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Morphine Induces Albuminuria by Compromising Podocyte Integrity

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Abstract

Morphine has been reported to accelerate the progression of chronic kidney disease. However, whether morphine affects slit diaphragm (SD), the major constituent of glomerular filtration barrier, is still unclear. In the present study, we examined the effect of morphine on glomerular filtration barrier in general and podocyte integrity in particular. Mice were administered either normal saline or morphine for 72 h, then urine samples were collected and kidneys were subsequently isolated for immunohistochemical studies and Western blot. For in vitro studies, human podocytes were treated with morphine and then probed for the molecular markers of slit diaphragm. Morphine-receiving mice displayed a significant increase in albuminuria and showed effacement of podocyte foot processes. In both in vivo and in vitro studies, the expression of synaptopodin, a molecular marker for podocyte integrity, and the slit diaphragm constituting molecules (SDCM), such as nephrin, podocin, and CD2-associated protein (CD2AP), were decreased in morphine-treated podocytes. In vitro studies indicated that morphine modulated podocyte expression of SDCM through opiate mu (MOR) and kappa (KOR) receptors. Since morphine also enhanced podocyte oxidative stress, the latter seems to contribute to decreased SDCM expression. In addition, AKT, p38, and JNK pathways were involved in morphine-induced down regulation of SDCM in human podocytes. These findings demonstrate that morphine has the potential to alter the glomerular filtration barrier by compromising the integrity of podocytes.

Introduction

Morphine, a metabolite of heroin, is the main stay of pain management after surgery, angina, myocardial infarction, and trauma [1]. However, heroin has also been one of the main drugs abused for addiction, and has significantly contributed to morbidity and mortality since the early 1990s in the United States [2,3,4,5].

Morphine has been reported to exert a bimodal effect on the growth of kidney fibroblasts and glomerular mesangial cells [6,7,8,9,10]. Intravenous opiate addiction has also considered a risk factor for the development of human immunodeficiency (HIV)-associated nephropathy [11,12]. Johnson et al reported that morphine administration altered the microprojections on podocytes [13]. We also reported earlier that morphine promoted glomerular epithelial cell proliferation at lower concentration while triggered apoptosis at higher concentration [8]. We demonstrated that morphine-induced alteration in epithelial cell phenotype was mediated by alteration of hemoxygenase (HO)-1 activity; however, in these studies, we did not study any loss of visceral epithelial cell (podocyte) markers in response to morphine [8]. Thus, the present study not only provides data on the effect of morphine on visceral epithelial cells (podocytes) in vivo, but also examines the effect of morphine on the markers of visceral epithelial cell integrity.

As the major constituent of glomerular filtration barrier (GFB), slit diaphragm (SD) plays an important role in the prevention of glomerular protein leakage both in physiological and in pathological states. SD consists of proteins specifically expressed by podocytes, such as nephrin, podocin, CD2-associated protein (CD2AP), and synaptopodin [14]. On that account, the podocyte is considered the key cell contributing to the development of albuminuric kidney diseases. Decrease of nephrin and podocin has been shown to be linked with albuminuria and progressive renal disease [15,16]. Whether morphine impairs the SD constituting molecules (SDCM) has yet to be studied.

In the present study, we evaluated the effect of morphine on glomerular filtration barrier in general and podocyte integrity in particular. We showed that morphine-receiving mice not only developed albuminuria but also displayed attenuated expression of SDCM in human podocytes. We also demonstrated that morphine-induced loss of podocyte integrity through loss of slit...
diaphragm associated molecules is mediated by reactive oxygen species (ROS) generation. These findings provide a basis to support the hypothesis that morphine-induced direct impairment of podocytes contributes to kidney disease.

**Materials and Methods**

**Reagents**

Morphine pellets were obtained from National Institute on Drug Abuse (Bethesda, MD, USA). For in vitro study, morphine was dissolved in normal saline, stored at a concentration of 10⁻¹ M, and used in concentrations of 10⁻¹⁰ to 10⁻⁶ M. [D-Pro²]-Enkephalin (DDPDE), [D-Ala², N-Me-Phe⁴, Gly⁵-ol]-Enkephalin (DAMGO), 2-(3,4-Dichlorophenyl)-N-methyl-N-(p-tolyl)acetamide hydrochloride (LPK26) were obtained from Sigma Aldrich (St. Louis, MO). 10×1012, Exocell), respectively, following the instruction of the manufacturer. Morphine and Podocyte Injury

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**Figure 1. Opiate receptors are expressed in human podocytes.** Total RNAs were prepared from human podocytes (labeled as P1, P2), and were used for RT-PCR to detect the expression of delta opiate receptor (DOR), kappa opiate receptor (KOR), and mu opiate receptor (MOR). RNAs from human fetal brain (B) were used as positive control. GAPDH was used as internal control.

**Immunofluorescent microscopy**

Immunofluorescent microscopy was performed as previously reported [18]. Briefly, the kidneys were perfused in situ and then fixed with fresh 4% PFA and stored at −80°C. Subsequently, paraffin sections (4 μm) were prepared and de-paraffinized in xylene and re-hydrated through graded concentrations of alcohol. Epitope retrieval was carried out by heating the samples at 98°C for 2 h in Retrieval™-1 (Signet Laboratories, Inc.). Subsequently, cooled samples were permeabilized with 0.3% Triton X-100 for 10 min, and were blocked with 2% BSA in 0.1% triton X-100 for 1 h at room temperature. Sections were then incubated with primary antibodies overnight at 4°C, followed by Alexa Fluor secondary antibodies (Invitrogen, 1:800), donkey anti-rabbit IgG Alexa Fluor 488, donkey anti-goat IgG Alexa Fluor 594, goat anti-mouse IgG Alexa Fluor 488, or goat anti-rabbit IgG Alexa Fluor 568, for 1 hour at room temperature. Primary antibodies included rabbit anti-Mu/Kappa/Delta opiate receptors (Abcam, 1:200), rabbit anti-synaptopodin (Santa Cruz, 1:100), mouse anti-CD2AP antibodies (Santa Cruz, 1:3000) and then developed using Alexa Fluor 488, donkey anti-goat lgG Alexa Fluor 594, goat anti-rabbit lgG Alexa Fluor 568, or goat anti-mouse lgG Alexa Fluor 488, for 1 hour at room temperature. Primary antibodies included rabbit anti-Mu/Kappa/Delta opiate receptors (Abcam, 1:200), rabbit anti-synaptopodin (Santa Cruz, 1:100), mouse anti-8-OhDGA (Santa Cruz, 1:100). All antibodies were diluted in 0.1% Triton X-100, 2% BSA in PBS. Cells were then counterstained with DAPI to identify nuclei (Sigma-Aldrich). Morphological changes were visualized and captured with a ZEISS microscope (Carl Zeiss Microlmaging GmbH, Jena, Germany) equipped with a digital imaging system.

**Western blot analysis**

Cells were rinsed twice with PBS and lysed by M-PER Protein Extraction Buffer (Pierce, Rockford, IL) containing 1× protease inhibitor cocktail (Roche Diagnostics, Indianapolis, IN). Proteins (20–30 μg) were separated by 10% SDS-polyacrylamide gel electrophoresis (PAGE) and then transferred to an Immuno-Blot polyvinylidene fluoride (PVDF) membrane (Bio-Rad, Hercules, CA). After blocking in PBS/Tween (0.1%) with 5% nonfat milk, the membrane was incubated with primary antibodies overnight at 4°C followed by horseradish peroxidase-conjugated secondary antibodies (Santa Cruz, 1:3000) and then developed using Enhanced Chemiluminescent (ECL) solution (Pierce). Primary antibodies included rabbit anti-neprin (Santa Cruz, 1:1000), goat anti-synaptopodin (Santa Cruz, 1:1000), mouse anti-CD2AP (Santa Cruz, 1:1000), rabbit anti-podocin (Sigma, 1:200), goat anti-actin (Santa Cruz, 1:1000), rabbit anti-phospho-JNK (Cell
Intracellular ROS measurement

Human podocytes were differentiated in 96-well plates for 7 days as mentioned above, and were then cultured in serum free medium for 12 h. Subsequently, $10^{-10}$ to $10^{-6}$ M morphine was added. After incubation for another 12 h, intracellular ROS was determined by analyzing the fluorescence intensity of the intracellular fluoroprobe 2, 7-dichlorofluorescin (DCFH) (Molecular probe, Carlsbad, CA, USA), following the manufacturer’s instructions.

Electron Microscopic (EM) studies

Mice in groups of five were administered either normal saline or morphine. Kidneys were harvested and fixed in glutaraldehyde and embedded in EPON. Thin sections were cut and reviewed and examined under a transmission microscope. All the EM sections were reviewed in a blinded fashion. Pictures from each kidney were acquired in a double blind manner using sample numbers without the identity of the mouse.

Statistical analyses

Data were presented as means ± standard deviation (SD) unless otherwise noted. All experiments were repeated at least three times with duplicate or triplicate samples in each assay. All data were evaluated statistically by the analysis of variance (ANOVA), followed by Newman-Keuls multiple comparison tests using software (Prism 4.0, GraphPad Software). In the case of single mean comparison, data were analyzed by t test. P values $<0.05$ were regarded as statistically significant.

Figure 2. Opiate receptors are expressed in mouse podocytes. Paraffin sections were prepared from 2-month-old mice kidneys, and immunofluorescence staining was performed to detect the expression of opiate receptors. Nephrin was used as a marker of podocytes. doi:10.1371/journal.pone.0055748.g002

Figure 3. Morphine administration leads to albuminuria. Two-month old mice were administered with either normal saline or morphine by subcutaneous implantation of a 75-mg slow-release morphine pellet. After 72 h urine was collected, and the amount of albumin (A) and albumin/creatinine ratio (B) were determined. doi:10.1371/journal.pone.0055748.g003
Figure 4. Morphine-receiving mice display alterations in SD molecules and effacement of foot processes of podocytes. A. Two-month-old mice were administrated either normal saline or morphine for 3 days. Frozen sections were prepared for immuno-fluorescence staining. B. Kidneys were homogenized, and the tissue lysates were subjected to Western blot to detect the changes of nephrin and synaptopodin. C–D. Quantification of the expression of nephrin (C) and synaptopodin (D), and the results (mean ± SD) represent three independent samples. E. A representative microphotograph from transmission electron microscopy studies. Foot processes are well delineated and are not fused in the control, while they are fused (effaced) in morphine-receiving mice. The scale bar is 500 nm. Mag. 270,000X. doi:10.1371/journal.pone.0055748.g004

Figure 5. Morphine decreases podocyte expression of SD molecules. A. Differentiated human podocytes were treated with 10^{-8} or 10^{-6} M morphine for 24 h, and the cell lysates were collected for Western blots. B–E. Quantification of the expression of nephrin (B), synaptopodin (C), CD2AP (D), and podocin (E) in A, and the results (mean ± SD) represent three independent samples. * p<0.05 compared with control (0 M). doi:10.1371/journal.pone.0055748.g005
Results

Classic opiate receptors are present on podocytes

Opiate receptors (ORs) have been reported to express in kidney mesangial cells [6], but their expression in podocytes has not been studied. Therefore, we examined the expression of ORs in podocytes. In *in vitro* study, we conducted RT-PCR analysis by using human podocytes as the RNA source. The results revealed high level expression of KOR and MOR in human podocytes, but the expression of DOR was barely detectable (Fig. 1). To confirm this observation in *in vivo* studies, we performed immunofluorescence staining of mouse kidney sections. Both KOR and MOR were highly expressed in kidney, and they were colocalized with podocyte marker nephrin; while no DOR expression was found in podocyte (Fig. 2). These results demonstrate that podocytes display expression of KOR and MOR only.

Morphine treatment leads to acute albuminuria

It has been reported that chronic morphine treatment leads to glomerulopathy particularly proteinuria [5]. To examine the effect of morphine on podocytes, we treated the mice with high dose morphine as described in Materials and Methods. Three days after the treatment, mouse urine samples were collected, and total albumin and albumin/creatinine ratio were determined. The histology in Periodic acid-Schiff (PAS)-stained mouse kidney sections was also examined. Although we didn’t find obvious differences between the control and treatment groups in the histology (data not shown), we did observe that high dose morphine treatment significantly increased both total albumin and albumin/creatinine ratio in the urine (Fig. 3). These results suggest that morphine treatment directly impairs the blood urine barrier.

Morphine treatment compromises podocyte integrity

To determine the effect of morphine on podocytes, we performed immunofluorescent staining of mouse kidney sections and immunoblotting studies of the kidney lysates. Morphine attenuated the expression of podocyte specific molecules such as synaptopodin and nephrin (Fig. 4, A–D). *In vitro* study also showed that morphine treatments decreased the protein expression of SDCMs in human podocytes (Fig. 5). Transmission electron microscopy of the mouse kidney sections showed that morphine administration increased the podocyte foot process effacement (Figure 4E). These results indicate that morphine treatment may compromise podocyte integrity.

Morphine mediates alterations in podocyte SDCMs via MOR and KOR

Weber *et al.* reported that morphine affects mesangial cells mainly via KOR but not MOR [6]. To determine the receptors involved in podocytes, we stimulated human podocytes with OR-specific agonists. Western blot results revealed that both KOR-specific agonist LKD26 and MOR-specific agonist DAMGO decreased the expression of SDCMs, while DOR-specific agonist DPDPE did not show this function (Fig. 6). These results indicate that morphine-induced alterations in podocyte SDCM occurred via both KOR and MOR.

Morphine induces podocyte DNA damage through ROS generation

Our group and others have demonstrated that ROS is a significant contributing factor for podocyte injury and for the progression of chronic kidney disease [8,19,20]. ROS has also been shown to damage SD [21,22,23]. To examine the effect of morphine on intracellular ROS production, the fluorescence intensity of the intracellular fluoroprobe (DCFH) was evaluated. Results showed that ROS generation was significantly increased in
morphine-treated cells as compared with unstimulated cells (Figure 7). Morphine increased ROS generation in a dose-dependent manner (Figure 7A).

To determine the effect of morphine-induced ROS generation on oxidative DNA damage in the podocyte, we carried out immunofluorescent staining of podocytes for 8-hydroxyguanine (8-OHdG), a molecular marker of oxidative damage to DNA, in morphology-receiving mice. Morphine-receiving mice displayed increased positive staining of 8-OHdG in podocytes (Figure 7C).

To test the effect of oxidative stress on SDCMs, aliquots of variable concentrations of hydrogen peroxide (H2O2) were added to the media of human podocytes for 24 h. Western blot studies revealed that H2O2 decreased SDCMs expression in a dose-dependent manner (Figure 8). To further confirm these observations, podocytes were pre-treated with either superoxide dismutase or catalase and then incubated in media containing H2O2. As shown in Figure 9, pretreating the human podocytes with SOD or catalase significantly attenuated morphine-induced compromise of SDCMs. Taken together, these data suggest that morphine-induced ROS generation may be a contributor to the decrease of SDCMs.

AKT, JNK, and p38 pathways are involved in opioid-induced podocyte injury

Several kinases, including AKT, JNK, Erk1/2 and p38 have been implicated in podocyte injury and the progression of chronic kidney diseases (CKD) [6,15,24,25,26]. A transcription factor, signal transducer and activator of transcription 3 (STAT3), has also been reported to regulate HIV-induced podocyte proliferation [24]. To examine the involvement of these kinases and factors in morphine-induced down-regulation of SDCMs, we first evaluated the phosphorylation of these proteins. We treated the human podocytes with morphine, and collected the cell lysates at different time points for Western blot studies. Results showed that morphine stimulation significantly activated AKT, JNK, and p38 at early time points (Fig. 10), while neither Erk1/2 nor STAT3 could be activated by morphine at any time point (data not shown). We also used KOR- and MOR-specific agonists, LKD26 and DAMGO, to stimulate the human podocytes, and the same activation results with morphine were observed (data not shown). These results suggest that morphine down-regulates SDCMs via AKT, JNK, and p38, but not Erk1/2 or STAT3.

To further examine the role of activation of AKT, JNK, and p38 in morphine-induced down-regulation of SDCMs, the expression of SDCMs was measured in podocytes treated with morphine in the presence or absence of LY294002, an inhibitor of PI3/AKT, SP600125, an inhibitor of JNK, or SB203580, an
Figure 8. \( \text{H}_2\text{O}_2 \) decreases podocyte expression of SD molecules. A. Human podocytes were treated with 1, 10, or 50 \( \mu \text{M} \) \( \text{H}_2\text{O}_2 \) for 24 h, and the cell lysates were collected for Western blots. B–E. Quantification of the expression of nephrin (B), synaptopodin (C), CD2AP (D), and podocin (E) in A, and the results (mean ± SD) represent three independent samples. * \( p < 0.05 \), ** \( p < 0.01 \) compared with control (0 \( \mu \text{M} \)).

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Figure 9. SOD and catalase attenuate morphine-induced decrease of podocyte expression of SD molecules. A. Human podocytes were pretreated with SOD or catalase for 1 h before 10\(^{-6}\) M morphine was added. After another 24 h incubation at 37°C, the cell lysates were collected for Western blot. B–E. Quantification of the expression of nephrin (B), synaptopodin (C), CD2AP (D), and podocin (E) in A, and the results (mean ± SD) represent three independent samples. * \( p < 0.05 \), # \( p < 0.05 \) compared with blank control, while \( \# \) \( p < 0.05 \) compared with morphine treatment alone.

doi:10.1371/journal.pone.0055748.g009
inhibitor of p38. As presented in Figure 11, all these inhibitors partially attenuated morphine-induced down-regulation of SDCMs. These results indicate that AKT, JNK, and p38 pathways are involved in the regulation of morphine-induced impairment of SDCMs.

**Discussion**

Morphine has been reported to cause kidney cell injury in both *in vitro* and *in vivo* studies [7,8,9,10,11,12]. In the current study, we observed that administration of morphine contributed to albuminuria which appeared to be glomerular in origin and a consequence of the loss of slit diaphragm integrity [27]. Both *in vivo* and *in vitro* data confirmed that morphine inflicted podocyte injury in the form of attenuated expression of SDCMs (Figure 4 and 5); these findings further confirmed that loss of integrity of SD contributed to albuminuria in morphine-receiving mice. Since these SDCMs are actin-associated molecules, the reduced level of expression of these molecules by morphine may change the actin cytoskeleton organization. Transmission electron microscopy of the mouse kidney sections showed effacement of podocyte foot process in morphine-receiving mice (Figure 4E), which might be due to the change of the actin cytoskeleton organization. However, further studies are needed to explore this aspect.

In previously reported studies, morphine has been demonstrated to exert bimodal effects (both apoptosis and proliferation) on glomerular epithelial cells [8]; however the role of opiate receptors was not evaluated in these studies. In the current study, we found that KOR and MOR, but not DOR, were expressed in both human and mouse podocytes (Figures 1 and 2). We also found that stimulating either KOR or MOR in podocytes could activate related kinases and down-regulate SDCMs. To our knowledge, this is the first report on the opiate receptors in podocytes. Weber
et al reported that although both KOR and MOR were expressed in glomerular mesangial cells, only KOR played the function to activate STAT3 and led to the proliferation and glomerulopathy [6]. These findings indicate that podocytes behave differently from mesangial cells in morphine milieu.

Oxidative stress is a common cause of cellular injury. Several investigators have demonstrated that enhanced ROS generation leads to aluminuria by damaging SD components [21,28,29]. Morphine has been demonstrated to stimulate the production of superoxide by macrophage and mesangial cells [22,23]. As we previously reported, generation of ROS induces apoptosis of rat glomerular epithelial cells [8]. Here we also found that morphine increased ROS generation in human podocytes in a dose-dependent manner (Figure 7A). Addition of H2O2 to the media decreased the expression of SDCMs (Figure 8), while free radical scavengers prevented this damaging effect of morphine (Figure 9). All these findings strongly suggest the role of ROS in morphine-induced down-regulation of SDCMs. One potential possibility is that ROS induced injury hampers the expression of SDCMs. Further investigation into the detailed underlying mechanisms need to be carried out in future studies.

Investigating the kinase or transcription factor pathways involved in morphine-induced kidney injury may provide insight into new potential targets for therapy. STAT3, Akt and mitogen-activated protein (MAP) kinases, including ERK1/2, JNK, and p38, have been implicated in podocyte injury and the progression of chronic kidney diseases (CKD) [6,14,24,25,26]. All these kinases or transcription factors may also be activated by morphine in various cells [6,30,31]. We examined the effect of morphine on the activation of these kinases and factors in podocytes. Our results revealed that morphine stimulated the phosphorylation of AKT, JNK and p38 (Figure 10), but could not activate Erk1/2 or STAT3 (data not shown). These observations were further confirmed by the use of KOR and MOR specific agonists on human podocytes in morphine milieu (data not shown).

Takano et al reported that activation of AKT suppressed the expression of nphrin [32]; Ikuzumi et al claimed that activation of JNK or p38 decreased the expression of nphrin and podocin, while inhibiting these kinases restored their expressions [33]. Consistent with these reports, we also found that inhibiting AKT, JNK, and p38 could partially prevent the morphine-induced decrease of SDCMs (Figure 11), indicating the regulation of these three kinases in morphine-induced SD damage.

In conclusion, we have demonstrated that morphine has the potential to directly impair the SDCMs in podocytes, which will contribute to acute kidney injury. The effects of morphine on podocytes are mediated through both MOR and KOR. These impairments are through generation of ROS, and are regulated by AKT, JNK, and p38 pathways. Our study provides insight into new mechanisms involved in morphine-induced podocyte damage, and highlights some new therapeutic targets for morphine induced kidney injury.

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**Author Contributions**

Conceived and designed the experiments: XL MAS PCS RL PWM. Performed the experiments: XL NC PR RL PWM. Analyzed the data: MH KC AM JTC KG. Contributed reagents/materials/analysis tools: MAS PWM. Wrote the paper: XL PCS.

**References**


