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<th>Quark-hadron phase transitions in the viscous early universe</th>
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In the standard hot big bang theory, when the Universe was about 1–10 μs old, the cosmological matter is conjectured to undergo quantum chromodynamics (QCD) phase transition(s) from quark matter to hadrons. In the present work, we study the cosmological quark-hadron phase transition in two different physical scenarios. First, by assuming that the phase transition would be described by an effective nucleation theory (prompt first-order phase transition), we analyze the evolution of the relevant cosmological parameters of the early universe (energy density ρ, temperature T, Hubble parameter H, and the scale factor a) before, during, and after the phase transition. To study the cosmological dynamics and the time evolution, we use both analytical and numerical methods. The case where the Universe evolved through a mixed phase with a small initial supercooling and monotonically growing hadronic bubbles is also considered in detail. The numerical estimation of the cosmological parameters, a and H for instance, shows that the time evolution of the Universe varies from phase to phase. As the QCD era turns to be fairly accessible in the high-energy experiments and the lattice QCD simulations, the QCD equation of state is very well defined. In light of these QCD results, we develop a systematic study of the crossover quark-hadron phase transition, and an estimation for the time evolution of the Hubble parameter during the crossover.

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I. INTRODUCTION

According to the standard model of cosmology, as the Universe extremely expanded and cooled down, it is likely to expect that the cosmological background matter should undergo a series of symmetry-breaking phase transitions, at which various topological defects may have formed. The study of phase transition from quark-gluon plasma (QGP) to hadrons in the early universe dates back to about three decades ago [1–5]. A first-order phase transition in various scenarios is assumed to take place [6]. In one scenario, it has been suggested that QGP thermodynamically condensates into a hadron gas. In the second scenario, it is conjectured that the Universe was being supercooled and an out-of-equilibrium nucleation of hadron bubbles in the QGP surrounding should take place. In the third scenario, it has been argued that the phase transition took place in accompany with a small supercooling. Apparently, the coexistence of hadrons and QGP is accessible after the nucleation. The latter would generate fluctuations in the isothermal baryon density i.e., inhomogeneity and therefore can lead to drastic astrophysical consequences. From Yang-Mills theory, we have learned a lot about the kinetics and order of the phase transition [7]. The lattice QCD is a reliable method describing the strongly interacting matter for the whole temperature range starting from very low temperatures (ground state) to very high temperatures (perturbative QCD). Recently, a remarkable discovery of the QGP properties has been achieved in the heavy-ion collision program [8–11]. The QGP is likely a strongly correlated phase with finite bulk and shear viscosity.

A first-order phase transition is proceeded by bubble nucleation and rapid expansion. When at least 4 – n of these bubbles collide, where n = 0, 1, 2, an n-dimensional topological defect may form in the region between them [12]. Recent lattice QCD calculations for two quark flavors suggest that QCD reliably describes a transition at $T_c \sim 173$ MeV [13]. It is neither first nor second order. With increasing temperature there is a rapid change in all thermodynamic quantities. This phase transition, which could have occurred in the early universe, could lead to the formation of relic quark-gluon plasma objects, which still survive today. It will be elaborated below, that the order of the phase transition strongly depends on the mass and flavor of the quarks.

As given above, studying the first-order quark-hadron phase transition in the early universe has a long history. It can be characterized as follows [12]. As the color deconfined QGP cools down below $T_c$, it becomes energetically favorable to form color confined hadrons (primarily the...
lightest Goldstone bosons, the pions, and a tiny amount of neutrons and protons, due to the conserved net baryon number). However, the new phase does not show up immediately. A characteristic feature of the first-order phase transition is that a part of the supercooling is needed to overcome the energy expense of forming the surface of the bubble and the new hadron phase. When a hadron bubble is nucleated, latent heat is released, and a spherical shock wave expands into the surrounding supercooled QGP. This reheats the plasma to the critical temperature, preventing further nucleation in a region passed by one or more shock fronts. Generally, the bubble growth is described by deflagrations with a shock front preceding the actual transition front. The nucleation stops, when the whole universe has reheated to \( T_c \). This part of the phase transition passes very fast, in about 0.05 \( \mu \) sec, during which the cosmic expansion is totally negligible. After that, the hadron bubbles grow at the expense of the quark phase and eventually percolate or coalesce. When neglecting the possibility of the quark nugget production, the transition is assumed to stop, when all QGP has been converted to hadrons.

Depending on the numerical values of the parameters, both deflagrations and detonations can appear. The hadron bubbles can nucleate at very large distance scales, and the phase transition may be completed without reheating to the critical temperature. During the low temperature phase in the phase transition, the bubble can grow as a supersonic deflagration consisting of a Jouguet deflagration followed by a rarefaction wave. The velocity of the supersonic deflagration varies between the sound and light velocities \([14]\). The small-scale effects of finite wall width and surface tension have been incorporated in a numerical code, also including both the complete hydrodynamics of the problem and a phenomenological model for the microscopic entropy production mechanism at the phase transition surface \([15]\). The decaying droplets leave behind no rarefaction wave, so that any baryon number inhomogeneity generated previously should survive the decay.

The nucleation of bubbles, the collisions of shock fronts preceding the bubble, the arrestation of the bubble growth by the reheating, the condensation of the baryon number and the resulting density perturbations after a first-order phase transition through the mixed phase have been studied in a scenario with small initial supercooling and monotonically growing hadronic bubbles \([12]\). The growth of bubbles after the initial nucleation event in the \textit{generic} first-order cosmological phase transitions, which is characterized by the latent heat \( L \), the interface tension \( \sigma \), and the correlation length \( \xi \) and is driven by a scalar order parameter \( \phi \), has been considered in Ref. \([16]\). The mean distance of the nucleation \( d_{\text{nuc}} \) in a first-order cosmological quark-hadron phase transition has been introduced in Ref. \([17]\). For a homogeneous nucleation \( d_{\text{nuc}} \leq 2 \text{ cm} \). On the other hand, the impurities can lead to heterogeneous nucleation, with \( d_{\text{nuc}} \) of several meters. The latter value could change the outcome of the big bang nucleosynthesis. The study of the hydrodynamics of the disconnected quark regions during the final stages of the cosmological quark-hadron transition has been carried out in Ref. \([18]\). It has been shown that a self-similar solution likely exists. The inclusion of the relativistic radiative transfer produces significantly different results. Furthermore, it enables the formation of high density regions at the end of the drop evaporation \([19]\). The linear stability analysis of the relativistic detonation fronts, representing the phase interface in first-order phase transitions, has been performed in Ref. \([20]\). The strong detonations are evolutionary and stable with respect to the corrugations of the front. Moreover, Chapman-Jouguet detonations appear to be unconditionally linearly stable. Taking into account the simultaneous effects of the baryon number flux suppression at the phase interface, the entropy extraction by means of the particles having long mean free paths and baryon diffusion shows that significant baryon number concentrations, up to densities above that of nuclear matter, represent an inevitable outcome within this scenario \([20]\).

The abundance and size distribution of the quark nuggets formed a few microseconds after the big bang due to a first-order QCD phase transition have been estimated in Ref. \([21]\). The evolution and the collision of slow-moving true vacuum bubbles are examined in Ref. \([22]\). The comoving bubble walls prevent the formation of extra defects, and may lead to an increase of any primordial magnetic field. Within an effective model of QCD, the quark-hadron phase transition was studied in Ref. \([23]\). In a reasonable range of the parameters of the model, bodies with a quark content between \( 10^{-2} \) and \( 10M_\odot \) could have been formed in the early universe. A significant amount of entropy is released during the transition. The density fluctuations amplified by the vanishing sound velocity effect during the quark-hadron phase transition could lead to QGP lumps decoupled from the expansion, which rapidly transform to quark nuggets \([24]\). The inhomogeneous nucleation, as a new mechanism for the cosmological QCD phase transition, was proposed by Ignatius and Schwatz \([25]\). In this model the typical distance between bubble centers is of the order of a few meters. The resulting baryon inhomogeneities may affect the primordial nucleosynthesis.

Recent lattice QCD simulations turn to be able to provide an accurate tool to study—among others—the thermodynamics of the strongly interacting matter. The critical temperature \( T_c \) was a subject of different lattice QCD simulations \([26–32]\). We know so far that for two quark flavors \((n_f = 2)\) the transition is second order or rapid crossover and \( T_c \approx 173 \pm 8 \text{ MeV} \). For \( n_f = 3 \), we have a first-order phase transition and \( T_c \approx 154 \pm 8 \text{ MeV} \). For \( n_f = 2 + 1 \) i.e., two degenerate light quarks and one heavy strange quark, the transition is again crossover and \( T_c \approx 173 \pm 8 \text{ MeV} \). For the pure gauge theory,
$T_c \approx 271 \pm 2$ MeV and the deconfinement phase transition is first order. In all these lattice QCD simulations, the quark masses are much heavier than their physical values. With recent computational facilities and modern algorithms, it is now possible to use values very close to the physical masses. This raised the critical temperature, for instance, $T_c \approx 200$ MeV for $n_f = 2 + 1$. From this discussion, we conclude that the order of the phase transition can be either continuous or discontinuous. It depends—among others—on the quark flavors and their masses. The extreme conditions in the early universe, like high temperatures, high densities, and out-of-thermal and out-of-chemical equilibrium, likely affect the properties of the partonic matter. Yet, we have no access to study this issue. Recent lattice QCD outputs have been used in [33] to work out the expansion law of the Universe during the cosmological quark-hadron transition. The cosmological behavior found using lattice data was compared with the one obtainable in case the transitions were first order. The differences between these two scenarios are too small to be tested with cosmological data, but the coming of the era of precision cosmology might open the possibility of testing the nature of the QCD transition by using cosmological data.

In the present work, we consider two cases. First, we assume that the phase transition is of first order. The cosmological evolutions during the quark and hadron phases are investigated in detail. The main cosmological parameters are obtained for each phase. The hadron fraction $h$, whose time evolution describes the conversion process, is an important parameter to describe the phase transition, and its expression is obtained in an analytical form. $h$ seems to behave as an order parameter. The second part of this study is devoted to an extension of previous works [34–40], in which we have applied the equations of state deduced from recent lattice QCD simulations at almost physical masses and more accurate lattice configurations in order to study the cosmology of the early universe. With the use of these equations of state we can study the evolution equations of the main physical parameters of the cosmological models. In light of these QCD results, we develop a systematic study of the crossover quark-hadron phase transition, and an estimation for the time evolution of the Hubble parameter during the crossover in the presence of bulk viscous effects.

This paper is organized in the following manner. In Sec. II, the background geometry and the gravitational field equations are written down, and the description of the viscous effects in different theoretical models is presented. In Sec. III, we lay down the equations of state and the relevant physical quantities, necessary for the discussion of the first-order quark-hadron phase transition. In Sec. IV we analyze in detail the dynamics of the Universe during first-order quark-hadron phase transition. The phase transition in the lattice QCD simulations and the heavy-ion collisions and the QCD equation of state (EoS) are discussed in Sec. V. The cosmological evolution of the Universe during the crossover in the presence of bulk viscous effects is analyzed in Sec. VI. The cosmological implications of our results are discussed in Sec. VII. We discuss and summarize our results in Sec. VIII.

In the present paper we use natural units with $c = \hbar = 1$, in which $8\pi G = 1/m_{\text{Pl}}^2 = 1.687 \times 10^{-43}$ MeV$^{-2}$, where $m_{\text{Pl}}$ is the "reduced" Planck mass. The "reduced" Planck time is given by $t_{\text{Pl}} = 1/m_{\text{Pl}} = 4.0 \times 1152 \times 10^{-42}$ MeV$^{-1}$.

II. GEOMETRY AND FIELD EQUATIONS

We assume that the early universe is filled with a bulk viscous cosmological fluid, and its geometry is given by a spatially flat Friedmann-Lemaître-Robertson-Walker metric

$$ds^2 = dt^2 - a^2(t)[dr^2 + r^2(d\theta^2 + \sin^2\theta d\phi^2)],$$

(1)

where $a(t)$ is the dimensionless scale factor, which describes the expansion of the Universe. At a vanishing cosmological constant, the Einstein gravitational field equations in the flat universe read

$$R_{ik} - \frac{1}{2} g_{ik} R = \frac{m_{\text{Pl}}^2}{T_{\text{eff}}} T_k^i.$$  

(2)

The energy-momentum tensor of the bulk viscous cosmological fluid filling the very early universe is given by [41]

$$T_k^i = (\rho + p + \Pi)u_k u^i - (p + \Pi)\delta_k^i,$$

(3)

where indices $i, k$ take discrete values 0, 1, 2, 3, $\rho$ is the energy density, $p$ is the thermodynamic pressure, $\Pi$ is the bulk viscous pressure, and $u_i$ is the four velocity, satisfying the normalization condition $u_i u^i = 1$. The particle and entropy fluxes are defined according to $N^i = nu^i$ and $S^i = sN^i - (\tau\Pi/2\xi T)u^i$, where $n$ is the number density, $s$ is the specific entropy, $T$ is the finite temperature, $\xi$ is the bulk viscosity coefficient, and $\tau$ gives the relaxation coefficient for the transient bulk viscous effect (i.e. the relaxation time), respectively. The evolution of the cosmological fluid is subject to obeying the dynamical laws of the particle number conservation $N'_i = 0$ and Gibbs’ equation $Td\rho = d(\rho/n) + pd(1/n)$ [41]. In the following, we shall also suppose that the energy-momentum tensor of the cosmological fluid is conserved, i.e., $T_{ik}^\gamma = 0$, where $; \gamma$ denotes the covariant derivative with respect to the metric.

The bulk viscous effects can generally be described by means of an effective pressure $\Pi$, formally included in the effective thermodynamic pressure $p_{\text{eff}} = p + \Pi$ [41]. Then in the comoving frame the energy-momentum tensor has the components $T_0^0 = \rho$, $T_1^1 = T_2^2 = T_3^3 = -p_{\text{eff}}$. For the line element given by Eq. (1), the Einstein field equations read
where the Hubble parameter $H = a(t)/a(t)$ is the Hubble parameter. Expressions (4) and (5) lead to a generic expression for the time evolution of $H$: \[ \dot{H} = -\frac{1}{2m_{\text{Pl}}^2}(\rho + p + \Pi). \] (6)

From the field equations or with the use of the conservation of the energy-momentum tensor, we obtain the following equation (Bianchi identity), relating the time variation of the energy density to the Hubble parameter: \[ \dot{\rho} + 3(\rho + p_{\text{eff}})H = 0. \] (7)

In order to solve the field equations, we necessarily need an equation of state and an estimation for the bulk viscous $\Pi$, characterizing the viscous properties of the matter in the expanding universe.

**A. Eckart relativistic viscous fluid**

The first attempts at creating a theory of relativistic fluids were those of Eckart [42] and Landau and Lifshitz [43]. These theories are now known to be pathological in several respects. Regardless of the choice of the equation of state, all equilibrium states in these theories are unstable and in addition signals may be propagated through the fluid at velocities exceeding the speed of light $c$ violating the causality principle. These problems arise due to the nature of the first order of this theory [review Eq. (9)], that it considers only the first-order deviations from the equilibrium leading to parabolic differential equations, because of the infinite speeds of propagation for the heat flow and viscosity, which contradicts the principle of causality. Conventional theory is thus applicable only to phenomena which are quasistationary, i.e., slowly varying on space and time scales characterized by mean free path and mean collision time.

The Eckart theory can be applied on modelling the cosmic background fluid as a continuum with a well-defined average 4-velocity field $u^\alpha$ where $u^\alpha u_\alpha = -1$. The vector number density $n^\alpha = nu^\alpha$ can be estimated, when unbalanced creation/annihilation processes take place; $n_0^\alpha = 0$. This apparently means that \[ \dot{n} + 3Hn = 0, \] (8)

where the Hubble parameter $H = u^\alpha_\alpha$. In the case of a viscous fluid, the entropy current, \[ S^\alpha = snu^\alpha, \] (9)

is no longer conserved. The covariant form of second law of thermodynamics is $S^\alpha_{;\alpha} \geq 0$, and the divergence of entropy current is given by $TS^\alpha_{;\alpha} = -3H\Pi$. This is another feature of Eckart’s theory. It violates the second law of thermodynamics.

The evolution of the cosmological fluid is subject to the dynamical laws of particle number conservation $N^i_\alpha = 0$ and Gibbs’ equation $T\dot{\rho} = d(p/\rho) + p\dot{(1/\rho)}$. Then, from the Gibbs equation, the covariant entropy current can be obtained as

\[ \Pi = -3\xi H. \] (10)

This is a linear first-order relationship between the thermodynamical flux $\Pi$ and the corresponding force $H$. Substituting in Eq. (6) results in

\[ \dot{H} = -\frac{1}{2m_{\text{Pl}}^2}(\rho + p - 3\xi H). \] (11)

**B. Israel-Stewart relativistic viscous fluid**

A relativistic second-order theory was introduced by Israel and Stewart [44,45], and further developed by Hiscock and Lindblom [46] through the extended irreversible thermodynamics. In this model, the deviations from equilibrium (bulk stress, heat flow and shear stress) are treated as independent dynamical variables, resulting in 14 dynamical fluid variables to be determined. The causal thermodynamics and its role in general relativity are reviewed in Ref. [41]. A general algebraic form for $S^\alpha$ including a second-order term in the dissipative thermodynamical flux $\Pi$ [44,45] reads

\[ S^\alpha = snu^\alpha + \beta \Pi^2 \frac{u^\alpha}{2T}, \] (12)

where $\beta$ is a proportionality constant.

For the evolution of the bulk viscous pressure, we adopt the causal evolution equation [41] obtained in the simplest way (linear in $\Pi$) to satisfy the $H$-theorem (i.e., for the entropy production to be non-negative, $S^i_\alpha = \Pi^2/\xi T \geq 0$) [44,45]. According to the causal relativistic IS theory, the evolution equation of the bulk viscous pressure reads [41]

\[ \tau \Pi + \Pi = -3\xi H - \frac{1}{2} \tau\Pi \left(3H + \frac{\tau}{\tau} - \frac{\xi}{\xi} - \frac{T}{T} \right). \] (13)

where $\tau$ is the relaxation time. In order to have a closed system from Eqs. (4), (7), and (13), we have to take into consideration equations of state for the pressure $p$, the temperature $T$, and the relaxation time $\tau$, respectively.

**III. FIRST-ORDER QUARK-HADRON PHASE TRANSITION**

In this section, we outline the relevant thermodynamic quantities of the quark-hadron phase transition, which will be used in the following sections. Note that the scale of the cosmological QCD transition is given by the Hubble radius $R_H$ at the transition: $R_H \sim m_{\text{Pl}}/T_c^2 \sim 10$ km, where $T_c$ is
the critical temperature. The mass inside the Hubble
volume is \( \sim 1M_\odot \). The expansion time scale is \( 10^{-5} \) s, which
should be compared with the time scale of QCD, \( 1 \text{ fm}/c \approx 10^{-23} \) s. Even the rate of the weak interactions exceeds the
Hubble rate by a factor of \( 10^7 \). Therefore, in this phase the
photons, the leptons, the quarks and the gluons (or pions)
are lightly coupled and may be described as a single,
adiabatically expanding fluid [17].

At high temperatures \( T > T_c \), the baryon number density
\( n_B \) may be defined as \( n_B = (1/3) \sum (n_q - n_{\bar{q}}) \), where
\( n_q(n_{\bar{q}}) \) is the number density of a specific quark (antiquark)
flavor, and the sum is taken over all quark flavors. In
utilizing these relations, it is apparent that QGP matter
is assumed to be characterized as an ideal gas. At \( T < 1 \) GeV
only the \( u, d, \) and \( s \) quarks contribute significantly. At low
temperatures \( T < T_c \), the baryon number density is defined as
\( n_B = \sum n_b - n_{\bar{b}} \), with the summation extended over
all baryon species \( b \). In order to study the quark-hadron
phase transition it is necessary to specify EoS of the matter,
in both quark and hadron state. Giving an equation of state
is equivalent to give the pressure as a function of the
temperature \( T \) and chemical potential \( \mu \).

At high temperatures the quark chemical potentials are
equal, because of the weak interactions which apparently
keep them in chemical equilibrium, and the chemical
potentials for leptons are assumed to vanish. Thus the
chemical potential for a baryon is defined by \( \mu_B = 3\mu_q \).
The baryon number density of an ideal Fermi gas of
three quark flavors is given by \( n_B \approx T^2 \mu_B/3 \), leading to
\( \mu_B/T \sim 10^{-9} \) at \( T > T_c \). At low temperatures \( \mu_B/T \sim 10^{-7} \).
Therefore the assumption of a vanishing chemical
potential at the phase transition temperature in both quark
and hadron phase represents an excellent approximation
for the study of EoS of the cosmological matter in the early
universe. In addition to the strongly interacting matter we
assume that in each phase there are present leptons and
relativistic photons, satisfying equations of state similar
to that of hadronic matter [12].

### A. Thermodynamic parameters of the quark
and hadron matter

The equation of state of the ideal gas in QGP phase can
generally be given in the form

\[
\rho_q = 3a_q T^4 + V(T),
\]

(14)

\[
p_q = a_q T^4 - V(T),
\]

(15)

where \( V(T) \) is the self-interaction potential.
\( a_q = (\pi^2/90)g_q \), with \( g_q = 16 + (21/2)N_F + 14.25 = 51.25 \)
and \( N_F = 2 \). As given in Ref. [23], the self-interaction
potential reads

\[
V(T) = B + \gamma_T T^2 - \alpha_T T^4,
\]

(16)

where \( B \) is the bag constant, \( \alpha_T = 7\pi^2/20 \), and
\( \gamma_T = m_s^2/4 \), with \( m_s \) is the mass of the strange quark
\( \in (60-200) \) MeV. The form of the potential \( V \) corresponds
to a physical model in which the quark fields are interact-
ing with a chiral field formed with the \( \pi \) meson field and a scalar field. If the temperature effects can be ignored, EoS
in the quark phase takes the form of the Massachusetts
Institute for Technology bag model equation of state, \( p_q = (\rho_q - 4B)/3 \). The results obtained in the low energy hadron
spectroscopy, the heavy-ion collisions and the phe-
nomenological fits of the light hadron properties give an
estimation for \( B^{1/4} \). It ranges between 100 and 200 MeV
[47].

In the hadron phase, we assume that the cosmological
fluid is consisting of an ideal gas of massless pions and
nucleons described by the Maxwell-Boltzmann statistics.
The energy density \( \rho_h \) and pressure \( p_h \) can be, respectively,
approximated by

\[
p_h(T) = \frac{1}{3} \rho_h(T) = a_\pi T^4,
\]

(17)

where \( a_\pi = (\pi^2/90)g_h \) and \( g_h = 17.25 \). For the entropy
densities \( s(T) = dp/dT \) in the two phases, we obtain

\[
s_q(T) = -2\gamma_T T + 4(a_q + \alpha_T)T^3,
\]

(18)

\[
s_h(T) = 4a_\pi T^3.
\]

(19)

The critical temperature \( T_c \) is defined by the condition
\( p_q(T_c) = p_h(T_c) \) [12], and is given, in the present
model, by

\[
T_c^2 = \frac{\gamma_T + \sqrt{\gamma_T^2 + 4(a_q + \alpha_T - a_\pi)B}}{2(a_q + \alpha_T - a_\pi)}.
\]

(20)

For \( m_s = 200 \) MeV and \( B^{1/4} = 200 \) MeV, the transition
temperature is of the order of \( T_c \approx 125 \) MeV. According to
the first order of the phase transition, all the
physical quantities, like the energy density, pressure and
entropy, exhibit discontinuities across the critical curve. At
the critical temperature, the ratios of the relevant physical
quantities, the energy, and the entropy density, respec-
tively, are given by

\[
\frac{\rho_q(T_c)}{\rho_h(T_c)} = 4a_q T_c^4 - p_q(T_c) = 4a_q T_c^4 - p_h(T_c)
\]

\[
= 3a_\pi T_c^4
\]

(21)

and

\[
\frac{s_q(T_c)}{s_h(T_c)} = \frac{\gamma_T a_\pi + (a_q + \alpha_T)\sqrt{\gamma_T^2 + 4(a_q + \alpha_T - a_\pi)B}}{a_\pi(\gamma_T + \sqrt{\gamma_T^2 + 4(a_q + \alpha_T - a_\pi)B})}.
\]

(22)

respectively. For \( m_s = 200 \) MeV and \( B^{1/4} = 200 \) MeV,
the ratios \( \rho_q(T_c)/\rho_h(T_c) \), given by Eq. (21), and
\( s_q(T_c)/s_h(T_c) \), given by Eq. (22), equal 3.62 and 4.628,
respectively. So far, we conclude that the energy density
and entropy suddenly decrease to nearly one-fifth of its value, when the system undergoes a first-order phase transition at $T_c$. According to the first-law of thermodynamics, the entropy $s$ can be expressed in terms of the pressure $p$ and the energy density $\rho$, so that at vanishing chemical potential $\mu$, $sT = p + \rho$. It is apparent that the sudden decrease in $\rho$ nearly equals the decrease in $s$, at fixed $T$ and slightly changing constant $p$. If the temperature effects in the self-interaction potential $V$ are neglected, $\alpha_T = \gamma_T \approx 0$, then from Eq. (20), we obtain the well-known relation between the critical temperature and the bag constant, $B = (g_q - g_h)\pi^2 T_c^4/90$ [12].

IV. DYNAMICS OF THE UNIVERSE DURING THE QUARK-HADRON PHASE TRANSITION

The quantities to be traced through the quark-hadron phase transition are the energy density $\rho$, the temperature $T$ and the scale factor $a$. These quantities are determined by the gravitational field Eqs. (4) and (7) and by the equations of state (15)–(17). We shall consider now the evolution of the Universe before, during and after the phase transition.

A. Cosmological evolution in the quark phase (prior to the quark-hadron phase transition)

Before the phase transition, at $T > T_c$, the Universe is likely in the partonic phase. With the use of the equations of state of the quark matter, and of the Bianchi identity, Eq. (7), the time evolution of the scale factor can be written in the form

$$H(T) = \frac{\dot{a}}{a} = -\frac{3a_q - \alpha_T T}{3a_q} - \frac{1}{6} \frac{\gamma_T T^3}{a_q},$$

and can be integrated to give the following scale factor-temperature relation:

$$a(T) = a_0(T/T_0)^{\alpha_T/3a_q^{-1}} \exp\left[\frac{1}{12} \frac{\gamma_T}{a_q T_0^2} \left(\frac{T_0}{T}\right)^2 - 1\right].$$

where $a_0$ is the initial value of the scale factor corresponding to the temperature $T = T_0$ of the Universe, $a(T_0) = a_0$. In Fig. 1, the variation of the scale factor of the Universe during the quark phase is presented as a function of the temperature $T$. Because of the expansion of the Universe the temperature is decreasing with the increase in the comoving time $t$. Therefore the scale factor $a$ increases with the decreasing $T$. The exact numerical values of $a(t)$ strongly depend on the initial $T_0$ value.

In order to have an analytical insight into the evolution of the cosmological quark matter, we consider the simple case in which the temperature corrections can be neglected in the self-interaction potential $V$. In this case $V = B = \text{constant}$, and EoS of the quark matter is given by the bag model equation of state, $p_q = (\rho_q - 4B)/3$. Thus, Eq. (7) can immediately be integrated to give the following simple scale factor-temperature relation:

$$\frac{a(T)}{a_0} \approx \frac{T_0}{T}.$$  

FIG. 1 (color online). The dependence of the scale factor $a$ of the temperature $T$ during the quark phase for $T_0 = 250$ MeV. The $a-T$ relation is almost independent on the mass $m_s$ of the strange quark.

Hence the presence of a temperature-dependent potential term $V(T)$ in the quark matter EoS drastically modifies the scale factor-temperature relationship. The same result can be obtained by taking $\alpha_T = \gamma_T = 0$ in Eq. (24).

With the use of Eq. (23) and from the gravitational field equations, we obtain an expression describing the evolution of the temperature of the Universe in the quark phase, given by

$$\frac{dT}{dt} = -\frac{3T^3}{\sqrt{3}m_p} \left(\frac{3a_q - \alpha_T}{3a_q}\right)^2 + B.$$  

The variation of the temperature in the quark phase is presented, for different values of the bag constant $B$, in Fig. 2. The temperature dependence of the Hubble parameter during the quark-gluon phase is represented, for different values of the bag constant $B$, in Fig. 3.

B. Cosmological dynamics during the first-order quark-hadron phase transition

During the quark-hadron phase transition, the temperature and the pressure are constants, $T = T_c$ and $p = p_c$, respectively. The entropy $S = sa^3$ and the enthalpy $W = (\rho + p)a^3$ are conserved quantities. The energy density $\rho(t)$ decreases from $\rho_q(T_c) \approx \rho_Q$ to $\rho_h(T_c) \approx \rho_H$. At the critical temperature $T_c = 125$ MeV, we have $\rho_Q \approx 5 \times 10^9$ MeV$^4$ and $\rho_H \approx 1.38 \times 10^9$ MeV$^4$, respectively. The value of the pressure of the cosmological fluid during the phase transition is $p_c \approx 4.6 \times 10^8$ MeV$^4$. Following [12], it is convenient to replace $\rho(t)$ by the volume fraction of matter in the hadron phase

$$\rho(t) = \rho_H h(t) + \rho_Q[1 - h(t)] = \rho_Q[1 + nh(t)].$$  

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where $n = (\rho_H - \rho_Q)/\rho_Q$ is the relative density and $t$ is the comoving cosmological time. It is obvious that at the beginning of the quark-hadron phase transition, the quantity $h(t_c)$ vanishes, where $t_c$ is the time corresponding to the beginning of the phase transition and $\rho(t_c) = \rho_Q$. At the end of the quark-hadron transition, $h(t_h) = 1$, where $t_h$ is the time at which the phase transition ends corresponding to $\rho(t_h) = \rho_H$. At $t > t_h$, the Universe enters in the hadronic phase.

From Eq. (7), we obtain an expression for the Hubble parameter

$$H = -\frac{1}{3} \frac{(\rho_H - \rho_Q)\dot{h}}{\rho_Q + \rho_c + (\rho_H - \rho_Q)h} = -\frac{1}{3} \frac{\varepsilon \dot{h}}{1 + \varepsilon h},$$

where $\dot{h}$ denotes the time derivative of the hadron fraction parameter $h$, which can be utilized as an order parameter.

As given above, the quark-hadron phase transition ends up, when the value of $h(t)$ reaches 1. Then, the time $t_h$ at which the phase transition ends reads

$$t_h = t_c + 2 \sqrt{\frac{\varepsilon}{3(\varepsilon - n)\rho_Q}} \text{sech}^{-1} \left( \sqrt{\frac{n(e + 1)}{n - \varepsilon}} \right).$$

At the end of the phase transition the scale factor of the Universe has the value, Eq. (30)

$$a(t_h) = a(t_c)(e + 1)^{-1/3}.$$

The variation of the hadron fraction given by Eq. (32), as a function of the dimensionless time parameter $\chi = \sqrt{\rho_Q t_{\text{pt}}}$ is represented, for different values of the parameter $\varepsilon$ and for $n$ fixed in Fig. 4. The hadron fraction apparently gives an estimation for hadrons formed inside QGP. Having the expressions of $h(t)$ and $\dot{h}(t)$, the analytical forms for both $H$ and $a$ can be directly obtained. It is
From Eqs. (36) and (37), the Hubble parameter reads

\[ H(T) = \frac{\sqrt{a_\pi}}{m_{\text{Pl}}} T^2, \]

\[ H(t) = \frac{1}{m_{\text{Pl}} T_c^{-2} + (2\sqrt{a_\pi}/m_{\text{Pl}})(t - t_h)}. \]

straightforward to show that the Hubble parameter during the phase transition can be expressed as

\[ H = \frac{1}{\sqrt{3m_{\text{Pl}}}} \sqrt{(1 + nh(t))P_0}. \]

The variation of the dimensionless Hubble parameter \( H_0 = Hm_{\text{Pl}}/\sqrt{P_0} \) is represented, as a function of the dimensionless parameter \( \chi = \sqrt{P_0m_{\text{Pl}}}t \) for \( n = -0.74 \) and different values of \( \varepsilon: \varepsilon = -1/4 \) (solid curve), \( \varepsilon = -1/2 \) (dashed curve), \( \varepsilon = -3/4 \) (long-dashed curve), and \( \varepsilon = -1 \) (very long-dashed curve), respectively.

C. Cosmological evolution in the hadronic phase (post quark-hadron phase transition)

Finally, after the phase transition, the energy density of the pure hadronic matter is \( \rho_h = 3p_h = 3a_\pi T^4 \). The Bianchi identity Eq. (7) gives

\[ a(T) = a(t_h) \frac{T_c}{T}. \]
FIG. 8 (color online). Time evolution of the scale factor during the quark phase (solid line, quark-hadron phase transition (dashed line), and hadron phase (long-dashed line), respectively, for several values of the bag constant $B$: $B^{1/4} = 100$ MeV, $B^{1/4} = 200$ MeV, and $B^{1/4} = 250$ MeV. The numerical values of the scale factors raise with increasing $B$. The quark phase begins at $t = t_0 = 0$, when the value of the scale factor is given as $a_0 = a(t_0) = a(0) = 10^{-4}$. The assumed critical transition temperature is $T_c = 125$ MeV, the quark density is $\rho_Q = 5 \times 10^9$ MeV$^4$, while $\epsilon = -1/4$.

V. PHASE TRANSITION IN LATTICE QCD SIMULATIONS AND HEAVY-ION COLLISIONS

Before introducing the QCD EoS, it is useful to study the similarities between heavy-ion collisions and the early universe [5]. It is conjectured that the first-order phase transition, studied in Sec. III, might take place in the heavy-ion collisions and/or in lattice QCD simulations. Such a prompt transition seems to have fundamental astrophysical consequences. Its dynamics has been discussed in the previous section. Despite of the order of phase transitions, the QGP era seems not to be followed by an extreme expansion (inflation). This is apparently the case in heavy-ion collisions, because of the baryon number conservation and the limitation of baryon-to-photon ratio $(n_b - n_\gamma)/n_\gamma \sim 10^{-11}$ [48]. Therefore, $n_b - n_\gamma$ recently measured by the ALICE experiment at 7 GeV can be used to estimate the photon number density, $n_\gamma \approx 5.5 \times 10^4$, while in the CMB era, $n_\gamma \approx 411.4(T/2.73 \text{ K})$ cm$^{-3}$.

Furthermore, the QGP era seems to be the last symmetry-breaking era of strongly interacting matter. By symmetry breaking, we mean deconfinement and chiral symmetry breaking and/or restoring, respectively.

In an isotropic and homogeneous background, the volume of the Universe is directly related to the scale factor $a(t)$, where $t$ is the comoving time. Implementing a barotropic EoS for the background matter makes it possible to calculate—among others—the Hubble parameter $H(t) = a(t)/a(t)$. Focusing the discussion on QCD era of the early universe, which likely turns to be fairly accessible in high-energy experiments, the equation of state is very well defined. In Ref. [40], a viscous EoS for QGP matter has been introduced and different solutions for the evolution equation of $H$ have been worked out. The ratio of baryon density asymmetry to photon density, $\eta$, has been measured in WMAP data [48]. Then $n_p - n_\gamma$ from the ALICE experiment at 7 GeV can be used in order to estimate the photon number density, $n_\gamma \approx 5.5 \times 10^4$, while in the CMB era, $n_\gamma \approx 411.4(T/2.73 \text{ K})$ cm$^{-3}$.

In a comoving volume $V \sim a^3(t)$, the number density of noninteracting photons is supposed to remain constant. Therefore, $n_\gamma \sim 1/a^3(t)$. Nevertheless, when the Universe was expanding, $T$ decreases and $a^3(t)n_\gamma$ has to be affected. The previous values of $n_\gamma$ support this conclusion. There is a conserved quantity accompanying such a transition, namely, the entropy density $s$. In a perfectly closed system like the Universe, $s$ likely remains unchanged. From the first-law of thermodynamics [40] one can show that at vanishing chemical potential,

$$s(T) = \frac{P(T) + \rho(T)}{T} = \frac{a_1 + 1}{a_2} \rho(T)^{1-a_1},$$

implying that $s(T)$ is related to $\rho(T)^{1-a_1}$, where $a_1 = 0.319$, $a_2 = 0.718 \pm 0.054$, and $a_3 = 0.23 \pm 0.196$. This relation is valid at low energy, where the dominant degrees of freedom are given by hadron resonances. Baryon and boson relative abundances $(n(T) - \bar{n}(T))/(n(T) + \bar{n}(T))$ can be studied in hadron resonance gas. It is found that the abundance approaches $10^{-3}$. For instance, the kaon relative abundance is by about 1 order of magnitude higher than that of the proton. It is obvious that the abundances of the light elements ($^7\text{Li}$, $^4\text{He}$, $^3\text{He}$, and $^2\text{H}$) produced in the early universe are sensitive indicators of number density [49]. Recent lattice QCD calculations [50,51] give estimations for the equation of state, temperature, and bulk viscosity of hadronic and partonic matter at high temperatures.

As we will show below, the gravitational cosmological field equations, Eqs. (4) and (7), relate the cosmological parameters, like the Hubble parameter $H$ and the scale factor $a$, to the energy density $\rho$. Again, the barotropic equations of state for the thermodynamic parameters are standard in analyzing the viscous cosmological models, whereas the equation for $\tau$ is a simple procedure to ensure that the speed of viscous pulses does not exceed the speed of light.

Using this set of equations seems to define the validity of this treatment. Apparently, it depends on the validity of the equations of states, which we have derived from the lattice QCD simulations at temperatures larger than $T_c \approx 0.19$ GeV. Below $T_c$, as the Universe is cooled down, not only the degrees of freedom suddenly increase [52], but also the equations of state turn out to be the ones characterizing the hadronic matter. Such a phase transition—from QGP to hadronic matter—would characterize one end of the validity of our treatment. The other limitation is provided by the very high temperatures (energies), at which the strong coupling $\alpha_s$ entirely vanishes.
The lattice QCD simulations benefit from the rapid progresses achieved in computational facilities and algorithms. The accuracy of recent lattice results is comparable with the laboratory experiments. Currently, it is possible to perform lattice QCD simulations at almost physical quark masses. Recent results on QCD equations of states have been reported in [53]. It is apparent, that the influence of radiation and leptons on phase transition are minimized [54].

A. Equations of state of the viscous quark-gluon plasma

In this section, we give a list of barotropic equations of states deduced from the lattice QCD simulations [53] (an analytic crossover phase transition is obtained) and the quasiparticle model [55]. The latter is utilized when no lattice QCD results are available. Figure 9 depicts the pressure \(p\) in dependence on the energy density \(\rho\) in a wide range of temperatures, \(1/2 < T/T_c < 3\). Details on the lattice configurations are described in [53]. It is obvious that the (barotropic) pressure—energy density dependence is almost linear referring to the nature of the phase transition from hadrons to quarks and versa. This confinement-deconfinement phase transition seems to be smooth i.e., simply continuous and takes place very slowly. This kind of transitions is a very moderate than the second-order one. The nature of the phase diagram in lattice QCD has been discussed in [56]. In Fig. 9, the dashed line represents the fitting in the entire \(T\)-region. Ignoring the dip around \(T_c\), the results can be fitted as a power law,

\[
p(\rho) = \alpha_1 \rho^{\alpha_2},
\]

where \(\alpha_1 = 0.178 \pm 0.009\) and \(\alpha_2 = 1.119 \pm 0.011\), respectively. In the hadronic phase i.e., at temperatures \(< T_c\), the previous power law dependence seems to remain valid. Little changes appear in the parameters; \(\alpha_1 = 0.906 \pm 0.003\) and \(\alpha_2 = 1.03 \pm 0.04\). In the quark phase i.e., at temperatures \(> T_c\), the following polynomial

\[
p(\rho) = -\frac{1}{3} + \alpha_1 \rho^{\alpha_2},
\]

describes this barotropic equation of state, where \(\alpha_1 = 0.221 \pm 0.004\) and \(\alpha_2 = 1.072 \pm 0.005\).

Apparently, expressions (43) and (44) imply that the speed of sound drastically changes with the changes in the phases:

(i) hadron and quark phase: \(c_s^2 = \frac{\partial p}{\partial \rho} \approx 0.199 \rho^{0.119}\)

i.e., the speed of sound depends on the energy density. The latter has a nonmonotonic behavior when going from hadronic to partonic phases and versa.

(ii) in the hadron phase: \(c_s^2 \approx 0.098\),

(iii) in the quark phase: \(c_s^2 \approx 0.237\).

Figure 10 presents the barotropic dependence of \(T\) as calculated in lattice QCD. The relation can nicely be fitted by the polynomial

\[
T(\rho) = \beta_1 + \beta_2 \rho^{\beta_3},
\]

where \(\beta_1 = 0.123 \pm 0.004\), \(\beta_2 = 0.058 \pm 0.0038\), and \(\beta_3 = 0.39 \pm 0.013\). Again, the specific heat in the whole phase of hadrons and quarks seems to depend on the energy density, strongly

\[
c_V = \frac{\partial p}{\partial T} \sim 44.247 \rho^{0.61}.
\]
on various thermodynamic and transport properties [58], the bulk viscosity $\xi$ reads
\[ \xi(T) = \frac{g}{2\pi^2T} \int_0^\infty \frac{p^2 dp}{\epsilon_f^2} (1 + f_0) \left[ \frac{\epsilon^2}{3\epsilon} - \left( \epsilon - T \frac{\partial \epsilon}{\partial T} \frac{\partial \rho}{\partial p} \right) \right] \times \left[ 2T^2 \frac{\partial \Pi(T)}{\partial T^2} - \Pi(T) \right], \tag{47} \]
where $g$ is the degeneracy factor of quarks, gluons and their antiparticles. The function $f_0$ gives the distribution function $(\exp(\epsilon + 1) - 1)^{-1}$ of boson and fermion particles, respectively. The quantity $\epsilon = (\tilde{p}^2 + \Pi(T))^{1/2}$ stands for the effective dispersion relation of single particles. It depends on the particle mass $\Pi(T)$ which in turn varies with the effective coupling $G(T)$. Therefore, the effective coupling $G(T)$ plays an essential role in this model. It has to be adjusted to reproduce lattice QCD results. In top panel of Fig. 11, the bulk viscosity coefficient $\xi$ is given as a function of $T$. The results are fitted very well as
\[ \xi(T) = \ln \left( \frac{T - \gamma_1}{\gamma_2} \right) (\gamma_3 + \gamma_4(T - \gamma_3)^{\gamma_5}). \tag{48} \]
At high $T$, the fitting parameters are $\gamma_1 = 1.042 \pm 0.067$, $\gamma_2 = -0.0035 \pm 0.0059$, $\gamma_3 = -0.329 \pm 0.058$, $\gamma_4 = 25.666 \pm 1.521$, and $\gamma_5 = -0.367 \pm 0.0159$. At low $T$, the fitting parameters read $\gamma_1 = 0.801 \pm 0.595$, $\gamma_2 = -0.352 \pm 0.058$, $\gamma_3 = -0.350 \pm 0.174$, $\gamma_4 = 303.582 \pm 3.126$, and $\gamma_5 = 0.189 \pm 0.054$. In this region the exponent $\gamma_6 = 1$. In the high-$T$ region, $\gamma_6 = 6$.

Again, in quasiparticle model [55,57], the relaxation time reads
\[ \tau^{-1}(T) = \frac{a_\tau}{32\pi^2} T G^4(T) \ln \left( \frac{a_\tau \pi}{G^2(T)} \right), \tag{49} \]
where $a_\tau = 6.8$ [57]. The results are drawn in bottom panel of Fig. 11. Fitting of these results leads to
\[ \tau(T) = \delta_1 \ln \left( \frac{-\delta_2 T - \delta_3}{\delta_4} \right) \delta_5 \delta_6 T^{\delta_7}, \tag{50} \]
where $\delta_1 = 2.362 \pm 1.318$, $\delta_2 = -0.022 \pm 0.056$, $\delta_3 = -3.176 \pm 1.05$, $\delta_4 = 0.435 \pm 0.126$, $\delta_5 = 2.362 \pm 0.318$, $\delta_6 = 3$, and $\delta_7 = 1.25 \pm 0.12$.

From the two expressions (48) and (50), it is obvious that the barotropic relations of $\xi$ and $\tau$ are related to each other. Such a relation has been modeled by the projection operator method [59] as
\[ \tau = \frac{T}{(\frac{1}{\gamma_3' - c_s^2}) - \frac{2}{5}(\rho - 3p)}. \tag{51} \]
Furthermore, the bulk stress is to be related to the distribution function of relaxation time [60]. Such a dependence has to follow the causality principle and fit perfectly with the laws of thermodynamics [61]. The speed of sound $c_s^2 = \frac{\partial \rho}{\partial \rho}$ can be taken from the lattice QCD simulations [53]. The results of $c_s^2(T)$ are given in Fig. 12. Below $T_c$, the lattice results show a small peak. Remarkable work has been devoted to accurate its location and altitude. The results from the hadron resonance gas model are given, as well. Although the appearance of the peak, the disagreement is not to be neglected. With reference to the restricted causality principle, the nonmonotonic behavior of $c_s^2$ below $T_c$ would be explained in the light of:

(i) baryon and strange degrees of freedom which would play an essential role in reproducing $c_s^2(T, \mu_b)$, where $\mu_b$ is the baryo-chemical potential,
FIG. 12 (color online). The speed of sound $c_s^2 = \partial p/\partial \rho$ is drawn versus $T$ in the physical units. The symbols represent the results from lattice QCD calculations [53], using $p4$ action and temporal size $N_t = 8$. Below $T_c$, results from the hadron resonance gas model are given (solid curve on the left). The other two curves are fittings for lattice QCD data.

(ii) the interpolation of both entropy $s(T, \mu_h)$ and specific heat $c_v(T, \mu_h)$ which has been suggested to partly explain nonmonotonic behavior below $T_c$,

(iii) the condition(s) deriving the chemical and thermal freeze-out which would enlighten such a behavior,

(iv) the interactions between the constituents of the hadronic phase are conjectured which would be able to explain the nonmonotonic entropy and specific heat production, and

(v) the time-varying equation of state in the hadronic phase which refers to out-of-equilibrium processes, while their modification in thermal and dense matter would refer to symmetry changes.

B. Bulk Viscosity in the hadronic phase

The treatment of bulk viscosity in Hagedorn fluid has been studied in Ref. [39]. Such a fluid is conjectured to be composed of hadrons and resonances with masses $m < 2$ GeV. The treatment is based on the relativistic kinetic theory formulated under the relaxation time approximation. The in-medium thermal effects on bulk (and shear) viscosity and the averaged relaxation time with and without the excluded-volume approach are deduced. It has been suggested that the dynamics of the heavy-ion collisions, the nonequilibrium thermodynamics and the cosmological models, require thermo- and hydrodynamic equation(s) of state. When assuming vanishing chemical potential and the heat conductivity, the bulk viscosity in thermal medium reads

$$
\xi(T) = \frac{g}{2\pi^2} \frac{T}{\tau} \sum_i \rho(m_i) \int_0^\infty n_0(1 + n_0) \left( c_s^2 e_i^2 - \frac{1}{3} \beta^2 \right)^2 p^2 dp,
$$

where $\rho(m_i)$ is the Hagedorn mass spectrum $\rho(m)$, which implies growth of the hadron mass spectrum with increasing the resonance masses.

$$
\rho(m) = A(m_0^2 + m^2)^{3/4} \exp(m/T_H),
$$

with $k = -5$, $A = 0.5$ GeV$^{3/2}$, $m_0 = 0.5$ GeV, and $T_H = 0.195$ GeV. The number density $n_0$ is related to the deviation of energy-momentum tensor from its local equilibrium $\delta T^\mu_\nu$. Such a deviation is corresponding to the difference between the distribution function near and at equilibrium, $\delta n = n - n_0$. The latter can be determined by the relaxation time approximation with vanishing external and self-consistent forces [62,63]

$$
\delta n(p, T) = -\tau(T) \frac{p^\mu}{p \cdot \bar{u}} \partial_\mu n_0(p, T).
$$

The nonequilibrium number density $n(p, T)$ is to be decomposed using the relaxation time approach into $n = n_0 + n_1 + \cdots$. Alternatively, as $n(p, T)$ embeds the 1st-rank tensor $u$, $\delta T^\mu_\nu$ can be decomposed into $u$ in order to deduce its spatial components.

The relaxation time depends on the relative cross section as

$$
\tau(T) = \frac{1}{n_1(T)\langle v(T)\sigma(T)\rangle},
$$

where $v(T)$ and $n_1(T)$ is the relative velocity of two particles in case of binary collision and the density of each of the two species, respectively. The thermal-averaged transport rate or cross section is $\left\langle v(T)\sigma(T)\right\rangle$.

The ratio of bulk to shear viscosity, $\xi/\eta$, can be related to the speed of sound $c_s^2$ in a gas composed of massless pions. Apparently, there are essential differences between this system and the Hagedorn fluid. According to [64], the ratio of $\xi/\eta$ in $N = 2^+$ plasma is conjectured to remain finite across the second-order phase transition. In Hagedorn fluid, the system is assumed to be drifted away from equilibrium and it should relax after a characteristic time $\tau$. Should we implement a phase transition in Hagedorn fluid, then $\tau \propto \xi^z$, where $z$ is the critical exponent, which likely diverges near $T_c$.

C. Deconfinement and chiral phase transitions (crossover) in lattice QCD simulations

Remarkable advances have been made in studying the equilibrium properties of the phase transitions. Obviously, the phase transition is coupled with symmetry breaking and out-of-equilibrium. Therefore, it is natural to turn our attention to the consequences when the system is enforced to go through an out-of-equilibrium phase transition. Thermodynamically, the first- and second-order phase transitions are described by continuous first and second derivative of the free energy, respectively. The infinite order phase transition is also continuous. But it breaks
QUARK-HADRON PHASE TRANSITIONS IN THE VISCOUS ...

The crossover phase transition of lattice QCD simulations is likely a continuous one. An out-of-equilibrium state is reached when the system is deviated from its equilibrium state by applying an instantaneous perturbation. The system will relax to its equilibrium state by dissipating the energy transferred during the transition [66]. Relating the amplitude of this dissipation to the amplitude of fluctuations in equilibrium dates back to Einstein’s work on the Brownian motion in 1905. Lars Onsager established a hypothesis that the relaxation of a macroscopic nonequilibrium perturbation follows the same laws which govern the dynamics of fluctuations in equilibrium systems. In other words, the regression of microscopic thermal fluctuations at equilibrium follows the macroscopic law of relaxation of small nonequilibrium disturbances [67].

The lattice QCD simulations turn out to be an accurate tool to study—among others—the thermodynamics of the hadronic and partonic matter up to temperatures of couple $T_c$, the critical temperature $T_c$ [26–32]. For two quark flavors ($n_f = 2$), the phase transition is second order or a rapid crossover. $T_c \approx 173 \pm 8$ MeV. For $n_f = 3$, the phase transition is first order and $T_c \approx 154 \pm 8$ MeV. For $n_f = 2 + 1$, the transition is again crossover and $T_c \approx 173 \pm 8$ MeV. For the pure gauge theory, $T_c \approx 271 \pm 2$ MeV and the phase transition is first order. In all these lattice QCD simulations, the quark masses are heavier than their physical values. At physical masses, the critical temperature for $n_f = 2 + 1$ is $\approx 200$ MeV. Apparently, we conclude that the order of the deconfinement phase transition can be either first, or second or crossover (infinite). It depends on the quark flavors and their masses. The extreme conditions in the early universe likely affect the properties of the hadronic and partonic matter.

The chiral phase transition is assumed to accompany the deconfinement one, especially at vanishing chemical potential. It is expected that the restoration of the chiral symmetry breaking takes place in full-perturbative and nonperturbative QCD at high temperatures, if the matter is assumed to be exclusively built of light and strange quarks [68]. In perturbative QCD, the chiral symmetry is valid for massless quarks. It is entirely broken in the hadronic phase. It not yet completely clear what is the order of phase transition between hadronic and partonic QCD phases when the broken symmetry is restored at finite temperatures and densities. Different lattice QCD simulations, mainly referring to chiral condensate and chiral susceptibilities [69] indicate that the chiral phase transition is of the second order at vanishing chemical potential:

$$\text{SU}(n_f)_l \times \text{SU}(n_f)_r \rightarrow \text{SU}(n_f)_V.$$  (56)

The chiral condensate vanishes at the limit $m_q \rightarrow 0$ [70]. Below $T_c$, the chiral condensate entirely vanishes, as well. It is finite above $T_c$.

where $\ln Z$ is the partition function describing the system. The chiral perturbation theory proved to be a very important method in determining some essential observables in QCD, which are dominated at low temperature, such as the masses of pseudoscalar mesons, their decay constants and the chiral observables. It provides an explanation why pseudoscalar mesons are very light. The Goldstone theorem states that for each generator of a spontaneously broken symmetry, there exists a massless Goldstone boson $\phi$ with spin 0, and with symmetry properties that are related to those of the symmetry transformation. The Goldstone bosons of the chiral perturbation theory are just the pseudoscalar mesons. This can be utilized as a signature for the phase transition.

VI. DYNAMICS OF THE BULK VISCOUS QUARK-GLUON PLASMA FILLED UNIVERSE

In the following we consider the cosmological evolution of the viscous quark-gluon plasma filling the Universe in the framework of both Eckart and the full causal approaches to dissipative processes.

A. Evolution of the Hubble parameter in the Eckart model

Substituting the barotropic expressions (43), (45), and (48) in Eq. (11) and by assuming for the bulk viscous pressure the Eckart relation, given by Eq. (10), we obtain for the evolution of the Hubble parameter the equation

$$\langle \psi \bar{\psi} \rangle = -\frac{T}{V} \frac{\partial}{\partial m_q} \ln Z,$$  (57)

FIG. 13 (color online). The comoving time $t$ is drawn (solid curve) in dependence on the Hubble parameter $H$, Eq. (60). The background fluid is characterized by Eckart theory. The dotted curve gives the results when viscous QGP equation of state is implemented [34–38,71,72]. The dashed curve shows the results when the background geometry is assumed to be filled with an ideal gas. The Planck scale is given in physics units.
\[
\dot{H} + \frac{3}{2A} \left[ AH^2 + \alpha_1 A^\gamma_1 H^{2\gamma_2} - 3 \ln \left( \frac{\beta_2 A^\beta_1 H^{2\beta_1} - \gamma_1}{\gamma_2} \right) \gamma_2 \right] \times (\gamma_3 + \gamma_4 (\beta_2 A^\beta_1 H^{2\beta_1} - \gamma_3) \gamma_3) = 0, \tag{58}
\]
where \( A = 3/(8\pi G) \). As given in the introduction, the Planck units are given by this parameter, \( A = 1.778 \times 10^{37} \text{ GeV}^2 \). This differential equation can be solved, analytically, when assuming that
\[
H^{2\beta_1} = (\gamma_1 + \gamma_2)/\beta_2 A^\beta_1. \tag{59}
\]
Then, in terms of \( H \), the comoving time reads
\[
t = 2A \frac{\ln [-A(1 + \alpha_2 - 3\beta_2 \gamma_4) + 3(\gamma_3 - \gamma_4 \gamma_5)/H]}{9(\gamma_3 - \gamma_4 \gamma_5)}. \tag{60}
\]
Figure 13 shows the dependence of \( t \) on \( H \). It describes a universe, where its background fluid is characterized by Eckart theory. The three curves differentiate between different types of the background matter. A discussion about the effect of background matter is given in Sec. VII A. The collision-free and nonviscous background matter is given by the dashed curve. Solid and dotted curves describe the \( t - H \) relation when the background geometry is filled with viscous hadron-QGP and nonviscous QGP, respectively. At small \( H \) values, there are obvious differences between the latter types of matter and between them and the ideal matter. At large \( H \) values, the comoving time behaves very smooth with \( H \), although hadron-QGP results in larger \( t \) than QGP. In both of them, \( t \) is larger than in ideal matter.

### B. Evolution of the hubble parameter in the full causal approach

Comparing Eq. (51) with the expressions (48) and (50) makes it quite apparent to have a barotropic expression for the relaxation time \[ \tau = \xi/\rho, \]
i.e., the relaxation coefficient for the transient bulk viscous effect is referred to as the relaxation time.

With the use of Eqs. (43), (45), (48), and (13), respectively, we obtain the following equation describing the cosmological evolution of the Hubble parameter \( H \):

\[
H + \left( \frac{1}{2} - \frac{1}{4\pi} \right) - \frac{3\alpha_1}{4\pi} + \frac{3}{2\pi} \left[ \left( 4\gamma_3 + \beta_2 \gamma_4 \sqrt{6/H - 4\gamma_4 \gamma_5} \right) \ln \left( \frac{\beta_2 \sqrt{6/H - 4\gamma_4 \gamma_5}}{4\gamma_2} \right) \right]^{-1} H \frac{H H - \frac{H^2}{4\pi} + \frac{9}{4} \alpha_1 - 1} = 0. \tag{62}
\]

In obtaining this equation we have introduced a number of very tiny approximations. To the exponents \( \alpha_2, \beta_3, \) and \( \gamma_6 \) we have assigned the values, 1, 1/2, and 1, respectively. In order to derive an analytical solution for this Abel differential equation, we follow the procedure given in [37,71]. After some Algebra, it ends up with these two functions,

\[
g(H) = -\frac{4\pi H^{-1/4\pi}}{14\pi - 2 - 3\alpha_1 + 4\pi/\left[ \left( 4\gamma_3 + \beta_2 \gamma_4 \sqrt{6/H - 4\gamma_4 \gamma_5} \right) \ln \left( \frac{\beta_2 \sqrt{6/H - 4\gamma_4 \gamma_5}}{4\gamma_2} \right) \right]^\frac{1}{4\pi} \left[ 4(1 - 8\pi) \gamma_3 + 4(8\pi - 1) \gamma_5 \right]} \tag{63}
\]

\[
z(H) = \frac{H^{-1/4\pi}}{(4\pi - 1) \beta_2 \gamma_4^2 \gamma_4} \times \left[ 4\pi(1 - 8\pi) \gamma_3 + 4\pi(8\pi - 1) \gamma_5 + (\gamma_3 - \gamma_4 \gamma_5) \right] 
+ \beta_2 \gamma_4 \gamma_5 \left[ (4\pi - 2 - 3\alpha_1) \beta_2 \gamma_4 \right] H. \tag{64}
\]

which are plotted in Fig. 14. They play an essential role in deriving an analytical solution for Eq. (14). Approximating the parametric dependence of \( g(H) \) on \( z(H) \), Fig. 15, we get the linear dependence,

\[
g(z) \sim 0.192z. \tag{65}
\]

Then, from the definition of \( \Omega \), we simply derive

\[
\Omega = -H^{-1/4\pi} \dot{H}. \tag{66}
\]

In order to reduce this expression to the canonical equation of Abel type, we use the relation \( \Omega = \dot{z}/P \). Then from Eqs. (66) and (64), we obtain a first-order differential equation for \( H \),

\[
P \dot{H} = \frac{\beta_2 \gamma_4^2 \gamma_4}{H[4\pi(1 - 8\pi) \gamma_3 + 4\pi(8\pi - 1)(\gamma_4 \gamma_5 + (\gamma_3 - \gamma_4 \gamma_5) + \beta_2 \gamma_4 (4\pi - 1)(\sqrt{6\pi + (14\pi - 2 - 3\alpha_1) \beta_2 \gamma_4})]}. \tag{67}
\]
where $P$ is a free parameter. The solution simply reads
\[
t = \frac{(8\pi - 1)\beta_2\gamma_4 P}{\sqrt{6\pi + (14\pi - 3\alpha_1 - 2)\beta_2\gamma_4}H}.
\] (68)

The dependence of the cosmological comoving time $t$ on the Hubble parameter $H$ is graphically illustrated in Fig. 16. It is apparent that $t(H)$ is monotonic. The same dependence has been obtained, when assuming that the background matter is characterized as an ideal gas, $t = 2/(3\gamma H)$. All this is summarized in Fig. 16. Solid, dashed, and dotted curves represent the results for viscous hadron-QGP, viscous QGP, and ideal (nonviscous and collisionless) matter, respectively.

**VII. COSMOLOGICAL IMPLICATIONS**

Assuming that the background geometry is filled with Eckart relativistic viscous fluid, the comoving time $t$ is given as a function of the Hubble parameter $H$ in Eq. (60) and drawn in Fig. 13 (solid curve). The dotted curve gives the results when viscous QGP EoS is implemented [34–38,71,72]. The dashed curve draws the results when the background geometry is assumed to be filled with an ideal gas. In Fig. 16, another $t$-$H$ dependence is obtained

![FIG. 14 (color online). Parametric functions given in Eqs. (63) and (64) are depicted in dependence on $H$. This illustration gives an indication about the dependence of the function $g$ on the independent functional parameter $z$. Such a dependence is given in Fig. 15.](image1)

![FIG. 15 (color online). The parametric dependence of the function $g$ on the independent functional parameter $z$. Apparently, it has a nonmonotonic behavior. At $H$ values, where this study is valid, the dependence is apparently linear, $g(z) \propto z$.](image2)

![FIG. 16 (color online). The cosmological comoving time $t$ vs Hubble parameter $H$, Eq. (68), is graphically illustrated. The treatment of background matter is done by Israel-Stewart theory. The solid curve represents the results of present work, where the background matter is assumed to be characterized by viscous hadron and QGP. The dotted and dashed curves give the results when viscous QGP and an ideal (collisionless and nonviscous) gas, respectively, are assumed to fill the background geometry. Planck scale is given in physical units.](image3)
when assuming that the cosmological background is filled with Israel-Stewart relativistic viscous fluid. The solid
curve represents the results of present work, in which the background matter is assumed to be characterized by vis-
cous hadrons and QGP i.e., including phase transition(s). The same treatment is applied for viscous QGP and ideal
gas. The results are drawn by dotted and dashed curves, respectively.

Before discussing the potential cosmological implications, it is in order now to elaborate essential aspects. We
start with the phase transition in the early universe. The first-order phase transition has been discussed in Sec. III.
Section V was devoted to discuss the phase transition(s) as measured in lattice QCD simulations. Accordingly,
we conclude that the order of the confinement-deconfinement phase transition depends among others on the effective
degrees of freedom and the matter content (quark flavors, etc.) The results given in Figs. 13 and 16 illustrate the
effects of degrees of freedom (ideal gas, QGP, and hadron-
QGP matter) and in indirect way the phase transition (QGP matter above $T_c$ and hadron-QGP matter over a wide range
of temperatures). The evolution of the Hubble parameter obviously depends on all these factors. This might have a
direct cosmological implication that our picture about the expansion of the Universe has to be revised, accordingly.

Other cosmological implications might arise as a consequence of the phase transition itself. The first-order
phase transition is to be characterized by a sudden change in the symmetry. It exhibits a discontinuity in the first
derivative of the free energy with respect to some thermodynamic variable. In the cosmological context, such a
transition is accompanied by bubble nucleation [73]. In light of this, the Universe is conjectured to go from a
metastable state to a new phase, a true vacuum state through the nucleation of bubbles of the new state [73].
Implementing this model to the hadron-QGP transition makes it possible to suggest a scenario, in which the
Universe starts from QGP state and ends up in the hadronic
state through the nucleation of hadrons. Depending on the
kinematics of the bubble nucleation, the Universe might or
might not “recover” from this type of phase transition, and
its relics are left behind i.e., relic QGP objects. The latter
would survive for a very long time. The abundance and the
size of the quark nuggets have been discussed in [21].
Objects with a quark content ranging from $10^{-2}$ to $10M_{\odot}$
could have been formed during the cosmological phase transition.

Furthermore, a significant amount of entropy production
is to be released during such a process, so that at vanishing
chemical potential $s = (c_s^2 + 1)\rho/T$. The density fluctua-
tions are assumed to be amplified by vanishing speed of
sound during the quark-hadron phase transition, Fig. 12.
The lattice QCD and hadron resonance gas calculations show that the speed of sound reaches a minimum value,
$c_s^2 \approx 0.1$, at $T_c$. On the other hand, the density fluctuations
could produce QGP lumps decoupled from the expansion,
which rapidly transform into quark nuggets. Typical dis-
tance between bubble centers is conjectured to be of the
order of a few meters. It is worthwhile to mention here that
the resulting baryon inhomogeneities may affect the pri-
mordial nucleosynthesis. Such a cosmological conse-
quence can be observed. The origin of inhomogeneities
in the matter distribution, which are assumed to be responsible
for the later formation of galaxies, cannot be explained
by density fluctuations alone. After fixing the baryon number, the appearance of these fluctuations is
almost purely adiabatic. Any departure from adiabaticity
falling off is inversely proportional to the mass of the
perturbation [74]. This will be elaborated in next
paragraph.

At the phase transition, the scale of the cosmological QCD transition is assumed to be given by the Hubble
radius $R_H$. Quantitatively, $R_H \approx m_{pl}/T_c^2 \approx 10$ km. The
mass inside the Hubble volume is $\approx 1M_{\odot}$. At the QCD
phase transition, the expansion time scale is $10^{-5}$ s, which
is very large in comparison with the time scale of QCD,
$1 \text{ fm}/c \approx 10^{-23}$ s. Even the rate of weak interactions
seems to exceed the Hubble rate by a factor of $10^{7}$. Therefore, we conclude that photons (radiation), leptons, quarks (fermions), and gluons (bosons) are tightly coupled and may be described by an adiabatically expanding fluid
[40,72], as the transition takes place in an extremely short
time.

The current heavy-ion experiments program, LHC, seems to be very close to probe early eras of the
Universe. It seems to produce similar antiparticle and particle, when not entirely identical [75]. This can be taken
as another supportive indicator for utilizing EoS deduced from heavy-ion collisions and/or lattice QCD calculations.
It seems that the observed matter-antimatter asymmetry
can be explained without recourse to the hypothesis of
specific initial conditions [74].

A. Different types of background matter

The different phase transition(s) likely change the sym-
metries and thereupon different phases or types of matter
are to be expected. The dynamics of the Universe during the first-order phase transition from QGP to hadrons has
been discussed in Sec. IV. Such a transition is assumed to
go over three phases defined by various symmetries. Prior
to the phase transition i.e., partonic (QGP) symmetry, the
evolution of some cosmological parameters ($H, a,$ and $\rho$)
have been studied by using the Bianchi identity. To have an
analytical insight into the evolution, $T$ corrections are
neglected in the self-interaction potential. The second
phase deals with the dynamics of the Universe during the
phase transition i.e., mixed phase symmetry. Here, $T$ and $\rho$
are assumed to remain unchanged. The entropy $s$ and
enthalpy $W$ remain conserved, as well. The third phase is
the one in which the dynamics of the Universe is studied

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post quark-hadron phase transition era (hadronic symmetry). First, we start with the time evolution of $T$. Then, we estimate the comoving time $t$. Again, the Bianchi identity helps us in expressing the scale factor $a$ and the Hubble parameter $H$. The time evolution of the hadron fraction $h$ describes the conversion process of QGP into hadrons. Therefore, it can be taken as a parameter describing the phase transition itself.

Again, in this type of transition (a first-order phase transition through hadron nucleation), the numerical estimation of the cosmological parameters gives a clear indication that their time evolution varies from phase to another. In the QGP phase, the scale factor $a$ normalized to $a_0$ is much smaller than that in the hadronic phase (compare Fig. 1 with the top panel in Fig. 6). When studying the Hubble parameter $H$, the $T$ dependence is just the opposite of $a(T)$ (compare Fig. 3 with the bottom panel in Fig. 6).

This behavior can be compared with the case of another types of phase transitions, crossover. In Figs. 13 and 16, we notice that the time evolution of $H$ also depends on the type of matter filling the background geometry. If it is filled with QGP, the values of $H$ are relatively large. It is relatively small, if the background geometry is filled with quarks and hadrons, especially when crossover transition is allowed to take place. Consequently, it is likely to predict that $H$ in the hadron era is smaller than its value in the previous eras: mixed phase of partons, hadrons, and QGP.

It seems to be in order now to highlight the differences between viscous and nonviscous background matter. By eliminating the dynamics controlling the phase transition, for instance, we assume that the background geometry is only filled with QGP. For simplicity, we utilize the Eckart theory. A comparison is illustrated in Fig. 17. We notice that the viscosity seems to drastically slow down the evolution of the Hubble parameter. Should this result be confirmed, it would mean that the whole picture about the evolution of the early universe has to be revised. As a prompt consequence, one would expect a considerable delay in all phases post to QGP era. In order to make an estimation for this effect, other initial conditions have to be taken into consideration, for example, dynamics of phase transition(s), interaction(s), out-of-equilibrium processes, etc.

**VIII. DISCUSSIONS AND FINAL REMARKS**

In natural units, $\hbar = c = k_B = 1$, all expressions are given the Planck mass $m_P$. We consider the cosmic evolution of the early universe in the regime of confinement QCD phase transition taking finite bulk viscous effects into account. Thereby, it is assumed that the bulk thermodynamic quantities are dominated by the strongly interacting matter component. Two cases, a first-order phase transition scenario and an analytic crossover transition, are considered. In this respect, the present work continues a previous series [34–40,71,72] in several aspects. Refined equation(s) of state based on newer lattice QCD results are considered. Different bulk viscosity expressions based on quasiparticle model are used. Finite cosmological constant has been utilized in Ref. [36]. Moreover, the influence that a first-order phase transition (neglecting viscous effects) is elaborated in the present work.

Many details of QCD phase transition(s) are not yet conclusively understood. Even the order of transition is still a matter of debate. An advance in understanding the numerical values of the QCD coupling constants would be very helpful in obtaining accurate cosmological conclusions [38]. Such an advance may also provide a powerful method for testing on a cosmological scale the theoretical predictions of the brane world models and the possible existence of the extra dimensions. Furthermore, the critical temperature $T_c$ has been a subject of different lattice QCD calculations [26–32]. In addition to this, it is still an open question whether both deconfinement and chiral phase transitions take place at the same $T_c$.

The cosmological behavior in first-order phase transition can be characterized as follows. At the critical temperature, the energy $\rho$ and entropy $s$ densities decrease, suddenly. At fixed $T$ and constant $p$, both quantities have the same rate. Depending on the symmetries, the transition is assumed to go through three phases. Prior to the phase transition i.e., partonic (QGP) symmetry, the evolution of some cosmological parameters ($H$, $a$, and $\rho$) have been studied by using Bianchi identity. To have an analytical insight into the evolution, $T$ corrections are neglected in the self-interaction potential. The second phase is the one during the phase transition i.e., mixed phase symmetry. Here, $T$ and $p$ are assumed to remain unchanged. Also the entropy $s$ and enthalpy $W$ remain conserved. The third phase is the one in which the dynamics of the Universe is studied post quark-hadron phase transition era i.e., hadronic symmetry. The Bianchi identity helps in expressing scale factor $a$ and Hubble parameter $H$. The behavior of $a$ and $H$ with the

![FIG. 17 (color online). The $t - H$ relation in Eckart relativistic QGP fluid. Solid and dotted curves represent viscous and nonviscous QGP fluid, respectively. It is obvious that the viscosity slows down the evolution of the Hubble parameter.](image)
cosmological comoving times follows the standard cosmological model. Both quantities are expressed in terms of the fraction of matter. The latter gives an estimation for hadrons that are formed inside QGP. The time evolution of the hadron fraction describes the conversion process of QGP into hadrons. Therefore, it can be taken as a parameter describing the phase transition itself. A quantitative comparison between the evolution of scale factor $a$ in the three phases show that $a$ increases while moving from quarks to hadrons over the mixed phase. The values of the bag pressure are reflected in these calculations. In all phases we find that increasing the bag pressure raises the value of the scale factor.

Taking into account the recent lattice QCD results, we find that the order of the phase transition can be either continuous or discontinuous. It seems to depend on the quark flavors and their masses. The extreme conditions in the early universe, i.e., high temperatures, high densities, and out-of-thermal and out-of-chemical equilibrium, likely affect the properties of the partonic matter and control the dynamics of the phase transition. The equation of state deduced from lattice QCD calculations (and quasiparticle model) plays a very essential role in present of state deduced from lattice QCD calculations (and quasiparticle model) plays a very essential role in present study. The high temperatures (energies), at which the strong coupling seriously affect the properties of the partonic matter and control the dynamics of the phase transition. The equation of state deduced from lattice QCD calculations (and quasiparticle model) plays a very essential role in present study. The high temperatures (energies), at which the strong coupling

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