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<th>Wormhole geometries in modified teleparallel gravity and the energy conditions</th>
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In this work, we explore the possibility that static and spherically symmetric traversable wormhole geometries are supported by modified teleparallel gravity or \( f(T) \) gravity, where \( T \) is the torsion scalar. Considering the field equations with an off-diagonal tetrad, a plethora of asymptotically flat exact solutions are found, which satisfy the weak and the null energy conditions at the throat and its vicinity. More specifically, considering \( T = 0 \), we find the general conditions for a wormhole satisfying the energy conditions at the throat and present specific examples that satisfy the energy conditions throughout the spacetime. As a consistency check, we also verify that in the teleparallel equivalent of general relativity, i.e., \( f(T) = T \), one regains the standard general relativistic field equations for wormhole physics. Furthermore, considering specific choices for the \( f(T) \) form and for the redshift and shape functions, several solutions of wormhole geometries are found that satisfy the energy conditions at the throat and its neighborhood. As in their general relativistic counterparts, these \( f(T) \) wormhole geometries present far-reaching physical and cosmological implications, such as being theoretically useful as shortcuts in spacetime and for inducing closed timelike curves, possibly violating causality.

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I. INTRODUCTION

Modifications of general relativity (GR) are almost as old as the theory itself. Many of these modifications are based on the idea of introducing additional geometrical degrees of freedom into the theory, thereby allowing us to explain observations by geometry instead of introducing additional particles into the theory. A simple modification is the addition of a cosmological constant which gives rise to an accelerated expansion of the Universe, although several sophisticated dark energy models have since been developed (see, for instance, [1]). Modified theories of gravity in which the Einstein-Hilbert Lagrangian is supplemented with additional curvature terms have also been extensively analyzed recently [2]. Although the above-mentioned modifications are based on the metric \( g_{\mu
u} \) being the dynamical variable, it is interesting to note that an alternative approach to GR has been proposed, where the tetrad \( e^i_{\mu} \) is considered the basic physical variable. Since \( g_{\mu
u} = \eta_{ij} e^i_{\mu} e^j_{\nu} \), one is tempted to think of the tetrad as the square root of the metric, in analogy with the Dirac equation being the square root of the Klein-Gordon equation. When working with the tetrad, one naturally encounters the notion of torsion, which can be used to describe GR entirely with respect to torsion instead of curvature (without torsion) derived from the metric only. This is the so-called teleparallel equivalent of general relativity (TEGR) (see [3]). This equivalent formulation can now be used as the starting point to construct modified theories of gravity [4,5]. These \( f(T) \) gravity models, where \( T \) is the torsion scalar, have interesting properties; for instance, the field equations are of second order, unlike \( f(R) \) gravity which is of fourth order in the metric approach.

In this context, \( f(T) \) models have been extensively applied to cosmology, and, in particular, to explain the late-time cosmic accelerating expansion without the need of dark energy [6–8]. The application to cosmology is very natural in the sense that the Friedmann-Lemaître-Robertson-Walker metric is conformally flat, which makes it conceptually easier to understand in the teleparallel framework. Recently, static and spherically symmetric solutions have also been studied in the context of \( f(T) \) gravity. The existence of such configurations has been established in [9], and various solutions have been explicitly constructed. This construction crucially depended on an appropriate ansatz for the tetrad field, an issue which is much more delicate in the teleparallel formulations of GR than in its metric formulation. The most general static and spherically symmetric tetrads up to Lorentz transformation contain 6 free functions which results in a very complicated set of field equations which has not been studied in detail yet. Even the situation in vacuum is far from trivial.
as can be seen from the recent study [10] where it turns out that a complicated tetrad is required in order to properly study the Schwarzschild solution in \( f(T) \) gravity. This tetrad in general contains three free functions which become dependent in the Schwarzschild case.

In [9], an off-diagonal tetrad gave rise to a set of field equations which closely resemble their general relativity counterpart. A diagonal tetrad, on the other hand, resulted in highly constrained models with constant torsion scalar, which are of less physical interest in this context. The aim of the present paper is to investigate whether these \( f(T) \) field equations based on the off-diagonal tetrad admit static and spherically symmetric wormhole solutions.

Wormholes are hypothetical tunnels in spacetime, through which observers may freely traverse [11]. In GR, wormhole spacetimes are supported by “exotic matter,” which involves a stress-energy tensor violating the null energy condition (NEC), i.e., \( T_{\mu \nu} k^\mu k^\nu < 0 \), where \( k^\mu \) is any null vector. The issue of exotic matter is a problematic context of modified theories of gravity, it is important to note that it is the effective stress-energy tensor that violates any null vector. The issue of exotic matter is a problematic one, so that it is useful to minimize its usage. In fact, in the context of modified theories of gravity, it is important to note that it is the effective stress-energy tensor that violates the null energy condition, and one way in principle allow the normal matter threading the wormhole to satisfy the energy conditions. More specifically in conformal Weyl gravity and \( f(R) \) gravity, it is the higher order curvature terms that are responsible for supporting the geometries [12]. An observational method was proposed in [13] for the identification of wormholes through the analysis of the radiation spectrum of thin accretion disks around these types of compact objects. In braneworlds, it was found that the local high-energy bulk effects and the nonlocal corrections from the Weyl curvature in the bulk that may induce a NEC violating signature on the brane, while the stress-energy tensor is confined on the brane, threading the wormhole, are imposed to satisfy the energy conditions [14]. Analogously, in \( f(T) \) gravity, by considering the field equations with an off-diagonal tetrad, we find a wide range of exact solutions, where the normal matter threading the wormhole satisfies the energy conditions, which differ radically from their general relativistic counterparts.

This paper is organized in the following manner: In Sec. II we outline the general formalism of modified teleparallel gravity and present the field equations with an off-diagonal tetrad. In Sec. III, we find exact solutions of asymptotically flat wormhole geometries in \( f(T) \) gravity, where the normal matter satisfies the energy conditions, in particular, the null and weak energy conditions at the throat and its vicinity. In Sec. IV, we conclude.

**II. MODIFIED TELEPARALLEL GRAVITY**

A. Formalism

In the teleparallel formulation of GR the dynamical variable is the tetrad fields \( e^i_\mu \). The Greek indices (holonomic) denote the coordinates of the manifold while the Latin indices (anholonomic) denote the frame. We can use the same symbol to denote the inverse of \( e^i_\mu \) provided we carefully stagger frame and the coordinate index. Let us define

\[
e^i_\mu e^j_\nu = \delta^i_\nu, \quad e^i_\mu e^j_\mu = \delta^j_i, \tag{1}
\]

where the metric is given by

\[
g_{\mu \nu} = \eta_{ij} e^i_\mu e^j_\nu. \tag{2}
\]

Here \( \eta_{ij} = \text{diag}(1, -1, -1, -1) \) is the standard Minkowski metric, which geometrically plays the role of the tangent space metric. The metric \( g \) is used to raise and lower coordinate indices and \( \eta \) raises and lowers frame indices.

The crucial assumption of teleparallel gravity is that the manifold is globally flat. This means that the notion of parallelism holds globally and therefore one speaks of absolute parallelism which is a synonym of teleparallelism. This assumption is in stark contrast with GR where the notion of parallelism only holds locally and one cannot compare vectors at different points without introducing notions of transport of vectors. Because of the presence of torsion in such theories, one has to be careful when interpreting the implications of flatness. Flatness, i.e., the vanishing of the Riemann curvature tensor (metric plus torsion), does not imply that the metric is trivial. The converse is also true; namely, one can construct geometries with nonvanishing curvature starting from a flat metric. In the latter case, it is the torsion induced by the tetrad field which will give rise to some form of curvature.

Therefore, in teleparallel gravity there exists a coordinate system where the metric is globally Minkowskian. In this case the tetrad fields give rise to a connection defined by

\[
\Gamma^\sigma_\mu_\nu = e^i_\sigma (\partial_\nu e^{i}_\mu - \partial_\mu e^{i}_\nu), \tag{3}
\]

which is the so-called Weitzenböck connection. Clearly, this cannot be the Levi-Civita connection since its torsion is zero by definition. We define torsion and contortion by

\[
T^\sigma_\mu_\nu = \Gamma^\sigma_\nu_\mu - \Gamma^\sigma_\mu_\nu = e^i_\sigma (\partial_\mu e^{i}_\nu - \partial_\nu e^{i}_\mu), \tag{4}
\]

\[
K^{\mu \nu}_\sigma = -\frac{1}{2} (T^{\mu \nu}_\sigma - T^{\nu \mu}_\sigma - T^{\sigma \mu \nu}), \tag{5}
\]

respectively. The contortion tensor can also be defined in terms of the Weitzenböck and Levi-Civita connections. It turns out to be useful to define the tensor \( S^{\sigma \mu \nu} \) in the following way:

\[
S^{\sigma \mu \nu} = \frac{1}{2} (K^{\mu \nu}_\sigma + \delta^{\mu}_\sigma T^{\rho \nu}_\rho - \delta^{\nu}_\sigma T^{\rho \mu}_\rho). \tag{6}
\]

Finally, we define the torsion scalar \( T \) which is given by

\[
T = S^{\sigma \mu \nu} T_{\sigma \mu \nu}. \tag{7}
\]

whose importance will become clear in a moment.
Because of the flatness of the manifold, the total Riemann curvature tensor is zero. It contains two parts, a torsion free part defined by the Levi-Civita connection and a torsion part expressed in terms of the Weitzenböck connection, or equivalently torsion. The Ricci scalar will therefore also contain two pieces. This fact can be used to rewrite the torsionless Ricci scalar in the Einstein-Hilbert action in terms of torsion. This particular combination of torsion terms which appears in this context is the above-mentioned $T$. Note that the teleparallel equivalent of GR is invariant under arbitrary coordinate transformations and local Lorentz transformations. This latter part is nontrivial to see. It suffices to note that the teleparallel action of GR differs from its usual metric formulation only by a surface term. As the latter is Lorentz invariant, so must be the former. The direct proof of this result is very involved and does not contain any additional information. Note that $f(T)$ gravity does not differ from $f(R)$ by a surface term; thus local Lorentz invariance will be broken by this theory. This also explains why the choice of tetrad is a delicate issue in $f(T)$ gravity. Two tetrads related by a local Lorentz transformation do not yield equivalent field equations related by Lorentz transformations. Different tetrads will therefore pick out specific aspects of the theory. In principle one should therefore study the field equations starting with the most general tetrad subject to the required symmetry properties of the spacetime. However, such tetrads can result in very complex field equations which cannot be solved analytically.

Let us consider the modified action (with geometrized units $c = G = 1$)

$$S = \frac{1}{16\pi} \int e f(T) d^4x + \int e L_{\text{matter}} d^4x,$$

where $e$ is the determinant of $e^i_{\mu}$. Variations of the action (8) with respect to the tetrads $e^i_{\mu}$ give the field equations of $f(T)$ modified gravity which are given by

$$S_{\mu}^{\nu} f_{TT} \partial_{\mu} T + e^{-1} \partial_{\mu} (e S_{\mu}^{\nu} f) T - T_{\mu}^{\alpha} S_{\sigma}^{\alpha \nu} f T - \frac{1}{4} e^{i \nu} f = -4\pi T^i_{\nu},$$

where $S_{\mu}^{\nu} = e^i_{\sigma} S_{\sigma}^{\mu \nu}$, and $f_T$ and $f_{TT}$ denote the first and second derivatives of $f$ with respect to $T$ (see [5]). $T_{\mu \nu}$ is the energy momentum tensor. Conservation of the energy momentum tensor is ensured by the field equations.

**B. Field equations with an off-diagonal tetrad**

Consider the static spherically symmetric metric

$$ds^2 = e^{a(r)} dt^2 - e^{b(r)} dr^2 - r^2 (d\theta^2 + \sin^2 \theta d\varphi^2),$$

where $a(r)$ and $b(r)$ are two unknown functions. Following the above discussion of tetrads, we introduce the following tetrad field (one of many possible), given by

$$e^i_{\mu} = \begin{pmatrix} e^{a/2} & 0 & 0 & 0 \\ 0 & e^{b/2} \sin \theta \cos \phi & r \cos \theta \cos \phi & -r \sin \theta \sin \phi \\ 0 & e^{b/2} \sin \theta \sin \phi & r \cos \theta \sin \phi & r \sin \theta \cos \phi \\ 0 & 0 & 0 & e^{b/2} \cos \theta & -r \sin \theta \\ \end{pmatrix}.$$

The tetrad is related to its diagonal analog by a rotation. The determinant of $e^i_{\mu}$ is $e = e^{(a+b)/2} r^2 \sin \theta$. The torsion scalar and its derivative are

$$T(r) = \frac{2}{r^2} (e^{a+b/2} - 1) (e^{b/2} - 1 - ra'),$$

$$T'(r) = -\frac{e^{a-b/2}}{r^2} \left[2(a' - b') + r(2a'' - a'b')\right] + \frac{2e^{-b}}{r^2} \left[(a' - b') + r(a'' - a'b')\right] - \frac{2T}{r},$$

respectively. Inserting this and the components of the tensors $S$ and $T$ into Eq. (9) yields

$$4\pi \rho(r) = \frac{e^{a-b/2} r_0}{r} \left[1 - e^{-b/2} T f_{TT} - \left(T - \frac{1}{2r^2}\right) f T \right] + \left[\frac{1}{2r^2} \left(\frac{a''}{a'} - \frac{r}{a'} \right) T f_{TT} - \frac{T}{4} \right],$$

$$4\pi p_1(r) = \frac{e^{a-b/2}}{2} \left[\frac{d^2}{2} + \frac{1}{r^2} - \frac{e^{b/2}}{2r^2}\right] T f_{TT} + \left[\frac{T^2}{4} + \frac{1}{2r^2} \left(\frac{a''}{a'} - \frac{r}{a'} \right) T f_{TT} - \frac{T}{4} \right],$$

where $\rho(r)$ is the energy density, $p_1(r)$ is the radial pressure and $p_r(r)$ is the pressure measured in the tangential directions, orthogonal to the radial direction.

The above field equations (13)–(15) give three independent equations for our six unknown quantities, i.e., $\rho(r), p_1(r), p_r(r), a(r), b(r)$ and $f(T)$. This system of equations is underdetermined, and we will reduce the number of unknown functions by assuming suitable conditions. Note that there is no equation enforcing the constancy of the torsion scalar in this nondiagonal gauge, contrary to the diagonal tetrad [9].

**III. WORMHOLE SOLUTIONS IN $f(T)$ GRAVITY**

A static and spherically symmetric wormhole is given by the metric (10), with the following metric function:

$$e^{-b(r)} = 1 - \frac{b(r)}{r}. $$
In the context of wormhole physics $a(r)$ and $\beta(r)$ are arbitrary functions of the radial coordinate $r$. $a(r)$ is denoted the redshift function, for it is related to the gravitational redshift, and $\beta(r)$ is denoted the shape function, as, shown by embedding diagrams, it determines the shape of the wormhole [11]. The coordinate $r$ is nonmonotonic in that it decreases from $+\infty$ to a minimum value $r_0$, representing the location of the wormhole throat, where $b(r_0) = r_0$, and then it increases from $r_0$ to $+\infty$. To be a solution of a wormhole, one needs to impose the flaring out of the throat, which is given by the condition $(\beta - \beta'/r)/2\beta^2 > 0$ [11]. At the throat we verify that the shape function satisfies the condition $\beta'(r_0) < 1$.

The flaring out condition of the throat is a fundamental ingredient in wormhole physics, and through the Einstein field equations it was found that some of these solutions possess a peculiar property, namely, exotic matter, involving a stress-energy tensor that violates the null energy condition. In fact, they violate all known pointwise energy conditions and averaged energy conditions. Note that the weak energy condition assumes that the local energy density is positive and states that the weak energy condition (WEC) implies the NEC, $T_{\mu\nu} U^\mu U^\nu \leq 0$, for all time-like vectors $U^\mu$, where $T_{\mu\nu}$ is the stress-energy tensor. In the local frame of the matter this amounts to $\rho > 0$ and $\rho + p_\perp \geq 0$, i.e., $\rho + p_\parallel \geq 0$ and $\rho + p_\parallel \geq 0$. By continuity, the weak energy condition (WEC) implies the NEC, $T_{\mu\nu}k^\mu k^\nu \geq 0$, where $k^\mu$ is a null vector.

A. Specific solutions: $T(r) \equiv 0$

As a first example, consider the specific case of $T(r) \equiv 0$. The stress-energy tensor profile is given by

$$4\pi\rho(r) = \frac{\beta' r}{2r^2} f_T(0) + \frac{f(0)}{4}, \quad (17)$$

$$4\pi\rho_T(r) = -\frac{1}{2r^2} \left[ 1 - \left( 1 - \frac{\beta}{r} \right) \left( 1 + ra' \right) \right] f_T(0) - \frac{f(0)}{4}, \quad (18)$$

$$4\pi p_T(r) = \frac{1}{4r^2} \left( 1 - \frac{\beta}{r} \right) \left[ ra'^2 + \left( 1 + \frac{a'r'}{r} \right) \right] \times \left( ra' - \frac{\beta' r - \beta}{r(1 - \beta/r)} \right) f_T(0) - \frac{f(0)}{4}. \quad (19)$$

The WEC, translated by $\rho(r) \geq 0$ and $\rho(r) + p_\perp(r) \geq 0$, imposes the positivity of the right-hand side of Eq. (17) and of the following relationship:

$$4\pi[\rho(r) + p_T(r)] = \frac{1}{2r^2} \left( 1 - \frac{\beta}{r} \right) a' - \frac{\beta - \beta'}{r^2} f_T(0). \quad (20)$$

The NEC, in addition to imposing the positivity of the left-hand side of Eq. (20), also imposes that the following condition along the tangential direction

$$4\pi[\rho(r) + p_T(r)] = \frac{1}{2r^2} \left( 1 - \frac{\beta}{r} \right) a' - \frac{\beta - \beta'}{r^2} f_T(0). \quad (20)$$

be positive.

It is possible to deduce specific restrictions at the throat, so that Eqs. (17) and (20) evaluated at the throat reduce to

$$4\pi\rho|_{r_0} = \frac{\beta_0'}{2r_0^2} f_T(0) + \frac{f(0)}{4}, \quad (22)$$

$$4\pi[\rho + p_T]|_{r_0} = -\frac{\beta(r) - r\beta'(r)}{2r_0^2} f_T(0), \quad (23)$$

respectively. From the flaring out condition at the throat, i.e., $(\beta - r\beta'/r)/2\beta^2 > 0$, in order to have $4\pi[\rho + p_T]|_{r_0} > 0$ the condition $f_T(0) < 0$ is imposed.

However, in order to have an asymptotically flat space-time, with vanishing stress-energy components at infinity, one readily verifies from the field equations (17)–(19) that $f(0) = 0$. This restriction implies that the positivity of the right-hand side of Eq. (22), and taking into account $f_T(0) < 0$, imposes the form function to have $\beta'_0 < 0$.

Further general restrictions can be deduced from Eq. (21) evaluated at the throat, which yields

$$4\pi[\rho + p_T]|_{r_0} = \frac{1}{2r_0^2} f_T(0) - \frac{(1 - \beta_0')}{4r_0} \left( 1 - \frac{r_0a_0'}{2} \right) f_T(0). \quad (24)$$

In particular, for a zero redshift function at the throat, i.e., $a'_0 = 0$, and imposing $4\pi[\rho + p_T]|_{r_0} = 0$, we have the restriction $\beta'_0 \leq -1$. For the general case $a'_0 \neq 0$, we have the condition $r_0a'_0 \leq [1 - 2/(1 - \beta'_0)]$.

By imposing the condition $e^{b/2} - 1 \neq 0$ (we refer the reader to [9], where $e^{b/2} - 1 = 0$ was extensively analyzed), from Eq. (11) we obtain the following differential equation for $a$:

$$\sqrt{1 - \frac{\beta(r)}{r} - 1 - ra'} = 0. \quad (25)$$

One may now consider specific choices for the shape function $\beta(r)$. For instance, consider

$$\beta(r) = \frac{r_0^2}{r}, \quad (26)$$

so that $\beta'_0 = -1$. This is the shape function considered for the Ellis wormhole [15]. Thus, Eq. (25) provides the following solution for the redshift function,
so that \( e^{\alpha(r)} \to 1 \) as \( r \to \infty \).

The stress-energy tensor profile for this specific case is given by

\[
4\pi \rho(r) = \frac{r_0^2}{2r^4} |f_T(0)|, \tag{28}
\]

\[
4\pi p_r(r) = \frac{1}{2r^4} \left( \left( 1 - \frac{r_0^2}{r^2} \right) - \frac{r_0^2}{2r^2} \right) |f_T(0)|. \tag{29}
\]

\[
4\pi p_t(r) = \frac{1}{4r^2} \left( 2 - \frac{r_0^2}{r^2} \right) |f_T(0)|. \tag{30}
\]

The qualitative behavior of the stress-energy tensor components is depicted in Fig. 1, where we have defined the following dimensionless quantities: \( 4\pi \rho(r) \frac{r_0^2}{|f_T(0)|} \), \( 4\pi p_r(r) \frac{r_0^2}{|f_T(0)|} \) and \( 4\pi p_t(r) \frac{r_0^2}{|f_T(0)|} \). The solid curve depicts the energy density, the dotted the radial pressure and the dashed curve the tangential pressure.

The NEC is given by the positivity of the left-hand side of the following expressions:

\[
4\pi (\rho + p_r) = \frac{1}{2r^2} \left( 1 + \frac{r_0^2}{r^2} - \sqrt{1 - \frac{r_0^2}{r^2}} \right) |f_T(0)|. \tag{31}
\]

The NEC is given by the positivity of the left-hand side of the following expressions:

\[
4\pi (\rho + p_r) = \frac{1}{4r^2} \left( 3 \frac{r_0^2}{2r^2} - 1 + \sqrt{1 - \frac{r_0^2}{r^2}} \right) |f_T(0)|. \tag{32}
\]

The dimensionless quantities \( 4\pi r_0^2 (\rho + p_t)/|f_T(0)| \) and \( 4\pi r_0^2 (\rho + p_r)/|f_T(0)| \), where \( f_T(0) = -|f_T(0)| < 0 \), are depicted in Fig. 2. In both it is transparent that the NEC is satisfied throughout the spacetime.

\[\text{Fig. 2. The figure represents the null energy condition. The solid curve depicts } 4\pi r_0^2 (\rho + p_t)/|f_T(0)|; \text{ the dotted curve depicts } 4\pi r_0^2 (\rho + p_r)/|f_T(0)|, \text{ where } f_T(0) < 0. \text{ Both quantities are positive throughout the spacetime, thus satisfying the null energy condition.} \]

\[\text{FIG. 1. The figure represents the qualitative behavior of the stress-energy components. We have defined the following dimensionless quantities: } 4\pi \rho(r) \frac{r_0^2}{|f_T(0)|}, \text{ } 4\pi p_r(r) \frac{r_0^2}{|f_T(0)|} \text{ and } 4\pi p_t(r) \frac{r_0^2}{|f_T(0)|}. \text{ The solid curve depicts the energy density, the dotted the radial pressure and the dashed curve the tangential pressure.} \]

\[\text{B. Specific } f(T), \text{ redshift and shape functions} \]

\[1. \text{ Teleparallel gravity: } f(T) = T \]

As mentioned in the Introduction, the tetrad can be used to describe GR entirely with respect to torsion instead of curvature. This approach is the so-called TEGR [3]. Thus, it seems interesting to verify if the standard general relativistic field equations of wormhole physics are regained from TEGR, serving as a consistency check.

Consider the specific case of teleparallel gravity, i.e., \( f(T) = T \). The stress-energy tensor profile for this specific case is given by

\[
4\pi \rho(r) = \frac{\beta'}{2r^2}. \tag{33}
\]

\[
4\pi p_r(r) = \frac{1}{2r^2} \left[ -\frac{\beta}{r} + \left( 1 - \frac{\beta}{r} \right) r a' \right]. \tag{34}
\]

\[
4\pi p_t(r) = \frac{1}{4r^2} \left( 1 - \frac{\beta}{r} \right) \times \left[ \frac{r^2 a''}{2} + \left( 1 + \frac{\beta}{r} \right) \left( r a' - \frac{\beta' r - \beta}{r(1 - \beta/r)} \right) \right] \tag{35}
\]
In order to have a positive energy density throughout the spacetime, \( \beta' > 0 \) is imposed. Note that these are precisely the field equations derived from general relativity \[11\].

The NEC along the radial direction is given by the positivity of the left-hand side of the following relationship:

\[
4\pi (\rho + p_r) = \frac{1}{2r^2} \left[ 1 - \frac{\beta' r}{2r} \right] - \left[ 1 - \frac{a'_r}{2} (1 + ra'_r - r^2 a''_r) \right].
\]

(36)

Considering that \( a(r) \) is finite throughout spacetime, then one immediately finds that \( (\rho + p_r)|_{r_0} < 0 \) at the throat or at its neighborhood, due to the flaring out condition of the throat, i.e., \( (\beta' r)/r^2 |_{r_0} > 0 \).

For the case of the null energy condition along the tangential direction, we have the following general condition:

\[
4\pi (\rho + p_t) = \frac{1}{2r^2} \left[ 1 - \frac{\beta' r}{2r} \right] (1 - ra'_r) - \left[ 1 - \frac{a'_t}{2} (1 + ra'_t - r^2 a''_t) \right].
\]

(37)

At the throat, this reduces to

\[
4\pi (\rho + p_t)|_{r_0} = \frac{1}{2r_0^2} \left[ 1 - \frac{\beta'_0}{2} (1 - r_0 a'_{0}) \right].
\]

(38)

For the general case \( a'_0 \neq 0 \), we have the condition \( r_0 a'_0 \geq \left[ 1 - 2/(1 - \beta'_0) \right] \), analogously to Eq. (24). These are precisely the conditions that are obtained in standard general relativity. One can now find specific solutions that have been extensively analyzed in the literature, and we refer the reader to \[11\].

\section{Specific solutions: \( a(r) = 0, b(r) = r^2_0/r \) and \( f(T) = T + T_0 T^2 \) }

Consider the specific redshift function and shape function given by

\[
a(r) = 0, \quad b(r) = \frac{r^2_0}{r}.
\]

(39)

respectively, and the function \( f(T) = T + T_0 T^2 \).

Inserting these functions into \( f(T) = T + T_0 T^2 \).

Inserting these functions into the stress-energy tensor profiles, Eqs. (13)–(15), provides the following expressions:

\[
4\pi \rho(r) = \frac{r_0^2}{2r^4} \left[ 1 + 16 \frac{T_0}{r_0^2} \sqrt{1 - \frac{r_0^2}{r^2}} (3 - 5 \frac{r_0^2}{r^2}) \right] - 2 \frac{T_0}{r_0^2} \left( 24 - 52 \frac{r_0^2}{r^2} + 17 \frac{r_0^2}{r^2} \right).
\]

(40)

\[
4\pi p_r(r) = - \frac{r_0^2}{2r^4} \left[ 1 + 16 \frac{T_0}{r_0^2} \sqrt{1 - \frac{r_0^2}{r^2}} (1 - \frac{r_0^2}{r^2}) \right] - 2 \frac{T_0}{r_0^2} \left( 8 - 12 \frac{r_0^2}{r^2} + 3 \frac{r_0^2}{r^2} \right).
\]

(41)

\[
4\pi p_t(r) = \frac{r_0^2}{2r^4} \left[ 1 + 8 \frac{T_0}{r_0^2} \sqrt{1 - \frac{r_0^2}{r^2}} (2 - 5 \frac{r_0^2}{r^2}) \right] - 2 \frac{T_0}{r_0^2} \left( 8 + 24 \frac{r_0^2}{r^2} - 9 \frac{r_0^2}{r^2} \right).
\]

(42)

The qualitative behavior of the stress-energy components is depicted in Fig. 3, with \( T_0/r_0^2 = -1 \) for simplicity. We have defined the following dimensionless quantities: \( 4\pi \rho(r) r_0^2, 4\pi p_r(r) r_0^2 \) and \( 4\pi p_t(r) r_0^2 \). Note that the energy density is positive at the throat, although it changes sign for a specific value of the radial coordinate.

The NEC along the radial and the tangential directions is given by the positivity of the left-hand side of the following expressions:

\[
4\pi [\rho(r) + p_r(r)] = - \frac{r_0^2}{r^4} \left[ 1 + 16 \frac{T_0}{r_0^2} \sqrt{1 - \frac{r_0^2}{r^2}} (2 - 3 \frac{r_0^2}{r^2}) \right] - 4 \frac{T_0}{r_0^2} \left( 8 - 16 \frac{r_0^2}{r^2} + 5 \frac{r_0^2}{r^2} \right).
\]

(43)

\[
4\pi [\rho(r) + p_t(r)] = - \frac{4T_0}{r^4} \left[ \sqrt{1 - \frac{r_0^2}{r^2}} (4 - 5 \frac{r_0^2}{r^2}) \right] - 4 + 7 \frac{r_0^2}{r^2} - 2 \frac{r_0^2}{r^2} \right). \]

(44)

FIG. 3. The solid curve depicts the energy density, the dotted the radial pressure and the dashed curve the tangential pressure. We have defined the following dimensionless quantities: \( 4\pi \rho(r) r_0^2, 4\pi p_r(r) r_0^2 \) and \( 4\pi p_t(r) r_0^2 \). See the text for more details.
respective. The dimensionless quantities $4\pi r_0^2(p + p_r)$ and $4\pi r_0^2(p + p_t)$ with $T_0/r_0^2 = -1$ for simplicity are depicted in Fig. 4. Note that the WEC and NEC are both satisfied at the throat and its neighborhood, contrary to their general relativist counterparts.

\section*{IV. Summary and Discussion}

General relativity has been an extremely successful theory, with a well established experimental footing. The standard philosophy in obtaining solutions in GR is first to consider plausible distributions of matter, and through the Einstein field equation the spacetime metric of the geometry is determined. However, one may also solve the Einstein field equation in the reverse direction; namely, one first engineers an interesting spacetime metric, then finds the matter source responsible for the respective geometry. In this manner, it was found that some of these solutions possess a peculiar property, namely, exotic matter, involving a stress-energy tensor that violates the null energy condition. Wormhole physics is a specific example of adopting the reverse philosophy of solving the Einstein field equation. In this manner, in GR, it was found that these wormhole spacetimes possess a stress-energy tensor that violates the null energy condition. Although classical forms of matter are believed to obey these energy conditions, it is a well-known fact that they are violated by certain quantum fields, among which we may refer to the Casimir effect and Hawking evaporation.

Thus, due to the problematic issue of exotic matter, it is useful to minimize its usage. In this context, as mentioned in the Introduction, in the context of wormhole geometries in modified theories of gravity, it is important to note that it is the effective stress-energy tensor that violates the null energy condition, and one may in principle allow the normal matter threading the wormhole to satisfy the energy conditions \cite{12,14}. In this work, we have explored the possibility that static and spherically symmetric traversable wormhole geometries are supported by modified teleparallel gravity or $f(T)$ gravity. Considering the field equations with an off-diagonal tetrad, a plethora of asymptotically flat exact solutions were found. More specifically, considering $T = 0$, we found the general conditions for a wormhole satisfying the energy conditions at the throat and presented specific examples. Second, considering specific choices for the $f(T)$ form and for the redshift and shape functions, several solutions of wormhole geometries were found that satisfy the null and the weak energy conditions at the throat and its neighborhood, contrary to their standard general relativistic counterparts.

However, it is rather important to further clarify some issues that were mentioned in Sec. II A. There is a very common misconception in the TEGR which is largely based on the well-known facts of (non-)Riemannian geometry which no longer hold in TEGR. Namely, in GR it is well-known that the vanishing of the Riemann curvature tensor implies the Minkowski metric. Thus, it is commonly said that flatness implies Minkowski. Also the converse statement is well-known, namely, a trivial metric with only constant coefficients implies the vanishing of the Riemann curvature tensor. Thus, when considering TEGR where the metric may be flat, one may be tempted to think that as any wormhole metric is not Riemann-flat, hence no wormholes can appear in TEGR. What then is the meaning of the solutions found in this work?

However, in teleparallel gravity the above reasoning is not true. The vanishing of the complete Riemann curvature tensor does not force the metric to be Minkowski. And the converse also holds: a trivial metric does not imply the vanishing of the Riemann curvature tensor. In particular this second statement often surprises readers and thus we provide a very simple example \cite{16}. Consider the tetrad

$$e_i^\mu = \begin{pmatrix} \cos(\sqrt{x^2 + y^2}) & \sin(\sqrt{x^2 + y^2}) \\ -\sin(\sqrt{x^2 + y^2}) & \cos(\sqrt{x^2 + y^2}) \end{pmatrix}. \quad (45)$$

Working in two-dimensional "Euclidean" space where the tangent space metric is simply $\delta_{ij} = \text{diag}(1, 1)$, then we easily verify that the metric is of the same form $g_{\mu\nu} = \text{diag}(1, 1)$, or $dx^2 = dx^2 + dy^2$, due to the trigonometric identity. However, contortion and torsion will not vanish since terms like $e_i^\nu \partial_\nu e_i^\mu$ cannot vanish, thanks to the derivatives. For instance, one can confirm that the Ricci tensor component $R_{11}$ is given by

$$R_{11} = \frac{y(x + y\sqrt{x^2 + y^2})}{(x^2 + y^2)^{3/2}}, \quad (46)$$

showing explicitly that this space is not flat despite having a Euclidean metric.
There are many nontrivial spaces where the full Riemann curvature tensor vanishes and where the metric is not flat. Such spaces were first discussed mathematically by Weitzenböck, and are thus denoted Weitzenböck spaces. For as long as torsion is chosen in the correct way, the complete Riemann curvature tensor will always vanish irrespectively of the metric. This also implies that any topology of a given metric can always be studied in a Weitzenböck space instead of a Riemannian space without any torsion. As such, topological considerations are as meaningful in teleparallel gravity as they are in GR.

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