity in *Lb. brevis* under  
319 aerobic condition. This may be explained by the down-regulation of *gad* operon in *Lb. brevis* by  
320 oxygen exposure (Fig. 5). However, GABA contents from aerated cells were significantly ( $p <$   
321 0.05) enhanced under ipH 5 and ipH 4 media compared to that under the ipH 6 condition (Fig.  
322 4C), this may be due to the elevated GABA biosynthesis against acidification challenge. Our  
323 qPCR assay detected the presence of mRNA transcripts of the *gad* operon in the aerated cells of  
324 *Lb. brevis* (Fig. 3C and Fig. 5). This suggests that the GAD system may still be functioning in  
325 aerated cells as evidenced by their low GABA yield (Fig. 4C). The enzyme activities of GadA  
326 and GadB are highly dependent on the cytosolic acidity in *Lb. brevis* (Fig. 6A) (Wu et al., 2017).  
327 Thus, acid challenge could be an activator of GABA production from *Lb. brevis*. Since GadC  
328 exhibited stringent pH dependence for substrate transport and was activated under acidic  
329 conditions (Ma et al., 2013; Ma et al., 2012), acid challenge not only promoted GABA synthesis

330 but also activated GadC function immediately in bacteria thus improving GABA production  
331 under both aerobic and anaerobic conditions.

## 332 **5. Conclusions**

333 In the present study, we assessed the effects of carbohydrates, oxygen and acidity on the  
334 GABA production from *Lb. brevis*. Accessible carbohydrates (maltose and xylose) could  
335 stimulate the fast growth of *Lb. brevis* for high GABA production. Aerobiosis suppressed GABA  
336 production by down-regulating the expression of *gad* operon in *Lb. brevis*, but this could be fully  
337 restored by anaerobiosis. Also, GABA production could be partially restored in the aerated cells  
338 of *Lb. brevis* by suitable early acidification of the medium (pH 5) since the cytosolic acidity was  
339 suitable for the functioning of GAD system. These mechanistic insights will be of importance for  
340 the industrial manufacture of GABA-rich fermented vegetables or GABA by batch fermentations.

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411

412 **Figure captions**

413 **Figure 1. Carbohydrate catabolism capacity alters GABA biosynthetic capacity in *Lb. brevis*.** (A) KEGG metabolic pathways of selected carbohydrates in *Lb. brevis*. Denotation: PK  
414 pathway, phosphoketolase pathway; PP pathway, pentose phosphate pathway; GAP,  
415 Glyceraldehyde-3P; 1, maltose phosphorylase; 2,  $\beta$ -glucosidase; 3, glucokinase; 4,  
416 phosphoglucomutase; 5, glucose-6P isomerase; 6, transketolase; 7,  $\alpha$ -glucosidase; 8,  $\beta$ -  
417 galactosidase; 9, fructokinase; 10, mannose-6P isomerase; 11, mannose-specific PTS; 12, xylose  
418 isomerase; 13, xylulose kinase; 14, phosphoketolase; 15, lactate dehydrogenase; 16, pyruvate  
419 oxidase; 17, acylphosphatase or acetate kinase; 18, phosphate acetyltransferase. (B-C) Growth  
420 curves of *Lb. brevis* 145 on different sugars. (D-E) Production of lactic acid and acetic acid from  
421 *Lb. brevis* 145 grown in modified MRS (mMRS) broth containing different carbohydrates after  
422 48 h. Initial concentrations of lactic acid and acetic acid after bacterial inoculation were 0.25 g/L  
423 and 2.48 g/L, respectively. (F-G) GABA and glutamate concentration in the broth after 48 h  
424 (glutamate content was calculated in the form of MSG). (H-I) Correlation coefficient analysis of  
425 GABA production and lactic acid production/biomass from *Lb. brevis* 145. Values (a, b, c, d, e, f  
426 & g) with no letters in common at the top of each bar are significantly different ( $p < 0.05$ ). The  
427 experiment was carried out in triplicates and data was presented as mean  $\pm$  standard derivation  
428 (SD).  
429

430 **Figure 2. Aerobiosis suppresses GABA production from *Lb. brevis*.** (A) Growth curves of *Lb.*  
431 *brevis* 145 in the Lactobacilli MRS broth containing 3.46 g/L of NaCl (control group) or 10 g/L  
432 of MSG (glutamate group). Extra sodium chloride (3.46 g/L) was added to the Lactobacilli MRS  
433 medium to mimic the condition that the extra sodium was introduced by MSG supplementation  
434 to the medium. (B) Acidity changes. (C) Effects of aerobic and anaerobic conditions on GABA  
435 production from *Lb. brevis* in Lactobacilli MRS broth containing 3.46 g/L of NaCl. (D) Effects  
436 of aerobic and anaerobic conditions on GABA production from *Lb. brevis* in Lactobacilli MRS  
437 broth containing 10 g/L of MSG. (E) Lactic acid and acetic acid production. Values (a, b, c, d &  
438 e) with no letters in common at the top of each bar are significantly different ( $p < 0.05$ ). \*,  $p <$   
439 0.05; \*\*,  $p < 0.01$ ; \*\*\*,  $p < 0.001$ . Aerobic condition was generated by shaking process to  
440 incorporate the filtered air into the medium broth. Glutamate content was calculated in the form  
441 of MSG. The experiment was carried out in triplicates and data was presented as mean  $\pm$   
442 standard derivation (SD).

443 **Figure 3. GAD system in *Lb. brevis* is highly up-regulated under anaerobic condition.** (A)  
444 The *gad* operon in *Lb. brevis* 145. The locus tag of each gene is indicated in the pentagon.  
445 Promoter and transcription terminator were predicated by PePPER server (de Jong et al., 2012)  
446 and ARNold server (Naville et al., 2011), respectively. (B) Schematic diagram of GAD system in  
447 *Lb. brevis*. (C) Relative gene expression of *gadR*, *gadA*, *gadB* and *gadC* in *Lb. brevis* 145 in  
448 anaerobic condition normalized to that in aerobic condition. Bacterial cells of *Lb. brevis* 145  
449 were inoculated (1%, v/v) in Lactobacilli MRS broth containing 10 g/L of MSG, and cells were  
450 collected for gene expression study after 12 h of aerobic or anaerobic cultivation. Comparative  
451 critical threshold method ( $2^{-\Delta\Delta C_t}$ ) was used to calculate the relative gene expression. The  
452 experiment was carried out in triplicates and data was presented as mean  $\pm$  standard derivation  
453 (SD).

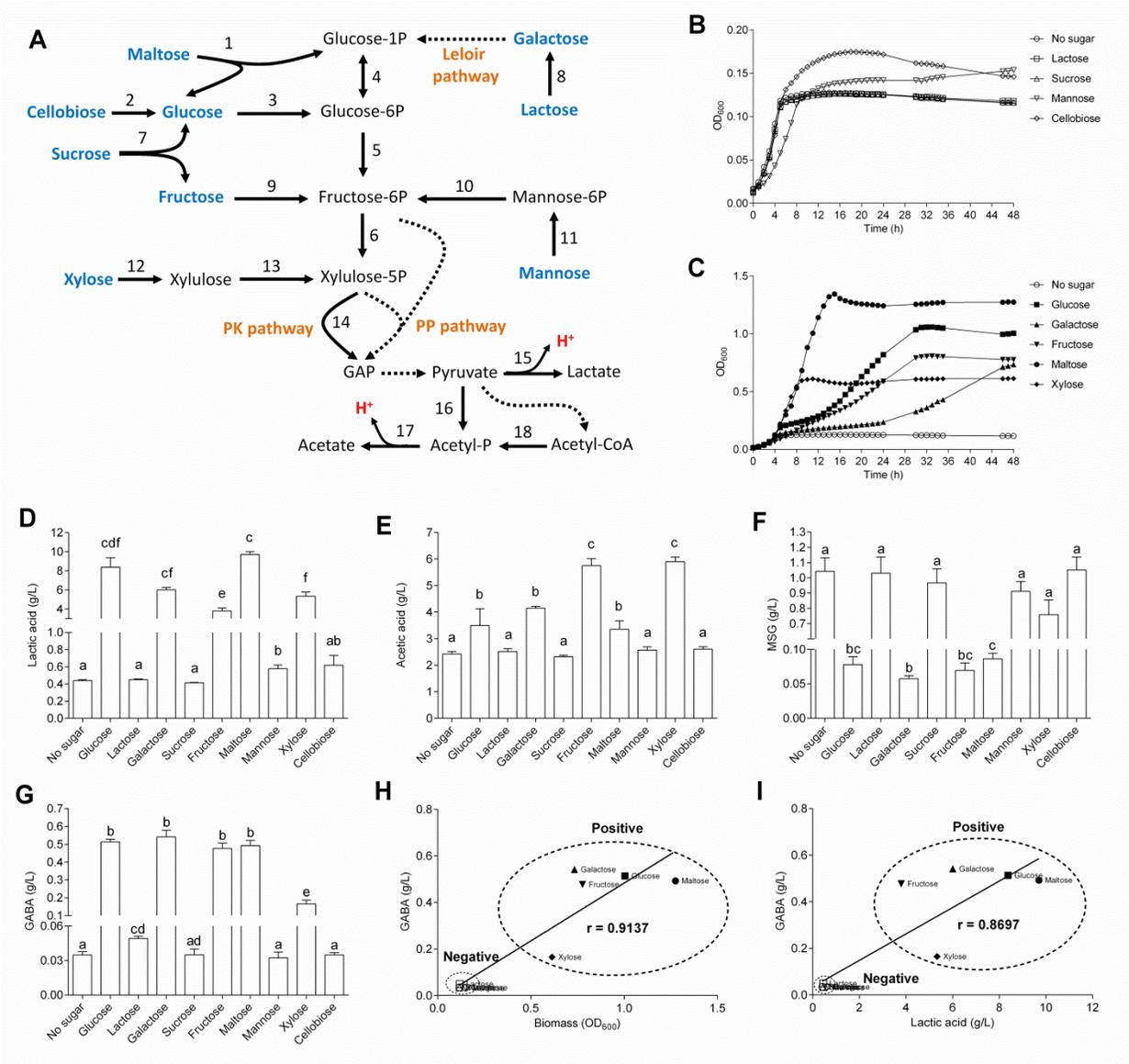
454 **Figure 4. Acidification does not fully restore GABA production from *Lb. brevis*.** (A) Viable  
455 counts of *L. brevis* 145. (B) The pH of culture supernatant. (C) GABA yield. (D) MSG content.  
456 (E) Lactic acid production. (F) Acetic acid production. The concentration of acetic acid in pH-  
457 adjusted Lactobacilli MRS medium was about 4.20 g/L. *Lb. brevis* was cultivated in Lactobacilli  
458 MRS medium (initial pH-adjusted) containing 10 g/L MSG at 37°C for 24 h. Gray bar,  
459 cultivation in the medium broth of ipH 6; white bar, cultivation in the medium broth of ipH 5;  
460 black bar, cultivation in the medium broth of ipH 4. Values (a, b, c, d, e & f) with no letters in  
461 common at the top of each bar are significantly different ( $p < 0.05$ ). The experiment was carried  
462 out in triplicates and data was presented as mean  $\pm$  standard derivation (SD).

463 **Figure 5. Early acidification alters the gene expression of GAD system in *Lb. brevis* under**  
464 **anaerobic condition.** Bacterial cells of *Lb. brevis* 145 were inoculated (1%, v/v) in initial-pH  
465 adjusted Lactobacilli MRS broth containing 10 g/L of MSG, and cells were collected for gene  
466 expression study after 12 h of aerobic or anaerobic cultivation. Comparative critical threshold  
467 method ( $2^{-\Delta\Delta C_t}$ ) was used to calculate the relative gene expression. Relative gene expression of  
468 *Lb. brevis* in anaerobic condition was normalized to that in aerobic condition. The experiment  
469 was carried out in triplicates and data was presented as mean  $\pm$  standard derivation (SD).

470 **Figure 6. Early acidification alters intracellular pH ( $pH_{in}$ ) of *Lb. brevis* cells during 24-h**  
471 **course of cultivation.** (A) Effects of pH on the enzyme activities of GadA and GadB from *Lb.*  
472 *brevis* 145. This figure was adopted from our previous study (Wu et al., 2017). (B)  $pH_{in}$   
473 (intracellular pH) and  $pH_{ex}$  (extracellular pH) of *Lb. brevis* 145 under aerobic and anaerobic  
474 cultivation in pH-adjusted MRS broth (ipH 6). (C)  $pH_{in}$  and  $pH_{ex}$  of *Lb. brevis* 145 under aerobic  
475 and anaerobic cultivation in pH-adjusted MRS broth (ipH 5) (D)  $pH_{in}$  and  $pH_{ex}$  of *Lb. brevis* 145  
476 under aerobic and anaerobic cultivation in pH-adjusted MRS broth (ipH 4). The measurements  
477 were carried out in triplicates and data was presented as mean  $\pm$  standard derivation (SD).

478 **Table 1. List of primers used for qPCR assay in this study.**

Primer name	Sequence (5'→3')	Amplicon size (bp)	Target gene	Reference
Lb-tuf-F	CGTGAGCTCTTGTCTGAATAC	152	<i>tuf</i> (reference gene) in <i>Lb. brevis</i> 145	(Wu et al., 2017)
Lb-tuf-R	CGTTCTGGAGTTGGGATATAAT			
Lb-gadR-F	CAACTGGCTGGCTAGTTATC	151	<i>gadR</i> in <i>Lb. brevis</i> 145	This study
Lb-gadR-R	ACTCTGTTTCAATCGCTCTAC			
Lb-gadA-757F	CAGGTTACAAGACGATCATGC	188	<i>gadA</i> in <i>Lb. brevis</i> 145	(Wu et al., 2015)
Lb-gadA-945R	ATACTTAGCCAGCTCGGACTC			
Lb-gadB-364F	GGACAATACGACGACTTAGC	135	<i>gadB</i> in <i>Lb. brevis</i> 145	(Wu et al., 2015)
Lb-gadB-499R	CTTGAGCTCGGGTTCAATAA			
Lb-gadC-F2	TGGGATTGTTTACGCCTATG	122	<i>gadC</i> in <i>Lb. brevis</i> 145	This study
Lb-gadC-R2	CGACCCAACCTGCTGATTT			



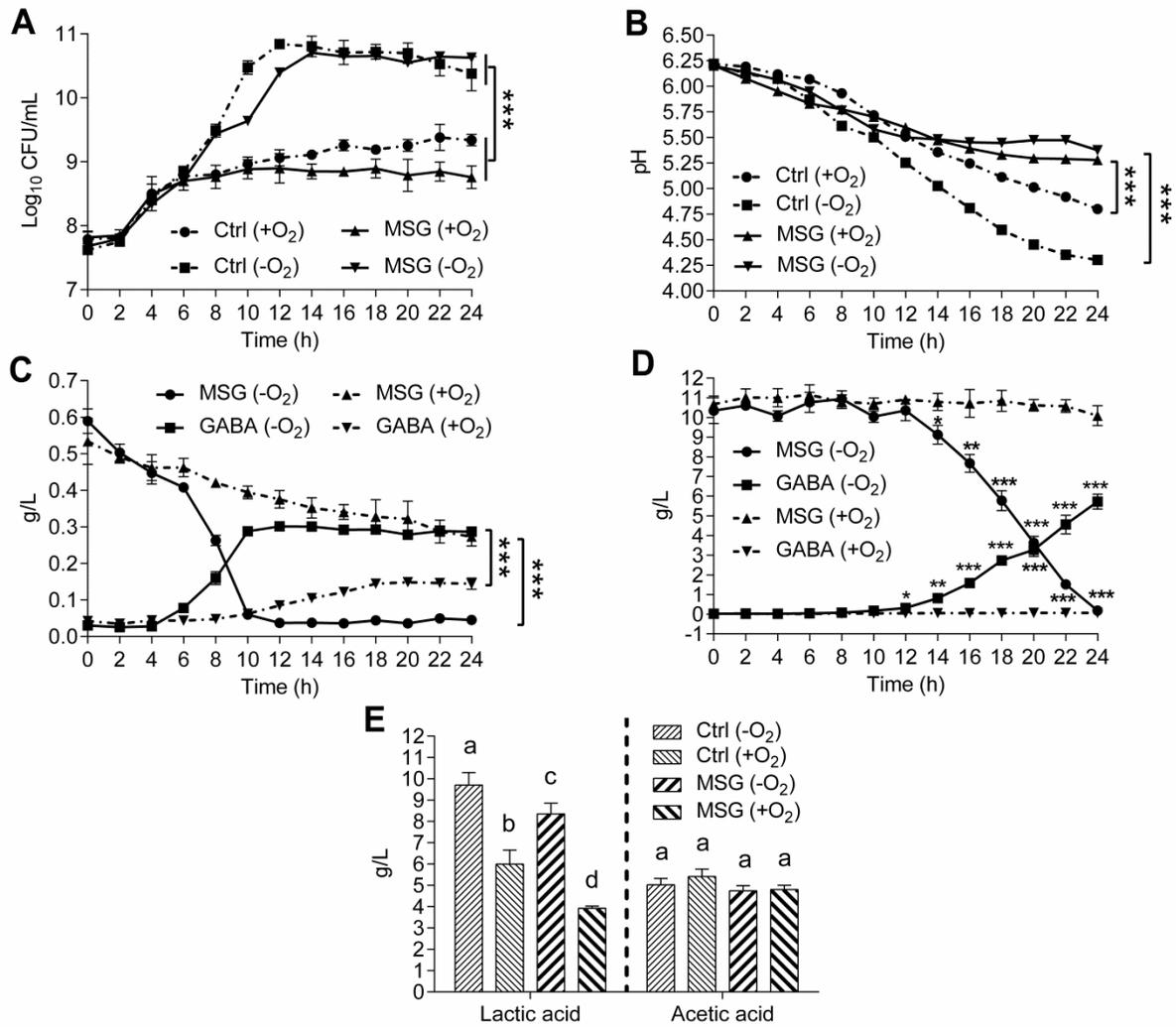
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Fig. 1. Wu et al.

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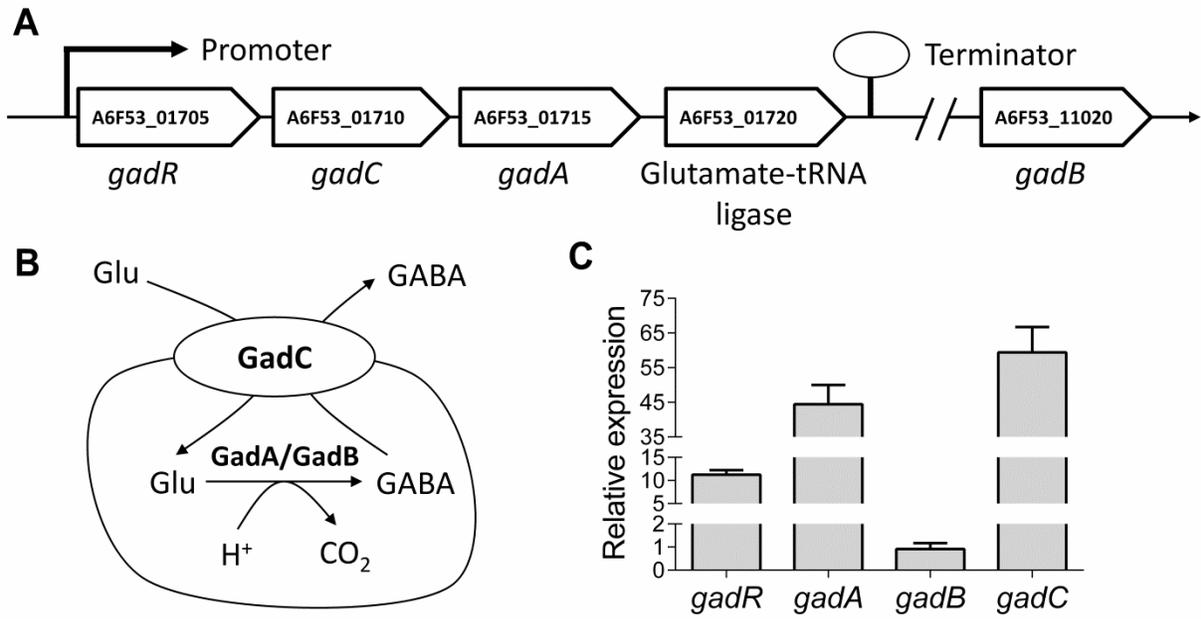
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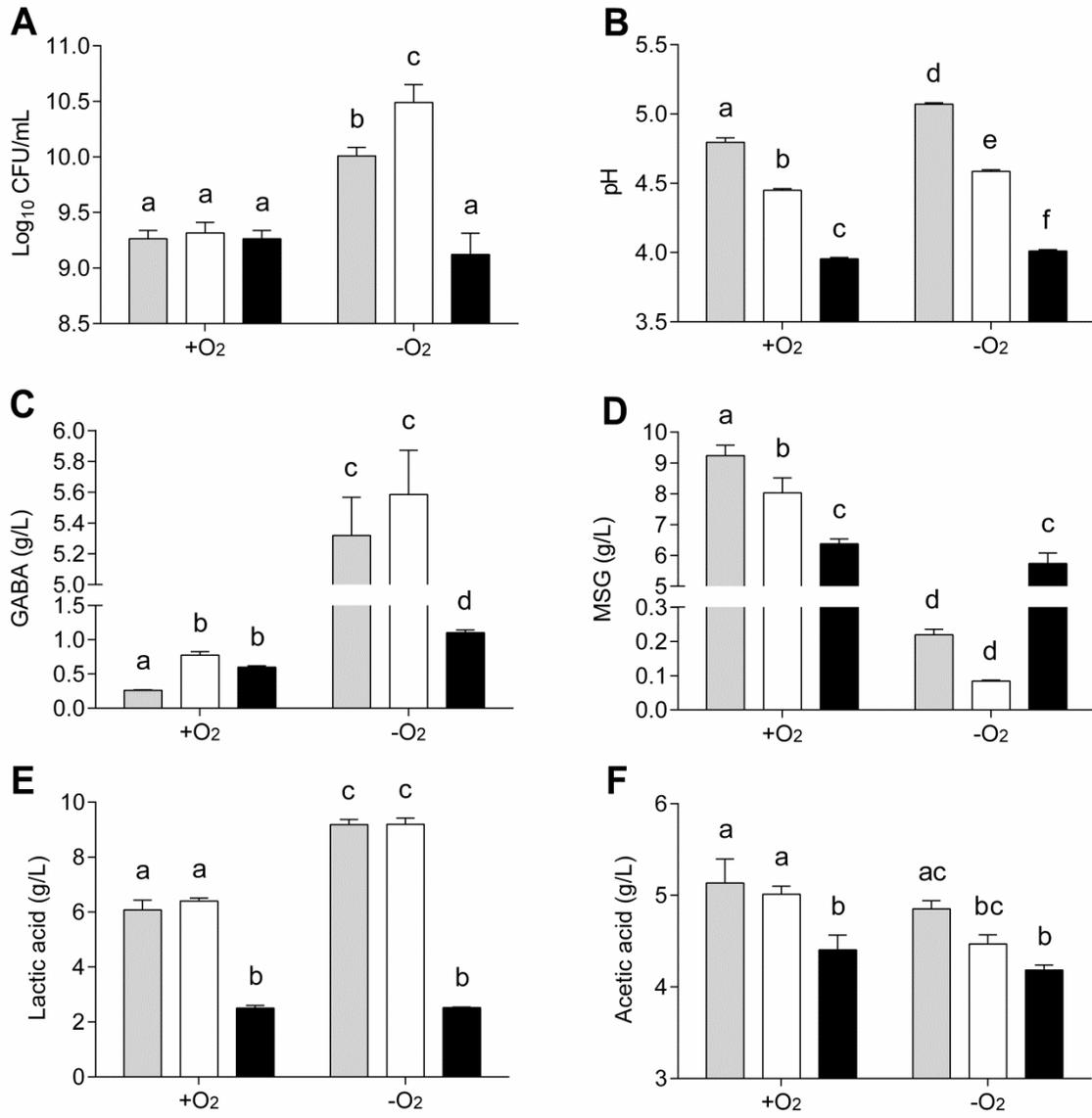
Fig. 2. Wu et al.



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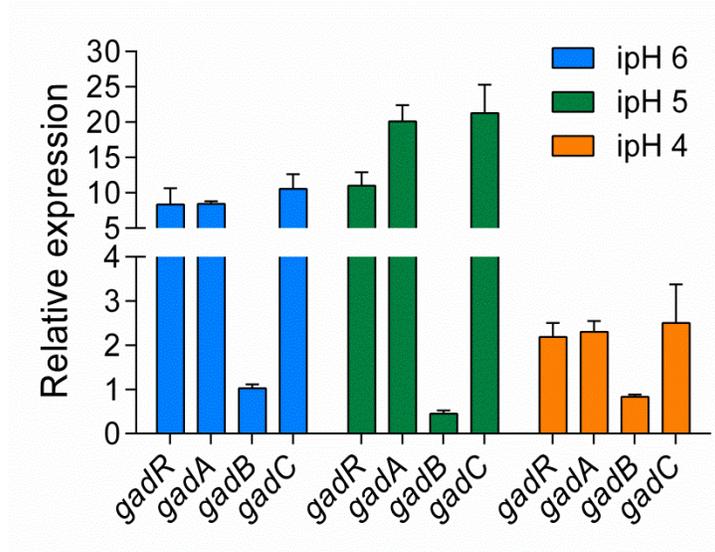
**Fig. 3.** Wu et al.



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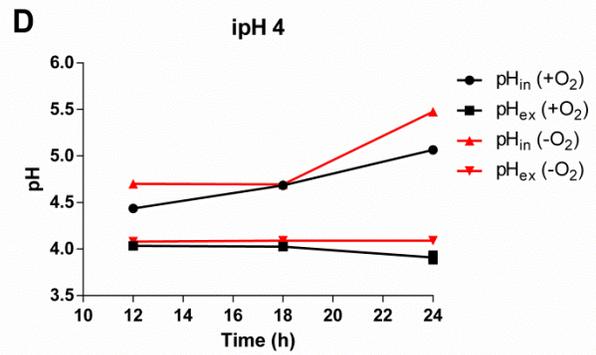
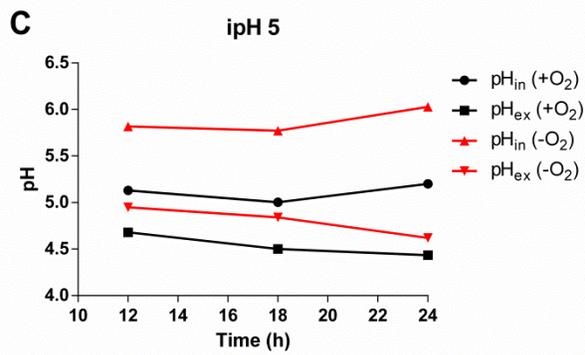
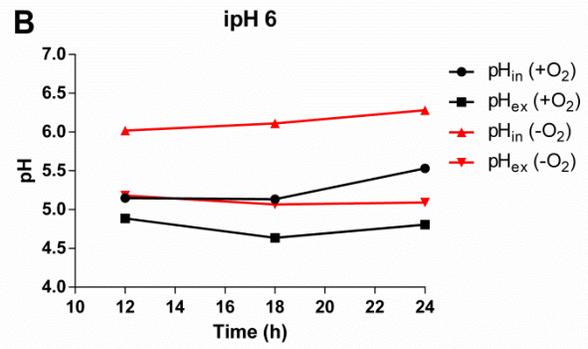
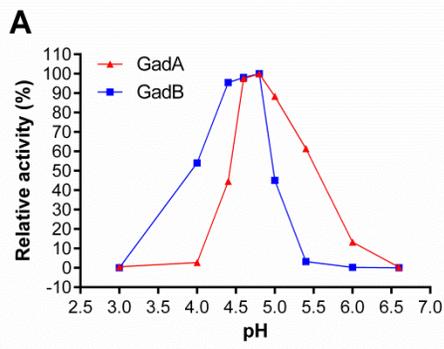
**Fig. 4.** Wu et al.



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Fig. 5. Wu et al.



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Fig. 6. Wu et al.